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AN HISTORICAL SKETCH

By
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PREFACE

THE present work was begun in 1907 and was practically complete when the war broke out, but many circumstances such as the difficulty of returning home, unavoidable delays in printing and correcting proofs, and political duties have deferred its publication until now. In the interval many important books dealing with Hinduism and Buddhism have appeared, but having been resident in the Far East (with one brief exception) since 1912 I have found it exceedingly difficult to keep in touch with recent literature. Much of it has reached me only in the last few months and I have often been compelled to notice new facts and views in footnotes only, though I should have wished to modify the text.

Besides living for some time in the Far East, I have paid many visits to India, some of which were of considerable length, and have travelled in all the countries of which I treat except Tibet. I have however seen something of Lamaism near Darjeeling, in northern China and in Mongolia. But though I have in several places described the beliefs and practices prevalent at the present day, my object is to trace the history and development of religion in India and elsewhere with occasional remarks on its latest phases. I have not attempted to give a general account of contemporary religious thought in India or China and still less to forecast the possible result of present tendencies.

In the following pages I have occasion to transcribe words belonging to many oriental languages in Latin characters. Unfortunately a uniform system of transcription, applicable to all tongues, seems not to be practical at present. It was attempted in the *Sacred Books of the East*, but that system has fallen into

disuse and is liable to be misunderstood. It therefore seems best to use for each language the method of transcription adopted by standard works in English dealing with each, for French and German transcriptions, whatever their merits may be as representations of the original sounds, are often misleading to English readers, especially in Chinese. For Chinese I have adopted Wade's system as used in Giles's *Dictionary*, for Tibetan the system of Sarat Chandra Das, for Pali that of the Pali Text Society and for Sanskrit that of Monier-Williams's *Sanskrit Dictionary*, except that I write *ś* instead of *s*. Indian languages however offer many difficulties: it is often hard to decide whether Sanskrit or vernacular forms are more suitable and in dealing with Buddhist subjects whether Sanskrit or Pali words should be used. I have found it convenient to vary the form of proper names according as my remarks are based on Sanskrit or on Pali literature, but this obliges me to write the same word differently in different places, e.g. sometimes Ajātasatru and sometimes Ajātasattu, just as in a book dealing with Greek and Latin mythology one might employ both Herakles and Hercules. Also many Indian names such as Rāmāyana, Krishna, nirvana have become Europeanized or at least are familiar to all Europeans interested in Indian literature. It seems pedantic to write them with their full and accurate complement of accents and dots and my general practice is to give such words in their accurate spelling (Rāmāyana, etc.) when they are first mentioned and also in the notes but usually to print them in their simpler and unaccented forms. I fear however that my practice in this matter is not entirely consistent since different parts of the book were written at different times.

My best thanks are due to Mr R. F. Johnston (author of *Chinese Buddhism*), to Professor W. J. Hinton of the University of Hong Kong and to Mr H. I. Harding of H. M. Legation at Peking for reading the proofs and correcting many errors to Sir E. Denison Ross and Professor L. Finot for valuable informa-

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tion: and especially to Professor and Mrs Rhys Davids for much advice, though they are in no way responsible for the views which I have expressed and perhaps do not agree with them. It is superfluous for me to pay a tribute to these eminent scholars whose works are well known to all who are interested in Indian religion, but no one who has studied the early history of Buddhism or the Pali language can refrain from acknowledging a debt of gratitude to those who have made such researches possible by founding and maintaining during nearly forty years the Pali Text Society and rendering many of the texts still more accessible to Europe by their explanations and translations.

C. ELIOT.

Tokyo,
May, 1921.

LIST OF ABBREVIATIONS

The following are the principal abbreviations used:

Ep Ind	Epigraphia India
ER E.	Encyclopedia of Religion and Ethics (edited by Hastings).
I A.	Indian Antiquary.
J A.	Journal Asiatique
J A O S	Journal of the American Oriental Society
J R A S	Journal of the Royal Asiatic Society.
P.T.S	Pali Text Society
S B. E.	Sacred Books of the East (Clarendon Press)

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BOOK I
INTRODUCTION

INTRODUCTION

1. *Influence of Indian Thought in Eastern Asia*

PROBABLY the first thought which will occur to the reader who is acquainted with the matters treated in this work will be that the subject is too large. A history of Hinduism or Buddhism or even of both within the frontiers of India may be a profitable though arduous task, but to attempt a historical sketch of the two faiths in their whole duration and extension over Eastern Asia is to choose a scene unsuited to any canvas which can be prepared at the present day. Not only is the breadth of the landscape enormous but in some places it is crowded with details which cannot be omitted while in others the principal features are hidden by a mist which obscures the unity and connection of the whole composition. No one can feel these difficulties more than I do myself or approach his work with more diffidence, yet I venture to think that wide surveys may sometimes be useful and are needed in the present state of oriental studies. For the reality of Indian influence in Asia—from Japan to the frontiers of Persia, from Manchuria to Java, from Burma to Mongolia—is undoubted and the influence is one. You cannot separate Hinduism from Buddhism, for without it Hinduism could not have assumed its medieval shape and some forms of Buddhism, such as Lamaism, countenance Brahmanic deities and ceremonies, while in Java and Camboja the two religions were avowedly combined and declared to be the same. Neither is it convenient to separate the fortunes of Buddhism and Hinduism outside India from their history within it, for although the importance of Buddhism depends largely on its foreign conquests, the forms which it assumed in its new territories can be better seen only by reference to the religious condition of India at the periods when successive missions were despatched.

This book then is an attempt to give a sketch of Indian thought or Indian religion—for the two terms are nearly equivalent in extent—and of its history and influence in Asia. I will not say in the world, for that sounds too ambitious and really adds little to the more restricted phrase. For ideas, like empires and races, have their natural frontiers. Thus Europe may be said to be non-Mohammedan. Although the essential principles of Mohammedanism seem in harmony with European monotheism, yet it has been deliberately rejected by the continent and often repelled by force. Similarly in the regions west of India¹, Indian religion is sporadic and exotic. I do not think that it had much influence on ancient Egypt, Babylon and Palestine or that it should be counted among the forces which shaped the character and teaching of Christ, though Christian monasticism and mysticism perhaps owed something to it. The debt of Manichæism and various Gnostic sects is more certain and more considerable, but these communities have not endured and were regarded as heretical while they lasted. Among the Neoplatonists of Alexandria and the Sufis of Arabia and Persia many seem to have listened to the voice of Hindu mysticism but rather as individuals than as leaders of popular movements.

But in Eastern Asia the influence of India has been notable in extent, strength and duration. Scant justice is done to her position in the world by those histories which recount the exploits of her invaders and leave the impression that her own people were a feeble, dreamy folk, sundered from the rest of mankind by their sea and mountain frontiers. Such a picture takes no account of the intellectual conquests of the Hindus. Even their political conquests were not contemptible and were remarkable for the distance if not for the extent of the territory occupied. For there were Hindu kingdoms in Java and Camboja and settlements in Sumatra² and even in Borneo, an island about as far from India as is Persia from Rome. But such military or commercial invasions are insignificant compared with the spread of Indian thought. The south-eastern region of Asia—both mainland and archipelago—owed its civilization almost entirely to India. In Ceylon, Burma, Siam, Camboja, Champa and Java,

¹ The frontier seems to be about Long 65° E.

² See Coedes's views about Śrīvijaya in *BEFEO* 1918, 6. The inscriptions of Rajendravarman I (1012–1042 A.D.) show that Hindus in India were not wholly ignorant of Indian conquests abroad.

religion, art, the alphabet, literature, as well as whatever science and political organization existed, were the direct gift of Hindus, whether Brahmans or Buddhists, and much the same may be said of Tibet, whence the wilder Mongols took as much Indian civilization as they could stomach. In Java and other Malay countries this Indian culture has been superseded by Islam, yet even in Java the alphabet and to a large extent the customs of the people are still Indian.

In the countries mentioned Indian influence has been dominant until the present day, or at least until the advent of Islam. In another large area comprising China, Japan, Korea, and Annam it appears as a layer superimposed on Chinese culture, yet not a mere veneer. In these regions Chinese ethics, literature and art form the major part of intellectual life and have an outward and visible sign in the Chinese written characters which have not been ousted by an Indian alphabet¹. But in all, especially in Japan, the influence of Buddhism has been profound and penetrating. None of these lands can be justly described as Buddhist in the same sense as Burma or Siam but Buddhism gave them a creed acceptable in different forms to superstitious, emotional and metaphysical minds: it provided subjects and models for art, especially for painting, and entered into popular life, thought and language.

But what are Hinduism and Buddhism? What do they teach about gods and men and the destinies of the soul? What ideals do they hold up and is their teaching of value or at least of interest for Europe? I will not at once answer these questions by general statements, because such names as Hinduism and Buddhism have different meanings in different countries and ages, but will rather begin by briefly reviewing the development of the two religions. I hope that the reader will forgive me if in doing so I repeat much that is to be found in the body of this work.

One general observation about India may be made at the outset. Here more than in any other country the national mind finds its favourite occupation and full expression in religion. This quality is geographical rather than racial, for it is possessed by Dravidians as much as by Aryans. From the Raja to the peasant Hindu has an interest in theology and often a

¹ But the day will come when the Indian alphabet will be used in all India.

passion for it. Few works of art or literature are purely secular the intellectual and aesthetic efforts of India, long, continuous and distinguished as they are, are monotonous inasmuch as they are almost all the expression of some religious phase. But the religion itself is extraordinarily full and varied. The love of discussion and speculation creates considerable variety in practice and almost unlimited variety in creed and theory. There are few dogmas known to the theologies of the world which are not held by some of India's multitudinous sects¹ and it is perhaps impossible to make a single general statement about Hinduism, to which some sects would not prove an exception. Any such statements in this book must be understood as referring merely to the great majority of Hindus.

As a form of life and thought Hinduism is definite and unmistakable. In whatever shape it presents itself it can be recognized at once. But it is so vast and multitudinous that only an encyclopedist could describe it and no formula can summarize it. Essayists flounder among conflicting propositions such as that sectarianism is the essence of Hinduism or that no educated Hindu belongs to a sect. Either can easily be proved, for it may be said of Hinduism, as it has been said of zoology, that you can prove anything if you merely collect facts which support your theory and not those which conflict with it. Hence many distinguished writers err by overestimating the phase which specially interests them. For one the religious life of India is fundamentally monotheistic and Vishnuite for another philosophic Sivaism is its crown and quintessence a third maintains with equal truth that all forms of Hinduism are tantric. All these views are tenable because though Hindu life may be cut up into castes and sects, Hindu creeds are not mutually exclusive and repellent. They attract and colour one another.

2. *Origin and Growth of Hinduism*

The earliest product of Indian literature, the Rig Veda, contains the songs of the Aryan invaders who were beginning

¹ Probably the Christian doctrine of the atonement or salvation by the death of a deity is an exception. I do not know of any Indian sect which holds a similar view. The obscure verse Rig Veda x 13.4 seems to hint at the self-sacrifice of a deity but the hymn about the sacrifice of Purusha (x 90) has nothing to do with redemption or atonement.

to make a home in India. Though no longer nomads, they had little local sentiment. No cities had arisen comparable with Babylon or Thebes and we hear little of ancient kingdoms or dynasties. Many of the gods who occupied so much of their thoughts were personifications of natural forces such as the sun, wind and fire, worshipped without temples or images and hence more indefinite in form, habitation and attributes than the deities of Assyria or Egypt. The idea of a struggle between good and evil was not prominent. In Persia, where the original pantheon was almost the same as that of the Veda, this idea produced monotheism: the minor deities became angels and the chief deity a Lord of hosts who wages a successful struggle against an independent but still inferior spirit of evil. But in India the Spirits of Good and Evil are not thus personified. The world is regarded less as a battlefield of principles than as a theatre for the display of natural forces. No one god assumes lordship over the others but all are seen to be interchangeable—mere names and aspects of something which is greater than any god.

Indian religion is commonly regarded as the offspring of an Aryan religion, brought into India by invaders from the north and modified by contact with Dravidian civilization. The materials at our disposal hardly permit us to take any other point of view, for the literature of the Vedic Aryans is relatively ancient and full and we have no information about the old Dravidians comparable with it. But were our knowledge less one-sided, we might see that it would be more correct to describe Indian religion as Dravidian religion stimulated and modified by the ideas of Aryan invaders. For the greatest deities of Hinduism, Siva, Krishna, Râma, Durgâ and some of its most essential doctrines such as metempsychosis and divine incarnations, are either totally unknown to the Veda or obscurely adumbrated in it. The chief characteristics of mature Indian religion are characteristics of an area, not of a race, and they are not the characteristics of religion in Persia, Greece or other Aryan lands.

It is not to be understood, however, that the Buddha called his principal disciples by the name of Aryans or of gods. But even the few little fragments that have been preserved in the Pâli Canon show that the Buddha was not a native of India. When we call a thing *Dravidian*, we do not mean to say that it is the property of the Dravidians, but that it is the property of the area in which the Dravidians lived. The Buddha was a native of the area in which the Dravidians lived, and his religion was a Dravidian religion.

Some writers explain Indian religion as the worship of nature spirits, others as the veneration of the dead. But it is a mistake to see in the religion of any large area only one origin or impulse. The principles which in a learned form are championed to-day by various professors represent thoughts which were creative in early times. In ancient India there were some whose minds turned to their ancestors and dead friends while others saw divinity in the wonders of storm, spring and harvest. Krishna is in the main a product of hero worship, but Śiva has no such historical basis. He personifies the powers of birth and death, of change, decay and rebirth—in fact all that we include in the prosaic word nature. Assuredly both these lines of thought—the worship of nature and of the dead—and perhaps many others existed in ancient India.

By the time of the Upanishads, that is about 600 B.C., we trace three clear currents in Indian religion which have persisted until the present day. The first is ritual. This became extraordinarily complicated but retained its primitive and magical character. The object of an ancient Indian sacrifice was partly to please the gods but still more to coerce them by certain acts and formulae.¹ Secondly all Hindus lay stress on asceticism and self-mortification, as a means of purifying the soul and obtaining supernatural powers. They have a conviction that every man who is in earnest about religion and even every student of philosophy must follow a discipline at least to the extent of observing chastity and eating only to support life. Severer austerities give clearer insight into divine mysteries and control over the forces of nature. Europeans are apt to condemn eastern asceticism as a waste of life but it has had an important moral effect. The weakness of Hinduism, though not of Buddhism, is that ethics have so small a place in its fundamental conceptions. Its deities are not identified with the moral law and the saint is above that law. But this dangerous doctrine is corrected by the dogma, which is also a popular conviction, that a saint must be a passionless ascetic. In India no religious teacher can expect a hearing unless he begins by renouncing the world.

Thirdly, the deepest conviction of Hindus in all ages is that salvation and happiness are attainable by knowledge. The corro-

¹ This is not altogether true of the modern temple ritual.

sponding phrases in Sanskrit are perhaps less purely intellectual than our word and contain some idea of effort and emotion. He who knows God attains to God, nay he is God. Rites and self-denial are but necessary preliminaries to such knowledge: he who possesses it stands above them. It is inconceivable to the Hindus that he should care for the things of the world but he cares equally little for creeds and ceremonies. Hence, side by side with irksome codes, complicated ritual and elaborate theology, we find the conviction that all these things are but vanity and weariness, fetters to be shaken off by the free in-spirit. Nor do those who hold such views correspond to the anti-clerical and radical parties of Europe. The ascetic sitting in the temple court often holds that the rites performed around him are spiritually useless and the gods of the shrine mere fanciful presentments of that which cannot be depicted or described.

Rather later, but still before the Christian era, another idea makes itself prominent in Indian religion, namely faith or devotion to a particular deity. This idea, which needs no explanation, is pushed on the one hand to every extreme of theory and practice: on the other it rarely abolishes altogether the belief in ritualism, asceticism and knowledge.

Any attempt to describe Hinduism as one whole leads to startling contrasts. The same religion enjoins self-mortification and orgies: commands human sacrifices and yet counts it a sin to eat meat or crush an insect: has more priests, rites and images than ancient Egypt or mediæval Rome and yet out does Quakers in rejecting all externals. These singular features are connected with the ascendancy of the Brahman caste. The Brahmans are an interesting social phenomenon without exact parallel elsewhere. They are not, like the Catholic or Moslem clergy, a priesthood pledged to support certain doctrines but an intellectual, hereditary aristocracy who claim to direct the thought of India whatever forms it may take. All who admit this claim accord a nominal recognition to the authority of the Veda are within the spacious fold or menagerie. Neither the devil-worshipping aborigine nor the atheistic philosopher is excommunicated, though neither may be shared by average orthodoxy.

Though Hinduism has no one creed, yet there are at least two doctrines held by nearly all who call themselves Hindus.

One may be described as polytheistic pantheism. Most Hindus are apparently polytheists, that is to say they venerate the images of several deities or spirits, yet most are monotheists in the sense that they address their worship to one god. But this monotheism has almost always a pantheistic tinge. The Hindu does not say the gods of the heathen are but idols, but it is the Lord who made the heavens: he says, My Lord (Râma, Krishna or whoever it may be) is all the other gods. Some schools would prefer to say that no human language applied to the Godhead can be correct and that all ideas of a personal ruler of the world are at best but relative truths. This ultimate ineffable Godhead is called Brahman¹.

The second doctrine is commonly known as metempsychosis, the transmigration of souls or reincarnation, the last name being the most correct. In detail the doctrine assumes various forms since different views are held about the relation of soul to body. But the essence of all is the same, namely that a life does not begin at birth or end at death but is a link in an infinite series of lives, each of which is conditioned and determined by the acts done in previous existences (karma). Animal, human and divine (or at least angelic) existences may all be links in the chain. A man's deeds, if good, may exalt him to the heavens, if evil may degrade him to life as a beast. Since all lives, even in heaven, must come to an end, happiness is not to be sought in heaven or on earth. The common aspiration of the religious Indian is for deliverance, that is release from the round of births and repose in some changeless state called by such names as union with Brahman, nirvana and many others.

¹ It is very unfortunate that English usage should make this word appear the same as Brahman, the name of a caste, and there is much to be said for using the old fashioned word Brahmin to denote the caste, for it is clear, though not correct. In Sanskrit there are several similar words which are liable to be confused in English. In the nominative case they are

- (1) Brâhmanah, a man of the highest caste
- (2) Brâhmanam, an ancient liturgical treatise
- (3) Brahma, the Godhead, stem Brahman, neuter
- (4) Brahmâ, a masculine nominative also formed from the stem Brahman and used as the name of a personal deity

For (3) the stem Brahman is commonly used, as being distinct from Brahmâ, though liable to be confounded with the name of the caste.

3. *The Buddha*

As observed above, the Brahmins claim to direct the religious life and thought of India and apart from Mohammedanism may be said to have achieved their ambition, though at the price of tolerating much that the majority would wish to suppress. But in earlier ages their influence was less extensive and there were other currents of religious activity, some hostile and some simply independent. The most formidable of these found expression in Jainism and Buddhism both of which arose in Bihar in the sixth century¹ B.C. This century was a time of intellectual ferment in many countries. In China it produced Lao-tzū and Confucius: in Greece, Parmenides, Empedocles, and the sophists were only a little later. In all these regions we have the same phenomenon of restless, wandering teachers, ready to give advice on politics, religion or philosophy, to any one who would hear them.

At that time the influence of the Brahmins had hardly permeated Bihar, though predominant to the west of it, and speculation there followed lines different from those laid down in the Upanishads, but of some antiquity, for we know that there were Buddhas before Gotama and that Mahāvira, the founder of Jainism, reformed the doctrine of an older teacher called Parśva.

In Gotama's youth Bihar was full of wandering philosophers who appear to have been atheistic and disposed to uphold the boldest paradoxes, intellectual and moral. There must however have been constructive elements in their doctrine, for they believed in reincarnation and the periodic appearance of super-human teachers and in the advantage of following an ascetic discipline. They probably belonged chiefly to the warrior caste as did Gotama, the Buddha known to history. The Pitakas represent him as differing in details from contemporary teachers but as rediscovering the truth taught by his predecessors. They imply that the world is so constituted that there is only one way to emancipation and that from time to time superior

¹ For some years most scholars accepted the opinion that the Buddha died in 483 B.C. but the most recent researches into the history of the Saka dynasty suggest that the date should be put back to 528 B.C. See Vincent Smith, *Oxford History of India*, p. 62.

minds see this and announce it to others. Still Buddhism does not in practice use such formulae as living in harmony with the laws of nature.

Indian literature is notoriously concerned with ideas rather than facts but the vigorous personality of the Buddha has impressed on it a portrait more distinct than that left by any other teacher or king. His work had a double effect. Firstly it influenced all departments of Hindu religion and thought, even those nominally opposed to it. Secondly it spread not only Buddhism in the strict sense but Indian art and literature beyond the confines of India. The expansion of Hindu culture owes much to the doctrine that the Good Law should be preached to all nations.

The teaching of Gotama was essentially practical. This statement may seem paradoxical to the reader who has some acquaintance with the Buddhist scriptures and he will exclaim that of all religious books they are the least practical and least popular. They set up an anti-social ideal and are mainly occupied with psychological theories. But the Buddha addressed a public such as we now find it hard even to imagine. In those days the intellectual classes of India felt the ordinary activities of life to be unsatisfying; they thought it natural to renounce the world and mortify the flesh. Divergent systems of ritual, theology and self-denial promised happiness but all agreed in thinking it normal as well as laudable that a man should devote his life to meditation and study. Compared with this frame of mind the teaching of the Buddha is not unsocial, unpractical and mysterious but human, business-like and clear. We are inclined to see in the monastic life which he recommended little but a useless sacrifice but it is evident that in the opinion of his contemporaries his disciples had an easy time, and that he had no intention of prescribing any cramped or unnatural existence. He accepted the current conviction that those who devote themselves to the things of the mind and spirit should be released from worldly ties and abstain from luxury but he meant his monks to live a life of sustained intellectual activity for themselves and of benevolence for others. His teaching is formulated in severe and technical phraseology, yet the substance of it is so simple that many have criticized it as too obvious and jejune to be the basis of a religion. But when he

first enunciated his theses some two thousand five hundred years ago, they were not obvious but revolutionary and little less than paradoxical.

The principal of these propositions are as follows. The existence of everything depends on a cause: hence if the cause of evil or suffering can be detected and removed, evil itself will be removed. That cause is lust and craving for pleasure¹. Hence all sacrificial and sacramental religions are irrelevant, for the cure which they propose has nothing to do with the disease. The cause of evil or suffering is removed by purifying the heart and by following the moral law which sets high value on sympathy and social duties, but an equally high value on the cultivation of individual character. But training and cultivation imply the possibility of change. Hence it is a fatal mistake in the religious life to hold a view common in India which regards the essence of man as something unchangeable and happy in itself, if it can only be isolated from physical trammels. On the contrary the happy mind is something to be built up by good thoughts, good words and good deeds. In its origin the Buddha's celebrated doctrine that there is no permanent self in persons or things is not a speculative proposition, nor a sentimental lament over the transitoriness of the world, but a basis for religion and morals. You will never be happy unless you realize that you can make and remake your own soul.

These simple principles and the absence of all dogmas as to God or Brahman distinguish the teaching of Gotama from most Indian systems, but he accepted the usual Indian beliefs about Karma and rebirth and with them the usual conclusion that release from the series of rebirths is the *summum bonum*. This deliverance he called sainthood (*arahantam*) or *nirvana* of which I shall say something below. In early Buddhism it is primarily a state of happiness to be attained in this life and the Buddha persistently refused to explain what is the nature of a saint after death. The question is unprofitable and perhaps he would have said, had he spoken our language, unmeaning. Later generations did not hesitate to discuss the problem but the Buddha's

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own teaching is simply that a man can attain before death to a blessed state in which he has nothing to fear from either death or rebirth.

The Buddha attacked both the ritual and the philosophy of the Brahmins. After his time the sacrificial system, though it did not die, never regained its old prestige and he profoundly affected the history of Indian metaphysics. It may be justly said that most of his philosophic as distinguished from his practical teaching was common property before his time, but he transmuted common ideas and gave them a currency and significance which they did not possess before. But he was less destructive as a religious and social reformer than many have supposed. He did not deny the existence nor forbid the worship of the popular gods, but such worship is not Buddhism and the gods are merely angels who may be willing to help good Buddhists but are in no wise guides to religion, since they need instruction themselves. And though he denied that the Brahmins were superior by birth to others, he did not preach against caste, partly because it then existed only in a rudimentary form. But he taught that the road to salvation was one and open to all who were able to walk in it¹, whether Hindus or foreigners. All may not have the necessary qualifications of intellect and character to become monks but all can be good laymen, for whom the religious life means the observance of morality combined with such simple exercises as reading the scriptures. It is clear that this lay Buddhism had much to do with the spread of the faith. The elemental simplicity of its principles—namely that religion is open to all and identical with morality—made a clean sweep of Brahmanic theology and sacrifices and put in its place something like Confucianism. But the innate Indian love for philosophizing and ritual caused generation after generation to add more and more supplements to the Master's teaching and it is only outside India that it has been preserved in any purity.

4. *Asoka*

Gotama spent his life in preaching and by his personal exertions spread his doctrines over Bihar and Oudh but for two

¹ It is practically correct to say that Buddhism was the first universal and missionary religion, but Mahāvīra, the founder of the Jains and probably some what slightly his senior, is credited with the same wide view.

centuries after his death we know little of the history of Buddhism. In the reign of Asoka (273-232 B.C.) its fortunes suddenly changed, for this great Emperor whose dominions comprised nearly all India made it the state religion and also engraved on rocks and pillars a long series of edicts recording his opinions and aspirations. Buddhism is often criticized as a gloomy and impractical creed, suited at best to stoical and scholarly recluses. But these are certainly not its characteristics when it first appears in political history, just as they are not its characteristics in Burma or Japan to-day. Both by precept and example Asoka was an ardent exponent of the strenuous life. In his first edict he lays down the principle "Let small and great exert themselves" and in subsequent inscriptions he continually harps upon the necessity of energy and exertion. The Law or Religion (Dhamma) which his edicts enjoin is merely human and civic virtue, except that it makes respect for animal life an integral part of morality. In one passage he summarizes it as "Little impiety, many good deeds, compassion, liberality, truthfulness and purity." He makes no reference to a supreme deity, but insists on the reality and importance of the future life. Though he does not use the word *Karma* this is clearly the conception which dominates his philosophy: those who do good are happy in this world and the next but those who fail in their duty win neither heaven nor the royal favour. The king's creed is remarkable in India for its great simplicity. He deprecates superstitious ceremonies and says nothing of Nirvana but dwells on morality as necessary to happiness in this life and others. This is not the whole of Gotama's teaching but two centuries after his death a powerful and enlightened Buddhist gives it as the gist of Buddhism for laymen.

Asoka wished to make Buddhism the creed not only of India but of the world as known to him and he boasts that he extended his "conquests of religion" to the Hellenistic kingdoms of the west. If the missions which he despatched thither reached their destination, there is little evidence that they bore any fruit, but the conversion of Ceylon and some districts in the Himalayas seem directly due to his initiative.

5. *Extension of Buddhism and Hinduism beyond India*

This is perhaps a convenient place to review the extension of Buddhism and Hinduism outside India. To do so at this point implies of course an anticipation of chronology, but to delay the survey might blind the reader to the fact that from the time of Asoka onward India was engaged not only in creating but also in exporting new varieties of religious thought.

The countries which have received Indian culture fall into two classes: first those to which it came as a result of religious missions or of peaceful international intercourse, and second those where it was established after conquest or at least colonization. In the first class the religion introduced was Buddhism. If, as in Tibet, it seems to us mixed with Hinduism, yet it was a mixture which at the date of its introduction passed in India for Buddhism. But in the second and smaller class including Java, Camboja and Champa the immigrants brought with them both Hinduism and Buddhism. The two systems were often declared to be the same but the result was Hinduism mixed with some Buddhism, not *vice versa*.

The countries of the first class comprise Ceylon, Burma and Siam, Central Asia, Nepal, China with Annam, Korea and Japan, Tibet with Mongolia. The Buddhism of the first three countries¹ is a real unity or in European language a church, for though they have no common hierarchy they use the same sacred language, Pali, and have the same canon. Burma and Siam have repeatedly recognized Ceylon as a sort of metropolitan see and on the other hand when religion in Ceylon fell on evil days the clergy were recruited from Burma and Siam. In the other countries Buddhism presents greater differences and divisions. It had no one sacred language and in different regions used either Sanskrit texts or translations into Chinese, Tibetan, Mongolian and the languages of Central Asia.

1. Ceylon. There is no reason to doubt that Buddhism was introduced under the auspices of Asoka. Though the invasions and settlements of Tamils have brought Hinduism into Ceylon,

¹ It may be conveniently and correctly called Pali Buddhism. This is better than Southern Buddhism or Hinayāna, for the Buddhism of Java which lies even farther to the south is not the same and there were formerly Hinayānists in Central Asia and China.

yet none of the later and mixed forms of Buddhism, in spite of some attempts to gain a footing, ever flourished there on a large scale. Sinhalese Buddhism had probably a closer connection with southern India than the legend suggests and Conjevaram was long a Buddhist centre which kept up intercourse with both Ceylon and Burma.

2 Burma. The early history of Burmese Buddhism is obscure and its origin probably complex, since at many different periods it may have received teachers from both India and China. The present dominant type (identical with the Buddhism of Ceylon) existed before the sixth century¹ and tradition ascribes its introduction both to the labours of Buddhaghosa and to the missionaries of Asoka. There was probably a connection between Pegu and Conjevaram. In the eleventh century Burmese Buddhism had become extremely corrupt except in Pegu but King Anawrata conquered Pegu and spread a purer form throughout his dominions.

3. Siam. The Thai race, who starting from somewhere in the Chinese province of Yunnan began to settle in what is now called Siam about the beginning of the twelfth century, probably brought with them some form of Buddhism. About 1300 the possessions of Rāma Kōmhēng, King of Siam, included Pegu and Pali Buddhism prevailed among his subjects. Somewhat later, in 1361, a high ecclesiastic was summoned from Ceylon to arrange the affairs of the church but not, it would seem, to introduce any new doctrine. Pegu was the centre from which Pali Buddhism spread to upper Burma in the eleventh century and it probably performed the same service for Siam later. The modern Buddhism of Camboja is simply Siamese Buddhism which filtered into the country from about 1250 onwards. The older Buddhism of Camboja, for which see below, was quite different.

At the courts of Siam and Camboja, as formerly in Burma, there are Brahmans who perform state ceremonies and act as astrologers. Though they have little to do with the religion of the people, their presence explains the predominance of Indian rather than Chinese influence in these countries.

4 Tradition says that Indian colonists settled in Khotan during the reign of Asoka, but no precise date can at present be

¹ See *Journal of the Asiatic Society*, 1912, ii. 121-132.

fixed for the introduction of Buddhism into the Tarim basin and other regions commonly called Central Asia. But it must have been flourishing there about the time of the Christian era, since it spread thence to China not later than the middle of the first century. There were two schools representing two distinct currents from India. First the Sarvāstivādin school, prevalent in Badakshan, Kashgar and Kucha, secondly the Mahāyāna in Khotan and Yarkand. The spread of the former was no doubt connected with the growth of the Kushan Empire but may be anterior to the conversion of Kanishka, for though he gave a great impetus to the propagation of the faith, it is probable that, like most royal converts, he favoured an already popular religion. The Mahāyāna subsequently won much territory from the other school.

5. As in other countries, so in China Buddhism entered by more than one road. It came first by land from Central Asia. The official date for its introduction by this route is 62 A.D. but it was probably known within the Chinese frontier before that time, though not recognized by the state. Secondly when Buddhism was established, there arose a desire for accurate knowledge of the true Indian doctrine. Chinese pilgrims went to India and Indian teachers came to China. After the fourth century many of these religious journeys were made by sea and it was thus that Bodhidharma landed at Canton in 520¹. A third stream of Buddhism, namely Lamaism, came into China from Tibet under the Mongol dynasty (1280). Khubilai considered this the best religion for his Mongols and numerous Lamaist temples and convents were established and still exist in northern China. Lamaism has not perhaps been a great religious or intellectual force there, but its political importance was considerable, for the Ming and Manchu dynasties who wished to assert their rule over the Tibetans and Mongols by peaceful methods, consistently strove to win the goodwill of the Lamaist clergy.

The Buddhism of Korea, Japan and Annam is directly derived from the earlier forms of Chinese Buddhism but was not affected by the later influx of Lamaism. Buddhism passed from China into Korea in the fourth century and thence to Japan in

¹ There is no Indian record of Bodhidharma's doctrine and its origin is obscure, but it seems to have been a compound of Buddhism and Vedantism.

the sixth. In the latter country it was stimulated by frequent contact with China and the repeated introduction of new Chinese sects but was not appreciably influenced by direct intercourse with Hindus or other foreign Buddhists. In the twelfth and thirteenth centuries Japanese Buddhism showed great vitality, transforming old sects and creating new ones.

In the south, Chinese Buddhism spread into Annam rather late: according to native tradition in the tenth century. This region was a battlefield of two cultures. Chinese influence descending southwards from Canton proved predominant and, after the triumph of Annam over Champa, extended to the borders of Cambaja. But so long as the kingdom of Champa existed, Indian culture and Hinduism maintained themselves at least as far north as Hué.

6. The Buddhism of Tibet is a late and startling transformation of Gotama's teaching, but the transformation is due rather to the change and degeneration of that teaching in Bengal than to the admixture of Tibetan ideas. Such admixture however was not absent and a series of reformers endeavoured to bring the church back to what they considered the true standard. The first introduction is said to have occurred in 630 but probably the arrival of Padma Sambhava from India in 747 marks the real foundation of the Lamaist church. It was reformed by the Hindu Atiśa in 1038 and again by the Tibetan Tsong-kha-pa about 1400.

The Grand Lama is the head of the church as reorganized by Tsong-kha-pa. In Tibet the priesthood attained to temporal power comparable with the Papacy. The disintegration of the government divided the whole land into small principalities and among these the great monasteries were as important as any temporal lord. The abbots of the Sakya monastery were the practical rulers of Tibet for seventy years (1270-1340). Another period of disintegration followed but after 1630 the Grand Lamas of Lhasa were able to claim and maintain a similar position.

Mongolian Buddhism is a branch of Lamaism distinguished by no special doctrine. The Mongols were partially converted in the time of Kubilái and a second time and more thoroughly in 1570 by the third Grand Lama.

7. Nepal exhibits another phase of degeneration. In Tibetan Indian Buddhism passed into the hands of a vigorous national

priesthood and was not exposed to the assimilative influence of Hinduism. In Nepal it had not the same defence. It probably existed there since the time of Asoka and underwent the same phases of decay and corruption as in Bengal. But whereas the last great monasteries in Bengal were shattered by the Mohammedan invasion of 1193, the secluded valley of Nepal was protected against such violence and Buddhism continued to exist there in name. It has preserved a good deal of Sanskrit Buddhist literature but has become little more than a sect of Hinduism.

Nepal ought perhaps to be classed in our second division, that is those countries where Indian culture was introduced not by missionaries but by the settlement of Indian conquerors or immigrants. To this class belong the Hindu civilizations of Indo-China and the Archipelago. In all of these Hinduism and Mahayanist Buddhism are found mixed together, Hinduism being the stronger element. The earliest Sanskrit inscription in these regions is that of Vochan in Champa which is apparently Buddhist. It is not later than the third century and refers to an earlier king, so that an Indian dynasty probably existed there about 150–200 A.D. Though the presence of Indian culture is beyond dispute, it is not clear whether the Chams were civilized in Champa by Hindu invaders or whether they were Hinduized Malays who invaded Champa from elsewhere.

8 In Camboja a Hindu dynasty was founded by invaders and the Brahmans who accompanied them established a counterpart to it in a powerful hierarchy, Sanskrit becoming the language of religion. It is clear that these invaders came ultimately from India but they may have halted in Java or the Malay Peninsula for an unknown period. The Brahmanic hierarchy began to fall about the fourteenth century and was supplanted by Siamese Buddhism. Before that time the state religion of both Champa and Camboja was the worship of Śiva, especially in the form called Mukhalinga. Mahayanist Buddhism, tending to identify Buddha with Śiva, also existed but enjoyed less of the royal patronage.

9 Religious conditions were similar in Java but politically there was this difference, that there was no one continuous and paramount kingdom. A considerable number of Hindus must have settled in the island to produce such an effect on its

language and architecture but the rulers of the states known to us were hinduized Javanese rather than true Hindus and the language of literature and of most inscriptions was Old Javanese, not Sanskrit, though most of the works written in it were translations or adaptations of Sanskrit originals. As in Camboja, Śivaism and Buddhism both flourished without mutual hostility and there was less difference in the status of the two creeds.

In all these countries religion seems to have been connected with politics more closely than in India. The chief shrine was a national cathedral, the living king was semi-divine and dead kings were represented by statues bearing the attributes of their favourite gods.

6. *New Forms of Buddhism*

In the three or four centuries following Asoka a surprising change came over Indian Buddhism, but though the facts are clear it is hard to connect them with dates and persons. But the change was clearly posterior to Asoka for though his edicts show a spirit of wide charity it is not crystallized in the form of certain doctrines which subsequently became prominent.

The first of these holds up as the moral ideal not personal perfection or individual salvation but the happiness of all living creatures. The good man who strives for this should boldly aspire to become a Buddha in some future birth and such aspirants are called Bodhisattvas. Secondly Buddhas and some Bodhisattvas come to be considered as supernatural beings and practically deities. The human life of Gotama, though not denied, is regarded as the manifestation of a cosmic force which also reveals itself in countless other Buddhas who are not merely his predecessors or destined successors but the rulers of paradises in other worlds. Faith in a Buddha, especially in Amitābha, can secure rebirth in his paradise. The great Bodhisattvas, such as Avalokita and Mañjuśrī, are splendid angels of mercy and knowledge who are theoretically distinguished from Buddhas because they have indefinitely postponed their entry into nirvana in order to alleviate the sufferings of the world. These new tenets are accompanied by a remarkable development of art and of idealist metaphysics.

This new form of Buddhism is called Mahāyāna, or the



than Hinduism, for it was at that time predominant and disposed to evangelize without raising difficulties as to caste.

Foreign influences stimulated mythology and imagery. In the reliefs of Asoka's time, the image of the Buddha never appears, and, as in the earliest Christian art, the intention of the sculptors is to illustrate an edifying narrative rather than to provide an object of worship. But in the Gandharan sculptures, which are a branch of Græco-Roman art, he is habitually represented by a figure modelled on the conventional type of Apollo. The gods of India were not derived from Greece but they were stereotyped under the influence of western art to this extent that familiarity with such figures as Apollo and Pallas encouraged the Hindus to represent their gods and heroes in human or quasi-human shapes. The influence of Greece on Indian religion was not profound: it did not affect the architecture or ritual of temples and still less thought or doctrine. But when Indian religion and especially Buddhism passed into the hands of men accustomed, to Greek statuary, the inclination to venerate definite personalities having definite shapes was strengthened¹.

Persian influence was stronger than Greek. To it are probably due the many radiant deities who shed their beneficent glory over the Mahayanist pantheon, as well as the doctrine that Bodhisattvas are emanations of Buddhas. The discoveries of Stein, Pelliot and others have shown that this influence extended across Central Asia to China and one of the most important turns in the fortunes of Buddhism was its association with a Central Asian tribe analogous to the Turks and called Kushans or Yuch-chih, whose territories lay without as well as within the frontiers of modern India and who borrowed much of their culture from Persia and some from the Greeks. Their great king Kanishka is a figure in Buddhist annals second only to Asoka. Unfortunately his date is still a matter of discussion. The majority of scholars place his accession about 78 A.D. but

I do not think that this view is disproved by the fact that Pataiyah and the
 students on Pany allude to images for they allude to Greece. For the con-
 trary view see Sten Korman in L.A. 1929, p. 14. The facts are (a) The ancient
 Pataiyah is a real word in a name. (b) The word is used by Hsiang-shan as a popular
 term about the fourteenth century. (c) The name of your Pany is in 27 p.c.
 Pataiyah must be made for the names of popular and especially of Pany
 which at this period we know nothing

some put it rather later¹. The evidence of numismatics and of art indicates that he came towards the end of his dynasty rather than at the beginning and the tradition which makes Āśvaghosha his contemporary is compatible with the later date.

Some writers describe Kanishka as the special patron of Mahayanism. But the description is of doubtful accuracy. The style of religious art known as Gandharan flourished in his reign and he convened a council which fixed the canon of the Sarvāstivādins. This school was reckoned as Hinayanist and though Āśvaghosha enjoys general fame in the Far East as a Mahayanist doctor, yet his undoubted writings are not Mahayanist in the strict sense of the word². But a more ornate and mythological form of religion was becoming prevalent and perhaps Kanishka's Council arranged some compromise between the old and the new.

After Āśvaghosha comes Nāgārjuna who may have flourished any time between 125 and 200 A.D. A legend which makes him live for 300 years is not without significance, for he represents a movement and a school as much as a personality and if he taught in the second century A.D. he cannot have been the founder of Mahayanism. Yet he seems to be the first great name definitely connected with it and the ascription to him of numerous later treatises, though unwarrantable, shows that his authority was sufficient to stamp a work or a doctrine as orthodox Mahayanism. His biographies connect him with the system of idealist or nihilistic metaphysics expounded in the literature (for it is more than a single work) called Prajñāpāramitā, with magical practices (by which the power of summoning Bodhisattvas or deities is specially meant) and with the worship of Amitābha. His teacher Saraha, a foreigner, is said to have been the first who taught this worship in India. In this there may be a kernel of truth but otherwise the extant accounts of Nāgārjuna are too legendary to permit of historical deductions. He was perhaps the first eminent exponent of Mahayanist metaphysics, but the train of thought was not new. It was the result of applying to the external world the same destructive logic which Gotama applied to the soul and the result had considerable analogies to Śāṅkara's version of the Vedānta. Whether in the

¹ Few now advocate an earlier date such as 58 B.C.

² His authorship of *The Awakening of Faith* must be regarded as doubtful.

second century A.D. the leaders of Buddhism already identified themselves with the sorcery which demoralized late Indian Mahayanism may be doubted, but tradition certainly ascribes to Nāgārjuna this corrupting mixture of metaphysics and magio.

The third century offers a strange blank in Indian history. Little can be said except that the power of the Kushans decayed and that northern India was probably invaded by Persians and Central Asian tribes. The same trouble did not affect southern India and it may be that religion and speculation flourished there and spread northwards, as certainly happened in later times. Many of the greatest Hindu teachers were Dravidians and at the present day it is in the Dravidian regions that the temples are most splendid, the Brahmans strictest and most respected. It may be that this Dravidian influence affected even Buddhism in the third century A.D., for Aryadeva the successor of Nāgārjuna was a southerner and the legends told of him recall certain Dravidian myths. Bodhidharma too came from the South and imported into China a form of Buddhism which has left no record in India.

7. *Revival of Hinduism*

In 320 a native Indian dynasty, the Guptas, came to the throne and inaugurated a revival of Hinduism, to which religion we must now turn. To speak of the revival of Hinduism does not mean that in the previous period it had been dead or torpid. Indeed we know that there was a Hindu reaction against the Buddhism of Asoka about 150 B.C. But, on the whole, from the time of Asoka onwards Buddhism had been the principal religion of India, and before the Gupta era there are hardly any records of donations made to Brahmans. Yet during these centuries they were not despised or oppressed. They produced much literature: their schools of philosophy and ritual did not decay and they gradually made good their claim to be the priests of India's gods, whatever those gods might be. The difference between the old religion and the new lay in this. The Brāhmanas and Upanishads describe the practices and doctrines of considerable

¹ The Buddhist literature of the Gupta period is very scanty. The only work of the period which has survived is the *Śālistambasūtra* of the Sākyas, a collection of rules for the monks. The *Śālistambasūtra* is a collection of rules for the monks. The *Śālistambasūtra* is a collection of rules for the monks.

variety but still all the property of a privileged class in a special region. They do not represent popular religion nor the religion of India as a whole. But in the Gupta period Hinduism began to do this. It is not a system like Islam or even Buddhism but a parliament of religions, of which every Indian creed can become a member on condition of observing some simple rules of the house, such as respect for Brahmans and theoretical acceptance of the Veda. Nothing is abolished: the ancient rites and texts preserve their mysterious power and kings perform the horse-sacrifice. But side by side with this, deities unknown to the Veda rise to the first rank and it is frankly admitted that new revelations more suited to the age have been given to mankind.

Art too enters on a new phase. In the early Indian sculptures deities are mostly portrayed in human form, but in about the first century of our era there is seen a tendency to depict them with many heads and limbs and this tendency grows stronger until in mediæval times it is predominant. It has its origin in symbolism. The deity is thought of as carrying many insignia, as performing more actions than two hands can indicate; the worshipper is taught to think of him as appearing in this shape and the artist does not hesitate to represent it in paint and stone.

As we have seen, the change which came over Buddhism was partly due to foreign influences and no doubt they affected most Indian creeds. But the prodigious amplification of Hinduism was mainly due to the absorption of beliefs prevalent in Indian districts other than the homes of the ancient Brahmans. Thus south Indian religion is characterized when we first know it by its emotional tone and it resulted in the mediæval Sivaism of the Tamil country. In another region, probably in the west, grew up the monotheism of the Bhāgavatas, which was the parent of Vishnuism.

Hinduism may be said to fall into four principal divisions which are really different religions: the Smārtas or traditionalists, the Sivaites, the Vishnuites and the Śāktas. The first, who are still numerous, represent the pre-buddhist Brahmans. They follow, so far as modern circumstances permit, the ancient ritual and are apparent polytheists while accepting pantheism as the higher truth. Vishnuites and Sivaites however are monotheists in the sense that their minor deities are not

essentially different from the saints of Roman and Eastern Christianity but their monotheism has a pantheistic tinge. Neither sect denies the existence of the rival god, but each makes its own deity God, not only in the theistic but in the pantheistic sense and regards the other deity as merely an influential angel. From time to time the impropriety of thus specially deifying one aspect of the universal spirit made itself felt and then Vishnu and Śiva were adored in a composite dual form or, with the addition of Brahmā, as a trinity. But this triad had not great importance and it is a mistake to compare it with the Christian trinity. Strong as was the tendency to combine and amalgamate deities, it was mastered in these religions by the desire to have one definite God, personal inasmuch as he can receive and return love, although the Indian feeling that God must be all and in all continually causes the conceptions called Vishnu and Śiva to transcend the limits of personality. This feeling is specially clear in the growth of Rāma and Krishna worship. Both of these deities were originally ancient heroes, and stories of love and battle cling to them in their later phases. Yet for their respective devotees each becomes God in every sense, God as lover of the soul, God as ruler of the universe and the God of pantheism who is all that exists and can exist.

For some time before and after the beginning of our era, north-western India witnessed a great fusion of ideas and Indian, Persian and Greek religion must have been in contact at the university town of Taxila and many other places. Kashmir too, if somewhat too secluded to be a meeting-place of nations, was a considerable intellectual centre. We have not yet sufficient documents to enable us to trace the history and especially the chronology of thought in these regions but we can say that certain forms of Vishnuism, Śivaism and Buddhism were all evolved there and often show features in common. Thus in all we find the idea that the divine nature is manifested in four forms or five, if we count the Absolute Godhead as one of them¹.

I shall consider at length below this worship of Vishnu and

¹ For the history of the Pantheism, the five forms of the Absolute and the four forms of the God, see the Rev. Professor's *Indian Religions*, vol. II, p. 232.

Siva and here will merely point out that it differs from the polytheism of the Smārtas. In their higher phases all Hindu religions agree in teaching some form of pantheism, some laying more and some less stress on the personal aspect which the deity can assume. But whereas the pantheism of the Smārtas grew out of the feeling that the many gods of tradition must all be one, the pantheism of the Vishnuites was not evolved out of pre-buddhist Brahmanism and is due to the conviction that the one God must be everything. It is Indian but it grew up in some region outside Brahmanic influence and was accepted by the Brahmans as a permissible creed, but many legends in the Epics and Puranas indicate that there was hostility between the old-fashioned Brahmans and the worshippers of Rāma, Krishna and Śiva before the alliance was made.

Śāktism¹ also was not evolved from ancient Brahmanism but is different in tone from Vishnuism and Sivaism. Whereas they start from a movement of thought and spiritual feeling, Śāktism has for its basis certain ancient popular worship. With these it has combined much philosophy and has attempted to bring its teaching into conformity with Brahmanism, but yet remains somewhat apart. It worships a goddess of many names and forms, who is adored with sexual rites and the sacrifice of animals, or, when the law permits, of men. It asserts even more plainly than Vishnuism that the teaching of the Vedas is too difficult for these latter days and even useless, and it offers to its followers new scriptures called Tantras and new ceremonies as all-sufficient. It is true that many Hindus object to this sect, which may be compared with the Mormons in America or the Skoptsy in Russia, and it is numerous only in certain parts of India (especially Bengal and Assam) but since a section of Brahmans patronize it, it must be reckoned as a phase of Hinduism and even at the present day it is an important phase.

There are many cults prevalent in India, though not recognized as sects, in which the worship of some aboriginal deity is accepted in all its crudeness without much admixture of philosophy, the only change being that the deity is described

¹ I draw a distinction between Śāktism and Tantrism. The essence of Śāktism is the worship of a goddess with certain rites. Tantrism means rather the use of spells, gestures, diagrams and various magical or sacramental rites, which accompanies Śāktism but may exist without it.

as a form, incarnation or servant of some well-known god and that Brahmans are connected with this worship. This habit of absorbing aboriginal superstitions materially lowers the average level of creed and ritual. An educated Brahman would laugh at the idea that village superstitions can be taken seriously as religion but he does not condemn them and, as superstitions, he does not disbelieve in them. It is chiefly owing to this habit that Hinduism has spread all over India and its treatment of men and gods is curiously parallel. Princes like the Manipuris of Assam came under Hindu influence and were finally recognized as Kshattiyas with an imaginary pedigree, and on the same principle their deities are recognized as forms of Siva or Durga. And Siva and Durga themselves were built up in past ages out of aboriginal beliefs, though the cement holding their figures together is Indian thought and philosophy, which are able to see in grotesque rustic godlings an expression of cosmic forces.

Though this is the principal method by which Hinduism has been propagated, direct missionary effort has not been wanting. For instance a large part of Assam was converted by the preaching of Vishnuite teachers in the sixteenth century and the process still continues¹. But on the whole the missionary spirit characterizes Buddhism rather than Hinduism. Buddhist missionaries preached their faith without any political motive, wherever they could penetrate. But in such countries as Ceylon, Hinduism was primarily the religion of the foreign settlers and when the political power of the Brahmans began to wane, the people embraced Buddhism. Outside India it was perhaps only in Java and the neighbouring islands that Hinduism (with an admixture of Buddhism) became the religion of the masses.

Many features of Hinduism, its steady though slow conquest of India, its extraordinary vitality and tenacity in resisting the attacks of Mohammedanism, and its small power of expansion beyond the seas are explained by the fact that it is a mode of life as much as a faith. To be a Hindu it is not sufficient to hold the doctrine of the Upanishads or any other scripture; it is necessary to be a member of a Hindu caste and observe

¹ See, e.g., *History of Assam*, p. 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837, 838, 839, 840, 841, 842, 843, 844, 845, 846, 847, 848, 849, 850, 851, 852, 853, 854, 855, 856, 857, 858, 859, 860, 861, 862, 863, 864, 865, 866, 867, 868, 869, 870, 871, 872, 873, 874, 875, 876, 877, 878, 879, 880, 881, 882, 883, 884, 885, 886, 887, 888, 889, 890, 891, 892, 893, 894, 895, 896, 897, 898, 899, 900, 901, 902, 903, 904, 905, 906, 907, 908, 909, 910, 911, 912, 913, 914, 915, 916, 917, 918, 919, 920, 921, 922, 923, 924, 925, 926, 927, 928, 929, 930, 931, 932, 933, 934, 935, 936, 937, 938, 939, 940, 941, 942, 943, 944, 945, 946, 947, 948, 949, 950, 951, 952, 953, 954, 955, 956, 957, 958, 959, 960, 961, 962, 963, 964, 965, 966, 967, 968, 969, 970, 971, 972, 973, 974, 975, 976, 977, 978, 979, 980, 981, 982, 983, 984, 985, 986, 987, 988, 989, 990, 991, 992, 993, 994, 995, 996, 997, 998, 999, 1000.

its regulations. It is not quite correct to say that one must be born a Hindu, since Hinduism has grown by gradually hinduizing the wilder tribes of India and the process still continues. But a convert cannot enter the fold by any simple ceremony like baptism. The community to which he belongs must adopt Hindu usages and then it will be recognized as a caste, at first of very low standing but in a few generations it may rise in the general esteem. A Hindu is bound to his religion by almost the same ties that bind him to his family. Hence the strength of Hinduism in India. But such ties are hard to knit and Hinduism has no chance of spreading abroad unless there is a large colony of Hindus surrounded by an appreciative and imitative population¹.

In the contest between Hinduism and Buddhism the former owed the victory which it obtained in India, though not in other lands, to this assimilative social influence. The struggle continued from the fourth to the ninth century, after which Buddhism was clearly defunct and survived only in special localities. Its final disappearance was due to the destruction of its remaining monasteries by Moslem invaders but this blow was fatal only because Buddhism was concentrated in its monkhood. Innumerable Hindu temples were destroyed, yet Hinduism was at no time in danger of extinction.

The Hindu reaction against Buddhism became apparent under the Gupta dynasty but Mahayanism in its use of Sanskrit and its worship of Bodhisattvas shows the beginnings of the same movement. The danger for Buddhism was not persecution but tolerance and obliteration of differences. The Guptas were not bigots. It was probably in their time that the oldest Puranas, the laws of Manu and the Mahabharata received their final form. These are on the whole text-books of Smārta Hinduism and two Gupta monarchs celebrated the horse sacrifice. But the Mahabharata contains several episodes which justify the exclusive worship of either Viṣṇu or Śiva, and the architecture of the Guptas suggests that they were Vishnuites. They also bestowed favours on Buddhism which was not yet decadent, for Vasubandhu and Asaṅga, who probably lived in the fourth century, were constructive thinkers. It is true that their

¹ It is said that in Burma Hindu settlers become absorbed in the surrounding Buddhists. *Census of India*, 1911, i p. 120

additions were of the dangerous kind which render an edifice top-heavy but their works show vitality and had a wide influence¹. The very name of Asanga's philosophy—Yogācārya—indicates its affinity to Brahmanic thought, as do his doctrines of Alayavijñāna and Bodhi, which permit him to express in Buddhist language the idea that the soul may be illumined by the deity. In some cases Hinduism, in others Buddhism, may have played the receptive part but the general result—namely the diminution of differences between the two—was always the same.

The Hun invasions were unfavourable to religious and intellectual activity in the north and, just as in the time of Moslim inroads, their ravages had more serious consequences for Buddhism than for Hinduism. The great Emperor Harsha (†647), of whom we know something from Bāna and Hsuan Chuang, became at the end of his life a zealous but eclectic Buddhist. Yet it is plain from Hsuan Chuang's account that at this time Buddhism was decadent in most districts both of the north and south.

This decadence was hastened by an unfortunate alliance with those forms of magic and erotic mysticism which are called Śāktism². It is difficult to estimate the extent of the corruption, for the singularity of the evil, a combination of the austere and ethical teaching of Gotama with the most fantastic form of Hinduism, arrests attention and perhaps European scholars have written more about it than it deserves. It did not touch the Hinayanist churches nor appreciably infect the Buddhism of the Far East, nor even (it would seem) Indian Buddhism outside Bengal and Orissa. Unfortunately Magadha, which was both the home and last asylum of the faith, was also very near the regions where Śāktism most flourished. It is, as I have often noticed in these pages, a peculiarity of all Indian sects that in matters of belief they are not exclusive nor hostile to novelties. When a new idea wins converts it is the instinct of the older sects to declare that it is

[illegible]

compatible with their teaching or that they have something similar and just as good. It was in this fashion that the Buddhists of Magadha accepted Śāktist and tantric ideas. If Hinduism could summon gods and goddesses by magical methods, they could summon Bodhisattvas, male and female, in the same way, and these spirits were as good as the gods. In justice it must be said that despite distortions and monstrous accretions the real teaching of Gotama did not entirely disappear even in Magadha and Tibet.

8. *Later Forms of Hinduism*

In the eighth and ninth centuries this degenerate Buddhism was exposed to the attacks of the great Hindu champions Kumārila and Śāṅkara, though it probably endured little persecution in our sense of the word. Both of them were Smārtas or traditionalists and laboured in the cause not of Vishnuism or Śivaism but of the ancient Brahmanic religion, amplified by many changes which the ages had brought but holding up as the religious ideal a manhood occupied with ritual observances, followed by an old age devoted to philosophy. Śāṅkara was the greater of the two and would have a higher place among the famous names of the world had not his respect for tradition prevented him from asserting the originality which he undoubtedly possessed. Yet many remarkable features of his life work, both practical and intellectual, are due to imitation of the Buddhists and illustrate the dictum that Buddhism did not disappear from India¹ until Hinduism had absorbed from it all the good that it had to offer. Śāṅkara took Buddhist institutions as his model in rearranging the ascetic orders of Hinduism, and his philosophy, a rigorously consistent pantheism which ascribed all apparent multiplicity and difference to illusion, is indebted to Mahayanist speculation. It is remarkable that his opponents stigmatized him as a Buddhist in disguise and his system, though it is one of the most influential lines of

¹ In India proper there are hardly any Buddhists now. The Kumbhipathias, an anti Brahmanic sect in Orissa, are said to be based on Buddhist doctrines and a Buddhist mission in Mysore, called the Sakya Buddhist Society, has met with some success. See *Census of India*, 1911, i pp. 122 and 126.

thought among educated Hindus, is anathematized by some theistic sects¹.

Sankara was a native of southern India. It is not easy to combine in one picture the progress of thought in the north and south, and for the earlier centuries our information as to the Dravidian countries is meagre. Yet they cannot be omitted, for their influence on the whole of India was great. Greeks, Kushans, Huns, and Mohammedans penetrated into the north but, until after the fall of Vijayanagar in 1565, no invader professing a foreign religion entered the country of the Tamils. Left in peace they elaborated their own version of current theological problems and the result spread over India. Buddhism and Jainism also flourished in the south. The former was introduced under Asoka but apparently ceased to be the dominant religion (if it ever was so) in the early centuries of our era. Still even in the eleventh century monasteries were built in Mysore. Jainism had a distinguished but chequered career in the south. It was powerful in the seventh century but subsequently endured considerable persecution. It still exists and possesses remarkable monuments at Sravani Belgola and elsewhere.

But the characteristic form of Dravidian religion is an emotional theism, running in the parallel channels of Vishnuism and Shaivism and accompanied by humbler but vigorous popular superstitions, which reveal the origin of its special temperament. For the frenzied ecstasies of devil dancers (to use a current though inaccurate phrase) are a primitive expression of the same sentiment which sees in the whole world the exulting energy and rhythmic force of Siva. And though the most rigid Brahmanism still flourishes in the Madras Presidency there is audible in the Dravidian hymns a distinct note of anti-sacerdotalism and of belief that every man by his own efforts can come into immediate contact with the Great Being whom he worships.

The Vishnuism and Shaivism of the south go back to the early centuries of our era, but the chronology is difficult. In both there is a line of poet-hymns followed by philosophers and teachers and in both a considerable collection of Tamil hymns. Shaivism is equivalent to the Veda. Perhaps Shaivism was

¹ See the *Journal of the Asiatic Society of India*, p. 24, where a Sanskrit hymn is quoted which is said to be a translation of a Tamil hymn.

dominant first and Vishnuism somewhat later but at no epoch did either extingush the other. It was the object of Śankara to bring these valuable but dangerous forces, as well as much Buddhist doctrine and practice, into harmony with Brahmanism.

Islam first entered India in 712 but it was some time before it passed beyond the frontier provinces and for many centuries it was too hostile and aggressive to invite imitation, but the spectacle of a strong community pledged to the worship of a single personal God produced an effect. In the period extending from the eighth to the twelfth centuries, in which Buddhism practically disappeared and Islam came to the front as a formidable though not irresistible antagonist, the dominant form of Hinduism was that which finds expression in the older Puranas, in the temples of Orissa and Khajurao and the Kailāsa at Ellora. It is the worship of one god, either Siva or Vishnu, but a monotheism adorned with a luxuriant mythology and delighting in the manifold shapes which the one deity assumes. It freely used the terminology of the Sāṅkhya but the first place in philosophy belonged to the severe pantheism of Śankara which, in contrast to this riotous exuberance of legend and sculpture, sees the highest truth in one Being to whom no epithets can be applied.

In the next epoch, say the twelfth to the seventeenth centuries, Indian thought clearly hankers after theism in the western sense and yet never completely acquiesces in it. Mythology, if still rampant according to our taste, at least becomes subsidiary and more detachable from the supreme deity, and this deity, if less anthropomorphic than Allah or Jehovah, is still a being who loves and helps souls, and these souls are explained in varying formulae as being identical with him and yet distinct.

It can hardly be by chance that as the Hindus became more familiar with Islam their sects grew more definite in doctrine and organization especially among the Vishnuites who showed a greater disposition to form sects than the Sivaites, partly because the incarnations of Vishnu offer an obvious ground for diversity. About 1100 A D.¹ the first great Vaiṣṇava sect was founded by Rāmānuja. He was a native of the Madras country and claimed to be the spiritual descendant of the early Tamil

¹ Some think that the sect called Nimbavats was earlier.

saints In doctrine he expressly accepted the views of the ancient Bhāgavatas, which had been condemned by Śankara, and he affirmed the existence of one personal deity commonly spoken of as Nārāyaṇa or Vāsudeva.

From the time of Śankara onwards nearly all Hindu theologians of the first rank expounded their views by writing a commentary on the Brahma Sūtras, an authoritative but singularly enigmatic digest of the Upanishads. Śankara's doctrine may be summarized as absolute monism which holds that nothing really exists but Brahman and that Brahman is identical with the soul. All apparent plurality is due to illusion. He draws a distinction between the lower and higher Brahman which perhaps may be rendered by God and the Godhead. In the same sense in which individual souls and matter exist, a personal God also exists, but the higher truth is that individuality, personality and matter are all illusion. But the teaching of Rāmānuja rejects the doctrines that the world is an illusion and that there is a distinction between the lower and higher Brahman and it affirms that the soul, though of the same substance as God and emitted from him rather than created, can obtain bliss not in absorption but in existence near him.

It is round these problems that Hindu theology turns. The innumerable solutions lack neither boldness nor variety but they all try to satisfy both the philosopher and the saint and none achieve both tasks. The system of Śankara is a masterpiece of intellect, despite his disparagement of reasoning in theology, and could inspire a fine piety, as when on his death-bed he asked forgiveness for having frequented temples, since by so doing he had seemed to deny that God is everywhere. But piety of this kind is unfavourable to public worship and even to those religious experiences in which the soul seems to have direct contact with God in return for its tribute of faith and love. In fact the Advaita philosophy countenances emotionalism only as an imperfect creed and not as the highest truth. But the existence of all creeds and priest-hoods depends on their power to satisfy the religious instinct with ceremonial or some better method of putting the soul in communication with the divine. On the other hand pantheism in India is not a philosophical speculation, it is a habit of mind: it is not enough for the Hindu that his God is lord of all things: he must be all

things and the soul in its endeavour to reach God must obtain deliverance from the fetters not only of matter but of individuality. Hence Hindu theology is in a perpetual oscillation illustrated by the discrepant statements found side by side in the *Bhagavad-gītā* and other works. Indian temperament and Indian logic want a pantheistic God and a soul which can transcend personality, but religious thought and practice imply personality both in the soul and in God. All varieties of Vishnuism show an effort to reconcile these double aspirations and theories. The theistic view is popular, for without it what would become of temples, worshippers and priests? But I think that the pantheistic view is the real basis of Indian religious thought.

The qualified monism of Rāmānuja (as his system is sometimes called) led to more uncompromising treatment of the question and to the affirmation of dualism, not the dualism of God and the Devil but the distinctness of the soul and of matter from God. This is the doctrine of Madhva, another southern teacher who lived about a century after Rāmānuja and was perhaps directly influenced by Islam. But though the logical outcome of his teaching may appear to be simple theism analogous to Islam or Judaism, it does not in practice lead to this result but rather to the worship of Krishna. Madhva's sect is still important but even more important is another branch of the spiritual family of Rāmānuja, starting from Rāmānand who probably flourished in the fourteenth century¹.

Rāmānuja, while in some ways accepting innovations, insisted on the strict observance of caste. Rāmānand abandoned this, separated from his sect and removed to Benares. His teaching marks a turning-point in the history of modern Hinduism. Firstly he held that caste need not prevent a man from rightly worshipping God and he admitted even Moslems as members of his community. To this liberality are directly traceable the numerous sects combining Hindu with Mohammedan doctrines, among which the Kabir Panth and the Sikhs are the most conspicuous. But it is a singular testimony to the tenacity of Hindu ideas that though many teachers holding most diverse opinions have declared there is no caste before God, yet caste has generally reasserted itself among their

¹ The doctrine of Rāmānuja is a good example of the Hindu idea of the soul as a part of God.

followers as a social if not as a religious institution. The second important point in Rāmānand's teaching was the use of the vernacular for religious literature. Dravidian scriptures had already been recognized in the south but it is from this time that there begins to flow in the north that great stream of sacred poetry in Hindi and Bengali which waters the roots of modern popular Hinduism. Among many eminent names which have contributed to it, the greatest is Tulsī Das who retold the Ramayana in Hindi and thus wrote a poem which is little less than a Bible for millions in the Ganges valley.

The sects which derive from the teaching of Rāmānand mostly worship the Supreme Being under the name of Rāma. Even more numerous, especially in the north, are those who use the name of Krishna, the other great incarnation of Vishnu. This worship was organized and extended by the preaching of Vallabha and Caitanya (c. 1500) in the valley of the Ganges and Bengal, but was not new. I shall discuss in some detail below the many elements combined in the complex figure of Krishna but in one way or another he was connected with the earliest forms of Vishnuite monotheism and is the chief figure in the *Bhagavad-gītā*, its earliest text-book. Legend connects him partly with Muntra and partly with western India but, though by no means ignored in southern India, he does not receive there such definite and exclusive adoration as in the north. The Krishnaite sects are emotional, and their favourite doctrine that the relation between God and the soul is typified by passionate love has led to dubious moral results.

This Krishnaite propaganda, which coincided with the Reformation in Europe, was the last great religious movement in India. Since that time there has been considerable activity of a minor kind. Protest has been raised against abuses and extraneous communities have undergone changes, such as may be seen in the growth of the Sikhs, but there has been no general religious movement. The absence of such can be easily explained by the persecution of Aurangzeb and by the invasions and general struggle of the eighteenth century. At the end of the century Hinduism was still robust but its productivity was not destroyed. The official census never fails to record the steady growth of other religions, but the growth of Hinduism is not so easily measured.

without admitting that their creeds and customs were in the least worthy of imitation. European methods of organization and advertisement have not however been disdained

The last half century has witnessed a remarkable revival of Hinduism. In the previous decades the most conspicuous force in India, although numerically weak, was the already mentioned Brahmo Samaj, founded by Ram Mohun Roy in 1828. But it was colourless and wanting in constructive power. Educated opinion, at least in Bengal, seemed to be tending towards agnosticism and social revolution. This tendency was checked by a conservative and nationalist movement, which in all its varied phases gave support to Indian religion and was intolerant of European ideas. It had a political side but there was nothing disloyal in its main idea, namely, that in the intellectual and religious sphere, where Indian life is most intense, Indian ideas must not decay. No one who has known India during the last thirty years can have failed to notice how many new temples have been built and how many old ones repaired. Almost all the principal sects have founded associations to protect and extend their interests by such means as financial and administrative organization, the publication of periodicals and other literature, annual conferences, lectures and the foundation of religious houses or quasi-monastic orders. Several societies have been founded not restricted to any particular sect but with the avowed object of defending and promoting strict Hinduism. Among such the most important are, first the Bharat Dharma Mahamandala, under the distinguished presidency of the Maharaja of Darbhanga; secondly the movement started by Ramakrishna and Swami Vivekananda and adorned by the beautiful life and writings of Sister Nivedita (Mrs Noble) and thirdly the Theosophical Society under the leadership of Mrs Besant. It is remarkable that Europeans, both men and women, have played a considerable part in this revival. All these organizations are influential. the two latter have done great service in defending and encouraging Hinduism, but I am less sure of their success in mingling Eastern and Western ideas or in popularising Hinduism among Europeans.

Somewhat different, but described by the Census of 1911 as "the greatest religious movement in India of the past half century" is the Arya Samaj, founded in 1875 by Swami Dayanand. Whereas the movements mentioned above support

Sanātana Dharma or Orthodox Hinduism in all its shapes, the Arya Samaj aims at reform. Its original programme was a revival of the ancient Vedic religion but it has since been perceptibly modified and tends towards conciliating contemporary orthodoxy, for it now prohibits the slaughter of cattle, accords a partial recognition to caste, affirms its belief in karma and apparently approves a form of the Yoga philosophy. Though it is not yet accepted as a form of orthodox Hinduism, it seems probable that concessions on both sides will produce this result before long. It numbers at present only about a quarter of a million but is said to be rapidly increasing, especially in the United Provinces and Panjab, and to be remarkable for the completeness and efficiency of its organization. It maintains missionary colleges, orphanages and schools. Affiliated to it is a society for the purification (shuddhi) of Mohammedans, Christians and outcasts, that is for turning them into Hindus and giving them some kind of caste. It would appear that those who undergo this purification do not always become members of the Samaj but are merged in the ordinary Hindu community where they are accepted without opposition if also without enthusiasm.

10. *Change and Permanence in Buddhism*

Thus we have a record of Indian thought for about 3000 years. It has directly affected such distant points as Balkh, Java and Japan and it is still living and active. But life and action mean change and such wide extension in time and space implies variety. We talk of converting foreign countries but the religion which is transplanted also undergoes conversion or else it cannot enter new brains and hearts. Buddhism in Ceylon and Japan, Christianity in Scotland and Russia are not the same, although professing to reverence the same teachers. It is easy to argue the other way, but it can only be done by setting aside as non-essential differences of great practical importance. Europeans are ready enough to admit that Buddhism is changeable and easily corrupted but it is not singular in that respect¹. I doubt if Lhasa and Tantrism are further from

¹ There are curious survivals of paganism in out of the way forms of Christianity. Thus animal sacrifices are not extinct among Armenians and Nestorians. See *R R E* article "Prayer for the Lord" at the end.

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the teaching of Gotama than the Papacy, the Inquisition, and the religion of the German Emperor, from the teaching of Christ.

A religion is the expression of the thought of a particular age and cannot really be permanent in other ages which have other thoughts. The apparent permanence of Christianity is due first to the suppression of much original teaching, such as Christ's turning the cheek to the smiter and Paul's belief in the coming end of the world, and secondly to the adoption of new social ideals which have no place in the New Testament, such as the abolition of slavery and the improved status of women.

Buddhism arising out of Brahmanism suggests a comparison with Christianity arising out of Judaism, but the comparison breaks down in most points of detail. But there is one real resemblance, namely that Buddhism and Christianity have both won their greatest triumphs outside the land of their birth. The flowers of the mind, if they can be transplanted at all, often flourish with special vigour on alien soil. Witness the triumphs of Islam in the hands of the Turks and Mughals, the progress of Nestorianism in Central Asia, and the spread of Manichæism in both the East and West outside the limits of Persia. Even so Lamaism in Tibet and Amidaism in Japan, though scholars may regard them as singular perversions, have more vitality than any branch of Buddhism which has existed in India since the seventh century. But even here the parallel with Christianity is imperfect. It would be more complete if Palestine had been the centre from which different phases of Christianity radiated during some twelve centuries, for this is the relation between Indian and foreign Buddhism. Lamaism is not the teaching of the Buddha transmitted by Tibetans but a late form of Indian Buddhism exported to Tibet and modified there in some external features (such as ecclesiastical organization and art) but not differing greatly in doctrine from Bengali Buddhism of the eleventh century. And even Amidaism appears to have originated and in the Far East but in Gansu and the adjacent lands. Thus the many varieties of Buddhism now existing are due partly to local colour but even more to the working of the Middle Ages and which during many centuries after the death of the Buddha continued to invent new forms and multiply the

The present form of Lamaism and form of Buddhism in

Ceylon¹ is truly remarkable, for if in many countries Buddhism has shown itself fluid and protean, it here manifests a stability which can hardly be paralleled except in Judaism. The Sinhalese, unlike the Hindus, had no native propensity to speculation. They were content to classify, summarize and expound the teaching of the Pitakas without restating it in the light of their own imagination. Whereas the most stable form of Christianity is the Church of Rome, which began by making considerable additions to the doctrine of the New Testament, the most stable form of Buddhism is neither a transformation of the old nor a protest against innovation but simply the continuation of a very ancient sect in strange lands². This ancient Buddhism, like Islam which is also simple and stable, is somewhat open to the charge of engaging in disputes about trivial details³, but alike in Ceylon, Burma and Siam, it has not only shown remarkable persistence but has become a truly national religion, the glory and comfort of those who profess it

11. *Rebirth and the Nature of the Soul*

The most characteristic doctrine of Indian religion—rarely absent in India and imported by Buddhism into all the countries which it influenced—is that called metempsychosis, the transmigration of the soul or reincarnation. The last of these terms best expresses Indian, especially Buddhist, ideas but still the usual Sanskrit equivalent, *Samsāra*, means migration. The body breaks up at death but something passes on and migrates to another equally transitory tenement. Neither Brahmans nor Buddhists seem to contemplate the possibility that the human soul may be a temporary manifestation of the Eternal Spirit which comes to an end at death—a leaf on a tree or a momentary ripple on the water. It is always regarded as passing through many births, a wave traversing the ocean.

Hindu speculation has never passed through the materialistic phase, and the doctrine that the soul is annihilated at death is extremely rare in India. Even rarer perhaps is the

¹ The Buddhism of Siam and Burma is similar but in Siam it is a medieval importation and the early religious history of Burma is still obscure.

² Although stability is characteristic of the Hinayana its later literature shows a certain movement of thought phases of which are marked by the Questions of Milinda, Buddhaghosa's works and the Abhidhammattha sangaha.

³ Eg. the way a monastic robe should be worn and the Sīma

doctrine that it usually enters on a permanent existence, happy or otherwise. The idea underlying the transmigration theory is that every state which we call existence must come to an end. If the soul can be isolated from all the accidents and accessories attaching to it, then there may be a state of permanence and peace but not a state comparable with human existence, however enlarged and glorified. But why does not this conviction of impermanence lead to the simpler conclusion that the end of physical life is the end of all life? Because the Hindus have an equally strong conviction of continuity: everything passes away and changes but it is not true to say of anything that it arises from nothing or passes into nothing. If human organisms (or any other organisms) are mere machines, if there is nothing more to be said about a corpse than about a smashed watch, then (the Hindu thinks) the universe is not continuous. Its continuity means for him that there is something which eternally manifests itself in perishable forms but does not perish with them any more than water when a pitcher is broken or fire that passes from the wood it has consumed to fresh fuel.

These metaphors suggest that the doctrine of transmigration or reincarnation does not promise what we call personal immortality. I confess that I cannot understand how there can be personality in the ordinary human sense without a body. When we think of a friend, we think of a body and a character, thoughts and feelings, all of them connected with that body and many of them conditioned by it. But the immortal soul is commonly esteemed to be something equally present in a new born babe, a youth and an old man. If so, it cannot be a personality in the ordinary sense, for no one could recognize the spirit of a departed friend, if it is something which was present in him the day he was born and different from all the characteristics which he acquired during life. The belief that we shall recognize our friends in another world assumes that these characteristics are immortal, but it is hard to understand how they can be so, especially as it is also assumed that there is something immortal in a dog, which provokes affection and interest, but that there is something immortal in a new born babe which he cannot be said to possess either.

In one way, therefore, the doctrine is insuperable difficulty to the survival of personality, for if you believe in the survival of

as he is, asks what are the chances that any part of him survives death. Yet the questions, what is destroyed at death and how and why, are closely connected with the questions what comes into existence at birth and how and why. This second series of questions is hard enough, but it has this advantage over the first that whereas death abruptly closes the road and we cannot follow the soul one inch on its journey beyond, the portals of birth are a less absolute frontier. We know that every child has passed through stages in which it could hardly be called a child. The earliest phase consists of two cells, which unite and then proceed to subdivide and grow. The mystery of the process by which they assume a human form is not explained by scientific or theological phrases. The complete individual is assuredly not contained in the first germ. The microscope cannot find it there and to say that it is there potentially, merely means that we know the germ will develop in a certain way. To say that a force is manifesting itself in the germ and assuming the shape which it chooses to take or must take is also merely a phrase and metaphor, but it seems to me to fit the facts.¹

The doctrines of pre-existence and transmigration (but not, I think, of karma which is purely Indian) are common among savages in Africa and America, nor is their wide distribution strange. Savages commonly think that the soul wanders during sleep and that a dead man's soul goes somewhere, what more natural than to suppose that the soul of a new born infant comes from somewhere? But among civilized peoples such ideas are in most cases due to Indian influence. In India they seem

animal's mind is not explained by this theory and it seems to be assumed that such a complex mind as a dog's can be explained as a function of matter, whereas there is something in a child which cannot be so explained.

(4) If a new immortal soul is created every time a birth takes place, the universe must be receiving incalculably large additions. For some philosophies such an idea is impossible. (See Bradley, *Appearance and Reality*, p. 502. "The universe is impossible if increase. And to suppose a constant supply of new souls, none of which ever perished, would clearly land us in the end in an insuperable difficulty.") But even if we do not admit that it is impossible, it at least destroys all analogy between the material and spiritual worlds. If all the bodies that ever lived continued to exist separately after death, the congestion would be unthinkable. Is a corresponding congestion in the spiritual world really thinkable?

¹ This seems to be the view of the Chândogya Up. vi. 12. As the whole world is a manifestation of Brahman, so is the great banyan tree a manifestation of the subtle essence which is also present in its minute seeds.

indigenous to the soil and not imported by the Aryan invaders, for they are not clearly enunciated in the Rig Veda, nor formulated before the time of the Upanishads¹ They were introduced by Buddhism to the Far East and their presence in Manichæism, Neoplatonism, Sufism and ultimately in the Jewish Kabbala seems a rivulet from the same source Recent research discredits the theory that metempsychosis was an important feature in the earlier religion of Egypt or among the Druids². But it played a prominent part in the philosophy of Pythagoras and in the Orphic mysteries, which had some connection with Thrace and possibly also with Crete. A few great European intellects³—notably Plato and Virgil—have given it undying expression, but Europeans as a whole have rejected it with that curiously crude contempt which they have shown until recently for Oriental art and literature.

Considering how fixed is the belief in immortality among Europeans, or at least the desire for it, the rarity of a belief in pre-existence or transmigration is remarkable. But most people's expectation of a future life is based on craving rather than on reasoned anticipation. I cannot myself understand how anything that comes into being can be immortal. Such immortality is unsupported by a single analogy nor can any instance be quoted of a thing which is known to have had an

The British Authorities know of the existence of the Buddhist Sutras but as matters of deep philosophy and not for the vulgar; but in the Buddhist Sutras they are assumed as sources of knowledge. The doctrine is not therefore have been popularized after the suppression of the Upanishads. But some allowance must be made for the fact that the Upanishads and the earliest versions of the Buddhist Sutras were produced in different parts of India.

1 Yet even if we are grateful for Coler and Teutonic folklore to the extent
that it is a part of our culture, and Coler's remarks about the Jew
are a part of the whole thing.

origin and yet is even apparently indestructible¹. And is it possible to suppose that the universe is capable of indefinite increase by the continual addition of new and eternal souls? But these difficulties do not exist for theories which regard the soul as something existing before as well as after the body, truly immortal *a parte ante* as well as *a parte post* and manifesting itself in temporary homes of human or lower shape. Such theories become very various and fall into many obscurities when they try to define the nature of the soul and its relation to the body, but they avoid what seems to me the contradiction of the created but immortal soul.

The doctrine of metempsychosis is also interesting as affecting the relations of men and animals. The popular European conception of "the beasts which perish" weakens the arguments for human immortality. For if the mind of a dog or chimpanzee contains no element which is immortal, the part of the human mind on which the claim to immortality can be based must be pariously small, since *ex hypothesi* sensation, volition, desire and the simpler forms of intelligence are not immortal. But in India where men have more charity and more philosophy this distinction is not drawn. The animating principle of men, animals and plants is regarded as one or at least similar, and even matter which we consider inanimate, such as water, is often considered to possess a soul. But though there is ample warrant in both Brahmanic and Buddhist literature for the idea that the soul may sink from a human to an animal form or *vice versa* rise, and though one sometimes meets this belief in modern life², yet it is not the most prominent aspect of metempsychosis in India and the beautiful precept of *ahimsâ* or not injuring living things is not, as Europeans imagine, founded on the fear of eating one's grandparents but rather on the humane and enlightened feeling that all life is one and that men who devour beasts are not much above the level of the beasts who devour one another. The feeling has grown stronger with time. In the Vedas animal sacrifices are prescribed and they are even now used in the worship of some

¹ The chemical elements are hardly an exception. Apparently they have no beginning and no end but there is reason to suspect that they have both.

² I know well authenticated cases of Burmese and Indians thinking that the soul of a dead child had passed into an animal.

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deities. In the Epics the eating of meat is mentioned. But the doctrine that it is wrong to take animal life was definitely adopted by Buddhism and gained strength with its diffusion.

One obvious objection to all theories of rebirth is that we do not remember our previous existences and that, if they are connected by no thread of memory, they are for all practical purposes the existences of different people. But this want of memory affects not only past existences but the early phases of this existence. Does any one deny his existence as an infant or embryo because he cannot remember it? And if a wrong could be done to an infant the effects of which would not be felt for twenty years, could it be said to be no concern of the infant because the person who will suffer in twenty years time will have no recollection that he was that infant? And common opinion in Eastern Asia, not without occasional confirmation from Europe, denies the proposition that we cannot remember our former lives and asserts that those who take any pains to sharpen their spiritual faculties can remember them. The evidence for such recollection seems to me better than the evidence for most spiritualistic phenomena².

Another objection comes from the facts of heredity. On the whole we resemble our parents and ancestors in mind as well as in body. A child often seems to be an obvious product of its parents and not a being come from outside and from another life. This objection of course applies equally to the creation theory. If the soul is created by an act of God, there seems to be no reason why it should be like the parents, or, if he causes it to be like them, he is made responsible for sending children into the world with vicious natures. On the other hand if parents literally make a child, mind as well as body, there seems to be no reason why children should ever be unlike their parents, or brothers and sisters unlike one another, as they

¹ Of course, when I wake up in the morning I am conscious of my identity between successive existences reminding me of the previous day. But if I wake up suddenly in the night with a toothache which I have room for no thought of forgetting the feeling of pain, is the fact that I experience the pain in any way bound up with the moment I don't know who or where I am?

² I believe that a French savant, Colonel Rochet, has recently said in a scientific journal that the human mind retains traces of previous existences and that these are the "ghosts" seen as clear as I can see as any evidence of the existence of the soul. I have been made by the paper of other witnesses. But I have not been able to find any of the French savant's writings.

undoubtedly sometimes are. An Indian would say that a soul¹ seeking rebirth carries with it certain potentialities of good and evil and can obtain embodiment only in a family offering the necessary conditions. Hence to some extent it is natural that the child should be like its parents. But the soul seeking rebirth is not completely fixed in form and stiff. It is hampered and limited by the results of its previous life, but in many respects it may be flexible and free, ready to vary in response to its new environment.

But there is a psychological and temperamental objection to the doctrine of rebirth, which goes to the root of the matter. Love of life and the desire to find a field of activity are so strong in most Europeans that it might be supposed that a theory offering an endless vista of new activities and new chances would be acceptable. But as a rule Europeans who discuss the question say that they do not relish this prospect. They may be willing to struggle until death, but they wish for repose—conscious repose of course—afterwards. The idea that one just dead has not entered into his rest, but is beginning another life with similar struggles and fleeting successes, similar sorrows and disappointments, is not satisfying and is almost shocking². We do not like it, and not to like any particular view about the destinies of the soul is generally, but most illogically, considered a reason for rejecting it³.

12.

It must not however be supposed that Hindus like the prospect of transmigration. On the contrary from the time of the Upanishads and the Buddha to the present day their religious ideal corresponding to salvation is emancipation and

¹ I use the word *soul* merely for simplicity, but Buddhists and others might demur to this phraseology.

² But for a contrary view see *Reincarnation, the Hope of the World* by Irving S. Cooper. Even the *Bṛhad Aran Upan* (iv. 4.3-4) speaks of new births as new and more beautiful shapes which the soul fashions for itself as a goldsmith works a piece of gold.

³ The increase of the human population of this planet does not seem to me a serious argument against the doctrine of rebirth for animals, and the denizens of other worlds may be supplying an increasing number of souls competent to live as human beings.

deliverance, deliverance from rebirth and from the bondage of desire which brings about rebirth. Now all Indian theories as to the nature of transmigration are in some way connected with the idea of *Karma*, that is the power of deeds done in past existences to condition or even to create future existences. Every deed done, whether good or bad, affects the character of the doer for a long while, so that to use a metaphor, the soul awaiting rebirth has a special shape, which is of its own making, and it can find re-embodiment only in a form into which that shape can squeeze.

These views of rebirth and karma have a moral value, for they teach that what a man gets depends on what he is or makes himself to be, and they avoid the difficulty of supposing that a benevolent creator can have given his creatures only one life with such strange and unmerited disproportion in their lots. Ordinary folk in the East hope that a life of virtue will secure them another life as happy beings on earth or perhaps in some heaven which, though not eternal, will still be long. But for many the higher ideal is renunciation of the world and a life of contemplative asceticism which will accumulate no karma so that after death the soul will pass not to another birth but to some higher and more mysterious state which is beyond birth and death. It is the prevalence of views like this which has given both Hinduism and Buddhism the reputation of being pessimistic and impractical.

It is generally assumed that these are bad epithets, but are they not applicable to Christian teaching? Modern and medieval Christianity—as witness many popular hymns—regards this world as vain and transitory, a vale of tears and tribulation, a troubled sea through whose waves we must pass before we reach our rest. And choirs sing, though without much conviction, that it is every waking hour. This language seems justified by the Gospels and Epistles. It is true that some utterances of Christ suggest that happiness is to be found in a simple and natural life of friendship and love, but on the whole both he and St Paul teach that the world is evil or at best spoiled and diseased and even a happy world it must be somewhere remote and inaccessible to the ordinary common of Christ. The doctrine of eschatology is the chief positive power of the later European religions, and it is the chief source of the pessimistic and impractical

peace and happiness. Like Indian teachers, the early Christians tried to create a right temper rather than to change social institutions. They bade masters and slaves treat one another with kindness and respect, but they did not attempt to abolish slavery.

Indian thought does not really go much further in pessimism than Christianity, but its pessimism is intellectual rather than emotional. He who understands the nature of the soul and its successive lives cannot regard any single life as of great importance in itself, though its consequences for the future may be momentous, and though he will not say that life is not worth living. Reiterated declarations that all existence is suffering do, it is true, seem to destroy all prospect of happiness and all motive for effort, but the more accurate statement is, in the words of the Buddha himself, that all clinging to physical existence involves suffering. The earliest Buddhist texts teach that when this clinging and craving cease, a feeling of freedom and happiness takes their place and later Buddhism treated itself to visions of paradise as freely as Christianity. Many forms of Hinduism teach that the soul released from the body can enjoy eternal bliss in the presence of God and even those severer philosophers who do not admit that the released soul is a personality in any human sense have no doubt of its happiness.

The opposition is not so much between Indian thought and the New Testament, for both of them teach that bliss is attainable but not by satisfying desire. The fundamental contrast is rather between both India and the New Testament on the one hand and on the other the rooted conviction of European races¹, however much Christian orthodoxy may disguise their expression of it, that this world is all-important. This conviction finds expression not only in the avowed pursuit of pleasure and ambition but in such sayings as that the best religion is the one which does most good and such ideals as self-realization or the full development of one's nature and powers. Europeans as a rule have an innate dislike and mistrust of the doctrine that the world is vain or unreal. They can accord some sympathy to a dying man who sees in due perspective the unimportance of his past life or to a poet who under the starry

¹ Perhaps Russians in this as in many other matters think somewhat differently from other Europeans.

heavens can make felt the smallness of man and his earth. But such thoughts are considered permissible only as retrospects, not as principles of life: you may say that your labour has amounted to nothing, but not that labour is vain. Though monasteries and monks still exist, the great majority of Europeans instinctively disbelieve in asceticism, the contemplative life and contempt of the world: they have no love for a philosopher who rejects the idea of progress and is not satisfied with an ideal consisting in movement towards an unknown goal. They demand a religion which theoretically justifies the strenuous life. All this is a matter of temperament and the temperament is so common that it needs no explanation. What needs explanation is rather the other temperament which rejects this world as unsatisfactory and sets up another ideal, another sphere, another standard of values. This ideal and standard are not entirely peculiar to India but certainly they are understood and honoured there more than elsewhere. They are professed, as I have already observed, by Christianity, but even the New Testament is not free from the idea that saints are having a bad time now but will hereafter enjoy a triumph, pari passu with the exuberance of the wicked in this world. The Far East, too, has its unworldly side which, though harmonizing with Buddhism, is native. In many ways the Chinese are as materialistic as Europeans, but throughout the long history of their art and literature, there has always been a school, clear-voiced if small, which has sung and pursued the joys of the hermit, the dweller among trees and mountains who finds nature and his own thoughts an all-sufficient source of continual happiness. But the Indian ideal, though it often includes the pleasures of communion with nature, differs from most forms of the Chinese and Christian ideal inasmuch as it assumes the reality of certain religious experiences and treats them as the substance and occupation of the highest life. We are disposed to describe these experiences as trances or visions, names which generally mean something morbid or hypnotic. But in India their validity is unquestioned and they are not considered morbid. The sensual scheming life of the world is sick and ailing: the rapture of contemplation is the true and healthy life of the soul. More than that it is the type and foretaste of a life, here existing, compared with which this world is worthless and not worth living at all. This has always been held in India for

nearly three thousand years: it has been confirmed by the experience of men whose writings testify to their intellectual power and has commanded the respect of the masses. It must command our respect too, even if it is contrary to our temperament, for it is the persistent ideal of a great nation and cannot be explained away as hallucination or charlatanism. It is allied to the experiences of European mystics of whom St Teresa is a striking example, though less saintly persons, such as Walt Whitman and J. A. Symonds, might also be cited. Of such mysticism William James said "the existence of mystical states absolutely overthrows the pretension of non-mystical states to be the sole and ultimate dictators of what we may believe¹."

These mystical states are commonly described as meditation but they include not merely peaceful contemplation but ecstatic rapture. They are sometimes explained as union with Brahman², the absorption of the soul in God, or its feeling that it is one with him. But this is certainly not the only explanation of ecstasy given in India, for it is recognized as real and beneficent by Buddhists and Jains. The same rapture, the same sense of omniscience and of ability to comprehend the scheme of things, the same peace and freedom are experienced by both theistic and non-theistic sects, just as they have also been experienced by Christian mystics. The experiences are real but they do not depend on the presence of any special deity, though they may be coloured by the theological views of individual thinkers³. The earliest Buddhist texts make right rapture (*sammā samādhi*) the end and crown of the eight-fold path but offer no explanation of it. They suggest that it is something wrought by the mind for itself and without the co-operation or infusion of any external influence.

13.

Indian ideas about the destiny of the soul are connected with equally important views about its nature. I will not presume to

¹ *Varieties of Religious Experience*, p. 427. The chapter contains many striking instances of these experiences, collected mostly in the west.

² Compare *St Teresa's Union of Union*, W. James, *l.c.* p. 408.

³ Indian devotees understand how either Siva or Krishna is all in all, and thus too St Teresa understood the mystery of the Trinity. See W. James, *l.c.* p. 411.

say what is the definition of the soul in European philosophy but in the language of popular religion it undoubtedly means that which remains when a body is arbitrarily abstracted from a human personality, without enquiring how much of that personality is thinkable without a material substratum. This popular soul includes mind, perception and desire and often no attempt is made to distinguish it from them. But in India it is so distinguished. The soul (*âtman* or *purusha*) uses the mind and senses, they are its instruments rather than parts of it. Sight, for instance, serves as the spectacles of the soul, and the other senses and even the mind (*manas*) which is an intellectual *organ* are also instruments. If we talk of a soul passing from death to another birth, this according to most Hindus is a soul accompanied by its baggage of mind and senses, a subtle body indeed, but still gaseous not spiritual. But what is the soul by itself? When an English poet sings of death that it is "Only the sleep eternal in an eternal night" or a Greek poet calls it *ἀνίπνορα νύκτωρ ὕπνιον* we feel that they are denying immortality. But Indian divines maintain that deep sleep is one of the states in which the soul approaches nearest to God that it is a state of bliss, and is unconscious not because consciousness is suspended but because no objects are presented to it. Even higher than dreamless sleep is another condition known simply as the fourth state¹, the others being waking, dream-sleep and dreamless sleep. In this fourth state thought is one with the object of thought and knowledge being perfect, there exists no contrast between knowledge and ignorance. All this sounds strange to modern Europe. We are apt to say that dreamless sleep is simply unconsciousness² and that the so-called fourth state is imaginary or unmeaning. But to follow even popular speculation in India it is necessary to grasp this truth, or assumption, that when discursive thought ceases, when the mind and the senses are no longer active, the result is not unconsciousness, equivalent to non-existence but the highest state of the soul, in which, rising above thought and feeling it enjoys the untrammelled bliss of its own nature³.

¹ *Samadhi*.
² *Unconsciousness*.
³ *Samadhi*.
⁴ *Samadhi*.

If these views sound mysterious and fanciful, I would ask those Europeans who believe in the immortality of the soul what, in their opinion, survives death. The brain, the nerves and the sense organs obviously decay: the soul, you may say, is not a product of them, but when they are destroyed or even injured, perceptive and intellectual processes are inhibited and apparently rendered impossible. Must not that which lives for ever be, as the Hindus think, independent of thought and of sense-impressions?

I have observed in my reading that European philosophers are more ready to talk about soul and spirit than to define them¹ and the same is true of Indian philosophers. The word most commonly rendered by soul is *âtman*² but no one definition can be given for it, for some hold that the soul is identical with the Universal Spirit, others that it is merely of the same nature, still others that there are innumerable souls uncreate and eternal, while the Buddhists deny the existence of a soul *in toto*. But most Hindus who believe in the existence of an *âtman* or soul agree in thinking that it is the real self and essence of all human beings (or for that matter of other beings) that it is eternal *a parte ante* and *a parte post* that it is not subject to variation but passes unchanged from one birth to another that youth and age, joy and sorrow, and all the accidents of human life are affections, not so much of the soul as of the envelopes and limitations which surround it during its pilgrimage: that the soul, if it can be released and disengaged from these envelopes, is in itself knowledge and bliss, knowledge meaning the immediate and intuitive knowledge of God. A proper comprehension of this point of view will make us chary of labelling Indian thought as pessimistic on the ground that it promises the soul something which we are inclined to call unconsciousness.

In studying oriental religions sympathy and a desire to agree if possible are the first requisites. For instance, he who

into herself and none of these things trouble her—neither sounds nor sights nor pain nor any pleasure—when she has as little as possible to do with the body and has no bodily senses or feeling, but is aspiring after being.”

¹ Mr Bradley (*Appearance and Reality*, p. 498) says “Spirit is a unity of the manifold in which the externality of the manifold has utterly ceased.” This seems to me one of the cases in which Mr Bradley’s thought shows an interesting affinity to Indian thought.

² But also sometimes *purusha*

says of a certain ideal "this means annihilation and I do not like it" is on the wrong way. The right way is to ascertain what many of our most intelligent brothers mean by the cessation of mental activity and why it is for them an ideal.

14. *Eastern Pessimism and Renunciation*

But the charge of pessimism against Eastern religions is so important that we must consider other aspects of it, for though the charge is wrong, it is wrong only because those who bring it do not use quite the right word. And indeed it would be hard to find the right word in a European language. The temperament and theory described as pessimism are European. They imply an attitude of revolt, a right to judge and grumble. Why did the Deity make something out of nothing? What was his object? But this is not the attitude of Eastern thought: it generally holds that we cannot imagine nothing; that the world process is without beginning or end and that man must learn how to make the best of it.

The Far East purged Buddhism of much of its pessimism. There we see that the First Truth about suffering is little more than an admission of the existence of evil, which all religions and common sense admit. Evil ceases in the saint: nirvana in the life is perfect happiness. And though striving for the material improvement of the world is not held up conspicuously as an ideal in the Buddhist scriptures (or for that matter in the New Testament), yet it is never hinted that good effort is vain. A king should be a good king.

Renunciation is a great word in the religions of both Europe and Asia, but in Europe it is almost active. Except to advanced mystics, it means abandoning a natural attitude and deliberately assuming another which it is difficult to maintain. Something similar is found in India in the legends of those ascetics who triumphed over the flesh until they become very gods in power¹. But it is also a common view in the East that he who renounces ambition and passion is not struggling against the world and the devil but simply leading a natural life. His passions indeed

¹ Even when the gods were dying at the end of the world they did not on their beds the religion that is not that of a natural process of dying but a duty that is not a duty but a duty.

obey his will and do not wander here and there according to their fancy, but his temperament is one of acquiescence not resistance. He takes his place among the men, beasts and plants around him and ceasing to struggle finds that his own soul contains happiness in itself.

Most Europeans consider man as the centre and lord of the world or, if they are very religious, as its vice-regent under God. He may kill or otherwise maltreat animals for his pleasure or convenience: his task is to subdue the forces of nature: nature is subservient to him and to his destinies: without man nature is meaningless. Much the same view was held by the ancient Greeks and in a less acute form by the Jews and Romans. Swinburne's line

Glory to man in the highest, for man is the master of things
is overbold for professing Christians but it expresses both the modern scientific sentiment and the ancient Hellenic sentiment.

But such a line of poetry would I think be impossible in India or in any country to the East of it. There man is thought of as a part of nature not its centre or master¹. Above him are formidable hosts of deities and spirits, and even European engineers cannot subdue the germ of the flood and typhoon. Below but still not separated from him are the various tribes of birds and beasts. A good man does not kill them for pleasure nor eat flesh, and even those whose aspirations to virtue are modest treat animals as humble brethren rather than as lower creatures over whom they have dominion by divine command.

This attitude is illustrated by Chinese and Japanese art. In architecture, this art makes it a principle that palaces and temples should not dominate a landscape but fit into it and adapt their lines to its features. For the painter, flowers and animals form a sufficient picture by themselves and are not felt to be inadequate because man is absent. Portraits are frequent but a common form of European composition, namely a group of figures subordinated to a principal one, though not unknown, is comparatively rare.

How scanty are the records of great men in India! Great

¹ The sense of human dignity was strongest among the early Buddhists. They (or some sects of them) held that an arhat is superior to a god (or as we should say to an angel) and that a god cannot enter the path of salvation and become an arhat.

process, has any meaning or value. In most departments of Indian thought, great or small, the conception of τέλος or purpose is absent, and if the European reader thinks this a grave lacuna, let him ask himself whether satisfied love has any τέλος. For Hindus the world is endless repetition not a progress towards an end. Creation has rarely the sense which it bears for Europeans. An infinite number of times the universe has collapsed in flaming or watery ruin, æons of quiescence follow the collapse and then the Deity (he has done it an infinite number of times) emits again from himself worlds and souls of the same old kind. But though, as I have said before, all varieties of theological opinion may be found in India, he is usually represented as moved by some reproductive impulse rather than as executing a plan. Śāṅkara says boldly that no motive can be attributed to God, because he being perfect can desire no addition to his perfection, so that his creative activity is mere exuberance, like the sport of young princes, who take exercise though they are not obliged to do so.

Such views are distasteful to Europeans. Our vanity impels us to invent explanations of the Universe which make our own existence important and significant. Nor does European science altogether support the Indian doctrine of periodicity. It has theories as to the probable origin of the solar system and other similar systems, but it points to the conclusion that the Universe as a whole is not appreciably affected by the growth or decay of its parts, whereas Indian imagination thinks of universal cataclysms and recurring periods of quiescence in which nothing whatever remains except the undifferentiated divine spirit.

Western ethics generally aim at teaching a man how to act. Eastern ethics at forming a character. A good character will no doubt act rightly when circumstances require action, but he need not seek occasions for action, he may even avoid them, and in India the passionless sage is still in popular esteem superior to warriors, statesmen and scientists.

15. *Eastern Polytheism*

Different as India and China are, they agree in this that in order not to misapprehend their religious condition we must make

our minds familiar with a new set of relations. The relations of religion to philosophy, to ethics, and to the state, as well as the relations of different religions to one another, are not the same as in Europe. China and India are pagan, a word which I deprecate if it is understood to imply inferiority but which if used in a descriptive and respectful sense is very useful. Christianity and Islam are organized religions. They say (or rather their several sects say) that they each not only possess the truth but that all other creeds and rites are wrong. But paganism is not organized: it rarely presents anything like a church united under one head: still more rarely does it condemn or interfere with other religions unless attacked first. Buddhism stands between the two classes. Like Christianity and Islam it professes to teach the only true law, but unlike them it is exceedingly tolerant and many Buddhists also worship Hindu or Chinese gods.

Popular religion in India and China is certainly polytheistic, yet if one uses this word in contrast to the monotheism of Islam and of Protestantism the antithesis is unjust, for the polytheist does not believe in many creators and rulers of the world, in many Allahs or Jehovahs, but he considers that there are many spiritual beings, with different spheres and powers, to the most appropriate of whom he addresses his petitions. Polytheism and image-worship he under an unmerited stigma in Europe. We generally assume that to believe in one God is obviously better, intellectually and ethically, than to believe in many. Yet Trinitarian religions escape being polytheistic only by juggling with words, and if Hindus and Chinese are polytheists so are the Roman and Oriental Churches, for there is no real distinction between praying to the Madonna, Saints and Angels, and propitiating minor deities. William James¹ has pointed out that polytheism is not theoretically absurd and is practically the religion of many Europeans. In one way it is more intelligible and reasonable than monotheism. For if there is only one personal God, I do not understand how anything that can be called a person can be so expanded as to be capable of hearing and answering the prayers of the whole world. Anything susceptible of such extension must be more than a person. Is it

¹ *The Principles of Psychology*, pp. 112-127 and *A Lecture in Lecture*, p. 217.



aboriginal or decadent superstitions command the respect due to the name of religion.

This extravagance is both intellectual and moral. No story is too extraordinary to be told of Hindu gods. They are the magicians of the universe who sport with the forces of nature as easily as a conjuror in a bazaar does tricks with a handful of balls. But though the average Hindu would be shocked to hear the Puranas described as idle tales, yet he does not make his creed depend on their accuracy, as many in Europe make Christianity depend on miracles. The value of truth in religion is rated higher in India than in Europe but it is not historical truth. The Hindu approaches his sacred literature somewhat in the spirit in which we approach Milton and Dante. The beauty and value of such poems is clear. The question whether they are accurate reports of facts seems irrelevant. Hindus believe in progressive revelation. Many Tantras and Vishnuite works profess to be better suited to the present age than the Vedas, and innumerable treatises in the vernacular are commonly accepted as scripture.

Scriptures in India¹ are thought of as words not writings. It is the sacred sound not a sacred book which is venerated. They are learnt by oral transmission and it is rare to see a book used in religious services. Diagrams accompanied by letters and a few words are credited with magical powers, but still tantric spells are things to be recited rather than written. This view of scripture makes the hearer uncritical. The ordinary layman hears parts of a sacred book recited and probably admires what he understands, but he has no means of judging of a book as a whole, especially of its coherency and consistency.

The moral extravagance of Hinduism is more serious. It is kept in check by the general conviction that asceticism, or at least temperance, charity and self-effacement are the indispensable outward signs of religion, but still among the great religions of the world there is none which countenances so many hysterical, immoral and cruel rites. A literary example will illustrate the position. It is taken from the drama *Mādhava* and *Mālati* written about 730 A.D., but the incidents of the plot might happen in any native state to-day, if European supervision were removed. In it *Mādhava*, a young Brahman, surprises a priest

¹ The oldest form, and probably the oldest, is in Sanskrit, in Greek, Persian and Tibetan.

of the goddess Châmundâ who is about to immolate Mâlati. He kills the priest and apparently the other characters consider his conduct natural and not sacrilegious. But it is not suggested that either the police or any ecclesiastical authority ought to prevent human sacrifices, and the reason why Mâdhava was able to save his beloved from death was that he had gone to the uncanny spot where such rites were performed to make an offering of human flesh to demons.

In Buddhism religion and the moral law are identified, but not in Hinduism. Brahmanical literature contains beautiful moral sayings, especially about unselfishness and self-restraint, but the greatest popular gods such as Vishnu and Śiva are not identified with the moral law. They are super-moral and the God of philosophy, who is all things, is also above good and evil. The aim of the philosophic saint is not so much to choose the good and eschew evil as to draw nearer to God by rising above both.

Indian literature as a whole has a strong ethical and didactic flavour, yet the great philosophic and religious systems concern themselves little with ethics. They discuss the nature of the external world and other metaphysical questions which seem to us hardly religious; they clearly feel a peculiar interest in defining the relation of the soul to God, but they rarely ask why should I be good or what is the sanction of morality. They are concerned less with sin than with ignorance; virtue is indispensable, but without knowledge it is useless.

17. *The Hindu and Buddhist Scriptures*

The history and criticism of Hindu and Buddhist scriptures naturally occupy some space in this work, but two general remarks may be made here. First, the oldest scriptures are almost without exception compilations, that is collections of utterances handed down by tradition and arranged by later generations in some form which gives them apparent unity. Thus the Rig Veda is obviously an anthology of hymns and some three thousand years later the Granth or sacred book of the Sikhs was compiled on the same principle. It consists of poems by Nanak, Kabir and many other writers but is treated

with extraordinary respect as a continuous and consistent revelation. The Brahmanas and Upanishads are not such obvious compilations yet on careful inspection the older¹ ones will be found to be nothing else. Thus the Brihad Aranyaka Upanishad, though possessing considerable coherency, is not only a collection of such philosophic views as commended themselves to the doctors of the Taittiriya school, but is formed by the union of three such collections. Each of the first two collections ends with a list of the teachers who handed it down and the third is openly called a supplement. One long passage, the dialogue between Yājñavalkya and his wife, is incorporated in both the first and the second collection. Thus our text represents the period when the Taittiriyas brought their philosophic thoughts together in a complete form, but that period was preceded by another in which slightly different schools each had their own collection and for some time before this the various maxims and dialogues must have been current separately. Since the conversation between Yājñavalkya and Maitreya occurs in almost the same form in two collections, it probably once existed as an independent piece.

In Buddhist literature the composite and tertiary character of the Sutta Pitaka is equally plain. The various Nikayas are confessedly collections of discourses. The two older ones seem dominated by the desire to bring before the reader the image of the Buddha preaching: the Samyutta and Anguttara emphasize the doctrine rather than the teacher and arrange much the same matter under new headings. But it is clear that in whatever form the various sermons, dialogues and dissertations appear, that form is not primary but presupposes compilers dealing with an oral tradition already stereotyped in language. For long passages such as the tract on morality and the description of progress in the religious life occur in several discourses and the subject-matter common to different Suttas and Nikayas is surprising. Thus nearly the whole of the long Sutta describing the Buddha's last days and death, which at first sight seems to be a connected narrative somewhat different from other Suttas, is found scattered in other parts of the Canon.

...the Canon.

On 10/10/74, the following information was received from the
New York State Department of Social Services, Albany, New York:

Thus our oldest texts whether Brahmanic or Buddhist are editions and codifications, perhaps amplifications, of a considerably older oral teaching. They cannot be treated as personal documents similar to the Koran or the Epistles of Paul.

The works of middle antiquity such as the Epics, Puranas, and Mahayanist sutras were also not produced by one author. Many of them exist in more than one recension and they usually consist of a nucleus enveloped and sometimes itself affected by additions which may exceed the original matter in bulk. The *Mahābhārata* and *Prajñāpāramitā* are not books in the European sense: we cannot give a date or a table of contents for the first edition¹. They each represent a body of literature whose composition extended over a long period. As time goes on, history naturally grows clearer and literary personalities become more distinct, yet the later Puranas are not attributed to human authors and were susceptible of interpolation even in recent times. Thus the story of Genesis has been incorporated in the *Bhaviṣya Purana*, apparently after Protestant missionaries had begun to preach in India.

The other point to which I would draw attention is the importance of relatively modern works, which supersede the older scriptures, especially in Hinduism. This phenomenon is common in many countries, for only a few books such as the *Bhagavad-gītā*, the Gospels and the sayings of Confucius have a portion of the eternal and universal sufficient to outlast the wear and tear of a thousand years. Vedic literature is far from being discredited in India, though some Tantras say openly that it is useless. It still has a place in ritual and is appealed to by reforming sects. But to see Hinduism in proper perspective we must remember that from the time of the Buddha till now, the composition of religious literature in India has been almost uninterrupted and that almost every century has produced works accepted by some sect as infallible scripture. For most Viṣṇuītes the *Bhagavad-gītā* is the beginning of sacred literature and the *Nārāyaṇīya*² is also held in high esteem. The philosophy of each sect is usually determined by a commentary on the *Brahma Sūtras*. The *Bhagavata Purana* (perhaps in a vernacular

¹ Much the same is true of the various editions of the *Vinaya* and the *Mahāvastu*. These texts were produced by a process first of collection and then of amplification.

² The latter part of *Mahābhārata* xii.

paraphrase) and the Ramayana of Tulsi Das are probably the favourite reading of the laity and for devotional purposes may be supplemented by a collection of hymns such as the Nam-ghosha, copies of which actually receive homage in Assam. The average man—even the average priest—regards all these as sacred works without troubling himself with distinctions as to *śruti* and *smṛiti*, and the Vedas and Upanishads are hardly within his horizon.

In respect of sacred literature Buddhism is more conservative than Hinduism, or to put it another way, has been less productive in the last fifteen hundred years. The Hinayanists are like those Protestant sects which still profess not to go beyond the Bible. The monks read the Abhidhamma and the laity the Suttas, though perhaps both are disposed to use extracts and compendiums rather than the full ancient texts. Among the Mahayanists the ancient Vinaya and Nikayas exist only as literary curiosities. The former is superseded by modern manuals, the latter by Mahayanist Sutras such as the Lotus and the Happy Land, which are however of respectable antiquity. As in India, each sect selects rather arbitrarily a few books for its own use, without condemning others but also without according to them the formal recognition received by the Old and New Testaments among Christians.

No Asiatic country possesses so large a portion of the critical spirit as China. The educated Chinese, however much they may venerate their classics, think of them as we think of the masterpieces of Greek literature, as texts which may contain wrong readings, interpolations and lacunae, which owe whatever authority they possess to the labours of the scholars who collected, arranged and corrected them. This attitude is to some extent the result of the attempt made by the First Emperor about 270 B.C. to destroy the classical literature and to its subsequent laborious restoration. At a time when the Indians regarded the Veda as a verbal revelation, certain and divine in every syllable, the Chinese were painfully recovering and repairing their ancient chronicles and poems from imperfect memory and fallible narratives. The process obliged them to inquire at every step whether the texts which they examined were genuine and compelled them to admit that they might be at least in part paraphrases of a difficult original. Hence the

Chinese have sound principles of criticism unknown to the Hindus and in discussing the date of an ancient work or the probability of an alleged historical event they generally use arguments which a European scholar can accept

Chinese literature has a strong ethical and political flavour which tempered the extravagance of unported Indian ideas. Most Chinese systems assert more or less plainly that right conduct is conduct in harmony with the laws of the State and the Universe

18 *Morality and Will*

It is dangerous to make sweeping statements about the huge mass of Indian literature, but I think that most Buddhist and Brahmanic systems assume that morality is merely a means of obtaining happiness¹ and is not obedience to a categorical imperative or to the will of God. Morality is by inference raised to the status of a cosmic law, because evil deeds will infallibly bring evil consequences to the doer in this life or in another. But it is not commonly spoken of as such a law. The usual point of view is that man desires happiness and for this morality is a necessary though insufficient preparation. But there may be higher states which cannot be expressed in terms of happiness.

The will receives more attention in European philosophy than in Indian, whether Buddhist or Brahmanic, which both regard it not as a separate kind of activity but as a form of thought. As such it is not neglected in Buddhist psychology. Will, desire and struggle are recognized as good provided their object is good, a point overlooked by those who accuse Buddhism of preaching inaction².

Schopenhauer's doctrine that will is the essential fact in the universe and in life may appear to have analogies to Indian thought. It would be easy for instance to quote passages from the Pitakas showing that *tanhā*, thirst, craving or desire, is the

¹ Though European religions emphasize man's duty to God, they do not exclude the pursuit of happiness. e.g. Westminster Shorter Catechism (1647), Question 1, "What is the chief end of man? A Man's chief end is to glorify God and to enjoy him for ever."

² Mrs Rhys Davids has brought out the importance of the will for Buddhist ethics in several works. See *J R A S* 1898, p. 47 and *Buddhism*, pp. 221 ff. See also Maj Nik 10 for a good example of Buddhist views as to the necessity and method of cultivating the will.

force which makes and remakes the world. But such statements must be taken as generalizations respecting the world as it is rather than as implying theories of its origin, for though *tanhâ* is a link in the chain of causation, it is not regarded as an ultimate principle more than any other link but is made to depend on feeling. The *Mâyâ* of the Vedânta is not so much the affirmation of the will to live as the illusion that we have a real existence apart from Brahman, and the same may be said of *Ahamkâra* in the Sâṅkhya philosophy. It is the principle of egoism and individuality, but its essence is not so much self-assertion as the mistaken idea that this is *mine*, that *I* am happy or unhappy.

There is a question much debated in European philosophy but little argued in India, namely the freedom of the will. The active European feeling the obligation and the difficulties of morality is perplexed by the doubt whether he really has the power to act as he wishes. This problem has not much troubled the Hindus and rightly, as I think. For if the human will is not free, what does freedom mean? What example of freedom can be quoted with which to contrast the supposed non-freedom of the will? If in fact it is from the will that our notion of freedom is derived, is it not unreasonable to say that the will is not free? Absolute freedom in the sense of something regulated by no laws is unthinkable. When a thing is conditioned by external causes it is dependent. When it is conditioned by internal causes which are part of its own nature, it is free. No other freedom is known. An Indian would say that a man's nature is limited by Karma. Some minds are incapable of the higher forms of virtue and wisdom, just as some bodies are incapable of athletic feats. But within the limits of his own nature a human being is free. Indian theology is not much troubled by the hard doctrine that God has predestined some souls to damnation, nor by the idea of Fate, except in so far as Karma is Fate. If Fate in the sense that Karma inherited from a previous birth is a sort of reward and punishment which must be enjoyed or endured, but it differs from Fate in that it is not all the time making our own Karma and determining the character of our next birth.

The older Upanishads hint at a determinism such as that of Laplace, namely that men and their trial are conditioned in so far as

he is a part of the world of phenomena but free in so far as the self within him is identical with the divine self which is the creator of all bonds and conditions. Thus the Kaushitaki Upanishad¹ says, "He it is who causes the man whom he will lead upwards from these worlds to do good works and He it is who causes the man whom he will lead downwards to do evil works. He is the guardian of the world, He is the ruler of the world, He is the Lord of the world and He is myself." Here the last words destroy the apparent determinism of the first part of the sentence. And similarly the Chândogya Upanishad says, "They who depart hence without having known the Self and those true desires, for them there is no freedom in all worlds. But they who depart hence after knowing the Self and those true desires, for them there is freedom in all worlds²."

Early Buddhist literature asserts uncompromisingly that every state of consciousness has a cause and in one of his earliest discourses the Buddha argues that the Skandhas, including mental states, cannot be the Self because we have not free will to make them exactly what we choose³. But throughout his ethical teaching it is I think assumed that, subject to the law of karma, conscious action is equivalent to spontaneous action. Good mental states can be made to grow and bad mental states to decrease until the stage is reached when the saint knows that he is free. It may perhaps be thought that the early Buddhists did not realize the consequences of applying their doctrine of causation to psychology and hence never faced the possibility of determinism. But determinism, fatalism, and the uselessness of effort formed part of the paradoxical teaching of Makkhali Gosala reported in the Pîtakas and therefore well known. If neither the Jains nor the Buddhists allowed themselves to be embarrassed by such denials of free will, the inference is that in some matters at least the Hindus had strong common sense and declined to accept any view which takes away from man the responsibility and lordship of his own soul.

¹ Kaush Up III 8

² The words are *kâmaçâra* and *akâmaçâra*. Chând. Up 8 1-6

³ Mahāvag 1 6. *E.g.* Ajātasattu (Dig Nik 2, *at jñ*) would have obtained the eye of truth, had he not born a parricide. The consequent distortion of mind made higher states impossible.

19. *The Origin of Evil*

The reader will have gathered from what precedes that Hinduism has little room for the Devil¹ Buddhism being essentially an ethical system recognizes the importance of the Tempter or Māra, but still Māra is not an evil spirit who has spoilt a good world. In Hinduism, whether pantheistic or polytheistic, there is even less disposition to personify evil in one figure, and most Indian religious systems are disposed to think of the imperfections of the world as suffering rather than as sin.

Yet the existence of evil is the chief reason for the existence of religion, at least of such religions as promise salvation, and the explanation of evil is the chief problem of all religions and philosophies, and the problem which they all alike are conspicuously unsuccessful in solving. I can assign no reason for rejecting as untenable the idea that the ultimate reality may be a duality—a good and an evil spirit—or even a plurality², but still it is unthinkable for me and I believe for most minds. If there are two ultimate beings, either they must be complementary and necessary one to the other, in which case it seems to me more correct to describe them as two aspects of one being, or if they are quite separate, my mind postulates (but I do not know why) a third being who is the cause of them both.

The problem of evil is not quite the same for Indian and European pantheists. The European pantheist holds that since God is all things or in all things, evil is only something viewed out of due perspective, that the world would be seen to be perfect, if it could be seen as a whole, or that evil will be eliminated in the course of development. But he cannot explain why the partial view of the world which human beings are obliged to take shows the existence of obvious evil. The Hindus think that it is possible and better for the soul to leave the vain show of the world and find peace in union with God. They are therefore not concerned to prove that the world is good, although they can explain why God allows it to exist. The Upanishads

¹ The evil spirit is not mentioned in the Hindu scriptures. The evil spirit is a foreign idea. The evil spirit is a foreign idea. The evil spirit is a foreign idea.

² The evil spirit is not mentioned in the Hindu scriptures. The evil spirit is a foreign idea. The evil spirit is a foreign idea. The evil spirit is a foreign idea.

contain some myths and parables about the introduction of evil but they do not say that a naturally good world was spoilt¹ They rather imply that increasing complexity involves the increase of evil as well as of good This is also the ground thought of the Aggañña Sutta, the Buddhist Genesis (Dig Nik xxvii)

I think that the substance of much Indian pantheism—late Buddhist as well as Brahmanic—is that the world, the soul and God (the three terms being practically the same) have two modes of existence one of repose and bliss, the other of struggle and trouble Of these the first mode is the better and it is only by mistake² that the eternal spirit adopts the latter. But both the mistake and the correction of it are being eternally repeated Such a formulation of the Advaita philosophy would no doubt be regarded in India as wholly unorthodox. Yet orthodoxy admits that the existence of the world is due to the coexistence of Mâyā (illusion) with Brahman (spirit) and also states that the task of the soul is to pass beyond Mâyā to Brahman. If this is so, there is either a real dualty (Brahman and Mâyā) or else Mâyā is an aspect of Brahman, but an aspect which the soul should transcend and avoid, and for whose existence no reason whatever is given. The more theistic forms of Indian religion, whether Sivaite or Vishnuite, tend to regard individual souls and matter as eternal. By the help of God souls can obtain release from matter. But here again there is no explanation why the soul is contaminated by matter or ignorance.

It is clearly illogical to condemn the Infinite as bad or a mistake Buddhism is perhaps sometimes open to this charge because on account of its exceedingly cautious language about nirvana it fails to set it up as a reality contrasted with the world of suffering. But many varieties of Indian religion do

¹ Eg Chând Up v 1 2. Br. Ar Up 1 3 In the Pāñcorātra we do hear of a jñānahrasa or a fall from knowledge analogous to the fall of man in Christian theology Souls have naturally unlimited knowledge but this from some reason becomes limited and obscured, so that religion is necessary to show the soul the right way Here the ground idea seems to be not that any devil has spoilt the world but that ignorance is necessary for the world process, for otherwise mankind would be one with God and there would be no world See Schrader, *Introd to the Pāñcorātra*, pp 78 and 83

² The Satapatha Brāhmana has a curious legend (xi 1 6 8 ff.) in which the Creator admits that he made evil spirits by mistake and smites them In the Kārikā of Gaudapāda, 2 19 it is actually said Māyāṁśa tasya devasya yayā sammohitāḥ svayam

emphatically point to the infinite reality behind and beyond Mâyâ. It is only Mâyâ which is unsatisfactory because it is partial.

Another attempt to make the Universe intelligible regards it as an eternal rhythm playing and pulsing outwards from spirit to matter (*pravritti*) and then backwards and inwards from matter to spirit (*nirvritti*). This idea seems implied by Śankara's view that creation is similar to the sportive impulses of exuberant youth and the Bhagavad-gītā is familiar with *pravritti* and *nirvritti*, but the double character of the rhythm is emphasized most clearly in Śākta treatises. Ordinary Hinduism concentrates its attention on the process of liberation and return to Brahman, but the Tantras recognize and consecrate both movements, the outward throbbing stream of energy and enjoyment (*bhukti*) and the calm returning flow of liberation and peace. Both are happiness, but the wise understand that the active outward movement is right and happy only up to a certain point and under certain restrictions.

That great poet Tulsī Das hints at an explanation of the creation or of God's expansion of himself which will perhaps commend itself to Europeans more than most Indian ideas, namely that the bliss enjoyed by God and the souls whom he loves is greater than the bliss of solitary divinity¹.

20. Church and State

I will now turn to another point, namely the relations of Church and State. These are simplest in Buddhism, which teaches that the truth is one, that all men ought to follow it and that all good things should honour and encourage it. This is also the Christian position but Buddhism has almost always been tolerant and has hardly ever countenanced the doctrine that

¹ He does not say this expressly and it requires careful statement in India where it is held generally that God is the perfect even and add to this the perfect for it is by something which is perfect that perfection is reached.

Now perfection is not found in anything

which is perfect, the perfect is not found in

perfection of anything, the perfect is

the perfect is the perfect is the perfect

the perfect is the perfect is the perfect is the perfect

the perfect is the perfect is the perfect is the perfect

turies Far Eastern statesmen have rarely regarded Buddhism and Taoism as more than interesting and legitimate activities, to be encouraged and regulated like educational and scientific institutions.

21. *Public Worship and Ceremonial*

In no point does Hinduism differ from western religions more than in its public worship and, in spite of much that is striking and interesting, the comparison is not to the advantage of India. It is true that temple worship is not so important for the Hindus as Church services are for the Christian. They set more store on home ceremonies and on contemplation. Still the temples of India are so numerous, so conspicuous and so crowded that the religion which maintains them must to some extent be judged by them.

At any rate they avoid the faults of public worship in the west. The practice of arranging the congregation in seats for which they pay seems to me more irreligious than the slovenliness of the heathen and makes the whole performance resemble a very dull concert.

Protestant services are in the main modelled on the ritual of the synagogue. They are meetings of the laity at which the scriptures are read, prayers offered, sermons preached and benedictions pronounced. The clergy play a principal but not exclusive part. The rites of the Roman and Eastern Churches have borrowed much from pagan ceremonial but still they have not wholly departed from the traditions of the synagogue. These have also served as a model for Mohammedan ritual which differs from the Jewish in little but its almost military regularity.

But with all this the ordinary ritual of Hindu temples¹ has nothing in common. It derives from another origin and follows other lines. The temple is regarded as the court of a prince and the daily ceremonies are the attendance of his courtiers on him. He must be awakened, fed, amused and finally put to bed. This conception of ritual prevailed in Egypt but in India there is no

¹ But there are other kinds of worship, such as the old Vedic sacrifices which are still occasionally performed, and the burnt offerings (*homa*) still made in some temples. There are also tantric ceremonies and in Assam the public worship of the Vishnuites has probably been influenced by the ritual of Lamas in neighbouring Buddhist countries.

trace of it in Vedic literature and perhaps it did not come into fashion until Gupta times. Although the laity may be present and salute the god, such worship cannot be called congregational. Yet in other ways a Hindu temple may provide as much popular worship as a Nonconformist chapel. In the corridors will generally be found readers surrounded by an attentive crowd to whom they recite and expound the Mahabharata or some other sacred text. At festivals and times of pilgrimage the precincts are thronged by a crowd of worshippers the like of which is hardly to be seen in Europe, worshippers not only devout but fired with an enthusiasm which bursts into a mighty chorus of welcome when the image of the god is brought forth from the inner shrine.

The earlier forms of Buddhist ceremonial are of the synagogue type (though in no way derived from Jewish sources) for, though there is no prayer, they consist chiefly of confession, preaching and reading the scriptures. But this puritanic severity could not be popular and the veneration of images and relics was soon added to the ritual. The former was adopted by Buddhism earlier than by the Brahmins. The latter, though a conspicuous feature of Buddhism in all lands, is almost unknown to Hinduism. In their later developments Buddhist and Christian ceremonies show an extraordinary resemblance due in my opinion chiefly to convergence, though I do not entirely exclude mutual influence. Both Buddhism and Roman Catholicism accepted pagan ritual with some reservations and refinements. The worship has for its object an image or a shrine containing a relic which is placed in a conspicuous position at the end of the hall of worship¹. Animal sacrifices are rejected but offerings of flowers, lights and incense are permitted, as well as the singing of hymns. It is not altogether strange if Buddhist and Catholic rituals starting from the same elements ended by producing similar scenic effects.

Yet though the scenic effect may be similar, there is often a difference in the nature of the rite. Direct invocations are not wanting in Tibetan and Far Eastern Buddhism but many ceremonies consist not of prayers but of the recitation of scripture

¹ The position of the image or shrine is usually at the end of the hall of worship, but in some cases it is placed in the middle of the hall, as in the case of the image of the Buddha at the temple of the Great Buddha at Gandhara.

by which merit is acquired. This merit is then formally transferred by the officiants to some special object, such as the peace of the dead or the prosperity of a living suppliant.

The later phases of both Hinduism and Buddhism are permeated by what is called Tantrism¹, that is to say the endeavour to attain spiritual ends by ritual acts such as gestures and the repetition of formulae. These expedients are dangerous and may become puerile, but those who ridicule them often forget that they may be termed sacramental with as much propriety as magical and are in fact based on the same theory as the sacraments of the Catholic Church. When a child is made eligible for salvation by sprinkling with water, by the sign of the cross and by the mantra "In the Name of the Father," etc., or when the divine spirit is localized in bread and wine and worshipped, these rites are closely analogous to tantric ceremonial.

The Buddhist temples of the Far East are in original intention copies of Indian edifices and in the larger establishments there is a daily routine of services performed by resident monks. But the management of religious foundations in these countries has been much influenced by old pagan usages as to temples and worship which show an interesting resemblance to the customs of classical antiquity but have little in common with Buddhist or Christian ideas. A Chinese municipal temple is a public building dedicated to a spirit or departed worthy. If sacrifices are offered in it, they are not likely to take place more than three or four times a year. Private persons may go there to obtain luck by burning a little incense or still more frequently to divine the future: public meetings and theatrical performances may be held there, but anything like a congregational service is rare. Just so in ancient Rome a temple might be used for a meeting of the Senate or for funeral games.

22. *The Worship of the Reproductive Forces*

One aspect of Indian religions is so singular that it demands notice, although it is difficult to discuss. I mean the worship of the generative forces. The cult of a god, or more often of a goddess, who personifies the reproductive and also the destruc-

¹ As explained elsewhere, I draw a distinction between Tantrism and Sāktism.

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five powers of nature (for it is not only in India that the two activities are seen to be akin) existed in many countries. It was prominent in Babylonia and Asia Minor, less prominent but still distinctly present in Egypt and in many cases was accompanied by hysterical and immoral rites, by mutilations of the body and offerings of blood. But in most countries such deities and rites are a matter of ancient history: they decayed as civilization grew: in China and Japan, as formerly in Greece and Rome, they are not an important constituent of religion. It is only in India and to some extent in Tibet, which has been influenced by India, that they have remained unabashed until modern times.

If it is right to regard with veneration the great forces of nature, fire, sun and water, a similar feeling towards the reproductive force cannot be unphilosophic or immoral. Nor does the idea that the supreme deity is a mother rather than a father, though startling, contain anything unseemly. Yet it is an undoubted fact that all the great religions except Hinduism, though they may admit a Goddess of Mercy—Kuan-yin or the Madonna—agree in rejecting essentially sexual deities. Modern Europe is probably prudish to excess, but the general practice of mankind testifies that words and acts too nearly connected with sexual things cannot be safely permitted in the temple. This remark would indeed be superfluous were it not that many millions of our Hindu fellow-citizens are of a contrary opinion.

Such practices prevail chiefly among the Śāktas in Bengal and Assam but similar licence is permitted (though the theoretical justification and theological setting are different) in some Vichnuitic sects. Both are reprobated by the majority of respectable Hindus but both find educated and able apologists. And though it may be admitted that worship of the linga may exist without bad effects, moral or intellectual, yet I think that these effects make themselves felt so soon as a sect becomes distinctly erotic. Anyone who visits two such different localities as Kāmalāhva in Assam and Gokul near Muttra must be struck with the total absence in the shrine of anything that can be called beautiful. A man or even female. The general impression is of something dead, ugly and undignified. The figure of the Great Goddess of life and death might have freed the

* In the case of the Vichnuitic sects the worship of the linga is the central act of the religion.

invention of artists but as a matter of fact her worship has paralyzed their hands and brains.

Nor can I give much praise to the Tantras as literature¹. It is true that, as some authors point out, they contain fine sayings about God and the soul. But in India such things form part of the common literary stock and do not entitle the author to the praise which he would win elsewhere, unless his language or thoughts show originality. Such originality I have not found in those Tantras which are accessible. The magical and erotic parts may have the melancholy distinction of being unlike other works but the philosophical and theological sections could have been produced by any Hindu who had studied these branches of Indian literature.

23. *Hinduism in Practice*

After reviewing the characteristics of a religion it is natural to ask what is its effect on those who profess it. Buddhism, Christianity and Islam offer materials for answering such a question, since they are not racial religions. In historical times they have been accepted by peoples who did not profess them previously and we can estimate the consequences of such changes. But Hinduism has racial or geographical limits. It proselytizes, but hardly outside the Indian area. It is difficult to distinguish it from Indian custom, as the gospel is distinguished from the practice of Europe. It is superfluous to enquire what would be its effect on other countries, since it shows no desire to impose itself on them and they none to accept it. It is, like Shinto in Japan, not a religion which has moulded the national character but the national character finding expression in religion. Shinto and Hinduism are also alike in perpetuating ancient beliefs and practices which seem anachronisms but otherwise they are very different, for many races and languages have contributed their thoughts and hopes to the ocean of Hinduism and they all had an interest in speculation and mysticism unknown to the Japanese.

The fact that Hinduism is something larger and more comprehensive than what we call a religion is one reason why it contains much of dubious moral value. It is analogous not to

¹ But in justice to the Tantras it should be mentioned that the *Mahā nirvāṇa Sūtra*, x 79, prohibits the burning of widows.

Christianity but to European civilization which produces side by side philanthropy and the horrors of war, or to science which has given us the blessings of surgery and the curse of explosives. There is a deep-rooted idea in India that a man's daily life must be accompanied by religious observances and regulated by a religious code, by no means of universal application but still suitable to his particular class. An immoral occupation need not be irreligious: it simply requires gods of a special character. Hence we find Thugs killing and robbing their victims in the name of Kali. But though the Hindu is not at ease unless his customs are sanctioned by his religion, yet religion in the wider sense is not bound by custom, for the founders of many sects have declared that before God there is no caste. A Hindu may devote himself to religion and abandon the world with all its conventions, but if like most men he prefers to live in the world, it is his duty to follow the customs and usages sanctioned for his class and occupation. Thus as Sister Nivedita has shown in her beautiful writings, cooking, washing and all the humble round of domestic life become one long ritual of purification and prayer in which the entertainment of a guest stands out as a great sacrifice. But though religion may thus give beauty and holiness to common things, yet inasmuch as it sanctifies what it finds rather than prescribes what should be, it must bear the blame for foolish and even injurious customs. Child marriages have nothing to do with the creed of Hinduism, yet many Hindus, especially Hindu women, would feel it irreligious, as well as a social disgrace, to let a daughter become adult without being married.

A comparison of Indian Mohammedans and Hindus suggests that the former are more warlike and robust, the latter more intellectual and ingenious. The fact that some Mohammedans belong to hardy tribes of invaders must be taken into account but Islam deserves the credit of having introduced a simple and fairly healthy rule of life which does not allow every caste to make its own observances into a divine law. Yet it would seem that the medical and sanitary rules of Hinduism deserve less share than they generally receive. Col King, Sanitary Commissioner of the Madras Presidency, is quoted as saying in a lecture, "The Institutes of Vishnu and the Laws of Manu fit

in excellently with the bacteriology, parasitology and applied hygiene of the West. The hygiene of food and water, private and public conservancy, disease suppression and prevention, are all carefully dealt with."

Hinduism certainly has proved marvellously stimulating to the intellect or—shall we put it the other way?—is the product of profound, acute, and restless minds. It cannot be justly accused of being enervating or melancholy, for many Hindu states were vigorous and warlike¹ and the accounts of early travellers indicate that in pre-mohammedan days the people were humane, civilized and contented. It created an original and spiritual art, for Indian art, more than any other, is the direct product of religion and not merely inspired by it. In ages when original talent is rare this close relation has disadvantages for it tends to make all art symbolic and conventional. An artist must not represent a deity in the way that he thinks most effective. the proportions, attitude and ornaments are all prescribed, not because they suit a picture or statue but because they mean something.

Indian literature is also directly related to religion. Its extent is well-nigh immeasurable. I will not alarm the reader with statistics of the theological and metaphysical treatises which it contains. A little of such goes a long way even when they are first-rate, but India may at least boast of having more theological works which, if considered as intellectual productions, must be placed in the first class than Europe. Nor are religious writings of a more human type absent—the language of heart to heart and of the heart to God. The Ramayana of Tulsi Das and the Tiruvāçagam are extolled by Gröfse, Grierson and Pope (all of them Christians, I believe) as not only masterpieces of literature but as noble expressions of pure devotion, and the poems of Kabir and Tukaram, if less considerable as literary efforts, show the same spiritual quality. Indian poetry, even when nominally secular, is perhaps too much under religious influence to suit our taste and the long didactic and philosophic harangues which interrupt the action of the Mahabharata seem to us inartistic, yet to those who take the pains to familiarize themselves with what at first is strange, the Mahabharata is, I think, a greater poem than the *Iliad*. It should not be regarded

¹ Eg Vijayanagar, the Marathas and the states of Rajputana

as an epic distended and interrupted by interpolated sermons but as the scripture of the warrior caste, which sees in the soldier's life a form of religion.

I have touched in several places on the defects of Hinduism. They are due partly to its sanction of customs which have no necessary connection with it and partly to its extravagance, which in the service of the gods sees no barriers of morality or humanity. But suttee, human sacrifices and orgies strike the imagination and assume an importance which they have not and never had for Hinduism as a whole. If Hinduism were really bad, so many great thoughts, so many good lives could not have grown up in its atmosphere. More than any other religion it is a quest of truth and not a creed, which must necessarily become antiquated. It admits the possibility of new scriptures, new incarnations, new institutions. It has no quarrel with knowledge or speculation: perhaps it excludes materialists, because they have no common ground with religion, but it tolerates even the Sāṅkhya philosophy which has nothing to say about God or worship. It is truly dynamic and in the past whenever it has seemed in danger of withering it has never failed to bud with new life and put forth new flowers.

More than other religions, Hinduism appeals to the soul's immediate knowledge and experience of God. It has sacred books innumerable but they agree in little but this, that the soul can come into contact and intimacy with its God, whatever name be given him and even if he be superpersonal. The possibility and truth of this experience is hardly questioned in India and the task of religion is to bring it about, not to promote the welfare of tribes and states but to effect the enlightenment and salvation of souls.

The love of the Hindu for every form of argument and philosophicalizing is well known but it is happily counterbalanced by another tendency. Instinct and religion both bring them into the sympathy with nature. India is in the main an agricultural country and nearly three quarters of the population are villagers whose life is bound up with the welfare of plants and animals. The life is bound up with the welfare of trees that overflow or share that withhold the rain. To such people nature-myths and sacred

the life is bound up with the welfare of trees that overflow or share that withhold the rain. To such people nature-myths and sacred

animals appeal with a force that Europeans rarely understand. The parrots that perch on the pinnacles of the temple and the oxen that rest in the shade of its courts are not intruders but humble brothers of mankind, who may also be the messengers of the gods.

24. *Buddhism in Practice*

As I said above, it is easier to estimate the effects of Buddhism than of Hinduism, for its history is the chronicle of a great missionary enterprise and there are abundant materials for studying the results of its diffusion.

Even its adversaries must admit that it has many excellent qualities. It preaches morality and charity and was the first religion to proclaim to the world—not to a caste or country—that these are the foundation of that Law which if kept brings happiness. It civilized many nations, for instance the Tibetans and Mongols. It has practised toleration and true unworldliness, if not without any exception¹, at least far more generally than any other great religion. It has directly encouraged art and literature and, so far as I know, has never opposed the progress of knowledge. But two charges may be brought against it which deserve consideration. First that its peramistao doctrines and monastio institutions are, if judged by ordinary standards, bad for the welfare of a nation. second that more than any other religion it is liable to become corrupt.

In all Buddhist lands, though good laymen are promised the blessings of religion, the monastio and contemplative life is held up as the ideal. In Christendom, this ideal is rejected by Protestants and for the Roman and Oriental Churches it is only one among others. Hence every one's judgment of Buddhism must in a large measure depend on what he thinks of this ideal. Monks are not of this world and therefore the world hateth

¹ The chief exceptions are (a) the Tibetan church has acquired and holds power by political methods. It is an exact parallel to the Papacy, but it has never burnt people. (b) In mediæval Japan the great monasteries became fortified castles with lands and troops of their own. They fought one another and were a menace to the state. Later the Tokugawa sovereigns had the assistance of the Buddhist clergy in driving out Christianity but I do not think that their action can be compared either in extent or cruelty with the Inquisition. (c) In China Buddhism was in many reigns associated with a dissolute court and palace intrigues. This led to many scandals and great waste of money.

them. If they keep to themselves, they are called lazy and useless. If they take part in secular matters, they meet with even severer criticism. Yet can any one doubt that what is most needed in the present age is more people who have leisure and ability to think?

Whatever evil is said of Buddhist monks is also said of Mt Athos and similar Christian establishments. I am far from saying that this depreciation of the cloistered life is just in either case but any impartial critic of monastic institutions must admit that their virtues avoid publicity and their faults attract attention. In all countries a large percentage of monks are indolent: it is the temptation which besets all but the elect. Yet the Buddhist ideal of the man who has renounced the world leaves no place for slackness, nor I think does the Christian. Buddhist monks are men of higher aspirations than others: they try to make themselves supermen by cultivating not the forceful and domineering part of their nature but the gentle, charitable and intelligent part. The laity treat them with the greatest respect provided that they set an example of a life better than most men can live. A monastic system of this kind is found in Burma. I do not mean that it is not found in other Buddhist lands, but I cite an instance which I have seen myself and which has impressed most observers favourably.

The Burmese monks are not far from the ideal of Gotama, yet perhaps by adhering somewhat strictly to the letter of his law they have lost something of the freedom which he contemplated. In his time there were no books: the mind found exercise and knowledge in conversation. A monastery was not a permanent residence, except during the rainy season, but merely a halting-place for the brethren who were habitually wanderers, continually hearing and seeing something new. Hermits and solitary dwellers in the forest were not unknown but assuredly the majority of the brethren had no intention of secluding themselves from the intellectual life of the age. What would Gotama have done had he lived some hundreds or thousands of years later? I see no reason to doubt that he would have encouraged the study of literature and science. He would probably have praised all art which expressed noble and spiritual ideas, while most artists require only those of a sensual beauty.

The correct criticism—that Buddhists are prone to corrupt

their faith—is just, for their courteous acquiescence in other creeds enfeebles and denaturalizes their own. In Annam, Korea and some parts of China though there are temples and priests more or less deserving the name of Buddhist, there is no idea that Buddhism is a distinct religion or mode of life. Such statements as that the real religion of the Burmese is not Buddhism but animism are, I think, incorrect, but even the Burmese are dangerously tolerant.

This weakness is not due to any positive defect, since Buddhism provides for those who lead the higher life a strenuous curriculum and for the laity a system of morality based on rational grounds and differing little from the standard accepted in both Europe and China, except that it emphasizes the duties of mankind to animals. The weakness comes from the absence of any command against superstitious rites and beliefs. When the cardinal principles of Buddhism are held strongly these accessories do not matter, but the time comes when the creeper which was once an ornament grows into the walls of the shrine and splits the masonry. The faults of western religions are mainly faults of self-assertion—such as the Inquisition and opposition to science. The faults of Indian religions are mainly tolerance of what does not belong to them and sometimes of what is not only foreign to them but bad in itself.

Buddhism has been both praised and blamed as a religion which acknowledges neither God nor the soul¹ and its acceptance in its later phases of the supernatural has been regarded as proving the human mind's natural need of theism. But it is rather an illustration of that craving for personal though super-human help which makes Roman Catholics supplement theism with the worship of saints.

¹ See for instance Huxley's striking definition of Buddhism in his *Romance Lecture*, 1893. "A system which knows no God in the western sense, which denies a soul to man— which counts the belief in immortality a blunder and the hope of it a sin— which refuses any efficacy to prayer and sacrifice— which bids men look to nothing but their own efforts for salvation— which in its original purity knew nothing of vows of obedience and never sought the aid of the regular arm— yet spread over a considerable part of the old world with marvellous rapidity and as still with whatever base admixture of foreign superstitions the dominant creed of a large fraction of mankind." But some of this is too strongly phrased. Early Buddhism counted the desire for heaven as a hindrance to the highest spiritual life, but if a man had not attained to that plane and was bound to be reborn somewhere, it did not question that his natural desire to be reborn in heaven was right and proper.

On the whole it is correct to say that Buddhism (except perhaps in very exceptional sects) has always taken and still takes a point of view which has little in common with European theism. The world is not thought of as the handiwork of a divine personality nor the moral law as his will. The fact that religion can exist without these ideas is of capital importance¹. But any statements implying that Buddhism divorces morality from the doctrine of immortality may be misunderstood for it teaches that just as an old man may suffer for the follies of his youth, so faults committed in one life may be punished in another. Rewards and punishments in another world were part of the creed of Asoka and tradition represents the missionaries who converted Ceylon as using this simple argument². It would not however be true to say that Buddhism makes the value of morality contingent on another world. The life of an Arhat which includes the strictest morality is commended on its own account as the best and happiest existence.

European assertions about Buddhism often imply that it sets up as an ideal and goal either annihilation or some condition of dreamy bliss. Modern Buddhists who mostly neglect Nirvana as something beyond their powers, just as the ordinary Christian does not say that he hopes to become a saint, lose much of the Master's teaching but do it less injustice than such misrepresentations. The Buddha did not describe Nirvana as something to be won after death, but as a state of happiness attainable in this life by strenuous endeavour—a state of perfect peace but compatible with energy, as his own example showed.

25. Interest of Indian Thought for Europe

We are now in a better position to answer the question asked at the beginning of this introduction, Is Indian thought of value or at least of interest for Europe?

It is not enough to show that Buddhism is a religion. In the connection
some remarks of Mr. Bradley are interesting. "The doctrine that there cannot be
a world without a personal God is to my mind entirely false" (*Essays on Truth
and Reality*, p. 421). "I cannot accept a personal God as the ultimate truth" (p. 449).
"There are few greater evils than to put a man who can take no time" than to
have him - and to reach the end that we are not certain all philosophy is a rational
theology" (*Essays on Truth and Reality*, p. 421).

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Let me confess that I cannot share the confidence in the superiority of Europeans and their ways which is prevalent in the west. Whatever view we take of the rights and wrongs of the recent war, it is clearly absurd for Europe as a whole to pose in the presence of such doings as a qualified instructor in humanity and civilization. Many of those who are proudest of our fancied superiority escape when the chance offers from western civilization and seek distraction in exploration, and many who have spent their lives among what they consider inferior races are uneasy when they retire and settle at home. In fact European civilization is not satisfying and Asia can still offer something more attractive to many who are far from Asiatic in spirit. Yet though most who have paid even a passing visit to the East feel its charm, the history, art and literature of Asia are still treated with ignorant indifference in cultured circles—an ignorance and indifference which are extraordinary in Englishmen who have so close a connection with India and devote a disproportionate part of their education to ancient Greece and Rome. I have heard a professor of history in an English university say that he thought the history of India began with the advent of the British and that he did not know that China had any history at all. And Matthew Arnold in speaking of Indian thought¹ hardly escaped meriting his own favourite epithets of condemnation, Philistine and *saugrenu*.

Europeans sometimes mention it as an amazing and almost ridiculous circumstance that an educated Chinese can belong to three religions, Confucianism, Taoism and Buddhism. But I find this attitude of mind eminently sensible. Confucianism is an admirable religion for State ceremonies and College chapels. By attending its occasional rites one shows a decent respect for Heaven and Providence and commits oneself to nothing. And though a rigid Confucianist may have the contempt of a scholar and statesman for popular ideas, yet the most devout Buddhist and Taoist can conform to Confucianism without scruple, whereas many who have attended an English coronation service must have wondered at the language which they seemed to approve of by their presence. And in China if you wish to water the aridity of Confucianism, you can find in Buddhism or Taoism whatever you want in the way of emotion or philosophy and you will not

¹ *Essays in Criticism*. Second series. Amiel

be accused of changing your religion because you take this refreshment. This temper is not good for creating new and profound religious thought, but it is good for sampling and appreciating the "varieties of religious experience" which offer their results as guides for this and other lives.

For religion is systematized religious experience and this experience depends on temperament. There can therefore be no one religion in the European sense and it is one of the Hindus' many merits that they recognize this. Some people ask of religion forgiveness for their sins, others communion with the divine: most want health and wealth, many crave for an explanation of life and death. Indian religion accommodates itself to these various needs. Nothing is more surprising than the variety of its phases except the underlying unity.

This power of varying in sympathetic response to the needs of many minds and growing in harmony with the outlook of successive ages, is a contrast to the pretended *quod semper, quod ubique, quod ab omnibus*¹ of Western Churches, for in view of their differences and mutual hostility it can only be called a pretence. Indians recognize that only the greatest and simplest religious questions can be asked now in the same words that came to the lips more than two thousand years ago and even if the questions are the same, the answers of the thoughtful are still as widely divergent as the pronouncements of the Buddha and the Brahmins. But nearly all the propositions contained in a European creed involve matters of history or science which are obviously affected by research and discovery as much as are astronomy or medicine, and not only are the propositions out of date but they mostly refer to problems which have lost their interest. But Indian religion eschews creeds and will not die with the spread of knowledge. It will merely change and enter a new phase of life in which much that is now believed and practised will be regarded as the gods and rites of the Veda are regarded now.

I do not think that there is much profit in comparing religions, which generally means exalting one at the expense of the others, but rather that it is interesting and useful to learn what others, especially those least like ourselves, think of these

¹ The motto of the Society of Jesus, which was the motto of the Society of Jesus. Quod ubique, quod semper, quod ab omnibus.

matters. And in religious questions Asia has a distinct right to be heard

For if Europeans have any superiority over Asiatics, it lies in practical science, finance and administration, not in thought or art. If one were collecting views about philosophy and religion in Europe, one would not begin by consulting financiers and engineers, and the policeman who stands in the middle of the street and directs the traffic to this side and that is not intellectually superior to those who obey him as if he were something superhuman. Europeans in Asia are like such a policeman: their gifts are authority and power to organize. In other respects their superiority is imaginary.

I do not think that Christianity will ever make much progress in Asia, for what is commonly known by that name is not the teaching of Christ but a rearrangement of it made in Europe and like most European institutions practical rather than thoughtful. And as for the teaching of Christ himself, the Indian finds it excellent but not ample or satisfying. There is little in it which cannot be found in some of the many scriptures of Hinduism and it is silent on many points about which they speak, if not with convincing authority, at least with suggestive profundity. Neither do I think that Europe is likely to adopt Buddhist or Brahmanic methods of thought on any large scale. Theosophical and Buddhist societies have my sympathy but it is sympathy with lonely workers in an unpopular cause and I am not sure that they always understand what they try to teach. There is truth at the bottom of the dogma that all Buddhas must be born and teach in India: Asiatic doctrine may commend itself to European minds but it fits awkwardly into European life.

But this is no reason for refusing to accord to Indian religion at least the same attention that we give to Plato and Aristotle. Every idea which is held strongly by any large body of men is worthy of respectful examination, although I do not think that because an opinion is widespread it is therefore true. Thus the idea that in the remote past there was some kind of paradise or golden age and that the span of human life was once much longer than now is found among most nations. Yet research and analogy suggest that it is without foundation. The fact that about half the population of the world has come under the influence of

Hindu ideas gives Indian thought historical importance rather than authority. The claim of India to the attention of the world is that she, more than any other nation since history began, has devoted herself to contemplating the ultimate mysteries of existence and, in my eyes, the fact that Indian thought diverges widely from our own popular thought is a positive merit. In intellectual and philosophical pursuits we want new ideas and Indian ideas are not familiar or hackneyed in the west, though I think that more European philosophers and mystics have arrived at similar conclusions than is generally supposed.

Indian religions have more spirituality and a greater sense of the Infinite than our western creeds and more liberality. They are not merely tolerant but often hold that the different classes of mankind have their own rules of life and suitable beliefs and that he who follows such partial truths does no wrong to the greater and all-inclusive truths on which his circumstances do not permit him to fix his attention. And though some Indian religions may sanction bad customs, sacrifice of animals and immoral rites, yet on the whole they give the duty of kindness to animals a prominence unknown in Europe and are more penetrated with the idea that civilization means a gentle and enlightened temper—an idea sadly forgotten in these days of war. When speculative interest can hardly be denied. For instance, the idea of a religion without a personal God may seem distasteful or absurd but the student of human thought must take account of it and future generations may not find it a useless notion. It is certain that in Asia we find Buddhist Churches which preach morality and employ ritual and yet are not theistic, and also various systems of pantheism which, though they may use the word God, obviously use it in a sense which has nothing in common with Christian and Mohammedan ideas.

India's greatest contribution to religion is not intellectual, as the mass of commentaries and arguments produced by Hindus might lead us to imagine, but the persistent and almost unchallenged belief in the reality and bliss of certain spiritual states which involve intensity. All Indians agree that they are real, even to the extent of offering an alternative superior to any ordinary life of pleasure and distress, but their value for us is for the variety of interpretations which they receive and

which make it hard to give a more detailed definition than that above. For some they are the intuition of a particular god, for others of divinity in general. For Buddhists they mean a new life of knowledge, freedom and bliss without reference to a deity.

But apart from such high matters I believe that the mental training preliminary to these states—what is called meditation and concentration—is well worth the attention of Europeans. I am not recommending trances or catalepsy¹ in these as in other matters the Hindus are probably prone to exaggerate and the Buddha himself in his early quest for truth discarded trances as 'an unsatisfactory method'. But the reader can convince himself by experiment that the elementary discipline which consists in suppressing "discursive thought" and concentrating the mind on a particular object—say a red flower—so that for some time nothing else is present to the mind and the image of the flower is seen and realized in all its details, is most efficacious for producing mental calm and alertness. By such simple exercises the mind learns how to rest and refresh itself. Its quickness of apprehension and its retentive power are considerably increased, for words and facts imprinted on it when by the suppression of its ordinary activities it has thus been made a *tabula rasa* remain fixed and clear.

Such great expressions of emotional theism as the Rāmāyana of Tulsī Das are likely to find sympathetic readers in Europe, but the most original feature of Indian thought is that, as already mentioned, it produces systems which can hardly be refused the name of religion and yet are hardly theistic. The Buddha preached a creed without reference to a supreme deity and the great Emperor Asoka, the friend of man and beast, popularized this creed throughout India. Even at the present day the prosperous and intelligent community of Jains follow a similar doctrine and the Advaita philosophy diverges widely from European theism. It is true that Buddhism invented gods for itself and became more and more like Hinduism and that the later Vedantist and Śivaite schools have a strong bent to monotheism. Yet all Indian theism seems to me to have a pantheistic tinge¹ and India is certainly the classic land of

¹ I know that this statement may encounter objections, but I believe that few Indians would be surprised at the proposition that God is all things. Some might deny it, but as a familiar error.

Pantheism. The difficulties of Pantheism are practical: it does not lend itself easily to popular cries and causes and it finds it hard to distinguish and condemn evil¹. But it appeals to the scientific temper and is not repulsive to many religious and emotional natures. Indeed it may be said that in monotheistic creeds the most thoughtful and devout minds often tend towards Pantheism, as witness the Sufis among Moslems, the Kabbalists among the Jews and many eminent mystics in the Christian Church. In India, the only country where the speculative interest is stronger than the practical, it is a common form of belief and it is of great importance for the history and criticism of religion to see how an idea which in Europe is hardly more than philosophic theory works on a large scale

Later Buddhism—the so-called Mahayana—may be justly treated as one of the many varieties of Indian religion, not more differentiated from others than is for instance the creed of the Sikhs. The speculative side of early Buddhism (which was however mainly a practical movement) may be better described as an Indian critique of current Indian views. The psychology of the Pitakas has certainly enough life to provoke discussion still, for it receives both appreciative treatment and uncompromising condemnation at the hands of European scholars. To set it aside as not worth the labour spent on elucidating it, seems to me an error of judgment. As a criticism of the doctrine developed in the Upanishads, it is acute and interesting, even if we hold the Upanishads to be in the right, and no serious attempt to analyze the human mind can be without value, for though the facts are before every human being such attempts are rare. It is singular that so many religions should prescribe a duty for the soul without being able to describe its nature. Education and discipline in defining the Deity seem proper and natural but it is truly surprising that people are not attracted as to the central facts about their own consciousness, their bodies and minds and spirits, whether these are the same or different, whether they are united or disunited. The Buddha's answers to the same questions cannot be dismissed as ancient or naïve, if they are practically the conclusions arrived at

by a distinguished modern psychologist, William James, who says in his *Psychology*¹, "The states of consciousness are all that psychology requires to do her work with. Metaphysics or theology may prove the soul to exist, but for psychology the hypothesis of such a substantial principle of unity is superfluous" and again "In this book the provisional solution which we have reached must be the final one. The thoughts themselves are the thinkers."

Equally in sympathy with Buddhist ideas is the philosophy of M. Bergson, which holds that movement, change, becoming is everything and that there is nothing else—no things that move and change and become². Huxley too, speaking of idealism, said "what Berkeley does not seem to have so clearly perceived is that the non-existence of a substance of mind is equally arguable.. It is a remarkable indication of the subtlety of Indian speculation that Gautama should have seen deeper than the greatest of modern idealists³."

Even Mr Bradley says "the soul is a particular group of psychical events in so far as those events are taken merely as happening in time⁴." There is a smack of the Pitakas about this, although Mr Bradley's philosophy as a whole shows little sympathy for Buddhism but a wondrous resemblance both in thought and language to the Vedānta. This is the more remarkable because there is no trace in his works of Sanskrit learning or even of Indian influence at second hand. A peculiarly original and independent mind seems to have worked its way to many of the doctrines of the Advaita, without entirely adopting its general conclusions, for I doubt if Sankara would have said "the positive relation of every appearance as an adjective to reality and the presence of reality among its appearances in different degrees and with different values—this double truth we have found to be the centre of philosophy." But still this is the gist of many Vedantic utterances both early⁵ and late. Gaudapāda states that the world of appearance is due to *svabhāva* or

¹ Wm James, *Psychology*, pp 203 and 216

² I quote this epitome from Wildon Carr's Henri Bergson, *The Philosophy of Change*, because the phraseology is thoroughly Buddhist and appears to have the approval of M. Bergson himself

³ *Romanes Lecture*, 1893.

⁴ *Appearance*, p 208

⁵ Thus the Śvetāśvatara Up. says that the whole world is filled with the parts or limbs of God and metaphors like sparks from a fire or threads from a spider seem an attempt to express the same idea. Br. Ar. Up. 2.1.20, Mund. Up. 2.1.1.

electrical charges in motion This theory is a phrase rather than an explanation, but it has a real affinity to Indian phrases which say that Brahman or Śakti (which are forces) produce the illusion of the world

I am not venturing here on any general comparison of European and Indian thought. My object is merely to point out that the latter contains many ideas to which British philosophers find themselves led and from which, when they have discovered them in their own way, they do not shrink It can hardly then be without interest to see how these ideas have been elaborated, often more boldly and thoroughly, in Asia.

BOOK II
EARLY INDIAN RELIGION
A GENERAL VIEW

BOOK II

In this book I shall briefly sketch the condition of religion in India prior to the rise of Buddhism and in so doing shall be naturally led to indicate several of the fundamental ideas of Hinduism. For few old ideas have entirely perished: new deities, new sects and new rites have arisen but the main theories of the older Upanishads still command respect and modern reformers try to justify their teaching from the ancient texts.

But I do not propose to discuss in detail the religion of the Vedic hymns for, so far as it can be distinguished from later phases, it looks backward rather than forward. It is important to students of comparative mythology, of the origins of religion, of the Aryan race. But it represents rather what the Aryans brought into India than what was invented in India, and it is this latter which assumes a prominent place in the intellectual history of the world as Hinduism and Buddhism. The ancient nature gods of the wind and the dawn have little place in the mental horizon of either the Buddha or Bhagavad-gîtâ and even when the old names remain, the beings who bear them generally have new attributes. Still, Vedic texts are used in modern worship and in many respects there is a real continuity of thought.

In the first chapter I enquire whether there is any element common to the religions of India and to the countries of Eastern Asia and find that the worship of nature spirits and the veneration of ancestors prevail throughout the whole of this vast region and have not been suppressed by Buddhism or Brahminism. Then coming to the purely Indian sphere, I have thought it might not be amiss to give an epitome of such parts of Indian history as are of importance for religion. Next I endeavour to explain how the social institutions of India and the unique position acquired by the Brahmin aristocracy have determined the character of Hindu religion—pagan and yet unmistakably Indian in all its phase—and I also investigate

the influence of the belief in rebirth, which from the time of the Upanishads onwards dominates Indian thought. In the fourth and fifth chapters I trace the survival of some ancient ideas and show how many attributes of the Vedic gods can be found in modern deities who are at first sight widely different and how theories of salvation by sacrifice or asceticism or knowledge have been similarly persistent. In the sixth chapter I attempt to give a picture of religious life, both Brahmanic and non-Brahmanic, as it existed in India about the time when the Buddha was born. Of the non-Brahmanic sects which then flourished most have disappeared, but one, namely the Jains, has survived and left a considerable record in literature and art. I have therefore devoted a chapter to it here.

My object in this book is to discuss the characteristics of Indian religion which are not only fundamental but ancient. Hence this is not the place to dwell on Bhakti or relatively modern theistic sects, however great their importance in later Hinduism may be.

CHAPTER I

RELIGIONS OF INDIA AND EASTERN ASIA

THE countries with which this work deals are roughly speaking India with Ceylon; Indo-China with parts of the Malay Archipelago; Japan and China with the neighbouring regions such as Tibet and Mongolia. All of them have been more or less influenced by Hinduism and Buddhism and in hardly any of them is Mohammedanism the predominant creed¹, though it may have numerous adherents. The rest of Asia is mainly Mohammedan or Christian and though a few Buddhists may be found even in Europe (as the Kalmuks) still neither Hinduism nor Buddhism has met with general acceptance west of India.

In one sense, the common element in the religion of all these countries is the presence of Indian ideas, due in most cases to Buddhism which is the export form of Hinduism, although Brahmanic Hinduism reached Cambodia and the Archipelago. But this is not the element on which I wish now to insist. I would rather enquire whether apart from the diffusion of ideas which has taken place in historical times, there is any common substratum in the religious temperament of this area, any fund of primitive, or at least prehistoric ideas, shared by its inhabitants. Such common ideas will be deep-seated and not obvious, for it needs but little first-hand acquaintance with Asia to learn that all generalizations about the spirit of the East require careful testing and that such words as Asiatic or oriental do not connote one type of mind. For instance in China and Japan the control of the state over religion is exceptionally strong; in India it is exceptionally weak. The religious temperaments of these nations differ from one another as much as the Mohammedan and European temperaments and the fact that many races have adopted Buddhism and re-

¹ The Malacca Islands are chiefly excepted.

fashioned it to their liking does not indicate that their mental texture is identical. The cause of this superficial uniformity is rather that Buddhism in its prime had no serious rivals in either activity or profundity, but presented itself to the inhabitants of Eastern Asia as pre-eminently the religion of civilized men, and was often backed by the support of princes. Yet one cannot help thinking that its success in Eastern Asia and its failure in the West are not due merely to politics and geography but must correspond with some racial idiosyncrasies. Though it is hard to see what mental features are common to the dreamy Hindus and the practical Chinese, it may be true that throughout Eastern Asia for one reason or another such as political despotism, want of military spirit, or on the other hand a tendency to regard the family, the clan or the state as the unit, the sense of individuality is weaker than in Western Asia or Europe, so that pantheism and quietism with their doctrines of the vanity of the world and the bliss of absorption arouse less opposition from robust lovers of life. This is the most that can be stated and it does not explain why there are many Buddhists in Japan but none in Persia.

But apart from Buddhism and all creeds which have received a name, certain ideas are universal in this vast region. One of them is the belief in nature spirits, beings who dwell in rocks, trees, streams and other natural objects and possess in their own sphere considerable powers of doing good or ill. The Nagas, Yakshas and Bhutas of India, the Nats of Burma, the Peys of Siam, the Kami of Japan and the Shen of China are a few items in a list which might be indefinitely extended. In many countries this ghostly population is as numerous as the birds of the forest, they haunt every retired spot and perch unseen under the eaves of every house. Theology has not usually troubled itself to define their status and it may even be uncertain whether respect is shown to the spirits inhabiting streams and mountain peaks or to the peaks and streams themselves¹.

They may be kindly (though generally requiring punctilious attention), or mischievous, or determined enemies of mankind.

¹ Thus Motoori (quoted in Aston's *Shinshū*, p. 9) says "Birds, beasts, plants and trees, seas and mountains and all other things whatsoever which deserve to be dreaded and revered for the extraordinary and prominent powers which they possess are called *Kami*."

But infinite as are their variations, the ordinary Asiatic no more doubts their existence than he doubts the existence of animals. The position which they enjoy, like their character, is various, for in Asia deities like men have careers which depend on luck. Many of them remain mere elves or goblins, some become considerable local deities. But often they occupy a position intermediate between real gods and fairies. Thus in southern India, Burma and Ceylon may be seen humble shrines, which are not exactly temples but the abodes of beings whom prudent people respect. They have little concern with the destinies of the soul or the observance of the moral law but much to do with the vagaries of rivers and weather and with the prosperity of the village. Though these spirits may attain a high position within a certain district (as for instance Maha Saman, the deity of Adam's Peak in Ceylon) they are not of the same stuff as the great gods of Asia. These latter are syntheses of many ideas, and centuries of human thought have laboured on their gigantic figures. It is true that the mental attitude which deifies the village stream is fundamentally the same as that which worships the sun, but in the latter case the magnitude of the phenomenon deified sets it even for the most rustic mind in another plane. Also the nature gods of the Veda are not quite the same as the nature spirits which the Indian peasants worship to-day and worshipped, as the Pitakas tell us, in the time of the Buddha. For the Vedic deities are such forces as fire and light, wind and water. This is nature worship but the worship of nature generalized, not of some bold rock or mysterious rustling tree. It may be that a migratory life, such as the ancient Aryans at one time led, inclined their minds to these wider views, since neither the family nor the tribe had an abiding interest in any one place. Thus the ancestors of the Turks in the days before Islam worshipped the spirits of the sky, earth and water, whereas the more civilized but redentary Chinese had genius for every hamlet, pool and lullack.

It is difficult to say whether monotheism is a development of this nature worship or has another origin. In Japanese religion the monotheistic tendency is markedly absent. The sun goddess is the principal deity but remains simply goddess of the sun. But in the ancient religion of China, T'ien or

Heaven, also called Shang-ti, the supreme ruler, though somewhat shadowy and impersonal, does become an omnipotent Providence without even approximate rivals. Other superhuman beings are in comparison with him merely angels. Unfortunately the early history of Chinese religion is obscure and the documents scanty. In India however the evolution of pantheism or theism (though usually with a pantheistic tinge) out of the worship of nature forces seems clear. These gods or forces are seen to melt into one another and to be aspects of one another, until the mind naturally passes on to the idea that they are all manifestations of one force finding expression in human consciousness as well as in physical phenomena. The animist and pantheist represent different stages but not different methods of thought. For the former, every natural object which impresses him is alive, the latter concurs in this view, only he thinks the universe is instinct with one and the same life displaying itself in infinite variety.

One difficulty incidental to the treatment of Asiatic religions in European languages is the necessity, or at any rate the ineradicable habit, of using well-known words like God and soul as the equivalents of Asiatic terms which have not precisely the same content and which often imply a different point of view. For practical life it is wise and charitable to minimize religious differences and emphasize points of agreement. But this willingness to believe that others think as we do becomes a veritable vice if we are attempting an impartial exposition of their ideas. If the English word God means the deity of ordinary Christianity, who is much the same as Allah or Jehovah—that is to say the creator of the world and enforcer of the moral law—then it would be better never to use this word in writing of the religions of India and Eastern Asia, for the concept is almost entirely foreign to them. The nature spirits of which we have been speaking are clearly not God when an Indian peasant brings offerings to the tomb of a deceased brigand or the Emperor of China promotes some departed worthy to be a deity of a certain class, we call the ceremony deification, but there is not the smallest intention of identifying the person deified with the Supreme Being, and odd as it may seem, the worship of such "gods" is compatible with monotheism or atheism. In China, Shang-ti is less definite than

God¹ and it does not appear that he is thought of as the creator of the world and of human souls. Even the greater Hindu deities are not really God, for those who follow the higher life can neglect and almost despise them, without, however, denying their existence. On the other hand Brahman, the pantheos of India, though equal to the Christian God in majesty, is really a different conception, for he is not a creator in the ordinary sense: he is impersonal and though not evil, yet he transcends both good and evil. He might seem merely a force more suited to be the subject matter of science than of religion, were not meditation on him the occupation, and union with him the goal, of many devout lives. And even when Indian deities are most personal, as in the Vishnuite sects, it will be generally found that their relations to the world and the soul are not those of the Christian God. It is because the conception of superhuman existence is so different in Europe and Asia that Asiatic religions often seem contradictory or corrupt: Buddhism and Jainism, which we describe as atheistic, and the colourless and respectable religion of educated Chinese, become in their outward manifestations unblushingly polytheistic.

Similar difficulties and ambiguities attend the use of the word soul, for Buddhism, which is supposed to hold that there is no soul, preaches retribution in future existences for acts done in this, and seeks to terrify the evil doer with the puns of hell, whereas the philosophy of the Brahmins, which imbeddicates a belief in the soul, seems to teach in some of its phases that the disembodied and immortal soul has no consciousness in the ordinary human sense. Here language is dealing with the same problems as those which we describe by such phrases as the soul, immortality and continuous existence, but it is striving to express ideas for which we have little sympathy and inadequate terminology. They will be considered later.

But one attitude towards that which survives death is often manifested in Eastern Asia and also easily intelligible to the eyes of the Occidentals: humanism as such, for worship. It is perhaps less attracted to real attention in China, where it is the tendency to seek not corporeal form of religious

1. The first step is to identify the problem or question that needs to be answered. This involves understanding the context and the specific requirements of the task.

observance, but it is equally prevalent among the Hindus, though less prominent because it is only one among the many rites which engage the attention of that most devout nation. It is one of the main constituents in the religions of Indo-China and Japan, though the best authorities think that it was not the predominant element in the oldest form of Shinto. It is less prominent among the Tibeto-Burmese tribes but not absent, for in Tibet there are both good and evil ghosts who demand recognition by appropriate rites. It is sometimes hard to distinguish it from the worship of natural forces. For instance in China and southern India most villages have a local deity who is often nameless. The origin of such deities may be found either in a departed worthy or in some striking phenomenon or in the association of the two.

The cult of ghosts may be due to either fear or affection, and both motives are found in Eastern Asia. But though abundant examples of the propitiation of angry spirits can be cited, respect and consideration for the dead are the feelings which usually inspire these ceremonies at the present day and form the chief basis of family religion. There is no need to explain this sentiment. It is much stronger in Asia than in Europe but some of its manifestations may be paralleled by masses and prayers for the dead, others by the care bestowed on graves and by notices *in memoriam*. As a rule both in China and India only the last three generations are honoured in these ceremonies. The reason is obvious: the more ancient ancestors have ceased to be living memories. But it might be hard to find a theoretical justification for neglecting them and it is remarkable that in all parts of Asia the cult of the dead fits very awkwardly into the official creeds. It is not really consistent with any doctrine of metempsychosis or with Buddhist teaching as to the impermanence of the Ego. In China may be found the further inconsistency that the spirit of a departed relative may receive the tribute of offerings and salutations called ancestor worship, while at the same time Buddhist services are being performed for his deliverance from hell. But of the wide distribution, antiquity and strength of the cult there can be no doubt. It is anterior not only to Brahmanism but to the doctrines of transmigration and karma, and the main occupation of Buddhist priests in China and Japan is the

performance of ceremonies supposed to benefit the dead. Even within Buddhism these practices cannot be dismissed as a late or foreign corruption. In the Khuddaka-pāṭha which, if not belonging to the most ancient part of the Buddhist canon, is at least pre-Christian and purely Indian, the dead are represented as waiting for offerings and as blessing those who give them. It is also curious that a recent work called *Raymond* by Sir O. Lodge (1916) gives a view of the state after death which is substantially that of the Chinese. For its teaching is that the dead retain their personality, concern themselves with the things of this world, know what is going to happen here and can to some extent render assistance to the living¹. Also (and this point is specially remarkable) burning and mutilation of the body seem to inconvenience the dead.

Early Chinese works prescribe that during the performance of ancestral rites, the ghosts are to be represented by people known as the personators of the dead who receive the offerings and are supposed to be temporarily possessed by spirits and to be their mouthpieces. Possession by ghosts or other spirits is, in popular esteem, of frequent occurrence in India, China, Japan and Indo-China. It is one of the many factors which have contributed to the idea of incarnation and deification, that is, that gods can become men and men gods. In Europe the spheres of the human and divine are strictly separated: to pass from one to the other is exceptional: a single incarnation is regarded as an epoch-making event of universal importance. But in Asia the frontiers are not thus rigidly delimited, nor are God and man thus opposed. The ordinary dead become powers in the spirit world and can bless or injure here: the great dead become deities: in another order of ideas, the dead immediately become reincarnate and reappear on earth: the gods take the shape of men, sometimes for the space of a human life, sometimes for a shorter apparition. Many teachers in India have been revered as partial incarnations of Vishnu and most of the higher clergy in Tibet claim to be Buddhas or Bodhisattvas manifest in the flesh. There is no doubt that the doctrine of metempsychosis existed in Eastern Asia independent of Indian influence but the ready acceptance accorded to it was largely due to the prevalent feeling that the

¹ See also the account of the 'Raymond' in the 'Theosophical Review' for 1916.

worlds of men and spirits are divided by no great gulf. It is quite natural to step into the spirit world and back again into this.

It will not have escaped the reader's attention that many of the features which I have noticed as common to the religions of Eastern Asia—such as the worship of nature spirits and ancestors—are not peculiar to those countries but are almost, if not quite, universal in certain stages of religious development. They can, for instance, be traced in Europe. But whereas they exist here as survivals discernible only to the eye of research and even at the beginning of the Christian era had ceased to be the obvious characteristics of European paganism, in Asia they are still obvious. Age and logic have not impaired their vigour, and official theology, far from persecuting them, has accommodated its shape to theirs. This brings us to another point where the linguistic difficulty again makes itself felt, namely, that the word religion has not quite the same meaning in Eastern Asia as in Mohammedan and Christian lands. I know of no definition which would cover Christianity, Buddhism, Confucianism and the superstitions of African savages, for the four have little community of subject matter or aim. If any definition can be found it must I think be based on some superficial characteristic such as ceremonial. Nor is there any objection to refusing the title of religion to Buddhism and Confucianism, except that an inconvenient lacuna would remain in our vocabulary, for they are not adequately described as philosophies. A crucial instance of the difference in the ideas prevalent in Europe and Eastern Asia is the fact that in China many people belong to two or three religions and it would seem that when Buddhism existed in India the common practice was similar. Paganism and spiritual religion can co-exist in the same mind provided their spheres are kept distinct. But Christianity and Islam both retain the idea of a jealous God who demands not only exclusive devotion but also exclusive belief: to believe in other Gods is not only conscious disobedience and disloyalty. But such ideas have little currency in Eastern Asia, especially among Buddhists. The Buddha is not a creator or a king but rather a physician. He demands no allegiance and for those who disobey him the only punishment is continuance of the disease. And though Indian deities may

claim personal and exclusive devotion, yet in defining and limiting belief their priests are less exacting than Papal or Moslem doctors. Despite sectarian formulas, the Hindu cherishes broader ideas such as that all deities are forms and passing shapes of one essence; that all have their proper places and that gods, creeds and ceremonies are necessary helps in the lower stages of the religious life but immaterial to the adept.

It does not follow from this that Hindus are lukewarm or insincere in their convictions. On the contrary, faith is more intense and more widely spread among them than in Europe. Nor can it be said that their religion is something detachable from ordinary life: the burden of daily observances prescribed and duly borne seems to us intolerable. But Buddhism and many forms of Hinduism present themselves as methods of salvation with a simplicity and singleness of aim which may be paralleled in the Gospels but only rarely in the national churches of Europe. The pious Buddhist is one who moulds his life and thoughts according to a certain law: he is not much concerned with worshipping the gods of the state or city, but has nothing against such worship: his aims and procedure have nothing to do with spirits who give wealth and children or avert misfortune. But since such matters are of great interest to mankind, he is naturally brought into contact with them and he has no more objection to a religious service for procuring rain than to a scientific experiment for the same purpose. Similarly Confucians follow a system of ethics which is sufficient for a gentleman and accords a decorous recognition to a Supreme Being and ancestral spirits. Much concession to superstition would be reprehensible according to this code but if a Confucian honours some deity either for his private objects or because it is part of his duties as a magistrate, he is not offending Confucius. He is simply engaging in an act which has nothing to do with Confucianism. The same distinction often applies in Indian religion but is less clear there, because both the higher doctrine as well as ordinary ceremonial and mythology are denoted under one name as Hinduism. But if a native of eastern India occasionally sacrifices a buffalo to the village deity, it does not follow that all his religion is of the latter type.

As to the relation between religion and

illustrated by an anecdote related to me in Assam. Christianity has made many converts among the Khasis, a non-Hindu tribe of that region, and a successful revival meeting extending over a week was once held in a district of professing Christians. When the week was over and the missionaries gone, the Khasis performed a ceremony in honour of their tribal deities. Their pastors regarded this as a woeful lapse from grace but no disbelief in Christianity or change of faith was implied. The Khasis had embraced Christianity in the same spirit that animated the ancient disciples of the Buddha: it was the higher law which spoke of a new life and of the world to come. But it was not understood that it offered to take over the business of the local deities, to look after crops and pigs and children, to keep smallpox, tigers and serpents in order. Nobody doubted the existence of spirits who regulate these matters, while admitting that ethics and the road to heaven were not in their department, and therefore it was thought wise to supplement the Christian ceremonies by others held in their honour and thus let them see that they were not forgotten and run no risk of incurring their enmity.

My object in this chapter is to point out at the very beginning that in Asia the existence of a duly labelled religion, such as Buddhism or Confucianism, does not imply the suppression of older nameless beliefs, especially about nature spirits and ghosts. In China and many other countries we must not be surprised to find Buddhists honouring spirits who have nothing to do with Buddhism. In India we must not suppose that the doctrines of Rāmānuja or any other great teacher are responsible for the crudities of village worship, nor yet rashly assume that the villager is ignorant of them.

CHAPTER II

HISTORICAL

It may be useful to insert here a brief sketch of Indian history, but its aim is merely to outline the surroundings in which Hindu religion and philosophy grew up. It, therefore, passes lightly over much which is important from other points of view and is intended for reference rather than for continuous reading.

An indifference to history, including biography, politics and geography, is the great defect of Indian literature. Not only are there few historical treatises¹ but even historical allusions are rare and this curious vagueness is not peculiar to any age or district. It is as noticeable among the Dravidians of the south as among the speakers of Aryan languages in the north. It prevails from Vedic times until the Mohammedan conquest, which produced chronicles though it did not induce Brahmans to write them in Sanskrit. The lacuna is being slowly filled up by the labours of European scholars who have collected numerous data from an examination of inscriptions, monuments and coins, from the critical study of Hindu literature, and from research in foreign, especially Chinese, accounts of ancient India.

At first sight the history of India seems merely a record of invasions, the annals of a land that was always receptive and fated to be conquered. The coast is poor in ports and the nearest foreign shore distant. The land frontiers offer more temptation to invaders than to emigrants. The Vedic Aryans, Persians, Greeks and hordes innumerable from Central Asia poured in century after century through the passes of the north-western mountains and after the arrival of Vasco da Gama other hordes came from Europe by sea. But the armies and fleets of India

¹ The chief exception in Sanskrit is the *Rajatarangini*, a chronicle of Kashmir composed in 1149 A.D. There are also a few passages in the contemporary monarchs, such as the Harshacharita of H. A., and some of the Puranas (especially the Matsya and Vishnu) are a historical material. See Vincent Smith, *Early History of India*, chap. I, p. 11, 12, and *Prayers for Success of the King*, p. 10. The Greek and Persian accounts of India are being collected by Mr. G. B. in six volumes 1877-1881.

can tell no similar story of foreign victories. This picture however neglects the fact that large parts of Indo-China and the Malay Archipelago (including Camboja, Champa, Java and even Borneo) received not only civilization but colonists and rulers from India. In the north too Nepal, Kashmir, Khotan and many other districts might at one time or another be legitimately described as conquered or tributary countries. It may indeed be justly objected that Indian literature knows nothing of Camboja and other lands where Indian buildings have been discovered¹ and that the people of India were unconscious of having conquered them. But Indian literature is equally unconscious of the conquests made by Alexander, Kanishka and many others. Poets and philosophers were little interested in the expeditions of princes, whether native or foreign. But if by India is meant the country bounded by the sea and northern mountains it undoubtedly sent armies and colonists to regions far beyond these limits, both in the south-east and the north, and if the expansion of a country is to be measured not merely by territorial acquisition but by the diffusion of its institutions, religion, art and literature, then "the conquests of the Dhamma," to use Asoka's phrase, include China, Japan, Tibet and Mongolia.

The fact that the Hindus paid no attention to these conquests and this spread of their civilization argues a curious lack of interest in national questions and an inability to see or utilize political opportunities which must be the result of temperament rather than of distracting invasions. For the long interval between the defeat of the Huns in 528 A.D. and the raids of Mahmud of Ghazni about 1000 A.D. which was almost entirely free from foreign inroads, seems precisely the period when the want of political ideas and constructive capacity was most marked. Nor were the incursions always destructive and sterile. The invaders, though they had generally more valour than culture of their own, often brought with them foreign art and ideas, Hellenic, Persian or Mohammedan. Naturally the northern districts felt their violence most as well as the new influences which they brought, whereas the south became the focus of Hindu politics and culture which radiated thence northwards again. Yet, on the whole, seeing how vast is the

¹ The inscriptions of the Chola Kings however (c. 1000 A.D.) seem to boast of conquests to the East of India. See Coedès "Le royaume de Chola" in B.E.F.E.O. 1918.

area occupied by the Hindus, how great the differences not only of race but of language, it is remarkable how large a measure of uniformity exists among them (of course I exclude Moham medans) in things religious and intellectual. Hinduism ranges from the lowest superstition to the highest philosophy but the stages are not distributed geographically. Pilgrims go from Badrinath to Ramesvaram: the Vaishnavism of Trichinopoly, Muttra and Bengal does not differ in essentials, the worship of the linga can be seen almost anywhere. And though India has often been receptive, this receptivity has been deliberate and discriminating. Great as was the advance of Islam, the resistance offered to it was even more remarkable and at the present day it cannot be said that in the things which most interest them Indian minds are specially hospitable to British ideas.

The relative absence of political unity seems due to want of interest in politics. It is often said that the history of India in pre-Mohammedan times is an unintelligible or, at least, unreadable, record of the complicated quarrels and varying frontiers of small states. Yet this is as true of the history of the Italian as of the Indian peninsula. The real reason why Indian history seems tedious and intricate is that large interests are involved only in the greatest struggles, such as the efforts to repulse the Huns or Mohammedans.

The ordinary wars, though conducted on no small scale, did not involve such causes or principles as the strife of Roundheads with Cavaliers. With rare exceptions, states and empires were regarded as the property of their monarchs. Religion claimed to advise a King, like other wealthy persons, as to their duties and opportunities, and ministers became the practical rulers of kingdoms just as a steward may get the management of an estate into his hands. But it rarely occurred to Hindus that other persons in the state had any right to a share in the government, or that a Raja could be deposed by anybody but another Raja. Of that, indeed, there was no lack. Not only had every sovereign to defend himself against the enemies of his own house but external policies seemed based on the notion that it is the duty of a powerful ruler to increase his territory by direct and unprovoked attack on his neighbours. There is hardly a hint of commerce who did not expand his power in this way, and the ruin and luxury of a royal house is everywhere a familiar sight by collapse when weaker hands

were unable to hold the inherited handful. Even moderately long intervals of peace are rare. Yet all the while we seem to be dealing not with the expansion or decadence of a nation, but with great nobles who add to their estates or go bankrupt.

These features of Indian politics are illustrated by the *Arthashastra*, a manual of state-craft attributed to Kaṇva, the minister of Candragupta and sometimes called the Indian Machiavelli. Its authenticity has been disputed but it is now generally accepted by scholars as an ancient work composed if not in the fourth century, at least some time before the Christian era. It does not, like Manu and other Brahmanic law-books, give regulations for an ideal kingdom but frankly describes the practice of kings. The form of state contemplated is a small kingdom surrounded by others like it and war is assumed to be their almost normal relation, but due to the taste or policy of kings, not to national aspirations or economic causes. Towards the Brahmins a king has certain moral obligations, towards his subjects and fellow monarchs none. It is assumed that his object is to obtain money from his subjects, conquer his neighbours, and protect himself by espionage and severe punishments against the attacks to which he is continually exposed, especially at the hands of his sons. But the author does not allow his prince a life of pleasure: he is to work hard and the first things he has to attend to are religious matters.

The difficulty of writing historical epitomes which are either accurate or readable is well known and to outline the events which have occurred in the vast area called India during the last 2500 years is a specially arduous task, for it is almost impossible to frame a narrative which follows the fortunes of the best known Hindu kingdoms and also does justice to the influence of southern India and Islam. It may be useful to tabulate the principal periods, but the table is not continuous and even when there is no gap in chronology, it often happens that only one political area is illuminated amid the general darkness and that this area is not the same for many centuries.

1. From about 500 to 200 B.C. Magadha (the modern Bihar) was the principal state and the dominions of its great king Asoka were almost the same as British India to-day.

2. In the immediately succeeding period many invaders entered from the north-west. Some were Greeks and some

Iranians but the most important were the Kushans who ruled over an Empire embracing both north-western India and regions beyond it in Afghanistan and Central Asia. This Empire came to an end in the third century A.D. but the causes of its collapse are obscure.

3. The native Hindu dynasty of the Guptas began to rule in 320 A.D. Its dominions included nearly all northern India but it was destroyed by the invasions of the Huns in the fifth and sixth centuries.

4. The Hindu Emperor Harsha (606-647 A.D.) practically reconstituted the Gupta Empire but his dominions split up after his death. At the same time another Empire which extended from Gujarat to Madras was founded by Pulakesin, a prince from the south, a region which though by no means uncivilized had hitherto played a small part in the general history of India.

5. From 650 to 1000 A.D. India was divided among numerous independent kingdoms. There was no central power but Bengal and the Deccan were more prominent than previously.

6. After 1000 A.D. the conquests of Mohammedan invaders became important and the Hindu states of northern and central India collapsed or grew weak. But the Hindus held out in Rajputana, Orissa, and above all in Vijayanagar.

7. In 1526 came the invasion of the Mughals, who founded an Empire which at its zenith (1556-1707) included all India except the extreme south. In its decadence the Marathas and Sikhs became powerful and Europeans began to intervene.

It is generally agreed that at a period which, though not fixed, was anterior to 1000 B.C.¹ a body of invaders known as Aryans and nearly akin to the ancient Iranians entered India through the north-western mountains. They found there other tribes not deficient in civilization but unable to offer any effective resistance. These tribes who retired southwards are commonly known as Dravidians² and possibly represent an earlier invasion of central-Asiatic tribes allied to the remote

¹ Very different opinions have been held as to whether this date should be approximately 1500 B.C. or 3000 B.C. The strong general favor of the former of the two is due to the fact of the Aryan invasion in favor of the latter and the date of the invasion can be regarded as certain.

² It is generally agreed that the Aryans were not the first invaders of India, and that the Dravidians and other tribes were present in the country before the Aryans came.

ancestors of the Turks and Mongols¹. At the time when the earlier hymns of the Rig Veda were composed, the Aryans apparently lived in the Panjab and did not know the sea, the Vindhya mountains or the Narbudda river. They included several tribes, among whom five are specially mentioned, and we hear that a great battle was fought on the Ravi, in which a confederation of ten kings who wished to force a passage to the east was repulsed by Sudas, chief of the Tritsus. Still the south-eastern movement, across the modern United Provinces to the borders of Bengal, continued and, so far as our records go, it was in this direction rather than due south or south-west, that the Aryans chiefly advanced². When the Brahmanas and earlier Upanishads were composed (c. 800-600 B.C.) the principal political units were the kingdoms of the Panchalas and Kurus in the region of Delhi. The city of Ayodhya (Oudh) is also credited with a very ancient but legendary history.

The real history of India begins with the life of the Buddha who lived in the sixth century B.C.³ At that time the small states of northern India, which were apparently oligarchies or monarchies restricted by the powers of a tribal council, were in process of being absorbed by larger states which were absolute monarchies and this remained the normal form of government in both Hindu and Moslem times. Thus Kosala (or Oudh) absorbed the kingdom of Benares but was itself conquered by Magadha or Bihar, the chief city of which was Pataliputra or

¹ The affinity between the Dravidian and Ural-Altaic groups of languages has often been suggested but has met with scepticism. Any adequate treatment of this question demands a comparison of the earliest forms known in both groups and as to this I have no pretension to speak. But circumstances have led me to acquire at different times some practical acquaintance with Turkish and Finnish as well as a slight literary knowledge of Tamil and having these data I cannot help being struck by the general similarity shown in the structure both of words and of sentences (particularly the use of gerunds and the constructions which replace relative sentences) and by some resemblances in vocabulary. On the other hand the pronouns and consequently the conjugation of verbs show remarkable differences. But the curious Brahui language, which is classed as Dravidian, has negative forms in which *pa* is inserted into the verb, as in Yakut Turkish, e.g. Yakut *bu pa-paia*, I do not cut, Brahui *lan pa-m*, I do not see. The plural of nouns in Brahui uses the suffixes *l* and *s* which are found in the Finnish group and in Hungarian.

² See the legend in the Sat. Brā 1. 4. 1. 14 ff.

³ This much seems sure but whereas European scholars were till recently agreed that he died about 187 B.C. it is now suggested that 543 may be nearer the true date. See Vincent Smith in *Oxford History of India*, 1920, p. 48.

these chaotic periods which recur from time to time in Indian history and we have little certain information until the fourth century A D Andhra, a region including large parts of the districts now called the Northern Circars, Hyderabad and Central Provinces, was the first to revolt from the Mauryas and a dynasty of Andhra kings¹, who claimed to belong to the Śātavāhana family, ruled until 236 A D over varying but often extensive territories What remained of the Maurya throne was usurped in 184 B C by the Sungas who in their turn were overthrown by the Kāvyas These latter could not withstand the Andhras and collapsed before them about 27 B C

Alexander's invasion produced little direct effect, and no allusion to it has been found in Indian literature But indirectly it had a great influence on the political, artistic and religious development of the Hindus by preparing the way for a series of later invasions from the north which brought with them a mixed culture containing Hellenic, Persian and other elements During some centuries India, as a political region, was not delimited on the north-western side as it is at present and numerous principalities rose and fell which included Indian territory as well as parts of Afghanistan.

These states were of at least three classes, Hellenistic, Persian or Parthian, and Scythian, if that word can be properly used to include the Sakas and Kushans.

Bactria was a Persian satrapy before Alexander's invasion but when he passed through it on his way to India he founded twelve cities and settled a considerable number of his soldiers in them It formed part of the Empire of Seleucus but declared itself independent in 250 B C. about the same time that the Parthians revolted and founded the Empire of the Arsacidae The Bactrian kings bore Greek names and in 209 Antiochus III made peace with one of them called Euthydemus, in common cause against the nomads who threatened Western Asia Demetrius, the son of this Euthydemus, appears to have conquered Kabul, the Panjab and Sind (c. 190 B C) but his reign was troubled by the rebellion of a certain Eukratides and it is probable that many small and contending frontier-states, of which we have a confused record, were ruled by the relatives of one or other of these two princes The most important of

¹ Most of them are known by the title of Śātakarni

them was Menander, apparently king of the Kabul valley. About 135 he made an incursion to the east, occupied Muttra and threatened Pataliputra itself but was repulsed. He is celebrated in Buddhist literature as the hero of the Questions of Milinda but his coins, though showing some Buddhist emblems, indicate that he was also a worshipper of Pallas. Shortly after this Hellenic influence in Bactria was overwhelmed by the invasion of the Yueh-chih, though the Greek principalities in the Panjab may have lasted considerably longer.

In the reign of Mithridates (c. 171-138 B.C.) the Parthian Empire was limitrophe with India and possibly his authority extended beyond the Indus. A little later the Parthian dependencies included two satrapies, Aracosia and the western Panjab with capitals at Kandahar and Taxila respectively. In the latter ruled kings or viceroys one of whom called Gondophores (c. 20 A.D.) is celebrated on account of his legendary connection with the Apostle Thomas.

More important for the history of India were the conquests of the Sakas and Yueh-chih, nomad tribes of Central Asia similar to the modern Turkomans¹. The former are first heard of in the basin of the river Ili, and being dislodged by the advance of the Yueh-chih moved southwards reaching north-western India about 150 B.C. Here they founded many small principalities, the rulers of which appear to have admitted the suzerainty of the Parthians for some time and to have borne the title of satraps. It is clear that western India was parcelled out among foreign princes called Sakas, Yavanas, or Pallavas whose frontiers and mutual relations were constantly changing. The most important of these principalities was known as the Great Satrapy which included Surashtra (Kathiawar) with adjacent parts of the mainland and lasted until about 395 A.D.

The Yueh-chih started westwards from the frontiers of China about 100 B.C. and, driving the Sakas before them, settled in Bactria. Here Kadjaphes, the chief of one of their tribes, called the Kushans, succeeded in imposing his authority on the others who coalesced into one nation henceforth known by the tribal name. The chronology of the Kushan Empire is one of the vexed questions of Indian history and the date given

¹ The Sakas and Yueh-chih are mentioned in the Chinese records as the "Sakas" and "Yueh-chih" respectively. The Sakas are also mentioned in the Indian records as the "Sakas" and "Yavanas".

It is even more obscure both in events and chronology than that of the north, but we must not think of the Dravidian countries as uninhabited or barbarous. Even the classical writers of Europe had some knowledge of them. King Pandion (Pāndya) sent a mission to Augustus in 20 B.C.¹ Pliny² speaks of Modura (Madura) and Ptolemy also mentions this town with about forty others. It is said³ that there was a temple dedicated to Augustus at Muziris, identified with Cranganore. From an early period the extreme south of the peninsula was divided into three states known as the Pāndya, Cera and Cola kingdoms⁴. The first corresponded to the districts of Madura and Tinnevely. Cera or Kerala lay on the west coast in the modern Travancore. The Cola country included Tanjore, Trichinopoly, Madras, with the greater part of Mysore. From the sixth to the eighth century A.D. a fourth power was important, namely the Pallavas, who apparently came from the north of the Madras Presidency. They had their capital at Conjeevaram and were generally at war with the three kingdoms. Their king, Narasimha-Varman (625-645 A.D.) ruled over part of the Deccan and most of the Cola country but after about 750 they declined, whereas the Colas grew stronger and Rajaraja (985-1018) whose dominions included the Madras Presidency and Mysore made them the paramount power in southern India, which position they retained until the thirteenth century.

As already mentioned, the Deccan was ruled by the Andhras from 220 B.C. to 230 A.D., but for the next three centuries nothing is known of its history until the rise of the Chālukya dynasty at Vatapi (Badami) in Bijapur. Pulakeśin II of this dynasty (608-642), a contemporary of Harsha, was for some time successful in creating a rival Empire which extended from Gujarat to Madras, and his power was so considerable that he exchanged embassies with Khusrū II, King of Persia, as is depicted in the frescoes of Ajanta. But in 642 he was defeated and slain by the Pallavas.

With the death of Pulakeśin and Harsha begins what has been called the Rajput period, extending from about 650 to

¹ Strabo xv 4 73

² *Hist. Nat.* vi 23 (26)

³ For authorities see Vincent Smith, *Early History of India*, 1908, p. 401.

⁴ The inscriptions of Asoka mention four kingdoms, Pāndya, Keralaputra, Cola and Satyaputra

1000 A.D. and characterized by the existence of numerous kingdoms ruled by dynasties nominally Hindu, but often descended from northern invaders or non-Hindu aboriginal tribes. Among them may be mentioned the following:

1. Kanauj or Pancāla This kingdom passed through troublous times after the death of Harsha but from about 840 to 910 A.D. under Bhoja (or Mihira) and his son, it became the principal power in northern India, extending from Bihar to Sind. In the twelfth century it again became important under the Gaharwar dynasty.

2. Kanauj was often at war with the Palas of Bengal, a line of Buddhist kings which began about 730 A.D. Dharmapala (c. 800 A.D.) was sufficiently powerful to depose the king of Kanauj. Subsequently the eastern portion of the Pala kingdom separated itself under a rival dynasty known as the Senas.

3. The districts to the south of the Jumna known as Jejākabhukti (Bundelkhand) and Cedi (nearly equivalent to our Central Provinces) were governed by two dynasties known as Candels and Kalacuris. The former are thought to have been originally Gonds. They were great builders and constructed among other monuments the temples of Khajurao. Kirtivarman Chandel (1019-1100) greatly extended their territories. Ho was a patron of learning and the allegorical drama Prabodhacandrolaya was produced at his court.

4. The Pratimara (Pawar) dynasty of Malwa were likewise celebrated as patrons of literature and kings Munja (974-985) and Bhoja (1018-1060) were authors as well as successful warriors.

5. Though the Chalukyas of Vatapi were temporarily crushed by the Pallavas their power was re-established in 655 and continued for a century. The Eastern Chalukyas, another branch of the same family, established themselves in Vengi between the Krishna and Godavari. Here they ruled from 609 to 1070 first as vassals of the Western Chalukyas and then as an independent power till they were absorbed by the Colas. Yet another branch settled in Gujarat.

6. The Chalukyas of Vatapi were overthrown by the Rashtrakutas who were masters of the Deccan from about 750 to 975. The Rashtrakutas first sat at Nalk and then at Manyakheta. Kirtivarman I of the dynasty excavated the Kalasa

temple at Ellora (c 760) but many of his successors were Jains. During the ninth century the Râshtrakûṭas seem to have ruled over most of western India from Malwa to the Tungabhadra.

7 The Râshtrakûṭas collapsed before a revival of the Câlukya dynasty which reappears from 993 to 1190 as the Câlukyas of Kalyani (in the Nizam's dominions). The end of this dynasty was partly due to the usurpation of a Jam named Bujala in whose reign the sect of the Lingâyats arose.

We must now turn to an event of great historical importance although its details are not relevant to the subject of this book, namely the Mohammedan conquest. Three periods in it may be recognized. First, the conquest of Sind in 712 A D by the Arabs, who held it till the eleventh century but without disturbing or influencing India beyond their immediate neighbourhood. Secondly, the period of invasions and dynasties which are commonly called Turki (c 1000-1526 A D). The progress of Islam in Central Asia coincided with the advance to the west and south of vigorous tribes known as Turks or Mongols, and by giving them a religious and legal discipline admirably suited to their stage of civilization, it greatly increased their political efficiency. The Moslim invaders of India started from principalities founded by these tribes near the north-western frontier with a military population of mixed blood and a veneer of Perso-Arabic civilization, and apart from the greater invasions, there were incursions and settlements of Turkis, Afghans and Mongols. The whole period was troublous and distracted. The third period was more significant and relatively stable. Baber, a Turkish prince of Fergana, captured Delhi in 1526 and founded the power of the Mughals, which during the seventeenth century deserved the name of the Indian Empire.

The first serious Moslim incursions were those of Mahmud of Ghazni, who between 997 and 1030 made many raids in which he sacked Kanauj, Muttra, Somnath and many other places but without acquiring them as permanent possessions. Only the Panjab became a Moslim province. In 1150 the rulers of Ghor, a vassal principality near Herat, revolted against Ghazni and occupied its territory, whence the chieftain commonly called Muhammad of Ghor descended on India and subdued Hindustan as well as the Panjab (1175-1206). One of his slaves named Kutb-ud-Din Ibak became his general and

viceroy and, when Muhammad died, founded at Delhi the dynasty known as Slave Sultans. They were succeeded by the Khilji Sultans (1290-1313) the most celebrated of whom was the capable but ferocious Ala-ud-Din and these again by the Tughlak dynasty. Muhammad Adil, the second of this line attempted to move the capital from Delhi to Daulatabad in the Deccan. In 1398 northern India was convulsed by the invasion of Timur who only remained a few months but sacked Delhi with terrible carnage. Many years of confusion followed, and a dynasty known as the Sayyids ruled a greatly diminished territory. But in 1451 arose the Lodi or Afghan dynasty which held the Panjab, Hindustan and Bundelkhand until the advent of the Mughals. These five royal houses do not represent successive invasions from the west. Their founders, though of diverse origin, were all leaders engaged in the troubled politics of northern India, and they all reigned at Delhi, round which a tradition of Empire thus grew up. But the succession was disputed in almost every case; out of thirty-four kings twelve came to a violent end and not one deserved to be called Emperor of India. They were confronted by a double array of rivals, firstly Hindu states which were at no period all reduced to subjection, and, secondly, independent Mohammedan states, for the governors in the more distant provinces threw off their allegiance and proclaimed themselves sovereigns. Thus Bengal from the time of its first conquest by Muhammad Bakhtyar had only a nominal connection with Delhi and declared itself independent in 1338. When Timur upset the Tughlak dynasty, the states of Jaunpur, Gujarat, Malwa and Khandesh became separate kingdoms and remained so until the time of Akbar. In the south one of Muhammad Adil's generals founded the Bahman dynasty which for about a century (1374-1482) ruled the Deccan from 1374 to 1482. It then split up into five sultanates with capitals at Balar, Bijapur, Golkonda, Ahmadnagar and Chitpur.

In the twelfth century, the Hindu states were not quite the same as those noticed for the previous period. Kanauj and Gujarat were the most important. The Palas and Senas ruled in Bengal, the Tomaras at Delhi, the Chohans in Ajmer and the Rathors in Delhi too. The Mohammedans conquered all these states at the end of the twelfth century. Their advance

was naturally less rapid towards the south. In the Deccan the old Hindu dynasties had been replaced by the Hoysalas (c. 1117-1310 A.D.) and the Yadavas (1180-1300 A.D.) with capitals at Halebid and Daulatabad respectively. Both were destroyed by Malik Kafur, the slave general of Sultan Ala-ud-Din, but the spirit of the Deccan was not broken and within a few years the brothers Bukka and Harihara founded the state of Vijayanagar, "the never-to-be-forgotten Empire" as a native scholar has aptly termed it, which for more than two centuries was the centre of Hindu political power. The imposing ruins of its capital may still be seen at Hampi on the Tungabhadra and its possessions comprised everything to the south of this, and, at times, also territory to the north, for throughout its existence it was engaged in warfare with the Bahmani dynasty or the five sultanates. Among its rulers the most notable was Krishnadeva (1509-1529) but the arrogance and weakness of his successors provoked the five Muslim Sultans to form a coalition. They collected an immense army, defeated the troops of Vijayanagar at the battle of Talikota and sacked the city (1565).

In two other districts the Hindus were able to retain political independence until the time of Akbar, namely Orissa and Rajputana. In the former the best known name is Anantavarman Colaganga (1076-1147) who built the temple of Jagannath at Puri, established the Eastern Ganga dynasty and ruled from the Godaveri to the Ganges. The Mohammedans never occupied Rajputana, and though they captured the principal fortresses, they did not retain them. The State of Mewar can even boast that it never made any but a nominal and honourable submission to the Sultans of Delhi. Akbar incorporated the Rajputs in his Empire and by his considerate treatment secured their support.

The history of the Mughals may be divided into three periods. In the first Baber acquired (1526 A.D.) the dominions of the Lodi dynasty as well as Jaunpur, but his death was followed by a troubled interval and it was not till the second period (1550-1707) comprising the reigns of Akbar, Jehangir, Shah Jehan and Aurangzeb that the Empire was securely established. Akbar made himself master of practically all India north of the Godaveri and his liberal policy did much to conciliate his Hindu

subjects. He abolished the poll tax levied from non-Muslims and the tax on pilgrimages. The reform of revenue administration was entrusted to an orthodox Hindu, Todar Mall. Among the Emperor's personal friends were Brahmins and Rajputs, and the principal Hindu states (except Mewar) sent daughters to his harem. In religion he was eclectic and loved to hear theological argument. Towards the end of his life he adopted many Hindu usages and founded a new religion which held as one of its principal tenets that Akbar was God's Viceregent. His successors, Jehangir and Shah Jehan, were also tolerant of Hinduism, but Aurangzeb was a fanatical Muslim and though he extended his rule over all India except the extreme south, he alienated the affection of his Hindu subjects by reimposing the poll tax and destroying many temples. The Rajputs, Sikhs and Marathas all rebelled and after his death the Empire entered into the third period in which it rapidly disintegrated. Hindu states, like the Maratha confederacy and Rajputana, asserted themselves. Mohammedan governors declared their independence in Oudh, Bengal, the Nizam's dominions and elsewhere. Persians and Afghans raided the Panjab; French and English contended for the possession of southern India.

It would be outside the purpose of this book even to outline the establishment of British authority, but I may mention that direct European influence began to be felt in the sixteenth century, for Vasco da Gama arrived in Calcut in 1498 and Gouveia's Portuguese possession from 1510 onwards. Nor can we forget even the fortunes of the Marathas who took the place of Vijayanagar as the Hindu opposition to Mohammedanism. They were, however, important for us in so far as they show that even in matters political the long Muslim domination had not broken the spirit of the Hindus. About 1660 a chieftain named Saheb, who was not merely a successful soldier but something of a farmer with a label in his divine mission, founded a kingdom in the western Ghats and, like the Soli before him, earned a nation, for it does not appear that the word of the word "Marath" (Mal in Marathi) had any special significance. After this century the power of his successors declined, but he left behind him a number of brave and able leaders, who became the heads of a confederacy of Marathas, who protected the Rajas of Gondar, Berar and

Orissa, Indore and Baroda About 1760 the Marathas were practically masters of India and though the Mughal Emperor nominally ruled at Delhi, he was under their tutelage. They had a chance of reviving the glories of Asoka and the Guptas, but, even apart from the intervention of Europeans, they were distracted by jealousy and quarrels.

CHAPTER III

GENERAL CHARACTERISTICS OF INDIAN RELIGION

1

In the first chapter we enquired whether there are any religious ideas common to Eastern Asia as a whole and found that they amount to little more than a background of nature worship and ancestor worship almost universally present behind the official creeds. Also the conception of a religious system and its relation to beliefs which do not fall within it are not quite the same in these countries as in Europe, so that the inhabitants sometimes follow more than one religion.

Let us now examine the characteristics common to Indian creeds. They are numerous and striking. A prolonged study of the multitudinous sects in which Indian religion manifests itself makes the enquirer feel the truth of its own thesis that plurality is an illusion and only the one substratum real. Still there are divergent lines of thought, the most important of which are Hinduism and Buddhism. Though decadent Buddhism differed little from the sects which surrounded it, early Buddhism did offer a decided contrast to the Brahmanic schools in its theories as to human nature as well as in ignoring tradition and sacerdotalism. We may argue that Buddhism is merely Vaishnavism or Saivism in travelling dress, but its rejection of Brahmanic authority is of capital importance. It is one of the reasons for its success outside India and its disappearance in India recent that it could not maintain this attitude. Yet many features of Buddhism are due to the fact that Hinduism, and not Islam or Christianity, was the national expression of religion in India and also many features of Hinduism may be explained by the existence of this once vigorous antagonist.

He also has a strong personality which distinguishes him from the average man.

from Christianity, Islam and even from Buddhism. It recognizes no one master and all unifying principles known to other creeds seem here to be absent. Yet its unity and vitality are clear and depend chiefly on its association with the Brahman caste. We cannot here consider the complex details of the modern caste system but this seems the place to examine the position of the Brahmans, for, from the dawn of Sanskrit literature until now, they have claimed to be the guides of India in all matters intellectual and religious and this persistent claim, though often disputed, has had a great measure of success.

The institution of caste is social rather than religious and has grown gradually. We know for instance that in the time of the Buddha it had not attained to anything like its present complexity and rigidity. Its origin is explicable if we imagine that the Indo-Aryans were an invading people with an unusual interest in religion. The Kshatriyas and Vaisiyas mark the distinction between the warriors or nobles and the plebs which is found in other Aryan communities, and the natives whom the Aryans conquered formed a separate class, recognized as inferior to all the conquerors. This might have happened in any country. The special feature of India is the numerical, social and intellectual strength of the priestly caste. It is true that in reading Sanskrit literature we must remember that most of it is the work of Brahmans and discount their proclivity to glorify the priesthood, but still it is clear that in India the sacerdotal families acquired a position without parallel elsewhere and influenced its whole social and political history. In most countries powerful priesthoods are closely connected with the Government under which they flourish and support the secular authority. As a result of this alliance, kings and the upper classes generally profess and protect orthodoxy, and revolutionary movements in religion generally come from below. But in ancient India though the priests were glad enough to side with the kings, the nobles during many centuries were not ready to give up thinking for themselves. The Hindu's capacity for veneration and the small inclination of the Brahmans to exercise direct government prevented revolts against sacerdotal tyranny from assuming the proportions we should expect, but whereas in many countries history records the attempts of priests to become kings, the position is here reversed. The

national proclivity towards all that is religious, metaphysical, intellectual and speculative made all agree in regarding the man of knowledge who has the secret of intercourse with the other world as the highest type. The priests tended to become a hereditary guild possessed of a secret professional knowledge. The warrior caste disputed this monopoly and sought with less learning but not inferior vigour to obtain the same powers. They had some success during a considerable period, for Buddhism, Jainism and other sects all had their origin in the military aristocracy and had it remained purely Hindu, it would perhaps have continued the contest. But it was partly destroyed by Turanian invaders and partly amalgamated with them, so that in 500 A.D. whereas the Brahmans were in race and temperament very much what they were in 500 B.C. the Kshatriyas were different. It is interesting to see how this continuity of race brought triumph to the Brahmans in the theological sphere. At one time the Buddhists and even the Jains seemed to be competitors for the first place, but there are now hardly any Indian Buddhists in India¹ and less than a million and a half of Jains, whereas Hinduism has more than 217 million adherents. The power of persistence and resistance displayed by the priestly caste is largely due to the fact that they were householders not collected in temples or monasteries but distributed over the country in villages, intensely occupied with the things of the mind and soul, but living a simple family life. The long succession of invasions which swept over northern India destroyed temples, broke up monasteries and annihilated dynasties, but their destructive force had less effect on these communities of theologians whose influence depended not on institutions or organization but on their hereditary aptitudes. Though the modern Brahmans are not pure in race, still the continuity of belief and tradition is greater among them than in the royal families of India. Many of them belong to districts which have been wholly without the presence of Hinduism, many more to the desertland of the northern border, who century after century invaded India, few ever bringing forward any good example of Kshatriya descent. None in India large have

¹ The only Buddhist community in India is the Thero school of Ceylon. There are only a few Buddhist monks in India, and they are confined to the monasteries, and are not allowed to marry.

never attained a national and representative position like the Emperors of China and Japan or even the Sultans of Turkey. They were never considered as the high priests of the land or a quasi-divine epitome of the national qualities: the people tended to regard them as powerful and almost superhuman beings, but somewhat divorced from the moral standard and ideals of their subjects. In early times there was indeed the idea of a universal Emperor, the Cakravartin, analogous to the Messiah but, by a characteristic turn of thought, he was thought of less as a deliverer than as a type of superman, recurring at intervals. But monarchs who even approximated to this type were rare, and some of the greatest of them were in early ages Buddhists and in later Mohammedans, so that they had not the support of the priesthood and as time went on it became less and less possible to imagine all India rendering sympathetic homage to one sovereign.

In the midst of a perturbed flux of dynasties, usually short lived, often alien, only occasionally commanding the affection and respect of the population, the Brahmans have maintained for at least two millenniums and a half their predominant position as an intellectual aristocracy. They are an aristocracy, for they boldly profess to be by birth better than other men. Although it is probable that many clans have entered the privileged order without genealogical warrant, yet in all cases birth is claimed¹. And though the Brahmans have aristocratic faults, such as unreasonable pride of birth, still throughout their long history they have produced in every age men of intelligence, learning and true piety, in numbers sufficient to make their claims to superiority seem reasonable. In all ages they have been sensual, ambitious and avaricious, but in all ages penetrated by the conviction that desire is a plague and gratification unsatisfying. It is the intelligent sensualist and

¹ Only tradition preserves the memory of an older and freer system, when warriors like Viśvāmitra were able by their religious austerities to become Brahmans. See Muir's *Sanskrit texts*, vol. 1 pp. 296-479 on the early contests between Warriors and Brahmans. We hear of Kings like Janaka of Videha and Ajātaśatru of Kāśī who were admitted to be more learned than Brahmans but also of Kings like Vena and Nahusha who withstood the priesthood "and perished through want of submissiveness." The legend of Paraśurāma, an incarnation of Viṣṇu as a Brahman who destroyed the Kshatriya race, must surely have some historical foundation, though no other evidence is forthcoming of the events which it relates.

do not tolerate the interference of kings. Buddhist sovereigns have summoned councils, but not so Hindu monarchs. They have built temples, paid priests to perform sacrifices and often been jealous of them but for the last two thousand years they have not attempted to control them within their own sphere or to create a State Church. And the Brahmins on their side have kept within their own province. It is true that they have succeeded in imposing—or in identifying themselves with—a most exacting code of social, legal and religious prescriptions, but they have rarely aimed at temporal power or attempted to be more than viziers. They have of course supported pious kings and received support—especially donations—from them, and they have enjoyed political influence as domestic chaplains to royal families, but they have not consented to any such relations between religion and the state as exist (or existed) in England, Russia, Mohammedan countries or China. At the ancient coronation ceremony the priest who presented the new ruler to his subjects said, "This is your King, O people. The King of us Brahmins is Soma¹."

2

These facts go far to explain some peculiar features of Hinduism. Compared with Islam or Christianity its doctrines are extraordinarily fluid, multiform and even inconsistent in practice, though rarely lax, is also very various in different castes and districts. The strangeness of the phenomenon is diminished if one considers that the uniformity and rigidity of western creeds are due to their political more than to their religious character. Like the wind, the spirit bloweth where it listeth: it is governed by no laws but those which its own reverence imposes: it lives in changing speculation. But in Europe it has been in double bondage to the logic of Greece and the law of Rome. India deals in images and metaphors. Greece in dialectic. The original thought of Christianity had something of this Indian quality, though more sober and less fantastic, with more limitation and less imagination. On this substratum the Greeks reared their edifices of dialectic and when the quarrels of the theologians began to disturb politics, the state treated the whole question from a legal point of view. It

¹ Sat Brāhm v 3 3 12 and v 1 2 3

was assumed that there must be a right doctrine which the state should protect or even enforce, and a wrong doctrine which it should discourage or even forbid. Hence councils, creeds and persecutions. The whole position is logical and legal. The truth has been defined. those who do not accept it harm not only themselves but others. therefore they should be restrained and punished.

But in religious matters Hindus have not proceeded in this way as a rule. They have adopted the attitude not of a judge who decides, but of the humane observer who sees that neither side is completely right or completely wrong and avoids expressing his opinion in a legal form. Hindu teachers have never hesitated to proclaim their views as the whole and perfect truth. In that indeed they do not yield to Christian theologians but their pronouncements are professorial rather than judicial and so diverse and yet all so influential that the state, though bound to protect sound doctrine, dare not champion one more than the other. Religious persecution is rare. It is not absent but the student has to search for instances, whereas in Christian Europe they are among the most conspicuous facts of history.

Restless, subtle and argumentative as Hindu thought is, it is less prone than European theology to the vice of distorting transcendental ideas by too stringent definition. It adumbrates the indescribable by metaphors and figures. It is not afraid of inconsistencies which may illustrate different aspects of the infinite, but it rarely tries to cramp the divine within the limits of a logical phrase. Attempts to explain how the divine and human nature were combined in Christ convulsed the Byzantine Empire and have fettered succeeding generations with their stiff formula. It would be rash to say that the ocean of Hindu theological literature contains no speculations about the incarnations of Vishnu similar to the views of the Nestorians, Monophysites, and Catholics, but if such exist they have never attracted much interest or been embodied in well-known phrases. The proof by which a god can be born as a man, while continuing to exist as a god, is not described in equal detail. Similarly the Son of God in sacrifice is a god as well as a drink. But though the intent of this simile has

produced an infinity of discussion and exegesis, no doctrine like transubstantiation or consubstantiation has assumed any prominence

The Hindu has an extraordinary power of combining dogma and free thought, uniformity and variety. For instance it is held that the Vedas are a self-existent, eternal revelation made manifest to ancient sages and that their correct recitation ensures superhuman results. Yet each Veda exists in several recensions handed down by oral tradition in separate schools, and though the exact text and pronunciation are matters of the utmost importance, diversities of opinion respecting them are tolerated and honoured. Further, though the early scriptures were preserved with scrupulous care the canon was never closed. It is impossible to say how many Upanishads there are, nor does a Hindu think the less of an Upanishad because it is not found in a certain list. And in mediæval and modern times these ancient sacred books have been replaced for all except Brahmans by more recent Sanskrit works, or by a vernacular literature which, though having no particular imprimatur, claims the same authority as the Vedas¹.

The only essential tenets of Hinduism are recognition of the Brahman caste and divine authority of the Vedas. Those who publicly deny these doctrines as the Buddhists, Jains and Sikhs have done, put themselves outside the pale, but the recognition required to ensure orthodoxy or at least to avoid excommunication must not be compared with that implied by such phrases as recognizing the authority of the Bible, or the supremacy of the Pope. The utmost latitude of interpretation is allowed and the supposed followers of the Veda comprise sects whose beliefs seem to have no relation to one another or to the Veda, philosophic atheists and demonolaters whose religious ideas hardly rise above those of African savages.

One explanation may be, that every nation insists on liberty at the expense of logic in the matters which interest it most. We do this in politics. It might be difficult to make an untravelled oriental understand how parliamentary institutions can continue for a day, how socialists and republicans can take

¹ See for instance *The Holy Lives of the Ashvins* by Alkondavil Govindacharya, Mysore, 1902, pp. 215-216. "The Dravida Vedas have thus as high a sanction and authority as the Gâyans (i. e. Sanskrit) Vedas."

part in the government of a monarchical country; and why the majority do not muzzle the opposition. Yet Englishmen prefer to let this curious illogical muddle continue rather than tolerate some symmetrical and authoritative system which would check free speech and individuality. It is the same in Indian religion. In all ages the Hindu has been passionately devoted to speculation. He will bear heavy burdens in the way of priestly exaction, social restrictions, and elaborate ceremonies, but he will not allow secular or even ecclesiastical authority to cramp and school his religious fancy, nor will he be deterred from sampling an attractive form of speculation merely because it is pronounced unorthodox by the priesthood, and the priesthood, being themselves Hindus, are discreet in the use of anathemas. They insist not so much on particular doctrines and rites as on the principle that whatever the doctrine, whatever the rite, they must be the teachers and officiants. In critical and revolutionary times the Brahmins have often assured their pre-eminence by the judicious recognition of heresies. In all ages there has been a conservative cheque which restricted religion to ceremonial observances. Again and again some intellectual or emotional outburst has swept away such narrow limits and proclaimed doctrines which seemed subversive of the orthodoxy of the day. But they have simply become the orthodoxy of the morrow, under the protection of the same Brahmin caste. The assailants are turned into champions, and in time the bold reformers stiffen into antiquated saints.

Hinduism has not been made but has grown. It is a jungle not a building. It is a living example of a great national paganism such as might have existed in Europe if Christianity had not become the state religion of the Roman Empire, if there had remained an incongruous jumble of old local superstitions, Greek philosophy and oriental cults such as the worship of Mithra or Serapis. Yet the parallel is not exact, for in Rome many of the discordant religious elements remained exotic, whereas in India they all wherever their origin, became Indian and much of the old European superstitions in Europe represented the beliefs were accepted by the Brahmins and by some of the lower castes. The result was a new religion, a new system of beliefs, a new system of worship, a new system of life.

3

Thus the dominance of the Brahmans and their readiness to countenance every cult and doctrine which can attract worshippers explains the diversity of Indian religion, but are there no general characteristics which mark all its multiple forms? There are, and they apply to Buddhism as well as Hinduism, but in attempting to formulate them it is well to say that Indian religion is as wilful and unexpected in its variations as human nature itself and that all generalizations about it are subject to exceptions. If we say that it preaches asceticism and the subjection of the flesh, we may be confronted with the Vallabhâcâryas who inculcate self-indulgence; if we say that it teaches reincarnation and successive lives, we may be told that the Lîngâyats¹ do not hold that doctrine. And though we might logically maintain that these sects are unorthodox, yet it does not appear that Hindus excommunicate them. Still, it is just to say that the doctrines mentioned are characteristic of Hinduism and are repudiated only by eccentric sects.

Perhaps the idea which has had the widest and most penetrating influence on Indian thought is that conception of the Universe which is known as Samsâra, the world of change and transmigration. The idea of rebirth and the wandering of souls from one body to another exists in a fragmentary form among savage tribes in many countries, but in India it makes its appearance as a product of ripening metaphysics rather than as a survival. It plays no part in the Vedic hymns; it first acquires importance in the older Upanishads but more as a mystery to be communicated to the elect than as a popular belief and to some extent as the special doctrine of the military class rather than of the Brahmans. At the time of the Buddha, however, it had passed beyond this stage and was as integral a part of popular theology as is the immortality of the soul in Europe.

Such expressions as the transmigration of souls or metempsychosis imperfectly represent Indian ideas. They are incorrect as descriptions of Buddhist dogmas, which start by denying the existence of a soul, and they are not entirely suitable

¹ I am inclined to believe that the Lîngâyât doctrine really is that Lîngâyats dying in the true faith do not transmigrate any more.

to those Vedantic schools which regard transmigration as part of the illusory phenomenal world. The thought underlying the doctrine is rather that as a child grows into youth and age, so the soul passes from life to life in continuity if not in identity. Whatever the origin of the idea may have been, its root in post-Vedic times is a sense of the transitoriness but continuity of everything. Nothing is eternal or even permanent: not even the gods, for they must die, not even death, for it must turn into new life.

This view of life is ingrained in Indian nature. It is not merely a scientific or philosophical speculation, but it summarizes the outlook of ordinary humanity. In Europe the average religious man thanks or at least remembers his Creator. But in India the Creator has less place in popular thought. There is a disinclination to make him responsible for the sufferings of the world, and speculation, though continually occupied with the origins of things, rarely adopts the idea familiar to Christians and Mohammedans alike, that something was produced out of nothing by the divine fiat. Hindu cosmogonies are various and discordant in details, but usually start with the evolution or emanation of living beings from the Divinity and often a reproductive act forms part of the process, such as the hatching of an egg or the division of a Divinity into male and female halves. In many accounts the Deity brings into being personages who continue the work of world-making and such entities as mud, time and desire are produced before the material world. But everything in these creation stories is figurative. The faithful are not perplexed by the discrepancies in the inspired narratives, and one can hardly imagine an Indian sect agitated by the question whether God made the world in six literal days.

All religious doctrines, especially theories about the soul, are matters of temperament. A race with more power of will and more delight in life might have held that the soul is the one great that can stand firm and unshaken midst the flux of circumstance. The intelligent but passive Hindu sees clearly that whatever illness the soul may have, it really passes on like everything else and continueth not in or out of it. He is disposed to think of it not as created with the birth of the body, but as a drop drawn from the ocean to which it is destined to return.

As a rule he considers it to be immortal but he does not emphasize or value personality in our sense. In previous births he has already been a great many persons and he will be a great many more. Whatever may be the thread between these existences it is not individuality. And what he craves is not eternal personal activity, but unbroken rest in which personality, even if supposed to continue, can have little meaning.

The character of the successive appearances or tenements of the soul is determined by the law of Karma, which even more than metempsychosis is the basis of Indian ideas about the universe. Karma is best known as a term of the Buddhists, who are largely responsible both for the definition and wide diffusion of the doctrine. But the idea is Brahmanic as well as Buddhist and occurs in well-known passages of the Upanishads, where it is laid down that as a man acts so shall he be in the next life¹. The word (which means simply *deed*) is the accepted abbreviation for the doctrine that all deeds bring upon the doer an accurately proportionate consequence either in this existence, or, more often, in a future birth. At the end of a man's life his character or personality is practically the sum of his acts, and when extraneous circumstances such as worldly position disappear, the soul is left with nothing but these acts and the character they have formed as, in Indian language, the fruit of life and it is these acts and this character which determine its next tenement. That tenement is simply the home which it is able to occupy in virtue of the configuration and qualities which it has induced in itself. It cannot complain.

One aspect of the theory of Samsāra which is important for the whole history of Indian thought is its tendency towards pessimism. This tendency is specially definite and dogmatic in Buddhism, but it is a marked characteristic of the Indian temperament and appears in almost every form of devotion and speculation. What salvation or the desire to be saved is to the ordinary Protestant, Mukti or Moksha, deliverance, is to the ordinary Hindu. In Buddhism this desire is given a dogmatic basis for it is declared that all existence in all possible worlds necessarily involves dukkha or suffering² and this view

¹ *Eg* Brh.-Ār.-III 2. 13 and IV. 4. 3-6.

² This is the accepted translation of *dukkha* but perhaps it is too strong, and uneasiness, though inconvenient for literary reasons, gives the meaning better.

seems to have met with popular as well as philosophic assent. But the desire for release and deliverance is based less on a contemplation of the woes of life than on a profound sense of its impermanence and instability¹. Life is not the preface to eternity, as religious Europeans think: the Hindu justly rejects the notion that the conduct of the soul during a few score years can fix its everlasting destiny. Every action is important for it helps to determine the character of the next life, but this next life, even if it should be passed in some temporary heaven, will not be essentially different from the present. Before and behind there stretches a vista of lives, past, present and to come, impermanent and unsatisfying, so that future existences are spoken of not as immortality but as repeated death.

4

This sense of weary reiteration is increased by two other doctrines, which are prevalent in Hinduism, though not universal or uncontested. The first of them identifies the human soul with the supreme and only Being. The doctrine of *Samsāra* holds that different forms of existence may be phases of the same soul and thus prepares the way for the doctrine that all forms of existence are the same and all souls parts of, or even identical with the *Ātman* or Self, the divine soul which not only pervades the world but is the world. Connected with this doctrine is another, namely, that the whole world of phenomena is *Māyā* or illusion. Nothing really exists except the supreme *Ātman*: all perception of plurality and difference is illusion and error: the reality is unity, identity and rest. The development of these ideas leads to some of the principal systems of philosophy and will claim our attention later. At present I merely note their outline as indicative of Hindu thought and temperament. The Indian thinks of this world as a circular and unending story, an ocean without shore, a shadow play without even a plot. He feels more strongly than the European that change is all that is real and he finds small satisfaction in action for its own sake. All his higher aspirations lead him extricate him-

¹ The desire for release and deliverance is based less on a contemplation of the woes of life than on a profound sense of its impermanence and instability.

self from this labyrinth of repeated births, this phantasmagoria of fleeting, unsubstantial visions and he has generally the conviction that this can be done by knowledge, for since the whole Samsāra is illusion, it collapses and ceases so soon as the soul knows its own real nature and its independence of phenomena. This conviction that the soul in itself is capable of happiness and in order to enjoy needs only the courage to know itself and be itself goes far to correct the apathy which is the great danger of Indian thought. It is also just to point out that from the Upanishads down to the writings of Rabindranath Tagore in the present day Indian literature from time to time enunciates the idea that the whole universe is the manifestation of some exuberant force giving expression to itself in joyous movement. Thus the Taittiriya Upanishad (III. 6) says: "Bliss is Brahman, for from bliss all these beings are born, by bliss when born they live, into bliss they enter at their death."

It is remarkable that Indian thought, restless and speculative as it is, hardly ever concerns itself with the design, object or end of the world. The notion of Τέλος plays little part in its cosmogony or ethics¹. The Universe is often regarded as a sport, a passing whim of the divine Being, almost a mistake. Those legends which describe it as the outcome of a creative act, generally represent the creator as moved by some impulse to multiply himself rather than as executing some deliberate if mysterious plan. Legends about the end of the world and the establishment of a better order are rare. Hindu chronology revels in periods, whose enormous length though expressed in figures leaves no real impression on the mind, days and nights of Brahma, Kalpas, Manvantaras and Yugas, in which gods and worlds are absorbed into the supreme essence and born again. But there is no finality about these catastrophes: the destruction of the whole universe is as certain as the death of a mouse and to the philosopher not more important². Everything is periodic: Buddhas, Jinas and incarnations of all sorts

¹ But see Rabindranath Tagore: Sadhana, especially the Chapter on Realisation.

² Cf. Shelley's lines in Hellas—

"Worlds on worlds are rolling ever
From creation to decay,
Like the bubbles on a river
Sparkling, bursting, borne away."

are all members of a series. They all deserve great respect and are of great importance in their own day, but they are none of them final, still less are they able to create a new heaven and earth or to rise above the perpetual flux of Samsāra. The Buddhists look forward to the advent of Maitreya, the future Buddha, and the Hindus to the reappearance of Vishnu as Kalki, who, sword in hand and mounted on a white horse, will purge India of barbarians, but these future apparitions excite only a feeble interest in the popular conscience and cannot be compared in intensity with such ideas as the Jewish Messiah.

It may seem that Indian religion is dreamy, hopeless, and unpractical, but another point of view will show that all Indian systems are intensely practical and hopeful. They promise happiness and point out the way. A mode of life is always prescribed, not merely by works on law and ceremony but by theological and metaphysical treatises. These are not analogous to the writings of Kant or Schopenhauer and to study them as if they were, is like trying to learn riding or cricket by reading handbooks. The aphorisms of the Sāṅkhya and Vedānta are meant to be read under the direction of a teacher who will see that the pupil's mind is duly prepared not only by explanation but by abstinence and other physical training. Hindu religions are unpractical only in so far that they decline to subordinate themselves to human life. It is assumed that the religious man who is striving towards a goal beyond this world is ready to sacrifice the world without regret and in India the assumption is justified surprisingly often.

As mentioned already the word god has more than one meaning. In India we have at least two different classes of deity, distinguished in the native languages. First there is Brahman the one self-existent, omnipresent, superpersonal spirit from whom all things emanate and to whom all things return. The creation of this conception is the most original feature of Indian theology, which tends to regard Brahman as not merely paramount in all things, but as being all things, so that the individual facts of life can be seen that it is one with him and that nothing exists. Very different is the meaning of the second word, *deva* (which is not the same as God, though it is commonly so called), which distinguishes the two roughly com-

parable with the gods of classical mythology¹. How little sense of divinity it carries with it is seen by the fact that it became the common form of address to kings and simply equivalent to Your Majesty. In later times, though Śiva is styled Mahādeva, it was felt that the great sectarian gods, who are for their respective worshippers the personal manifestations in which Brahman makes himself intelligible, required some name distinguishing them from the hosts of minor deities. They are commonly spoken of by some title signifying the Lord: thus Śiva is Īśvara, Viṣṇu and his incarnations are more often styled Bhagavad.

From the Vedic hymns onwards the gods of India have been polymorphic figures not restricted by the limitations of human personality. If a Jew or a Moslim hears new views about God, he is disposed to condemn them as wrong. The Hindu's inclination is to appropriate them and ascribe to his own deity the novel attributes, whether they are consistent with the existing figure or not. All Indian gods are really everything. As the thought of the worshipper wanders among them they turn into one another. Even so sturdy a personality as Indra is declared to be the same as Agni and as Varuṇa, and probably every deity in the Vedic pantheon is at some time identified with another deity. But though in one way the gods seem vague and impersonal, in another the distinction between gods and men is slight. The Brāhmanas tell us that the gods were originally mortal and obtained immortality by offering sacrifices: the man who sacrifices like them makes for himself an immortal body in the abode of the gods and practically becomes a Deva and the bliss of great sages is declared equal to the bliss of the gods². The human and divine worlds are not really distinct, and as in China and Japan, distinguished men are deified. The deification of Buddha takes place before our eyes as we follow the course of history: the origin of Kṛṣṇa's godhead is more obscure but it is probable that he was a deified local hero. After the period of the Brāhmanas the theory that deities manifest themselves to the world in avatāras or descents, that is in our idiom incarnations, becomes part of popular theology.

¹ Nevertheless *deva* is sometimes used in the Upanishads as a designation of the supreme spirit.

² E.g. Brh̥i Ar Up iv 3 33 and the parallel passages in the Taittiriya and other Upanishads.

There are other general characteristics of Indian religion which will be best made clear by more detailed treatment in succeeding chapters. Such are, firstly, a special theory of sacrifice or ritual which, though totally rejected by Buddhism, has survived to modern times. Secondly, a belief in the efficacy of self-mortification as a means of obtaining super-human powers or final salvation. Thirdly, an even more deeply rooted conviction that salvation can be obtained by knowledge. Fourthly, there is the doctrine that faith or devotion to a particular deity is the best way to salvation, but this teaching, though it seems natural to our minds, does not make its appearance in India until relatively late. It is not so peculiarly Indian as the other ideas mentioned, but even at the outset it is well to insist on its prevalence during the last two thousand years because a very false impression may be produced by ignoring it.

There also runs through Indian religion a persistent though inconspicuous current of non-theistic thought. It does not deny the existence of spirits but it treats them as being, like men, subject to natural laws, though able, like men, to influence events. The ultimate truth for it is not pantheism but fixed natural laws of which no explanation is offered. The religion of the Jains and the Sāṅkhya philosophy belong to this current. So did the teaching of several ancient sects, such as the Ājivikas, and strictly speaking Buddhism itself. For the Buddha is not an Avatāra or a messenger but a superman whose exceptional intelligence sees that the Wheel of Causation and the Four Truths are part of the very nature of things. It is strange too that asceticism, sacrifices and modern tantric rites which seem to us concerned with the relations between man and God are in India penetrated by a non-theistic theory, namely that there are certain laws which can be studied and applied, much like electricity, and that then spirits can be coerced to grant what the ascetic or sacrificer desires. At the same time such views are more often implied than formulated. The Dharma is spoken of as the teaching of the Buddha rather than as Cosmic Order like the Tao of the Chinese and though tantric theory assumes the existence of a spirit force which can be used scientifically, the general impulse here produced by tantric works is that they represent an intricate mythology and ritual.

CHAPTER IV

VEDIC DEITIES AND SACRIFICES

1

OUR knowledge of early Indian religion is derived almost entirely from literature. After the rise of Buddhism this is supplemented to some extent by buildings, statues and inscriptions, but unlike Egypt and Babylonia, pre-Buddhist India has yielded no temples, images or other religious antiquities, nor is it probable that such will be discovered. Certainly the material for study is not scanty. The theological literature of India is enormous, the difficulty is to grasp it and select what is important. The enquirer is confronted with a series of encyclopædic works of great bulk and considerable antiquity, treating of every aspect of religion which interested the Brahmans. But he continually feels the want of independent testimony to check their statements. They set forth the views of their authors but whether those views met with general acceptance outside the Brahmanic caste and influenced Indian life as a whole or whether classes, such as the military caste, or regions, such as western India and Dravidian India, had different views, it is often hard to say. Even more serious is the difficulty of chronology which affects secular as well as religious literature. The feats of Hindus in the matter of computing time show in the most extravagant form the peculiarities of their mental temperament, for while in their cosmogonies æons whose length the mind can hardly grasp are tabulated with the names of their superhuman rulers there are few¹ dates in the pre-Mohammedan history which can be determined from purely Indian sources. The fragments of obscure Greek writers and the notes of a travelling Chinese furnish more trustworthy data about important epochs in the history of the Hindus than the whole of their gigantic literature, in which there has been found no mention of Alexander's invasion and only scattered allusions to the conquests of the

¹ The principal one is the date of Asoka, deducible from an inscription in which he names contemporary Seleucid monarchs

Sakas, Kushans and Hūnas. We can hardly imagine doubt as to the century in which Shakespeare or Virgil lived; yet when I first studied Sanskrit the greatest of Indian dramatists, Kalidasa, was supposed to have lived about 50 B.C. His date is not yet fixed with unanimity but it is now generally placed in the fifth or sixth century A.D.

This chronological chaos naturally affects the value of literature as a record of the development of thought. We are in danger of moving in a vicious circle: of assigning ideas to an epoch because they occur in a certain book, while at the same time we fix the date of the book in virtue of the ideas which it contains. Still we may feel some security as to the sequence, if not the exact dates, of the great divisions in Indian religious literature such as the period of the Vedic hymns, the period of the Brāhmanas, the rise of Buddhism, the composition of the two great epics, and the Puranas. If we follow the opinion of most authorities and accept the picture of Indian life and thought contained in the Pali Tripitaka as in the main historical, it seems to follow that both the ritual system of the Brāhmanas and the philosophic speculations of the Upanishads were in existence by 500 B.C.¹ and sufficiently developed to impress the public mind with a sense of their futility. Some interval of mental growth seems to separate the Upanishads from the Brāhmanas and a more decided interval separates the Brāhmanas from the earlier hymns of the Rig Veda, if not from the compilation of the whole collection². We may hence say that the older Upanishads and Brāhmanas must have been composed between 800 and 500 B.C. and the hymns of the Rig Veda hardly later than 1000 B.C. Many authorities think the earlier hymns must date from 2000 rather than 1000 B.C. but the recollections of the Rig Veda to the Zoroastrian Gāthās (which are generally regarded as considerably later than

¹ For a list of the principal authorities on the date of the Upanishads see the Introduction to the *Upanishads* by Prof. Max Müller, *Upanishads*, pp. 1-10. The date of the Upanishads is a subject of great controversy, and the authorities are divided into two main groups, the older and the newer.

² The date of the compilation of the whole collection of the Vedic hymns is a subject of great controversy, and the authorities are divided into two main groups, the older and the newer. The older authorities fix the date at 1000 B.C. or earlier, while the newer authorities fix it at 500 B.C. or later.

1000 B.C.) is plain, and it will be strange if the two collections prove to be separated by an interval of many centuries. But the stage of social and religious culture indicated in the Vedic hymns may have begun long before they were composed, and rites and deities common to Indians and Iranians existed before the reforms of Zoroaster¹.

It may seem that everything is uncertain in this literature without dates or authors and that the growth of religion in India cannot be scientifically studied. The difficulties are indeed considerable but they are materially reduced by the veneration in which the ancient scriptures were held, and by the retentiveness of memory and devotion to grammar, if not to history, which have characterized the Brahmins for at least twenty-five centuries. The authenticity of certain Vedic texts is guaranteed not only by the quotations found in later works, but by treatises on phonetics, grammar and versification as well as by indices which give the number of words in every book, chapter and verse. We may be sure that we possess not perhaps the exact words of the Vedic poets, but what were believed about 600 B.C. to be their exact words, and there is no reason to doubt that this is a substantially correct version of the hymns as recited several centuries earlier².

In drawing any deductions from the hymns of the Rig Veda it must be remembered that it is the manual of the Hotri priests³. This does not affect the age or character of the single pieces they may have been composed at very different dates and they are not arranged in the order in which the priest recites them. But the liturgical character of the compilation does somewhat qualify its title to give a complete picture of religion. One could not throw doubt on a ceremony of the Church, still less on a popular custom, because it was not

¹ Recent scholars are disposed to fix the appearance of Zoroaster between the middle of the seventh century and the earlier half of the sixth century B.C. But this date offers many difficulties. It makes it hard to explain the resemblances between the Gathas and the Rig Veda and how is it that respectable classical authorities of the fourth century B.C. quoted by Pliny attribute a high antiquity to Zoroaster?

² This applies chiefly to the three Samhitās or collections of hymns and prayers. On the other hand there was no feeling against the composition of new Upanishads or the interpolation and amplification of the Epics.

³ The Hotri recites prayers while other priests perform the act of sacrifice. But there are several poems in the Rig Veda for which even Indian ingenuity has not been able to find a liturgical use.

mentioned in the missal, and we cannot assume that ideas or usages not mentioned in the Rig Veda did not exist at the time when it was composed.

We have no other Sanskrit writings contemporary with the older parts of the Rig Veda, but the roots of epic poetry stretch far back and ballads may be as old as hymns, though they neither sought nor obtained the official sanction of the priesthood. Side by side with Vedic tradition, unrecorded Epic tradition built up the figures of Śiva, Rāma and Krishna which astonish us by their sudden appearance in later literature only because their earlier phases have not been preserved.

The Vedic hymns were probably collected and arranged between 1000 and 500 B.C. At that period rites and ceremonies multiplied and absorbed man's mind to a degree unparalleled in the history of the world and literature occupied itself with the description or discussion of this dreary ceremonial. Buddhism was a protest against the necessity of sacrifices and, though Buddhism decayed in India, the sacrificial system never recovered from the attack and assumed comparatively modest proportions. But in an earlier period, after the composition of the Vedic hymns and before the predominance of speculation, skill in ceremonial was regarded as the highest and indeed only science and the ancient prayers and poems of the race were arranged in three collections to suit the ritual. These were the Rig Veda, containing metrical prayers: the Yajur Veda (in an old and new recension known as the Black and the White) containing formulæ mainly in prose to be muttered during the course of the sacrifice, and the Sāma Veda, a book of chants, consisting almost entirely of verses taken from the Rig Veda and arranged for singing. The Rig Veda is clearly older than the others: its elements are anterior to the Brahmanic liturgy and are arranged in less complete subervience to it than in the Yajur and Sāma Vedas.

The restoration of the words Veda and Vedic to the collection of hymns, though convenient, is not in accordance with Indian usage, which applies the name to a much larger body of religious literature. What we call the Rig Veda is strictly speaking the *Ṛg-veda* or the *Ṛg-Veda-Saṃhitā*. Besides this, there are the Brahmanas or ceremonial literature, the Āraṇyaka and Upaniṣad consisting philosophy and speculation, the

Sûtras or aphoristic rules, all comprised in the Veda or Śruti (hearing), that is the revelation heard directly by saints as opposed to Smṛiti (remembering) or tradition starting from human teachers. Modern Hindus when not influenced by the language of European scholars apply the word Veda especially to the Upanishads.

For some time only three¹ Vedas were accepted. But the Epics and the Puranas know of the fourfold Veda and place the Atharva Veda on a level with the other three. It was the manual of two ancient priestly families, the Atharvans and Angirases, whose speciality was charms and prophylactics rather than the performance of the regular sacrifices. The hymns and magic songs which it contains were probably collected subsequently to the composition of the Brāhmaṇas, but the separate poems are older and, so far as can be judged from their language, are intermediate between the Rig Veda and the Brāhmaṇas. But the substance of many of the spells must be older still, since the incantations prescribed show a remarkable similarity to old German, Russian and Lettish charms. The Atharva also contains speculative poems and, if it has not the freshness of the Rig Veda, is most valuable for the history of Indian thought and civilization.

I will not here enquire what was the original home of the Aryans or whether the resemblances shown by Aryan languages justify us in believing that the ancestors of the Hindus, Greeks, Kelts, Slavs, etc., belonged to a single race and physical type. The grounds for such a belief seem to me doubtful. But a comparison of language, religion and customs makes it probable that the ancestors of the Iranians and Hindus dwelt together in some region lying to the north of India and then, in descending southwards, parted company and wandered, one band westwards to Persia and the other to the Panjab and south-east. These latter produced the poets of the Rig Veda. Their home is indicated by their acquaintance with the Himalayas, the Kabul river, the Indus and rivers of the Panjab, and the Jamna. The Ganges, though known, apparently lay beyond their sphere.

¹ Thus the Pali Pitakas speak of the Teyyā or threefold knowledge of the Brahman.

² Or it may be that the ancestors of the Persians were also in the Panjab and retired westwards.

but the geography of the Atharva extends as far as Benares and implies a practical knowledge of the sea, which is spoken of somewhat vaguely in the Rig Veda. It is probable that the oldest hymns were composed among the rivers of the Panjab, but the majority somewhat further to the east, in the district of Kurukshetra or Thanesar. At some period subsequent to the Aryan immigration there was a great struggle between two branches of the same stock, related in a legendary form as the contest between the Kauravas and Pândavas. Some have thought that we have here an indication of a second invasion composed of Aryans who remained in the mountainous districts north of the Hindu Kush when the first detachment moved south and who developed there somewhat different customs. It is also possible that the Atharva Veda may represent the religious ideas of these second invaders. In several passages the Mahâbhârata speaks of the Atharva as the highest Veda and represents the Pândavas as practising polyandry, a custom which still prevails among many Himalayan tribes.

The Rig Veda depicts a life not far advanced in material arts but, considering the date, humane and civilized. There were no towns but merely villages and fortified enclosures to be used as refuges in case of necessity. The general tone of the hymns is kindly and healthy; many of them indeed have more robust piety than interest. There are few indications of barbarous customs. The general impression is of a free and joyous life in which the principal actors are chiefs and priests, though neither have become tyrannical.

The composition of this anthology probably extended over several centuries and comprised a period of lively mental growth. It is therefore natural that it should represent stages of religious development which are not contemporaneous. But though thought is active and exuberant in these poems they are not altogether an intellectual outburst excited by the successful advance into India. The calm of settlement as well as the fire of conquest have left their mark on them and during the period of composition religion grew more boldly speculative but also more stationary, formal and meticulous. The earliest hymns bear traces of quasi-nomadic life, but the writers are no longer nomads. They follow agriculture as well as pasturage, but they are still contrasting with the aborigines: still expanding and

moving on. They mention no states or capitals: they revere rivers and mountains but have no shrines to serve as religious centres, as repositories and factories of tradition. Legends and precepts have of course come down from earlier generations, but are not very definite or cogent: the stories of ancient sages and warriors are vague and wanting in individual colour.

2

The absence of sculpture and painting explains much in the character of the Vedic deities. The hymn-writers were devout and imaginative, not content to revere some undescribed being in the sky, but full of mythology, metaphor and poetry and continually singling out new powers for worship. Among many races the conceptions thus evolved acquire solidity and permanence by the aid of art. An image stereotypes a deity, worshippers from other districts can see it and it remains from generation to generation as a conservative and unifying force. Even a stone may have something of the same effect, for it connects the deity with the events, rites and ideas of a locality. But the earliest stratum of Vedic religion is worship of the powers of nature—such as the Sun, the Sky, the Dawn, the Fire,—which are personified but not localized or depicted. Their attributes do not depend at all on art, not much on local or tribal custom but chiefly on imagination and poetry, and as this poetry was not united in one collection until a later period, a bard was under no obligation to conform to the standards of his fellows and probably many bards sang without knowing of one another's existence.

Such a figure as Agni or Fire—if one can call him a figure—illustrates the fluid and intangible character of Vedic divinities. He is one of the greatest in the Pantheon, and in some ways his godhead is strongly marked. He blesses, protects, preserves, and inspires: he is a divine priest and messenger between gods and men: he “knows all generations.” Yet we cannot give any definite account of him such as could be drawn up for a Greek deity. He is not a god of fire, like Vulcan, but the Fire itself regarded as divine. The descriptions of his appearance are not really anthropomorphic but metaphorical imagery depicting shining, streaming flames. The hymns tell us that he has a

tawny beard and hair: a flaming head or three heads: three tongues or seven: four eyes or a thousand. One poem says that he faces in all directions: another that he is footless and headless. He is called the son of Heaven and Earth, of *Trashtri* and the Waters, of the Dawn, of *Indra-Vishnu*. One singer says that the gods generated him to be a light for the Aryans, another that he is the father of the gods. This multiple origin becomes more definite in the theory of *Agni's* three births: he is born on earth from the friction of fire sticks, in the clouds as lightning, and in the highest heavens as the Sun or celestial light. In virtue of this triple birth he assumes a triune character: his heads, tongues, bodies and dwellings are three, and this threefold nature has perhaps something to do with the triads of deities which become frequent later and finally develop into the *Trimūrti* or *Brahmā*, *Vishnu*, and *Śiva*. But there is nothing fixed or dogmatic in this idea of *Agni's* three births. In other texts he is said to have two, one in Heaven and one on Earth, and yet another turn of fancy ascribes to him births innumerable because he is kindled on many hearths. Some of the epithets applied to him become quasi-independent. For instance, *Agni Vaiśvānara*—All men's fire—and *Agni Tanunapat*, which seems to mean son of himself, or fire spontaneously generated, are in a later period treated almost as separate deities. *Mātariśvan* is sometimes a name of *Agni* and sometimes a separate deity who brings *Agni* to mankind.

In the same way the *Rig Veda* has not one but many solar deities. *Mitra*, *Sūrya*, *Savitri*, and perhaps *Pūṣan*, *Bhaga*, *Vivasvat* and *Vishnu*, are all loose personifications of certain functions or epithets of the sun. Deities are often thought of in classes. Thus we have the *Maruts*, *Rudras* and *Vasus*. We hear of *Prajāpati* in the singular, but also of the *Prajāpatis* or creative forces.

Not only does *Agni* tend to be regarded as more than one: he is identified with other gods. We are told he is *Varuna* and *Mitra*, *Savitri* and *Indra*. "Thou art *Varuna* when born," says one hymn, "thou becomest *Mitra* when kindled. In thee, O son of strength, are all the gods." Such identifications are common in the *Vedas*. Philosophically, they are an early manifestation of the mental bias which leads to pantheism, metempsychosis,

and the feeling that all things and persons are transitory and partial aspects of the one reality. But evidently the mutability of the Vedic gods is also due to their nature: they are bundles of epithets and functions without much personal or local centre. And these epithets and functions are, to a large extent, the same. All the gods are bright and swift and helpful: all love sacrifices and bestow wealth, sons and cows. A figure like Agni enables us to understand the many-sided, inconsistent presentment of Siva and Vishnu in later times. A richer mythology surrounds them but in the fluidity of their outline, their mutability and their readiness to absorb or become all other deities they follow the old lines. Even a deity like Ganesa who seems at first sight modern and definite illustrates these ancient characteristics. He has one or five heads and from four to sixteen arms: there are half a dozen strange stories of his birth and wonderful allegories describing his adventures. Yet he is also identified with all the Gods and declared to be the creator, preserver and destroyer of the Universe, nay the Supreme Spirit itself¹.

In Soma, the sacred plant whose juice was offered in the most solemn sacrifices, we again find the combination of natural phenomena and divinity with hardly any personification. Soma is not a sacred tree inhabited by some spirit of the woods but the Lord of immortality who can place his worshippers in the land of eternal life and light. Some of the finest and most spiritual of the Vedic hymns are addressed to him and yet it is hard to say whether they are addressed to a person or a beverage. The personification is not much more than when French writers call absinthe "*La fée aux yeux verts*." Later, Soma was identified with the moon, perhaps because the juice was bright and shining. On the other hand Soma worship is connected with a very ancient but persistent form of animism, for the Vedic poets celebrate as immortal the stones under which the plant is pressed and beg them to bestow wealth and children. Just so at the present day agricultural and other implements receive the salutations and prayers of those who use them. They are not gods in any ordinary sense but they are potent forces.

¹ See the Ganesātharavāsira Upan. and Gopinātha Rao. *His-As Indology*, vol. 1 pp. 35-67.

But some Vedic deities are drawn more distinctly, particularly Indra, who having more character has also lasted longer than most of his fellows, partly because he was taken over by Buddhism and enrolled in the retinue of the Buddha. He appears to have been originally a god of thunder, a phenomenon which lends itself to anthropomorphic treatment. As an atmospheric deity, he conquers various powers of evil, particularly Vritra, the demon of drought. The Vedas know of evil spirits against whom the gods wage successful war but they have no single personification of evil in general, like our devil, and few malevolent deities. Of these latter Rudra, the prototype of Siva, is the most important but he is not wholly malevolent for he is the god of healing and can take away sickness as well as cause it. Indian thought is not inclined to dualism, which is perhaps the outcome of a practical mind desiring a certain course and seeing everywhere the difficulties which the Evil One puts in the way of it, but rather to that pantheism which tends to subsume both good and evil under a higher unity.

Indra was the tutelary deity of the invading Aryans. His principles would delight a European settler in Africa. He protects the Aryan colour and subjects the black skin: he gave land to the Aryans and made the Dāsya (aborigines) subject to them: he dispersed fifty thousand of the black race and rent their citadels¹. Some of the events with which he is connected, such as the battles of King Sudas, may have a historical basis. He is represented as a gigantic being of enormous size and vigour and of gross passions. He feasts on the flesh of bulls and buffaloes roasted by hundreds, his potations are counted in terms of lakes, and not only nerve him for the fray but also intoxicate him². Under the name of Sakka, Indra figures largely in the Buddhist sūtras, and seems to have been the chief popular deity in the Buddha's lifetime. He was adopted into the new creed as a sort of archangel and heavenly defender of the faith. In the epics he is still a mighty deity and the lord of paradise. Happiness in his heaven is the reward of the pious warrior after death. The Mahābhārata and the Purāṇas, influenced perhaps

¹ See R.V. in 74 0 1 137 S. IV. 20 2, vi 18 3-IV. 16 17

² In one singular hymn (R.V. x. 113) Indra is depicted as a voracious and after drinking freely, as I in the Śatapatha Brāhmaṇa 4 4 5 4 6 and xii 7 1. He is also in the epics and Purāṇas as suffering from a excessive and lustre in the evening as a god of stormy.

by Buddhism, speak of a series of Indras, each lasting for a cycle, but superseded when a new heaven and earth appear. In modern Hinduism his name is familiar though he does not receive much worship. Yet in spite of his long pre-eminence there is no disposition to regard him as the supreme and only god. Though the Rîg Veda calls him the creator and destroyer of all things¹, he is not God in our sense any more than other deities are. He is the personification of strength and success, but he is not sufficiently spiritual or mystical to hold and satisfy the enquiring mind.

3

One of the most interesting and impressive of Vedic deities is Varuna, often invoked with a more shadowy double called Mitra. No myths or exploits are related of him but he is the omnipotent and omniscient upholder of moral and physical law. He established earth and sky. he set the sun in heaven and ordained the movements of the moon and stars. the wind is his breath and by his law the heavens and earth are kept apart. He perceives all that exists in heaven and earth or beyond, nor could a man escape him though he fled beyond the sky. The winking of men's eyes are all numbered by him² he knows all that man does or thinks. Sin is the infringement of his ordinances and he binds sinners in fetters. Hence they pray to him for release from sin and he is gracious to the penitent. Whereas the other deities are mainly asked to bestow material boons, the hymns addressed to Varuna contain petitions for forgiveness. He dwells in heaven in a golden mansion. His throne is great and lofty with a thousand columns and his abode has a thousand doors. From it he looks down on the doings of men and the all-seeing sun comes to his courts to report.

There is much in these descriptions which is unlike the attributes ascribed to any other member of the Vedic pantheon and recalls Ahura Mazda of the Avesta or Semitic deities. No proof of foreign influence is forthcoming, but the opinion of some scholars that the figure of Varuna somehow reflects Semitic

¹ In some passages of the Upanishads he is identified with the *âtman* (e.g. Kaushîtaki Up. III 8), but then all persons, whether divine or human, are really the *âtman* if they only knew it.

² A.V. IV 16 2

ideas is plausible. It has been suggested that he was originally a lunar deity, which explains his association with Mitra (the Persian Mithra) who was a sun god, and that the group of deities called Ādityas and including Mitra and Varuna were the sun, moon and the five planets known to the ancients. This resembles the Babylonian worship of the heavenly bodies and, though there is no record whatever of how such ideas reached the Aryans, it is not difficult to imagine that they may have come from Babylonia either to India¹ or to the country where Indians and Iranians dwelt together. There is a Semitic flavour too in the Indian legend of the Churning of the Ocean². The Gods and Asuras effect this by using a huge serpent as a rope to whirl round a mountain and from the turmoil there arise various marvellous personages and substances including the moon. This resembles in tone if not in detail the Babylonian creation myths, telling of a primordial abyss of waters and a great serpent which is slain by the Gods who use its body as the material for making the heavens and the earth³.

Yet Varuna is not the centre of a monotheistic religion any more than Indra, and in later times he becomes a water god of no marked importance. The Aryans and Semites, while both dissatisfied with polytheism and seeking the one among the many, moved along different paths and did not reach exactly the same goal. Semitic deities were representations of the forces of nature in human form but their character was stereotyped by images, at any rate in Assyria and Babylonia, and by the ritual of particular places with which they were identified. Semitic polytheism is mainly due to the number of tribes and localities, not to the number of deities worshipped by each place and tribe. As villages and small towns were subordinate to great towns, so the deities of minor localities were subordinate to those of the greater. Hence the Semitic deity was often thought of as a king who might be surrounded by a court and be at the head of a pantheon of inferior deities, but who might be thought of as tolerating no rivals. The latter conception when combined with moral earnestness

¹ Cf. *Journal of the Asiatic Society of India*, 1901, p. 100.
² Cf. *Journal of the Asiatic Society of India*, 1901, p. 100.
³ Cf. *Journal of the Asiatic Society of India*, 1901, p. 100.

gives us Jehovah, who resembles Varuna, except that Varuna is neither jealous nor national. Indian polytheism also originated in the personification of various phenomena, the sun, thunder, fire, rivers, and so forth, but these deities unlike the Semitic gods had little to do with special tribes or localities and the philosopher Indian easily traced a connection between them. It is not difficult to see that sun, fire and lightning have something in common. The gods are frequently thought of as joined in couples, triads or larger companies and early worship probably showed the beginnings of a feature which is prominent in the later ritual, namely, that a sacrifice is not an isolated oblation offered to one particular god but a series of oblations presented to a series of deities. There was thus little disposition to exalt one god and annihilate the others, but every disposition to identify the gods with one another and all of them with something else. Just as rivers, mountains and plains are dimly seen to be parts of a whole which later ages call nature, so are the gods seen to be parts of some divine whole which is greater than any of them. Even in the Rig Veda we find such sentiments as "The priests speak of the One Being in many ways; they call it Agni, Yama, Mātariśvan¹." Hence it is not surprising that when in the later Vedic period a tendency towards monotheism (but monotheism of a pantheistic type) appears, the supreme position is given to none of the old deities but to a new figure, Prajâpati. This word, meaning Lord of living creatures, occurs in the Rig Veda as an epithet of the sun and is also occasionally used as the name of the Being by whom all gods and worlds were generated and by whose power they continue to exist. In the Brâhmanas and later ritual literature he is definitely recognized as the supreme deity, the Creator, the first sacrificer and the sacrifice itself. It is perhaps owing to his close connection with ceremonial that enquiring and speculative minds felt Prajâpati not to be a final or satisfactory explanation of the universe. He is identified with Brahmâ, the active personal creator, and this later name gradually ousts the other but he does not, any more than Indra or Varuna, become the Âtman or supreme universal Being of the Upanishads.

The principal Vedic deities are male and the few goddesses that are mentioned such as Ushas, the Dawn, seem to owe their

¹ Rig V. i. 164 46

sex to purely dramatic reasons. Greece and Rome as well as India felt it appropriate to represent the daybreak as a radiant nymph. But though in later times such goddesses as Durgâ assumed in some sects a paramount position, and though the Veda is familiar with the idea of the world being born, there are few traces in it of a goddess corresponding to the Great Mother, Cybele or Astarte.

In an earlier period of Vedic studies many deities were identified with figures in the classical or Teutonic mythology chiefly on philological grounds but most of these identifications have now been abandoned. But a few names and figures seem to be found among both the Asiatic and European Aryans and to point to a common stock of ideas. Dyaus, the Sky God, is admittedly the same as Zeus and Jupiter. The Aśvins agree in character, though not in name, with the Dioscuri and other parallels are quoted from Lettish mythology. Bhaga, the bountiful giver, a somewhat obscure deity, is the same word as the Slavonic Bog, used in the general sense of God, and we find *deus* in Sanskrit, *deus* in Latin, and *devas* in Lithuanian. Uelias, the Dawn, is phonetically related to 'Hêr and Aurora who, however, are only half deities. Indra, if he cannot be scientifically identified with Thor, is a similar personage who must have grown out of the same stock of ideas. By a curious transference the Prophet Elias has in south-eastern Europe inherited the attributes of the thunder god and is even now in the imagination of the peasantry a jovial and riotous being who, like Indra, drives a noisy chariot across the sky.

The connection with ancient Persian mythology is closer. The Avestan religion was a reformation due to the genius of Zoroaster and therefore comparable with Buddhism rather than Hinduism, but the less systematic polytheism which preceded it contained much which reminds us of the Vedic hymns. It can hardly be doubted that the ancestors of the Indians and Iranians once practised almost identical forms of religion and had even a common ritual. The chief features of the fire cult and of the Soma or Haoma sacrifice appear in both. The *Yajna* is called *Yajña* in the Veda, *Yasna* in the Avesta, the *Homa* priest is *Zotar*, *Atharvan*; *Atharvan*, *Mitra* is *Mithra*, *Vayu* or *Vay* (the dark waters) meet us in the Avesta in almost the same terms and *Indra's* epithet of *Vritrahan* (the

slayer of Vritra) appears as Verethragna. Ahura Mazda seems to be a development of the deity who appears as Varuna in India though he has not the same name, and the main difference between Indian and Iranian religion lies in this, that the latter was systematized by a theistic reformer who exalted one deity above the others, whereas in India, where there was more religious vitality, polytheistic and pantheistic fancies flourished uncurbed and the greatest reformer, the Buddha, was not a theist.

One peculiarity of Indians in all ages is that they put more into religion than other races. It received most of the energy and talent which, elsewhere, went into art, politics and philosophy. Hence it became both intense and manifold, for deities and creeds were wanted for every stage of intelligence and variety of taste, and also very tolerant, for sects in India, though multitudinous, are not so sharply divided or mutually hostile as in Europe. Connected with the general interest which religion inspired is its strongly marked speculative character. The Rig Veda asks whether in the beginning there was being or not being, and the later Vedas and Brāhmanas are filled with discussions as to the meaning of ceremonies, which show that the most dreary formalism could not extinguish the innate propensity to seek for a reason. In the Upanishads we have the same spirit dealing with more promising material. And throughout the long history of Hinduism religion and philosophy are seldom separated, we rarely find detached metaphysicians. philosophers found new sects or support old ones; religion absorbs philosophy and translates it into theology or myths.

4

To the age of the Vedas succeeds that of the Brāhmanas or sacrificial treatises. The two periods are distinct and have each a well-marked tone, but they pass into one another, for the Yajur and Sāma Vedas pre-suppose the ritual of the Brāhmanas. These treatises introduce us to one feature of Indian religion mentioned above, namely the extraordinary elaboration of its ritual. To read them one would suppose that the one occupation of all India was the offering of sacrifices. The accounts are no doubt exaggerated and must often be treated as specimens of

sacerdotal imagination, like the Biblical descriptions of the rites performed in the Tabernacle during the wanderings of the Israelites. But making all allowance for priestly enthusiasm, it still remains true that the intellect of India, so far as it is preserved in literature, was occupied during two centuries or so with the sacrificial art and that philosophy had difficulty in disentangling itself from ceremonies. One has only to compare Greek and Sanskrit literature to see how vast are the proportions assumed by ritual in India. Our information about the political institutions, the wars and chronology of ancient Greece is full, but of the details of Greek worship we hear little and probably there was not much to tell. But in India, where there are no histories and no dates, we know every prayer and gesture of the officiants throughout complicated sacrifices and possess a whole library describing their correct performance.

In most respects these sacrifices which absorbed so much intellect and energy belong to ancient history. They must not be confounded with the ceremonies performed in modern temples, which have a different origin and character. A great blow was struck at the sacrificial system by Buddhism. Not only did it withdraw the support of many kings and nobles (and the greater ceremonies being very costly depended largely on the patronage of the wealthy), but it popularized the idea that animal sacrifices are shocking and that attempts to win salvation by offerings are crude and unphilosophic. But though, after Buddhism had leavened India for a few centuries, we no longer find the religious world given over to sacrificing as it had been about 600 B.C., these rites did not die out. Even now they are occasionally performed in South India and the Deccan. There are still many Brahmans in these regions who, if they have not the means or learning to perform the greater Vedic ceremonies, at any rate sympathize with the mental attitude which they imply, and this attitude has many curious features.

The rite of sacrifice, which in the simple form of an offering is placed to be agreeable to the deity is the principal ceremony in the early stages of most religious systems in their later stages but passes on to clouds of theory and mystical interpretations. Thus in Christianity, the Jewish sacrifices are regarded as prefigure the death of Christ and that death itself as a sacrifice to the Almighty, or offering of himself to himself,

which in some way acts as an expiation for the sins of the world. And by a further development the sacrifice of the mass, that is, the offering of portions of bread and wine which are held to be miraculously transformed into the body and blood of Christ by the manipulations of a qualified priest, is believed to repeat every day the tragedy of Calvary. The prevalence of this view in Europe should make us chary of stigmatizing Hindu ideas about sacrifice as mental aberrations. They represent the fancies of acute intellects dealing with ancient ceremonies which they cannot abandon but which they transform into something more congenial to their own transitional mode of thought.

Though the Brāhmanas and Upanishads mix up ritual with physical and metaphysical theories in the most extraordinary fashion, their main motive deserves sympathy and respect. Their weakness lies in their inability to detach themselves (as the Buddha succeeded in doing) from a ritual which though elaborate was neither edifying nor artistic: they seem unable to see the great problems of existence except through the mists of altar smoke. Their merit is their evident conviction that this formalism is inadequate. Their wish is not to distort and cramp nature by bringing it within the limits of the ritual, but to enlarge and expand the ritual until it becomes cosmic. If they regard the whole universe as one long act of prayer and sacrifice, the idea is grandiose rather than pedantic, though the details may not always be to our taste¹. And the Upanishads pass from ritual and theology to real speculation in a way unknown to Christian thought. To imagine a parallel, we must picture Spinoza beginning with an exposition of the Trinity and transubstantiation and proceeding to develop his own system without becoming unorthodox.

The conception of the sacrifice set forth in the Brāhmanas is that it is a scientific method of acquiring immortality as well as temporal blessings. Though originally a mere offering in the *do ut des* principle, it has assumed a higher and more mysterious position². We are told that the gods obtained immortality and

¹ For instance chap. III of the Chāndogya Upanishad, which compares the solar system to a beehive in which the bees are Vedic hymns, is little less than stupendous, though singular and hard for European thought to follow.

² I presume that the strong opinion expressed in Caland and Henn's *Agneschoma* p. 484 that the sacrifice is merely a *do ut des* operation refers only to the earliest Vedic period and not to the time of the Brāhmanas.

heaven by sacrifice, that they created the universe by sacrifice, that Prajāpati, the creator, is the sacrifice. Although some writers are disposed to distinguish magic sharply from religion, the two are not separated in the Vedas. Sacrifice is not merely a means of pleasing the gods. It is a system of authorized magic or sacred science controlling all worlds, if properly understood. It is a mysterious cosmic force like electricity which can be utilized by a properly trained priest but is dangerous in unskilful hands, for the rites, if wrongly performed, bring disaster or even death on bunglers. Though the Vedic sacrifices fell more and more out of general use, this notion of the power of rites and formulae did not fade with them but has deeply infected modern Hinduism and even Buddhism, in both of which the lore of spells and gestures assumes monstrous proportions. The Vedic and modern tantric rituals are different but they are based on the same supposition that the universe (including the gods which are part of it) is regulated by some permeating principle, and that this principle can be apprehended by sacred science and controlled by the use of proper methods¹. So far as these systems express the idea that the human mind can grasp the universe by knowledge, they offer an example of the bold sweep of the Hindu intellect, but the methods prescribed are often fatuous.

The belief in the potency of words and formulae, though amplified and embellished by the Hindus, is not an Indian invention but a common aspect of early thought which was less emphasized in other countries. It is found in Persia and among the tribes of Central and Northern Asia and of Northern Europe, and attained a high development in Finland where rimes or magical songs are credited with very practical efficacy. Thus the Kalevala relates how Väinämöinen was building a boat by means of song when the process came to a sudden stop because he had forgotten three words. This is exactly the sort of thing that might happen in the legends of a Vedic priest if the priest had forgotten the texts he ought to recite.

[illegible]

The external features of Vedic rites are remarkable and unlike what we know of those performed by other nations of antiquity. The sacrifice is not as a rule a gift presented to a single god to win his favour. Oblations are made to most members of the pantheon in the course of a prolonged ceremony, but the time, manner and recipients of these oblations are fixed rather by the mysteries of sacrificial science, than by the sacrificer's need to propitiate a particular deity. Also the sacrifice is not offered in a temple and it would appear that in pre-Buddhist times there were no religious edifices. It is not even associated with sacred spots, such as groves or fountains haunted by a deity. The scene of operations requires long and careful preparation, but it is merely an enclosure with certain sheds, fireplaces and mounds. It has no architectural pretensions and is not a centre round which shrines can grow for it requires reconsecration for each ceremony, and in many cases must not be used twice. There is little that is national, tribal or communal about these rites. Some of them, such as the *Aśvamedha* or horse sacrifice and the *Râjasuya*, or consecration of a king, may be attended by games and sports, but that is because they are connected with secular events. In their essence sacrifices are not popular festivals or holidays but private services, performed for the benefit of the sacrificer, that is, the person who pays the fees of the priests. Usually they have a definite object and, though ceremonies for the attainment of material blessings are not wanting, this object is most frequently supramundane, such as the fabrication of a body in the heavenly world. It is in keeping with these characteristics that there should be no pomp or spectacular effect: the rites resemble some complicated culinary operation or scientific experiment, and the sacrificial enclosure has the appearance of a laboratory rather than a place of worship.

Vedic ritual includes the sacrifice of animals, and there are indications of the former prevalence of human sacrifice. At the time when the *Brâhmaṇas* were composed the human victims were released alive, but afterwards the practice of real sacrifice was revived, probably owing to the continual incorporation into the Hindu community of semi-barbarous tribes and their savage deities. Human victims were offered to *Mahadevî* the spouse of *Śiva* until the last century, and would doubtless be offered now,

bined into sacrificial sessions lasting a year or more¹, and it would seem that rites of this length were really performed, though when we read of such sessions extending over a hundred years, we may hope that they are creations of a fancy like that of the hymn-writer who celebrated the state

Where congregations ne'er break up
And Sabbaths never end.

The ritual literature of India is enormous and much of it has been edited and translated by European scholars with a care that merited a better object. It is a mine of information respecting curious beliefs and practices of considerable historical interest, but it does not represent the main current of religious ideas in post-Buddhist times. The Brahmans indeed never ceased to give the sacrificial system their theoretical and, when possible, their practical approval, for it embodies a principle most dear to them, namely, that the other castes can obtain success and heaven only under the guidance of Brahmins and by rites which only Brahmans can perform. But for this very reason it incurred the hostility not only of philosophers and morally earnest men, but of the military caste and it never really recovered from the blow dealt it by Buddhism, the religion of that caste. But with every Brahmanic revival it came to the front and the performance of the *Aśvamedha* or horse sacrifice² was long the culminating glory of an orthodox king.

¹ An ordinary sacrifice was offered for a private person who had to be initiated and the priests were merely officiants acting on his behalf. In a *Sattrā* the priests were regarded as the sacrificers and were initiated. It had some analogy to Buddhist and Christian monastic foundations for reading sūtras and saying masses.

² The political importance of the *Aśvamedha* lay in the fact that the victim had to be let loose to roam freely for a year, so that only a king whose territories were sufficiently extensive to allow of its being followed and guarded during its wanderings could hope to sacrifice it at the end.

CHAPTER V

ASCETICISM AND KNOWLEDGE

1

As sacrifice and ceremonial are the material accompaniments of prayer, so are asceticism and discipline those of thought. This is less conspicuous in other countries, but in India it is habitually assumed that the study of what we call metaphysics or theology needs some kind of physical discipline and it will be well to elucidate this point before describing the beginnings of speculation.

Tapas, that is asceticism or self-mortification, holds in the religious thought and practice of India as large a place as sacrifice. We hear of it as early, for it is mentioned in the Rig Veda¹, and it lasts longer, for it is a part of contemporary Hinduism just as much as prayer or worship. It appears even in creeds which disavow it theoretically, e.g. in Buddhism, and evidently has its root in a deep-seated and persistent instinct.

Tapas is often translated penance but the idea of mortification as an expiation for sins committed, though not unknown in India, is certainly not that which underlies the austerities of most ascetics. The word means literally heat, hence pain or toil, and some think that its origin should be sought in practices which produced fever, or tended to concentrate heat in the body. One object of Tapas is to obtain abnormal powers by the suppression of desires or the endurance of voluntary tortures. There is an element of truth in this aspiration. Temperance, chastity and mental concentration are great aids for increasing the force of thought and will. The Hindu believes that intensity and perseverance in this road of abstinence and rapture will yield correspondingly increased results. The many singular phenomena connected with Indian asceticism have been imperfectly investigated but a psychological examination would probably find that subjective results (such as visions and the feeling of flying through the air) are really produced by the

¹ RV. i. 1. 10. 1. 4. 1. 10.

discipline recommended and there may be elements of much greater value in the various systems of meditation. But this is only the beginning of Tapas. To the idea that the soul when freed from earthly desires is best able to comprehend the divine is superadded another idea, namely that self-mortification is a process of productive labour akin to intellectual toil. Just as the whole world is supposed to be permeated by a mysterious principle which can be known and subdued by the science of the sacrificing priests, so the ascetic is able to control gods and nature by the force of his austerities. The creative deities are said to have produced the world by Tapas, just as they are said to have produced it by sacrifice and Hindu mythology abounds in stories of ascetics who became so mighty that the very gods were alarmed. For instance Rāvaṇa, the Demon ruler of Lankā who carried off Sītā, had acquired his power by austerities which enabled him to extort a boon from Brahmā. Thus there need be nothing mortal in the object of asceticism or in the use of the power obtained. The epics and dramas frequently portray ascetics as choleric and unamiable characters and modern Yogīs maintain the tradition.

Though asceticism resembles the sacrifice in being a means by which man can obtain his wishes whether religious or profane, it differs in being comparatively easy. Irrisome as it may be, it demands merely strength of will and not a scientific training in ritual and Vedic texts. Hence in this sphere the supremacy of the Brahman could be challenged by other castes and an instructive legend relates how Rāma slew a Śūdra whom he surprised in the act of performing austerities. The lowest castes can by this process acquire a position which makes them equal to the highest¹.

Of the non-Brahmanic sects, the Jains set the highest value on Tapas, but chiefly as a purification of the soul and a means of obtaining an unearthly state of pure knowledge². In theory the Buddha rejected it; he taught a middle way, rejecting alike self-indulgence and self-mortification. But even Pali Buddhism

¹ Even the Upanishads (e.g. Chānd. III 17, Mahānār. 64) admit that a good life which includes *tapas* is the equivalent of sacrifice. But this of course is teaching for the elect only. The Brih.-Āraṇ. Up. (v. ii) contains the remarkable doctrine that sickness and pain, if regarded by the sufferer as *tapas*, bring the same reward.

² So too in the Taittirīya Upanishad *tapas* is described as the means of attaining the knowledge of Brahman (III 1-5).

admits such practices as the Dhūtāṅgas and the more extravagant sects, for instance in Tibet, allow monks to entomb themselves in dark cells. According to our standards even the ordinary religious life of both Hindus and Buddhists is severely ascetic. It is assumed as a *sine qua non* that strict chastity must be observed, nourishment be taken only to support life and not for pleasure, that all gratification coming from the senses must be avoided and the mind kept under rigid discipline. This discipline receives systematic treatment in the Yoga school of philosophy but it is really common to all varieties of Hinduism and Buddhism; all agree that the body must be subdued by physical training before the mind can apprehend the higher truths. The only question is how far asceticism is directly instrumental in giving higher knowledge. If some texts speak slightly of it, we must remember that the life of a hermit dwelling in the woods without possessions or desires might not be regarded by a Hindu as *tapas* though we should certainly regard it as asceticism. It is also agreed that supernatural powers can be acquired by special forms of asceticism. These powers are sometimes treated as mere magic and spiritually worthless but their reality is not questioned.

2

We have now said something of two aspects of Indian religion—ritual and asceticism—and must pass on to the third, namely, knowledge or philosophy. Its importance was recognized by the severest ritualists. They admitted it as a supplement and crown to the life of ceremonial observances and in the public estimation it came to be reputed an alternative or superior road to salvation. Respect and desire for knowledge are even more intimately a part of Hindu mentality than a propensity to asceticism or ritual. The sacrifice itself must be understood as well as offered. He who knows the meaning of it, or that observance obtain his desired.

Nor did the Brahman reject criticism and discussion. India has always loved theological argument; it is the national passion. The early Upanishads relate without disapproval how

¹ The Upanishads are the earliest and most important of the Hindu scriptures. They are the foundation of the Hindu philosophy and are the source of the Hindu religion. They are the most important of the Hindu scriptures and are the foundation of the Hindu philosophy and are the source of the Hindu religion.

kings such as Ajātasatru of Kāśī, Pravāhana Jaivali and Aśvapati Kaikya imparted to learned Brahmins philosophical and theological knowledge previously unknown to them¹ and even women like Gārgī and Maitreyī took part in theological discussions. Obviously knowledge in the sense of philosophical speculation commended itself to religiously disposed persons in the non-sacerdotal castes for the same reason as asceticism. Whatever difficulties it might offer, it was more accessible than the learning which could be acquired only under a Brahmin teacher, although the Brahmins in the interests of the sacerdotal caste maintained that philosophy like ritual was a secret to be imparted, not a result to be won by independent thought.

Again and again the Upanishads insist that the more profound doctrines must not be communicated to any but a son or an accredited pupil and also that no one can think them out for himself², yet the older ones admit in such stories as those mentioned that the impulse towards speculation came in early periods, as it did in the time of the Buddha, largely from outside the priestly class and was adopted rather than initiated by them. But in justice to the Brahmins we must admit that they have rarely—or at any rate much less frequently than other sacerdotal corporations—shown hostility to new ideas and then chiefly when such ideas (like those of Buddhism) implied that the rites by which they gained their living were worthless. Otherwise they showed great pliancy and receptivity, for they combined Vedic rites and mythology with such systems as the Sāṅkhya and Advaita philosophies, both of which really render superfluous everything which is usually called religion since, though their language is decorous, they teach that he who *knows* the truth about the universe is thereby saved.

The best opinion of India has always felt that the way of knowledge or Jñāna was the true way. The favourite thesis of the Brahmins was that a man should devote his youth to study, his maturity to the duties and ceremonies of a householder,

¹ See the various narratives in the Chāndogya, Brāhara and Kaushitaki Upanishads. The seventh chapter of the Chāndogya relating how Nārada, the learned sage, was instructed by Sanatkumāra or Skanda, the god of war, seems to hint that the active military class may know the great truths of religion better than deeply read priests who may be hampered and blinded by their learning. For Skanda and Nārada in this connection see Bhagavad gītā x. 24, 26.

² For the necessity of a teacher see Kāth. Up II 8.

and his age to more sublime speculations. But at all periods the idea that it was possible to know God and the universe was allied to the idea that all ceremonies as well as all worldly effort and indeed all active morality are superfluous¹. All alike are unessential and trivial, and merit the attention only of those who know nothing higher. Human feelings and interests qualified and contradicted this negative and unearthly view of religion, but still popular sentiment as well as philosophic thought during the whole period of which we know something of them in India tended to regard the highest life as consisting in rapt contemplation or insight accompanied by the suppression of desire and by disengagement from mundane ties and interests. But knowledge in Indian theology implies more intensity than we attach to the word and even some admixture of volition. The knowledge of Brahman is not an understanding of pantheistic doctrines such as may be obtained by reading *The Sacred Books of the East* in an easy chair but a realization (in all senses) of personal identity with the universal spirit, in the light of which all material attachments and fetters fall away.

The earlier philosophical speculations of the Brahmins are chiefly found in the treatises called Upanishads. The teaching contained in these works is habitually presented as something secret² or esoteric and does not, like Buddhism or Jainism, profess to be a gospel for all. Also the teaching is not systematized and has never been unified by a personality like the Buddha. It grew up in the various *parishads*, or communities of learned Brahmins, and perhaps flourished most in north western India³. There is of course a common substratum of ideas but they appear in different versions: we have the teaching of Yājñavalkya, of Uddālaka Āruni and other masters and each teaching has some individuality. They are merely reported as words of the wise without an attempt to harmonize them. There are many apparent inconsistencies due to the use of divergent metaphors to indicate different aspects of the inde-terminable, and some real inconsistency due to the existence of

different schools. Hence, attempts whether Indian or European to give a harmonious summary of this ancient doctrine are likely to be erroneous.

There are a great number of Upanishads, composed at various dates and not all equally revered. They represent different orders of ideas and some of the later are distinctly sectarian. Collections of 45, 52 and 60 are mentioned, and the *Muktikā Upanishad* gives a list of 108. This is the number currently accepted in India at the present day. But Schrader¹ describes many Upanishads existing in MS. in addition to this list and points out that though they may be modern there is no ground for calling them spurious. According to Indian ideas there is no *a priori* objection to the appearance now or in the future of new Upanishads². All revelation is eternal and self-existent but it can manifest itself at its own good time.

Many of the more modern Upanishads appear to be the compositions of single authors and may be called tracts or poems in the ordinary European sense. But the older ones, unless they are very short, are clearly not the attempts of an individual to express his creed but collections of such philosophical sayings and narratives as a particular school thought fit to include in its version of the scriptures. There was so to speak a body of philosophic folk-lore portions of which each school selected and elaborated as it thought best. Thus an apologue proving that the breath is the essential vital constituent of a human being is found in five ancient Upanishads³. The *Chândogya* and *Bṛihad-Āranyaka* both contain an almost identical narrative of how the priest *Āruṇi* was puzzled and instructed by a king and a similar story is found at the beginning of the *Kaushitaki*⁴. The two Upanishads last mentioned also

¹ Cat. Adyar Library. The Rig and Sāma Vedas have two Upanishads each, the Yajur Veda seven. All the others are described as belonging to the Atharva Veda. They have no real connection with it, but it was possible to add to the literature of the Atharva whereas it was hardly possible to make similar additions to the older Vedas.

² Debendranath Tagore composed a work which he called the *Brāhmi Upanishad* in 1848. See Autobiography, p. 170. The sectarian Upanishads are of doubtful date, but many were written between 400 and 1200 A.D. and were due to the desire of new sects to connect their worship with the Veda. Several are Śaktist (e.g. *Kaula*, *Tripuṇḍra*, *Devī*) and many others show Śaktist influence. They usually advocate the worship of a special deity such as *Gauṛā*, *Sūrya*, *Rāma*, *Nṛi* *Śimha*.

³ *Bṛ. Āraṇ.* vi 1, *Āit. Āraṇ.* ii 4, *Kaush.* iii 3, *Prāna*, ii 3, *Chând.* v 1. The apologue is curiously like in form to the classical fable of the belly and members.

⁴ *Bṛ. Āraṇ.* vi 2, *Chând.* v. 3.

observances are felt to be vain and the soul demands knowledge of the essence of things. And though later dogmatism asserts that this knowledge is given by revelation, yet a note of genuine enquiry and speculation is struck in the Vedas and is never entirely silenced throughout the long procession of Indian writers. In well-known words the Vedas ask¹ "Who is the God to whom we shall offer our sacrifice?... Who is he who is the Creator and sustainer of the Universe... whose shadow is immortality, whose shadow is death?" or, in even more daring phrases², "The Gods were subsequent to the creation of this universe. Who then knows whence it sprang? He who in the highest heaven is the overseer of this universe, he knows or even he does not know." These profound enquiries, which have probably no parallel in the contemporary literature of other nations, are as time goes on supplemented though perhaps not enlarged by many others, nor does confidence fail that there is an answer—the Truth, which when known is the goal of life. A European is inclined to ask what use can be made of the truth, but for the Hindus divine knowledge is an end and a state, not a means. It is not thought of as something which may be used to improve the world or for any other purpose whatever. For use and purpose imply that the thing utilized is subservient and inferior to an end, whereas divine knowledge is the culmination and meaning of the universe, or, from another point of view, the annihilation of both the external world and individuality. Hence the Hindu does not expect of his saints philanthropy or activity of any sort.

As already indicated, the characteristic (though not the only) answer of India to these questionings is that nothing really exists except God or, better, except Brahman. The soul is identical with Brahman. The external world which we perceive is not real in the same sense: it is in some way or other an evolution of Brahman or even mere illusion. This doctrine is not universal: it is for instance severely criticized and rejected by the older forms of Buddhism but its hold on the Indian temperament is seen by its reappearance in later Buddhism where by an astounding transformation the Buddha is identified

¹ R V. x. 121 The verses are also found in the Atharva Veda, the *Vijasaneyi*, *Taittiriya*, *Maitrāyaṇi*, and *Kāthaka Samhitās* and elsewhere

² R V. x. 120

with the universal spirit. Though the form in which I have quoted the doctrine above is an epitome of the Vedānta, it is hardly correct historically to give it as an epitome of the older Upanishads. Their teaching is less complete and uncompromising, more veiled, tentative and allusive, and sometimes cumbered by material notions. But it is obviously the precursor of the Vedānta and the devout Vedāntist can justify his system from it.

3

Instead of attempting to summarize the Upanishads it may be well to quote one or two celebrated passages. One is from the *Bṛihad-Āraṇyaka*¹ and relates how Yājñavalkya, when about to retire to the forest as an ascetic, wished to divide his property between his two wives, Kātyāyanī "who possessed only such knowledge as women possess" and Maitreyī "who was conversant with Brahman." The latter asked her husband whether she would be immortal if she owned the whole world. "No," he replied, "like the life of the rich would be thy life but there is no hope of immortality." Maitreyī said that she had no need of what would not make her immortal. Yājñavalkya proceeded to explain to her his doctrine of the Ātman, the self or essence, the spirit present in man as well as in the universe. "Not for the husband's sake is the husband dear but for the sake of the Ātman. Not for the wife's sake is the wife dear but for the sake of the Ātman. Not for their own sake are sons, wealth, Brahmins, warriors, worlds, gods, Vedas and all things dear, but for the sake of the Ātman. The Ātman is to be seen, to be heard, to be perceived, to be marked by him who has seen and known the Ātman all the universe is known.... He who looks for Brahmins, warriors, worlds, gods or Vedas anywhere but in the Ātman, loses them all...."

"All waters have their meeting place in the sea, all touch in the skin, all taste in the tongue, all odours in the nose, all colour in the eye, all sound in the ear, all percepts in the mind, all knowledge in the heart, all actions in the hands...As a lamp is lit by one man, so you, yourself, are nothing but taste, touch, colour, sound, odour, perception, action, and is nothing but

¹ *Bṛihad-Āraṇyaka*, III, 1, 1. The text of this passage is given in the *Āraṇyaka* as follows: "Yājñavalkya said to Maitreyī: 'If thou art to be immortal, thou art to be immortal by the Ātman. The Ātman is to be seen, to be heard, to be perceived, to be marked by him who has seen and known the Ātman all the universe is known.... He who looks for Brahmins, warriors, worlds, gods or Vedas anywhere but in the Ātman, loses them all....'"

knowledge Having risen from out these elements it (the human soul) vanishes with them. When it has departed (after death) there is no more consciousness." Here Maitreyi professes herself bewildered but Yājñavalkya continues "I say nothing bewildering. Verily, beloved, that Ātman is imperishable and indestructible When there is as it were duality, then one sees the other, one tastes the other, one salutes the other, one hears the other, one touches the other, one knows the other But when the Ātman only is all this, how should we see, taste, hear, touch or know another? How can we know him by whose power we know all this? That Ātman is to be described by no, no (neta, not). He is incomprehensible for he cannot be comprehended, indestructible for he cannot be destroyed, unattached for he does not attach himself he knows no bonds, no suffering, no decay. How, O beloved, can one know the knower?" And having so spoken, Yājñavalkya went away into the forest. In another verse of the same work it is declared that "This great unborn Ātman (or Self) undecaying, undying, immortal, fearless, is indeed Brahman."

It is interesting that this doctrine, evidently regarded as the quintessence of Yājñavalkya's knowledge, should be imparted to a woman. It is not easy to translate Ātman, of course, means self and is so rendered by Max Muller in this passage, but it seems to me that this rendering jars on the English ear for it inevitably suggests the individual self and selfishness, whereas Ātman means the universal spirit which is Self, because it is the highest (or only) Reality and Being, not definable in terms of anything else. Nothing, says Yājñavalkya, has any value, meaning, or indeed reality except in relation to this Self¹. The whole world including the Vedas and religion is an emanation from him. The passage at which Maitreyi expresses her bewilderment is obscure, but the reply is more definite The Self is indestructible but still it is incorrect to speak of the soul having knowledge and perception after death, for knowledge and perception imply duality, a subject and an object. But when the human soul and the universal Ātman are one, there is no duality and no human expression can be

¹ The sentiment is perhaps the same as that underlying the words attributed to Florence Nightingale. "I must strive to see only God in my friends and God in my cats"

correctly used about the Ātman. Whatever you say of it, the answer must be *neti, neti*, it is not like that¹; that is to say, the ordinary language used about the individual soul is not applicable to the Ātman or to the human soul when regarded as identical with it

This identity is stated more precisely in another passage² where first occurs the celebrated formula *Tat tvam asi*, That art Thou, or Thou art It³, i.e. the human soul is the Ātman and hence there is no real distinction between souls. Like Yājñavalkya's teaching, the statement of this doctrine takes the form of an intimate conversation, this time between a Brahman, Uddālaka Āruṇi, and his son Śvetaketu who is twenty-four years of age and having just finished his studentship is very well satisfied with himself. His father remarks on his conceit and says "Have you ever asked your teachers for that instruction by which the unheard becomes heard, the unperceived perceived and the unknown known?" Śvetaketu enquires what this instruction is and his father replies, "As by one lump of clay all that is made of clay is known, and the change⁴ is a mere matter of words, nothing but a name, the truth being that all is clay, and as by one piece of copper or by one pair of nail-sciers all that is made of copper or iron can be known, so is that instruction." That is to say, it would seem, the reality is One all diversity and multiplicity is secondary and superficial, merely a matter of words. "In the beginning," continues the father, "there was only that which is, one without a second. Others say in the beginning there was that only which is not (non-existence), one without a second, and from that which is not, that which is was born. But how could that which is be born of that which is not? No, only that which is was in the beginning, one only without a second. It thought, may I be many; may I have

¹ It will be observed that the word *neti* is used only when the Ātman must be seen, and not when it is known. This is an important distinction.

² See the text of the Upanishad.

³ The word *asi* is used in the Upanishad to denote the identity of the human soul with the Ātman.

⁴ The word *neti* is used in the Upanishad to denote the identity of the human soul with the Ātman.

⁵ The word *neti* is used in the Upanishad to denote the identity of the human soul with the Ātman. The word *neti* is used in the Upanishad to denote the identity of the human soul with the Ātman.

offspring It sent forth fire." Here follows a cosmogony and an explanation of the constitution of animate beings, and then the father continues—"All creatures have their root in the Real, dwell in the Real and rest in the Real. That subtle being by which this universe subsists, it is the Real, it is the Ātman, and thou, Svetaketu, art It " Many illustrations of the relations of the Ātman and the universe follow. For instance, if the life (sap) leaves a tree, it withers and dies. So "this body withers and dies when the life has left it: the life dies not " In the fruit of the Banyan (fig-tree) are minute seeds innumerable But the imperceptible subtle essence in each seed is the whole Banyan Each example adduced concludes with the same formula, Thou art that subtle essence, and as in the Brī' d-Āranyaka salt is used as a metaphor. "Place this salt in water and then come to me in the morning ' The son did so, and in the morning the father said 'Bring me the salt.' The son looked for it but found it not, for of course it was melted. The father said, 'Taste from the surface of the water. How is it?' The son replied, 'It is salt ' 'Taste from the middle. How is it?' 'It is salt ' 'Taste from the bottom, how is it?' 'It is salt .. The father said, 'Here also in this body you do not perceive the Real, but there it is. That subtle being by which this universe subsists, it is the Real, it is the Ātman and thou, Svetaketu, art it '"

The writers of these passages have not quite reached Sankara's point of view, that the Ātman is all and the whole universe mere illusion or Māyā Their thought still tends to regard the universe as something drawn forth from the Ātman and then pervaded by it. But still the main features of the later Advaita, or philosophy of no duality, are there All the universe has grown forth from the Ātman there is no real difference in things, just as all gold is gold whatever it is made into The soul is identical with this Ātman and after death may be one with it in a union excluding all duality even of perceiver and perceived

A similar union occurs in sleep This idea is important for it is closely connected with another belief which has had far-reaching consequences on thought and practice in India, the belief namely that the soul can attain without death and as the result of mental discipline to union¹ with Brahman This idea

¹ The word union is a convenient but not wholly accurate term which covers several theories The Upanishads sometimes speak of the union of the soul with

is Saccidānanda, Being, Thought and Joy¹. This is a just summary of the earlier teaching. We have already seen how the Ātman is recognized as the only Reality. Its intellectual character is equally clearly affirmed. Thus the Brihad-Āraṇyaka (III 7. 23) says: "There is no seer beside him, no hearer beside him, no perceiver beside him, no knower beside him. This is thy Self, the ruler within, the immortal. Everything distinct from him is subject to pain." This idea that pain and fear exist only as far as a man makes a distinction between his own self and the real Self is eloquently developed in the division of the Taittirīya Upanishad called the Chapter of Bliss. "He who knows Brahman" it declares, "which exists, which is conscious, which is without end, as hidden in the depth of the heart, and in farthest space, he enjoys all blessings, in communion with the omniscient Brahman.... He who knows the bliss (ānandam) of that Brahman from which all speech and mind turn away unable to reach it, he never fears²."

Bliss is obtainable by union with Brahman, and the road to such union is knowledge of Brahman. That knowledge is often represented as acquired by tapas or asceticism, but this, though repeatedly enjoined as necessary, seems to be regarded (in the nobler expositions at least) as an indispensable schooling rather than as efficacious by its own virtue. Sometimes the topic is treated in an almost Buddhist spirit of reasonableness and depreciation of self-mortification for its own sake. Thus Yājñavalkya says to Gārgi³: "Whoever without knowing the imperishable one offers oblations in this world, sacrifices, and practises asceticism even for a thousand years, his work will perish." And in a remarkable scene described in the Chāndogya Upanishad, the three sacred fires decide to instruct a student who is exhausted by austerities, and tell him that Brahman is life, bliss and space⁴.

Analogous to the conception of Brahman as bliss, is the description of him as light or "light of lights" A beautiful

¹ Cf Bradley, *Appearance and Reality*, p 244. "The perfect...means the identity of idea and existence, extended also by pleasure"

² Tait. Up. III 10. 6

³ Br. Āraṇ. III 2. 15, speaking of those who in the forest worship the truth with faith

⁴ Chāndog. Up. IV. 5

not last long without relapsing into the familiar pantheistic strain. "Thou art woman," says the same Upanishad¹, "and Thou art man Thou art youth and maiden: Thou as an old man totterest along on thy staff: Thou art born with thy face turned everywhere Thou art the dark-blue bee Thou the green parrot with the red eyes Thou art the thunder cloud, the seasons and the seas. Thou art without beginning because Thou art infinite, Thou, from whom all worlds are born."

¹ Sat. Up. iv. 3 Max Muller's translation The commentary attributed to Sankara explains *nilāḥ patangāḥ* as *bhramarāḥ* but Deussen seems to think it means a bird.

CHAPTER VI

RELIGIOUS LIFE IN PRE-BUDDHIST INDIA

1

IN reading the Brāhmanas and older Upanishads we often wish we knew more of the writers and their lives. Rarely can so many representative men have bequeathed so much literature and yet left so dim a sketch of their times. Thought was their real life: of that they have given a full record, imperfect only in chronology, for though their speculations are often set forth in a narrative form, we hear surprisingly little about contemporary events.

The territory familiar to these works is the western part of the modern United Provinces with the neighbouring districts of the Panjab, the lands of the Kurus, Pancālas, and Matsyas, all in the region of Agra and Delhi, and further east Kāśī (Benares) with Videha or Tirhut. Gāndhāra was known¹ but Magadha and Bengal are not mentioned. Even in the Buddha's lifetime they were still imperfectly brahmanized.

What we know of the period 800 to 600 B.C. is mostly due to the Brahmins, and many Indianists have accepted their view, that they were then socially the highest class and the repository of religion and culture. But it is clear from Buddhist writings (which, however, are somewhat later) that this pre-eminence was not unchallenged², and many admissions in the Brāhmanas and Upanishads indicate that some centuries before the Buddha the Kshatriyas held socially the first rank, and shared intellectual honours with the Brahmins. Janaka, King of Videha³, and Yājñavalkya, the Brahmin, meet on terms of mutual respect and other Kshatriyas, such as Ajitaśatru of

¹ *Śāṅkhya Sūtra* vi. 1. 1. *Śāṅkhya Sūtra* i. 1. 10.

² The Brahmins were even called Kshatriyas in the *Śāṅkhya Sūtra* (i. 1. 10). The *Śāṅkhya Sūtra* (i. 1. 10) also mentions that the Kshatriyas were the highest class in the *Śāṅkhya Sūtra* (i. 1. 10). The *Śāṅkhya Sūtra* (i. 1. 10) also mentions that the Kshatriyas were the highest class in the *Śāṅkhya Sūtra* (i. 1. 10).

³ *Śāṅkhya Sūtra* i. 1. 1. *Śāṅkhya Sūtra* i. 1. 10.

Kāśi and Pravāhaṇa Jaivali are represented as instructing Brahmans, and the latter in doing so says "this knowledge did not go to any Brahman before but belonged to the Kshatriyas alone¹." But as a profession theology, both practical and speculative, was left to the Brahmans.

The proper relation between the nobles and Brahmans finds expression in the office of Purohita² or domestic chaplain, which is as old as the Vedas and has lasted to the present day. In early times he was not merely a spiritual guide but also a councillor expected to advise the king as to his enterprises and secure their success by appropriate rites. By king we should understand a tribal chief, entrusted with considerable powers in the not infrequent times of war, but in peace obliged to consult the clan, or at least the aristocratic part of it, on all matters of importance. A Purohita might attain a very high position, like Devabhaga, priest of both the Kurus and Srinjayas³. The Brahmans did not attempt to become kings, but the sacred books insist that though a Brahman can do without a king, yet a king cannot do without a Brahman. The two castes are compared to the deities Mitra and Varuna, typifying intelligence and will. When they are united deeds can be done⁴. But "the Gods do not eat the food of a king who is without a Purohita." Other castes can offer sacrifices only by the mediation of Brahmans, and it does not appear that kings disputed this, though they claimed the right to think for themselves and may have denied the utility of sacrifice⁵. Apart from kings the duties and claims of the Brahman extend to the people at large. He has four virtues, "birth, deportment, fame and the perfecting of the people," and in return the people owe him respect, liberality, security against oppression and against capital punishment.

Towns in this period must have been few and those few essentially forts, not collections of palaces and temples. We

¹ Chānd Up v 3 7, Kaush Up. iv, Brh Ār Up ii 1. The Kshatriyas seem to have regarded the doctrine of the two paths which can be taken by the soul after death (*devayāna* and *pitṛyāna*, the latter involving return to earth and transmigration) as their special property.

² Literally set in front, prefectus.

³ Śat Brāh ii 4 4 5.

⁴ Śat Brāh iv 1 4 1-8.

⁵ The legends of Vena, Paraśurāma and others indicate the prevalence of considerable hostility between Brahmans and Kshatriyas at some period.

which doubtless contained the germs of the later Epics and Puranas were held in esteem.

On terminating his apprenticeship the young Brahman became a householder and married, moderate polygamy being usual. To some extent he followed the occupations of an ordinary man of business and father of a family, but the most important point in establishing a home of his own was the kindling of his own sacred fire¹, and the householder's life was regarded as a series of rites, such as the daily offering of milk, the new and full moon ceremonies, seasonal sacrifices every four months and the Soma sacrifice once a year, besides oblations to ancestors and other domestic observances. The third stage of life should begin when a householder sees that his hair is turning grey and a grandson has been born. He should then abandon his home and live in the forest. The tradition that it is justifiable and even commendable for men and women to abandon their families and take to the religious life has at all times been strong in India and public opinion has never considered that the deserted party had a grievance. No doubt comfortable householders were in no hurry to take to the woods and many must always have shirked the duty. But on the other hand, the very pious, of whom India has always produced a superabundance, were not willing to bear the cares of domestic life and renounced the world before the prescribed time. On the whole Brahmanic (as opposed to Buddhist) literature is occupied in insisting not so much that the devout should abandon the world as that they must perform the ritual observances prescribed for householders before doing so.

The Brahman's existence as drawn in the law-books is a description of what the writers thought ought to be done rather than of the general practice. Still it cannot be dismissed as imaginary, for the Nambuturi² Brahmans of Travancore have not yet abandoned a mode of life which is in essentials that prescribed by Manu and probably that led by Brahmans in the seventh century B.C. or earlier³.

¹ In southern India at the present day it is the custom for Brahmans to live as Agnibotris and maintain the sacred fire for a few days after their marriage.

² See Thurston, *Castes and Tribes of Southern India*, vol. v. p. v.

³ The Emperor Jehangir writing about 1616 implies that the Aśramas, which he describes, were observed by the Brahmans of that time. See his *Memoirs*, edited by Beveridge, pp. 357-359.

They are for the most part landowners dwelling in large houses built to accommodate a patriarchal family and erected in spacious compounds. In youth they spend about eight years in learning the Veda, and in mature life religious ceremonies, including such observances as bathing and the preparation of meals, occupy about six hours of the day. As a profession, the performance of religious rites for others is most esteemed. In food, drink and pleasures, the Nambutiris are almost ascetics: their rectitude, punctiliousness and dignity still command exaggerated respect. But they seem unproductive and petrified, even in such matters as literature and scholarship, and their inability to adapt themselves to changing conditions threatens them with impoverishment and deterioration.

Yet the ideal Brahmanic life, which by no means excludes intellectual activity, is laid out in severe and noble lines and though on its good side somewhat beyond the reach of human endeavour and on its bad side overloaded with pedantry and superstition, it combines in a rare degree self-abnegation and independence. It differs from the ideal set up by Buddhism and by many forms of Hinduism which preach the renunciation of family ties, for it clearly lays down that it is a man's duty to continue his family and help his fellow men just as much as to engage in religious exercises. Thus, the Śatapatha Brāhmaṇa¹ teaches that man is born owing four debts, one to the gods, one to the Rishis or the sages to whom the Vedic hymns were revealed, one to his ancestors and one to men. To discharge these obligations he must offer sacrifices, study the Veda, beget a son and practise hospitality.

The tranquil isolation of village life in ancient India has left its mark on literature. Though the names of teachers are handed down and their opinions cited with pious care, yet for many centuries after the Vedic age we find no books attributed to human authors. There was an indifference to literary fame among these early philosophers and a curious selflessness. Doctors disputed as elsewhere, yet they were at no pains to compile their names with theories or sects. Like the Jewish Rabbis they were content to go down to posterity as the authors of a few sayings, and these are mostly contributions to a common stock with no pretension to be systems of philosophy. The

¹ Śa. P. II. 1. 7. 2. 1. Cf. Tr. I. II. 3. 10 c.

has reference mainly to the kingdoms of the Kuru-Pāncālas and Videha in 800-600 B.C. Another picture, somewhat fuller, is found in the ancient literature of the Buddhists and Jains, which depicts the kingdoms of Magadha (Bihar) and Kosala (Oudh) in the time of the Buddha and Mahāvira, the founder of Jainism, that is, about 500 B.C. or rather earlier. It is probable that the picture is substantially true for this period or even for a period considerably earlier, for Mahāvira was supposed to have revived with modifications the doctrines of Parivāṇśītha and some of the Buddhas mentioned as preceding Gotama were probably historical personages. But the Brahmanic and Buddhist accounts do not give two successive phases of thought in the same people, for the locality is not quite the same. Both pictures include the territory of Kāśī and Videha, but the Brahmanic landscape lies mainly to the west and the Buddhist mainly to the east of this region. In the Buddhist sphere it is clear that in the youth of Gotama Brahmanic doctrines and ritual were well known but not predominant. It is hardly demonstrable from literature, but still probable, that the ideas and usages which found expression in Jainism and Buddhism existed in the western districts, though less powerful there than in the east¹.

A striking feature of the world in which Jainism and Buddhism arose was the prevalence of confraternities or religious orders. They were the recognized form of expression not only for piety but for the germs of theology, metaphysics and science. The ordinary man of the world kept on good terms with such gods as came his way, but those who craved for some higher interest often separated themselves from the body of citizens and followed some special rule of life. In one sense the Brahmins were the greatest of such communities, but they were a literary corporation and though they were not averse to new ideas, their special stock in trade was an acquaintance with traditional formula and ritual. They were also, in the main, voluntary and householders. Somewhat opposed to them were other communities, described collectively as Paribhikṣakas or Śaṅkṣas. These, though offering many differences among

¹ That the religious life of the people of the West was not so different from that of the East is shown by the fact that the founders of the religions of the West were also householders and voluntary.

themselves, were clearly distinguished from the Brahmins, and it is probable that they usually belonged to the warrior caste. But they did not maintain that religious knowledge was the exclusive privilege of any caste: they were not householders but wanderers and celibates. Often they were ascetics and addicted to extreme forms of self-mortification. They did not study the Vedas or perform sacrifices, and their speculations were often revolutionary, and as a rule not theistic. It is not easy to find any English word which describes these people or the Buddhist Bhikkhus. Monk is perhaps the best, though inadequate. Pilgrim and friar give the idea of wandering, but otherwise suggest wrong associations. But in calling them monks, we must remember that though celibates, and to some extent recluses (for they mixed with the world only in a limited degree), they were not confined in cloisters. The more stationary lived in woods, either in huts or the open air, but many spent the greater part of the year in wandering.

The practice of adopting a wandering religious life was frequent among the upper classes, and must have been a characteristic feature of society. No blame attached to the man who abruptly left his family, though well-to-do people are represented as dissuading their children from the step. The interest in philosophical and theological questions was perhaps even greater than among the Brahmins, and they were recognized not as *parerga* to a life of business or amusement, but as occupations in themselves. Material civilization had not kept pace with the growth of thought and speculation. Thus restless and inquisitive minds found little to satisfy them in villages or small towns, and the wanderer, instead of being a useless rolling stone, was likely not only to have a more interesting life but to meet with sympathy and respect. Ideas and discussion were plentiful but there were no books and hardly any centres of learning. Yet there was even more movement than among the travelling priests of the Kurus and Pāncālas, a coming and going, a trafficking in ideas. Knowledge was to be picked up in the market-places and highways. Up and down the main roads circulated crowds of highly intelligent men. They lived upon alms, that is to say, they were fed by the citizens who favoured their opinions or by those good souls who gave indiscriminately to all holy men—and in the larger places rest houses

were erected for their comfort. It was natural that the more commanding and original spirits should collect others round them and form bands, for though there was public discussion, writing was not used for religious purposes and he who would study any doctrine had to become the pupil of a master. The doctrine too involved a discipline, or mode of life best led in common. Hence these bands easily grew into communities which we may call orders or sects, if we recognize that their constitution was more fluid and less formal than is implied by those words. It is not easy to say how much organization such communities possessed before the time of the Buddha. His Sangha was the most successful of them all and doubtless surpassed the others in this as in other respects. Yet it was modelled on existing institutions and the Vinaya Pitakā¹ itself represents him as prescribing the observance of times and seasons, not so much because he thought it necessary as because the laity suggested that he would do well to follow the practice of the Tīthiya schools. By this phrase we are to understand the adherents of Makkhali Gossāṇa, Sāñjaya Brāhṃspuṭṭa and others. We know less about these sects than we could wish, but two lists of schools or theories are preserved, one in the Brahmajāla Sutta² where the Buddha himself criticises 62 erroneous views and another in Jain literature³, which enumerates no fewer than 363.

Both catalogues are somewhat artificial, and it is clear that many views are mentioned not because they represent the tenets of real schools but from a desire to condemn all possible errors. But the list of topics discussed is interesting. From the Brahmajāla Sutta we learn that the problems which agitated ancient Marvāḥis were such as the following:—is the world eternal or not, is it infinite or finite; is there a cause for the origin of things or is it without cause; does the soul exist after death; if so, is its existence conscious or unconscious; is it eternal or does it cease to exist, not necessarily at the end of its present life but after a certain number of lives; can it enjoy perfect bliss here or elsewhere? Theories on these and other points are commonly

¹ *See Introduction to the Vinaya Pitakā, p. 11.*

² *See Sutta, I.*

³ *See Introduction to the Vinaya Pitakā, p. 11.*

⁴ *See Introduction to the Vinaya Pitakā, p. 11.*

called *vāda* or talk, and those who hold them *vādins*. Thus there is the *Kāla-vāda*¹ which makes Time the origin and principle of the universe, and the *Svabhāva-vāda* which teaches that things come into being of their own accord. This seems crude when stated with archaic frankness but becomes plausible if paraphrased in modern language as "discontinuous variation and the spontaneous origin of definite species." There were also the *Niyati-vādins*, or fatalists, who believed that all that happens is the result of *Niyati* or fixed order, and the *Yadricchā-vādins* who, on the contrary, ascribed everything to chance and apparently denied causation, because the same result follows from different antecedents. It is noticeable that none of these views imply theism or pantheism but the *Buddha* directed so persistent a polemic against the doctrine of the *Ātman* that it must have been known in *Magadha*. The fundamental principles of the *Sāṅkhya* were also known, though perhaps not by that name. It is probably correct to say not that the *Buddha* borrowed from the *Sāṅkhya* but that both he and the *Sāṅkhya* accepted and elaborated in different ways certain current views.

The *Pali Suttas*² mention six agnostic or materialist teachers and give a brief but perhaps not very just compendium of their doctrines. One of them was the founder of the *Jains* who, as a sect that has lasted to the present day with a considerable record in art and literature, merit a separate chapter. Of the remaining five, one, *Sāñjaya* of the *Belattha* clan, was an agnostic, similar to the people described elsewhere³ as *cel-wrigglers*, who in answer to such questions as, is there a result of good and bad actions, decline to say either (a) there is, (b) there is not, (c) there both is and is not, (d) there neither is nor is not. This form of argument has been adopted by *Buddhism* for some important questions but *Sāñjaya* and his

¹ It finds expression in two hymns of the *Ātharva Veda*, xix 53 and 54. Cf. too *Gauḍap Kār* 8. *Kālāt praśūtim bhūtānām manyante kālācintakāḥ*.

² *Dīgha Nikāya* ii. The opinions of the six teachers are quoted as being answers to a question put to them by King *Ajātasattu*, namely, What is gained by renouncing the world? Judged as such, they are irrelevant but they probably represent current statements as to the doctrine of each sect. The six teachers are also mentioned in several other passages of the *Dīgha* and *Maḍḍ* *Nikāyas* and also in the *Sutta Nipāta*. It is clear that at a very early period the list of their names had become the usual formula for summarizing the teaching prevalent in the time of *Gotama* which was neither *Brahmanic* nor *Buddhist*.

³ *Dīg. Nik.* i 23-28.

to have objected to confraternities¹, to have enjoined a solitary life, absolute nudity and extreme forms of self-mortification, such as eating filth. The Jains accused his followers of immorality and perhaps they were ancient prototypes of the lower class of religious mendicants who have brought discredit on Hinduism.

3

None of the phases of religious life described above can be called popular. The religion of the Brahmins was the thought and science of a class. The various un-Brahmanic confraternities usually required their members to be wandering ascetics. They had little to say to village householders who must have constituted the great majority of the population. Also there are signs that priests and nobles, however much they quarrelled, combined to keep the lower castes in subjection². Yet we can hardly doubt that then as now all classes were profoundly religious, and that just as to-day village deities unknown to the Vedas, or even to the Purāṇas, receive the worship of millions, so then there were gods and rites that did not lack popular attention though unnoticed in the scriptures of Brahmins and Buddhists.

We know little of this popular religion by direct description before or even during the Buddhist period, but we have fragmentary indications of its character. Firstly several incongruous observances have obtruded themselves into the Brahmanic ritual. Thus in the course of the Mahāvratā ceremony³ the Hotri priest sits in a swing and maidens, carrying pitchers of water on their heads and singing, dance round an altar while drums are beaten. Parallels to this may be found to-day. The image of Krishna, or even a priest who represents Krishna, is swung to and fro in many temples, the use of drums in worship is distressingly common, and during the Pongol festivities in southern India young people dance round or leap over a fire.

¹ Makkhali lived some time with Mahāvira, but they quarrelled. But his followers, though they may not have been a united body so much as other sects, had definite characteristics.

² *E.g.* Śat Brāh. v. 4. 4 13. "He thus encloses the Vāṇya and Śūdra on both sides by the priesthood and nobility and makes them subservient."

³ See Śāṅkhāyana Āraṇyaka. Trans. Keith, pp. viii-xi, 78-85. Also Astaveya Āraṇ. book v.

Other remarkable features in the Mahāvratā are the shooting of arrows into a target of skin, the use of obscene language (such as is still used at the Holi festival) and even obscene acts¹. We must not assume that popular religion in ancient India was specially indecent, but it probably included ceremonies analogous to the Lupercalia and Thesmophoria, in which licence in words and deeds was supposed to promote fertility and prosperity.

We are also justified in supposing that offerings to ancestors and many ceremonies mentioned in the Grihya-sûtras or hand-books of domestic ritual were performed by far larger classes of the population than the greater sacrifices, but we have no safe criteria for distinguishing between priestly injunctions and the real practice of ancient times.

Secondly, in the spells and charms of the Atharva², which received the Brahmanic imprimatur later than the other three Vedas, we find an outlook differing from that of the other Vedas and resembling the popular religion of China. Mankind are persecuted by a host of evil spirits and protect themselves by charms addressed directly to their tormentors or by invoking the aid of beneficent powers. All nature is animated by good and evil spirits, to be dealt with like other natural advantages or difficulties, but not thought of as moral or spiritual guides. It is true that the Atharva often rises above this phase, for it contains not of simple folk-lore, but of folk-lore modified under sacerdotal influence. The protecting powers invoked are often the gods of the Rig Veda³, but prayers and incantations are also addressed directly to diseases⁴ and demons⁵ or, on the other hand, to healing plants and amulets⁶. We can hardly be wrong in supposing that in such invocations the Atharva reflects the

popular practice of its time, but it prefers the invocation of counteracting forces, whether Vedic deities or magical plants, to the propitiation of malignant spirits, such as the worship of the goddesses presiding over smallpox and cholera which is still prevalent in India. In this there is probably a contrast between the ideas of the Aryan and non-Aryan races. The latter propitiate the demon or disease; the Aryans invoke a beneficent and healing power. But though on the whole the Atharva is inclined to banish the black spectres of popular demonology with the help of luminous Aryan gods, still we find invoked in it and in its subsidiary literature a multitude of spirits, good and bad, known by little except their names which, however, often suffice to indicate their functions. Such are Āśāpati (Lord of the region), Kshetrapati (Lord of the field), both invoked in ceremonies for destroying locusts and other noxious insects, Śakambhara and Apvā, deities of diarrhoea, and Arātī, the goddess of avarice and grudge. In one hymn¹ the poet invokes, together with many Vedic deities, all manner of nature spirits, demons, animals, healing plants, seasons and ghosts. A similar collection of queer and vague personalities is found in the popular pantheon of China to-day².

Thirdly, various deities who are evidently considered to be well known, play some part in the Pali Pitakas. Those most frequently mentioned are Mahābrahmā or Brahmā Sahampati, and Sakka or Indra, but not quite the same as the Vedic Indra and less in need of libations of Soma. In two curious suttas³ deputations of deities, clearly intended to include all the important gods worshipped at the time, are represented as visiting the Buddha. In both lists a prominent position is given to the Four Great Kings, or Ruling Spirits of the Four Quarters, accompanied by retinues called Gandhabbas, Kumbhandas, Nāgas, and Yakkhas respectively, and similar to the Nats of Burma. The Gandhabbas (or Gandharvas) are heavenly musicians and mostly benevolent, but are mentioned in the Brāhmaṇas as taking possession of women who then deliver oracles. The Nāgas are serpents, sometimes represented as cobras with one or more heads and sometimes as half human.

¹ A V xi 6

² See, for instance, Du Bose, *The Dragon, Image and Demon*, 1887, pp 320-344.

³ Aṭṭhāṅgika and Mahāsamaya. Dig Nik xx and xxxii

sometimes they live in palaces under the water or in the depths of the earth and sometimes they are the tutelary deities of trees. Serpent worship has undoubtedly been prevalent in India in all ages: indications of it are found in the earliest Buddhist sculptures and it still survives¹. The Yakkhas (or Yakshas) though hardly demons (as their name is often rendered) are mostly ill disposed to the human race, sometimes man-eaters and often of unedifying conduct. The Mahāsamaya-sūtra also mentions mountain spirits from the Himalaya, Satagiri, and Mount Vepula. Of the Devas or chiefs of the Yakkhas in this catalogue only a few are known to Brahmanic works, such as Soma, Varuna, Venhu (Vishnu), the Yamas, Pajāpati, Indra (Indra), Sanan-kumāra. All these deities are enumerated together with little regard to the positions they occupy in the sacerdotal pantheon. The enquirer finds a similar difficulty when he tries in the twentieth century to identify rural deities, or even the tutelaries of many great temples, with any personages recognized by the canonical literature.

In several discourses attributed to the Buddha² is incorporated a tract called the Sila-vagga, giving a list of practices of which he disapproved, such as divination and the use of spells and drugs. Among special observances censured, the following are of interest. (a) Burnt offerings, and offerings of blood drawn from the right knee. (b) The worship of the Sun, of Siri, the goddess of Luck, and of the Great One, meaning perhaps the Earth. (c) Oracles obtained from a mirror, or from a girl possessed by a spirit or from a god.

We also find allusions in Buddhist and Jain works as well as in the inscriptions of Asoka to popular festivals or fairs called Samajjās which were held on the tops of hills and seem to have included music, recitations, dancing and perhaps dramatic performances. These meetings were probably like the modern *melas*, half religion and half entertainment, and it was in such surroundings that the legends and mythology which the great Epic has in full bloom first grew and budded.

Thus we have evidence of the existence in pre-Buddhist

¹ See the *Popular Religions of India* by H. H. Colebrook, p. 100.
² In the *Samyutta Nikaya*, vol. 1, p. 100, and in the *Anguttara Nikaya*, vol. 1, p. 100.
³ See the *Samyutta Nikaya*, vol. 1, p. 100, and the *Anguttara Nikaya*, vol. 1, p. 100.

India of rites and beliefs—the latter chiefly of the kind called animistic—disowned for the most part by the Buddhists and only tolerated by the Brahmans. No elaborate explanation of this popular religion or of its relation to more intellectual and sacerdotal cults is necessary, for the same thing exists at the present day and the best commentary on the *Sila-vagga* is Crooke's *Popular Religion and Folk-lore of Northern India*.

In themselves such popular superstitions may seem despicable and repulsive (as the Buddha found them), but when they are numerous and vigorous, as in India, they have a real importance for they provide a matrix and nursery in which the beginnings of great religions may be reared. Śāktism and the worship of Rāma and Krishna, together with many less conspicuous cults, all entered Brahmanism in this way. Whenever a popular cult grew important or whenever Brahmanic influence spread to a new district possessing such a cult, the popular cult was recognized and brahmanized. This policy can be abundantly illustrated for the last four or five centuries (for instance in Assam), and it was in operation two and a half millenniums ago or earlier. It explains the low and magical character of the residue of popular religion, every ceremony and deity of importance being put under Brahmanic patronage, and it also explains the sudden appearance of new deities. We can safely assert that in the time of the Buddha, and *a fortiori* in the time of the older Upanishads¹ and Brāhmanas, Krishna and Rāma were not prominent as deities in Hindustan, but it may well be that they had a considerable position as heroes whose exploits were recited at popular festivals and that Krishna was growing into a god in other regions which have left no literature.

¹ Krishna is perhaps mentioned in the *Chānd Up* III. 17. 6, but in any case not as a deity.

fancy of the Brahmans and Buddhists in designing imaginary worlds and peopling them with angelic or diabolical inhabitants, but, as in Buddhism, these beings are like mankind subject to transmigration and decay and are not the masters, still less the creators, of the universe. There were two principal world theories in ancient India. One, which was systematized as the Vedānta, teaches in its extreme form that the soul and the universal spirit are identical and the external world an illusion. The other, systematized as the Sāṅkhya, is dualistic and teaches that primordial matter and separate individual souls are both of them uncreated and indestructible. Both lines of thought look for salvation in the liberation of the soul to be attained by the suppression of the passions and the acquisition of true knowledge.

Jainism belongs to the second of these classes. It teaches that the world is eternal, self-existent and composed of six constituent substances, souls, dharma, adharma, space, time, and particles of matter¹. Dharma and adharma are defined by modern Jains as subtle substances analogous to space which make it possible for things to move or rest, but Jacobi is probably right in supposing that in primitive speculation the words had their natural meaning and denoted subtle fluids which cause merit and demerit. In any case the enumeration places in singular juxtaposition substances and activities, the material and the immaterial. The process of salvation and liberation is not distinguished from physical processes and we see how other sects may have drawn the conclusion, which apparently the Jains did not draw, that human action is necessitated and that there is no such thing as free will. For Jainism individual souls are free, separate existences, whose essence is pure intelligence. But they have a tendency towards action and passion and are misled by false beliefs. For this reason, in the existence which we know they are chained to bodies and are found not only in Devas and in human beings but in animals, plants and inanimate matter. The habitation of the soul depends on the merit or demerit which it acquires

¹ The atoms are either simple or compound and from their combinations are produced the four elements, earth, wind, fire and water, and the whole material universe. For a clear statement of the modern Jain doctrine about dharma and adharma, see Jagmanderlal Jaini, *l.c.* pp. 22 ff.

and merit and demerit have respectively greater or less influence during immensely long periods called *Utsarpini* and *Avasarpini*, ascending and descending, in which human stature and the duration of life increase or decrease by a regular law. Merit secures birth among the gods or good men. Sin sends the soul to baser births, even in inanimate substances. On this downward path, the intelligence is gradually dimmed till at last motion and consciousness are lost, which is not however regarded as equivalent to annihilation.

Another dogmatic exposition of the Jain creed is based on seven principles, called soul, non-soul, influx, imprisonment, exclusion, dissipation, release¹. Karma, which in the ordinary language of Indian philosophy means deeds and their effect on the soul, is here regarded as a peculiarly subtle form of matter² which enters the soul and by this influx (or *āsrava*, a term well-known in Buddhism) defiles and weighs it down. As food is transformed into flesh, so the Karma forms a subtle body which invests the soul and prevents it from being wholly isolated from matter at death. The upward path and liberation of the soul are effected by stopping the entrance of Karma, that is by not performing actions which give occasion to the influx, and by expelling it. The most effective means to this end is self-mortification, which not only prevents the entrance of new Karma but annihilates what has accumulated.

Like most Indian sects, Jainism considers the world of transmigration as a bondage or journey which the wise long to terminate. But joyless as is its immediate outlook, its ultimate ideas are not pessimistic. Even in the body the soul can attain a beatific state of perfect knowledge³ and above the highest

¹ *Jīva*, *ajīva*, *āsrava*, *bandha*, *samvara*, *nivāra*, *moksha*. The principles are a complete code of ethics, based on the addition of merit, and subtraction of demerit. Karma. It would seem that all these ideas about Karma are all but taken from the material and material world. Karma, which is a specially subtle form of matter, enters the soul, and by this influx (or *āsrava*) defiles and weighs it down. As food is transformed into flesh, so the Karma forms a subtle body which invests the soul and prevents it from being wholly isolated from matter at death. The upward path and liberation of the soul are effected by stopping the entrance of Karma, that is by not performing actions which give occasion to the influx, and by expelling it. The most effective means to this end is self-mortification, which not only prevents the entrance of new Karma but annihilates what has accumulated.

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heaven (where the greatest gods live in bliss for immense periods though ultimately subject to transmigration) is the paradise of blessed souls, freed from transmigration. They have no visible form but consist of life throughout, and enjoy happiness beyond compare. With a materialism characteristic of Jain theology, the treatise from which this account is taken¹ adds that the dimensions of a perfected soul are two-thirds of the height possessed in its last existence.

How is this paradise to be reached? By right faith, right knowledge and right conduct, called the three jewels, a phrase familiar to Buddhism. The right faith is complete confidence in Mahāvira and his teaching. Right knowledge is correct theology as outlined above. Knowledge is of five degrees of which the highest is called Kevalam or omniscience. This sounds ambitious, but the special method of reasoning favoured by the Jains is the modest Syādvāda² or doctrine of may-be, which holds that you can (1) affirm the existence of a thing from one point of view, (2) deny it from another, and (3) affirm both existence and non-existence with reference to it at different times. If (4) you should think of affirming existence and non-existence at the same time and from the same point of view, you must say that the thing cannot be spoken of. The essence of the doctrine, so far as one can disentangle it from scholastic terminology, seems just, for it amounts to this, that as to matters of experience it is impossible to formulate the whole and complete truth, and as to matters which transcend experience language is inadequate. Also that Being is associated with production, continuation and destruction. This doctrine is called *anekānta-vāda*, meaning that Being is not one and absolute as the Upanishads assert. Matter is permanent, but changes its shape, and its other accidents. Thus in many points the Jains adopt the common sense and *prima facie* point of view. But the doctrines of metempsychosis and Karma are also admitted as obvious propositions, and though the fortunes and struggles of the embodied soul are described in materialistic terms, happiness is never placed in material well-being but in liberation from the material universe.

We cannot be sure that the existing Jain scriptures present

¹ Uttarādhyāyana xxxvi 64-68 in *SBE* xlv pp 212-213

² *SBE* xlv p xxvi Bhandarkar Report for 1883-4, pp 96 ff

these doctrines in their original form, but the full acceptance of metempsychosis, the animistic belief that plants, particles of earth and water have souls and the materialistic phraseology (from which the widely different speculations of the Upanishads are by no means free) agree with what we know of Indian thought about 550 B.C. Jainism like Buddhism ignores the efficacy of ceremonies and the powers of priests, but it bears even fewer signs than Buddhism of being in its origin a protestant or hostile movement. The intellectual atmosphere seems other than that of the Upanishads, but it is very nearly that of the Sāṅkhya philosophy, which also recognizes an infinity of individual souls radically distinct from matter and capable of attaining bliss only by isolation from matter. Of the origin of that important school we know nothing, but it differs from Jainism chiefly in the greater elaboration of its psychological and evolutionary theories and in the elimination of some materialistic ideas. Possibly the same region and climate of opinion gave birth to two doctrines, one simple and practical, inasmuch as it found its principal expression in a religious order, the other more intellectual and scholastic and, at least in the form in which we read it, later¹.

Right conduct is based on the five vows taken by every Jain ascetic, (1) not to kill, (2) not to speak untruth, (3) to take nothing that is not given, (4) to observe chastity, (5) to renounce all pleasure in external objects. These vows receive an extensive and strict interpretation by means of five explanatory clauses applicable to each and to be construed with reference to deed, word, and thought, to acting, commanding and consenting. Thus the vow not to kill forbids not only the destruction of the smallest insect but also all speech or thought which could bring about a quarrel, and the doing, causing or permitting of any act which would even inadvertently injure living beings, such as stepping on a walling. Naturally each rule can be kept only by an ascetic, and in addition to them asceticism is expectedly enjoined. It is either internal or external. The former is to be such, firm, a repetition, humility, meditation

¹ The Jainism of the present day is a mixture of the original Jainism and the Buddhistism. The Jainism of the present day is a mixture of the original Jainism and the Buddhistism. The Jainism of the present day is a mixture of the original Jainism and the Buddhistism.

and the suppression of all desires. the latter comprises various forms of self-denial, culminating in death by starvation. This form of religious suicide is prescribed for those who have undergone twelve years' penance and are ripe for Nirvana¹ but it is wrong if adopted as a means of shortening austerities. Numerous inscriptions record such deaths and the head-teachers of the Digambaras are said still to leave the world in this way.

Important but not peculiar to Jainism is the doctrine of the periodical appearance of great teachers who from time to time restore the true faith². The same idea meets us in the fourteen Manus, the incarnations of Vishnu, and the series of Buddhas who preceded Gotama. The Jain saints are sometimes designated as Buddha, Kevalin, Siddha, Tathāgata and Arhat (all Buddhist titles) but their special appellation is Jina or conqueror which is, however, also used by Buddhists³. It was clearly a common notion in India that great teachers appear at regular intervals and that one might reasonably be expected in the sixth century B.C. The Jains gave preference or prominence to the titles Jina or Tirthankara the Buddhists to Buddha or Tathāgata.

2

According to the Jain scriptures all Jinas are born in the warrior caste, never among Brahmins. The first called Rishabha, who was born an almost inexpressibly⁴ long time ago and lived 8,400,000 years, was the son of a king of Ayodhyā. But as ages elapsed, the lives of his successors and the intervals which separated them became shorter. Parśva, the twenty-third Jina, must have some historical basis⁵. We are told that he lived 250 years before Mahāvira, that his followers still existed in the time of the latter that he permitted the use of

¹ E.g. see *Acarāṅga* 8 x 7. 6

² They seem to have authority to formulate it in a form suitable to the needs of the age. Thus we are told that Parśva enjoined four vows but Mahāvira five

³ When Gotama after attaining Buddhahood was on his way to Benares he met Upaka, a naked ascetic, to whom he declared that he was the Supreme Buddha. Then, said Upaka, you profess to be the Jina, and Gotama replied that he did, "Tasmā 'ham Upakā jino" (*Mahāvag* x 8. 10)

⁴ The exact period is 100 billion sāgaras of years. A sāgara is 100,000,000,000 palyas. A palya is the period in which a well a mile deep filled with fine hairs can be emptied if one hair is withdrawn every hundred years

⁵ See M. Bloomfield, *Life and Stories of Parśva Jina* (1910).

clothes and taught that four and not five vows were necessary¹. Both Jain and Buddhist scriptures support the idea that Mahāvira was a reviver and reformer rather than an originator. The former do not emphasize the novelty of his revelation and the latter treat Jainism as a well-known form of error without indicating that it was either new or attributable to one individual.

Mahāvira, or the great hero, is the common designation of the twenty-fourth Jina but his personal name was Vardhamāna. He was a contemporary of the Buddha but somewhat older and belonged to a Kshatriya clan, variously called Jñāta, Nāta, or Nāya. His parents lived in a suburb of Vaikālī and were followers of Parśva. When he was in his thirty-first year they decided to die by voluntary starvation and after their death he renounced the world and started to wander naked in western Bengal, enduring some persecution as well as self-inflicted penances. After thirteen years of this life, he believed that he had attained enlightenment and appeared as the Jina, the head of a religious order called Nirgranthas (or Niganthas). This word, which means unfettered or free from bonds, is the name by which the Jains are generally known in Buddhist literature and it occurs in their own scriptures, though it gradually fell out of use. Possibly it was the designation of an order claiming to have been founded by Parśva and accepted by Mahāvira.

The meagre accounts of his life relate that he continued to travel for nearly thirty years and had eleven principal disciples. He apparently influenced much the same region as the Buddha and came in contact with the same personalities, such as kings Bimbisāra and Ajātasattu. He had relations with Makkhali Gostaki and his disciples disputed with the Buddhists² but it does not appear that he himself ever met Gotama. He died at the age of seventy-two at Pāṭh near Rājagṛha. Only one of his principal disciples, Sudharmān, survived him and a schism broke out in the Jaina body after his death. There had already been

¹ The Buddhist scriptures, however, do not mention the number of vows. The Jaina scriptures, on the other hand, mention four and not five vows. The five vows are: (1) Ahimsa, (2) Ananyasangraha, (3) Aparigraha, (4) Asteya, and (5) Brahmacharya. The four vows are: (1) Ahimsa, (2) Ananyasangraha, (3) Aparigraha, and (4) Asteya. The fifth vow, Brahmacharya, is not mentioned in the Jaina scriptures.

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one in the fifteenth year of his teaching brought about by his son-in-law.

3

We have no information about the differences on which these schisms turned, but Jainism is still split into two sects which, though following in most respects identical doctrines and customs, refuse to intermarry or eat together. Their sacred literature is not the same and the evidence of inscriptions indicates that they were distinct at the beginning of the Christian era and perhaps much earlier.

The Digambara sect, or those who are clothed in air, maintain that absolute nudity is a necessary condition of saintship; the other division or Svetāmbaras, those who are dressed in white, admit that Mahāvira went about naked, but hold that the use of clothes does not impede the highest sanctity, and also that such sanctity can be attained by women, which the Digambaras deny. Nudity as a part of asceticism was practised by several sects in the time of Mahāvira¹ but it was also reprobated by others (including all Buddhists) who felt it to be barbarous and unedifying. It is therefore probable that both Digambaras and Svetāmbaras existed in the infancy of Jainism, and the latter may represent the older sect reformed or exaggerated by Mahāvira. Thus we are told² that "the law taught by Vardhamāna forbids clothes but that of the great sage Pārśva allows an under and an upper garment." But it was not until considerably later that the schism was completed by the constitution of two different canons³. At the present day most Digambaras wear the ordinary costume of their district and only the higher ascetics attempt to observe the rule of nudity. When they go about they wrap themselves in a large cloth, but lay it aside when eating. The Digambaras are divided into four principal sects and the Svetāmbaras into no less than eighty-four, which are said to date from the tenth century A.D.

Apart from these divisions, all Jain communities are differen-

¹ Especially among the Ājivikas. Their leader Gosāla had a personal quarrel with Mahāvira but his teaching was almost identical except that he was a fatalist.

² Uttarādhyāyana 11.11. 29

³ According to Svetāmbara tradition there was a great schism 600 years after Mahāvira's death. The canon was not fixed until 904 (745 A.D.) of the same era. The Digambar traditions are different but appear to be later.

Jainism also spread in the south of India and before our era it had a strong hold in Tamil lands, but our knowledge of its early progress is defective. According to Jain tradition there was a severe famine in northern India about 200 years after Mahāvira's death and the patriarch Bhadrabāhu led a band of the faithful to the south¹. In the seventh century A.D. we know from various records of the reign of Harsha and from the Chinese pilgrim Hsuan Chuang that it was flourishing in Vaisālī and Bengal and also as far south as Conjeevaram. It also made considerable progress in the southern Maratha country under the Cālukya dynasty of Vatapi, in the modern district of Bijapur (500-750) and under the Rāshtrakūṭa sovereigns of the Deccan. Amoghavarsha of this line (815-877) patronized the Digambaras and in his old age abdicated and became an ascetic. The names of notable Digambara leaders like Jinasena and Gunabhadra dating from this period are preserved and Jainism must in some districts have become the dominant religion. Bijjala who usurped the Cālukya throne (1150-1167) was a Jain and the Hoysala kings of Mysore, though themselves Vaiṣṇavas, protected the religion. Inscriptions² appear to attest the presence of Jainism at Gīrnā in the first century A.D. and subsequently Gujarat became a model Jain state after the conversion of King Kumārapāla about 1160.

Such success naturally incurred the enmity of the Brahmans and there is more evidence of systematic persecution directed against the Jains than against the Buddhists. The Cola kings who ruled in the south-east of the Madras Presidency were jealous worshippers of Śiva and the Jains suffered severely at their hands in the eleventh century and also under the Pāndya kings of the extreme south. King Sundara of the latter dynasty is said to have impaled 8000 of them and pictures on the walls of the great temple at Madura represent their tortures. A little later (1174) Ajayadeva, a Śaiva king of Gujarat, is said to have raged against them with equal fury. The rise of the Langhāyas

¹ Rice (*Mysore and Coorg from the Inscriptions*, 1909, p. 310) thinks that certain inscriptions at Sravana Belgola in Mysore establish that this tradition is true and also that the expedition was accompanied by King Candragupta who had abdicated and become a Jain ascetic. But this interpretation has been much criticised. It is probably true that a migration occurred and increased the differences which ultimately led to the division into Svetāmbaras and Digambaras.

² Guénonot, *Épig Jainas*, no. 11.

in the Deccan must also have had an unfavourable effect on their numbers. But in the fourteenth century greater tolerance prevailed, perhaps in consequence of the common danger from Islam. Inscriptions found at Sravana Belgola and other places¹ narrate an interesting event which occurred in 1368. The Jains appealed to the king of Vijayanagar for protection from persecution and he effected a public reconciliation between them and the Vaishnavas, holding the hands of both leaders in his own and declaring that equal protection would be given to both sects. Another inscription records an amicable agreement regulating the worship of a lingam in a Jain temple at Halebid. Many others, chiefly recording grants of land, testify to the prosperity of Jainism in the Hindu kingdom of Vijayanagar and in the region of Mt Abu in the sixteenth and seventeenth centuries². The great Emperor Akbar himself came under the influence of Jainism and received instruction from three Jain teachers from 1578 to 1597.

Persecution and still more the steady pressure and absorptive power of Hinduism have reduced the proportions of the sect, and the last census estimated it at one million and a third. It is probable, however, that many Jains returned themselves as Hindus, and that their numbers are really greater. More than two-fifths of them are found in Bombay, Rajputana, and Central India. Elsewhere they are generally distributed but only in small numbers. They observe caste, at least in some districts, and generally belong to the Baniyas. They include many wealthy merchants who expend large sums on the construction and maintenance of temples, houses for wandering ascetics and houses for cattle. Their respect and care for animal life are remarkable. Whatever Jains pain influence beasts are not to be killed or mangled, and when old or injured are often kept in hospitals or asylums, as for instance, at Ahmedabad³. They take the strictest precautions to avoid killing the smallest of creatures; they strain their drinking water, sweep the ground before them with a broom as they walk, and wear a veil

¹ See *Journal of the Asiatic Society of Bombay*, vol. 1, p. 114, and vol. 2, p. 117.
² See *Journal of the Asiatic Society of Bombay*, vol. 1, p. 114, and vol. 2, p. 117.
³ See *Journal of the Asiatic Society of Bombay*, vol. 1, p. 114, and vol. 2, p. 117.

over their mouths. Even in the shops of the lary lamps are carefully screened to prevent insects from burning themselves.

The principal divisions are the Digambara and Śvetāmbara as above described and an offshoot of the latter called Dhundia¹ who refuse to use images in worship and are remarkable even among Jains for their aversion to taking life. In Central India the Digambaras are about half the total number, in Baroda and Bombay the Śvetāmbaras are stronger. In Central India the Jains are said to be sharply distinguished from Hindus but in other parts they intermarry with Vaishnavas and while respecting their own ascetics as religious teachers, employ the services of Brahmans in their ceremonies.

4

The Jains have a copious and in part ancient literature. The oldest works are found in the canon (or Siddhānta) of the Śvetāmbaras, which is not accepted by the Digambaras. In this canon the highest rank is given to eleven works² called *Āṅgas* or limbs of the law but it also comprises many other esteemed treatises such as the *Kalpasūtra* ascribed to Bhadrabāhu. Fourteen older books called *Purvvas* (Sk. *Pūrvas*) and now lost are said to have together formed a twelfth *āṅga*. The language of the canon is a variety of Prakrit³, fairly ancient though more modern than Pali, and remarkable for its habit of omitting or softening consonants coming between two vowels, e.g. *sūyam* for *sūtram*, *loo* for *loko*⁴. We cannot, however,

¹ Or *Sthānakavāsi*. See for them *Census of India*, 1911, i. p. 127 and *Baroda*, p. 93. The sect was founded about A.D. 1053.

² Their names are as follows in Jain Prakrit, the Sanskrit equivalent being given in brackets: 1. **Āyārāṅgasūttam* (*Ācārāṅga*) 2. **Suyagadāṅgam* (*Sūtra kṛtāṅgam*) 3. *Tthāṅgam* (*Śīhā*) 4. *Samavāyāṅgam* 5. *Viyāhapaññāṭṭi* (*Vyākhyāpṛaṇāṭṭi*). This work is commonly known as the *Bhagavati*. 6. *Nāyādhammakahāṇo* (*Jñātādhammakathā*) 7. **Uvāsagadasao* (*Upāsakadasāh*) 8. **Antagadadasao* (*Antakṛtad*) 9. **Anuttaravāṇīdasāo* (*Anuttarapāpātīkad*) 10. *Panāvāgarāṇām* (*Prasavyakaraṇāṇi*) 11. *Vivāgasuvam* (*Vipākasrutam*).

The books marked with an asterisk have been translated by Jacobi (*S.B.E.* vols. XXII. and XIV.), Hoernle and Barnett. See too Weber, *Indische Studien*, Bd. xvi. pp. 211-479 and Bd. xviii. pp. 1-90.

³ It is called *Āraha* or *Ardha Māgadhī* and is the literary form of the vernacular of Berar in the early centuries of the Christian era. See H. Jacobi, *Ausgewählte Erzählungen in Mahārāṣṭrī*, and introduction to edition of *Āyārāṅga sūtra*.

⁴ The titles given in note 2 illustrate some of its peculiarities.

conclude that it is the language in which the books were composed, for it is probable that the early Jains, rejecting Brahmanical notions of a revealed text, handed down their religious teaching in the vernacular and allowed its grammar and phonetics to follow the changes brought about by time. According to a tradition which probably contains elements of truth the first collection of sacred works was made about 200 years after Mahāvīra's death by a council which sat at Pataliputra. Just about the same time came the famine already mentioned and many Jains migrated to the south. When they returned they found that their co-religionists had abandoned the obligation of nakedness and they consequently refused to recognize their sacred books. The Śvetāmbara canon was subsequently revised and written down by a council held at Valabhi in Gujarat in the middle of the fifth century A.D. This is the edition which is still extant. The canon of the Digambaras, which is less well known, is said to be chiefly in Sanskrit and according to tradition was codified by Pushpadanta in the second century A.D. but appears to be really posterior to the Śvetāmbara scriptures. It is divided into four sections called Vedas and treating respectively of history, cosmology, philosophy and rules of life².

Though the books of the Jain canon contain ancient matter, yet they seem, as compositions, considerably later than the older parts of the Buddhist Tripiṭaka. They do not claim to record recent events and teaching but are attempts at syntheses which assume that Jainism is well known and respected. In style they offer some resemblance to the Pīṭakas: there is the same monotonous flow of repetition and in the more emotional passages great similarity of tone and metaphor³.

Before the two councils, the Jains have a considerable literature consisting both of commentaries and secular works. There is a commentary on the *Upaniṣads* by Hemachandra, born in 1068, who also has an excellent translation of the complete Pīṭaka.

The Jain literature is not only extensive but also of high quality. It is a remarkable example of the power of the human mind to create a literature of great value and interest. The Jain literature is not only extensive but also of high quality. It is a remarkable example of the power of the human mind to create a literature of great value and interest. The Jain literature is not only extensive but also of high quality. It is a remarkable example of the power of the human mind to create a literature of great value and interest.

an important service to his sect by converting Kumārapāla, King of Gujarat. He composed numerous and valuable works on grammar, lexicography, poetics and ecclesiastical biography. Such subjects were congenial to the later Jain writers and they not only cultivated both Sanskrit and Prakrit but also had a vivifying effect on the vernaculars of southern India. Kanares, Tamil, and Telugu in their literary form owe much to the labours of Jain monks, and the Jain works composed in these languages, such as the *Jivakacintāmani* in Tamil, if not of world-wide importance, at least greatly influenced Dravidian civilization.

Though the Jains thus occupy an honourable, and even distinguished place in the history of letters it must be confessed that it is hard to praise their older religious books. This literature is of considerable scientific interest for it contains many data about ancient India as yet unsifted but it is tedious in style and rarely elevated in sentiment. It has an arid extravagance, which merely piles one above the other interminable lists of names and computations of immensity in time and space. Even more than in the Buddhist suttas there is a tendency to repetition which offends our sense of proportion and though the main idea, to free the soul from the trammels of passion and matter, is not inferior to any of the religious themes of India, the treatment is not adequate to the subject and the counsels of perfection are smothered under a mass of minute precepts about the most unsavoury details of life and culminate in the recommendation of death by voluntary starvation.

5

But observation of Jainism as it exists to-day produces a quite different impression. The Jains are well-to-do, industrious and practical. their schools and religious establishments are well ordered their temples have a beauty, cleanliness, and cheerfulness unusual in India and due to the large use made of white marble and brilliant colours. The tenderness for animal life may degenerate into superstition (though surely it is a fault on the right side) and some observances of the ascetics (such as pulling out the hair instead of shaving the head) are severe, but as a community the Jains lead sane and serious lives, hardly

practising and certainly not parading the extravagances of self-torture which they theoretically commend. Mahāvīra is said to have taught that place, time and occasion should be taken into consideration and his successors adapted their precepts to the age in which they lived. Such monks as I have met¹ maintained that extreme forms of *tapas* were good for the nerves of ancient saints but not for the weaker natures of to-day. But in avoiding rigorous severity, they have not fallen into sloth or luxury.

The beauty of Jainism finds its best expression in architecture. This reached its zenith both in style and quantity during the eleventh and twelfth centuries which accords with what we know of the growth of the sect. After this period the Mohammedan invasions were unfavourable to all forms of Hindu architecture. But the taste for building remained and somewhat later pious Jains again began to construct large edifices which are generally less degenerate than modern Hindu temples, though they often show traces of Mohammedan influence. Hathn Singh's temple at Ahmadabad completed in 1618 is a fine example of this modern style.

There is a considerable difference between Jain and Buddhist architecture both in intention and effect. Jain monks did not live together in large communities and there was no worship of relics. Hence the vihāra and the stūpa—the two principal types of Buddhist buildings—are both absent. Yet there is some resemblance between Jain temples (for instance those at Pritāna) and the larger Burmese sanctuaries, such as the Shwe Dagon Pagoda. It is partly due to the same conviction, namely that the most meritorious work which a layman can perform is to multiply shrines and images. In both localities the general plan is similar. On the top of a hill or mound is a central building round which are grouped a multitude of other shrines. The adjunction of chapels and images is very remarkable: in Burma they all represent Gotama, in Jain temples the figures of Tirthankaras are normally distributed far and wide but unlike in presentment and the laity rarely know them apart. In both styles of art white and jewelled images are common as well as groups of four sitting figures set back to back, and facing the

four quarters¹: in both we meet with veritable cities of temples, on the hill tops of Gujarat and in the plain of Pagan on the banks of the Irawaddy. As some features of Burmese art are undoubtedly borrowed from India², the above characteristics may be due to imitation of Jain methods. It might be argued that the architectural style of late Indian Buddhism survives among the Jains but there is no proof that the multiplication of temples and images was a feature of this style. But in some points it is clear that the Jains have followed the artistic conventions of the Buddhists. Thus *Pârsvanâtha* is sheltered by a cobra's hood, like *Gotama*, and though the Bo-tree plays no part in the legend of the *Tirthankaras*, they are represented as sitting under such trees and a living tree is venerated at *Palitana*.

As single edifices illustrating the beauty of Jain art both in grace of design and patient elaboration of workmanship may be mentioned the Towers of Fame and Victory at *Chitore*, and the temples of *Mt Abu*. Some differences of style are visible in north and south India. In the former the essential features are a shrine with a portico attached and surmounted by a conical tower, the whole placed in a quadrangular court round which are a series of cells or chapels containing images seated on thrones. These are the *Tirthankaras*, almost exactly alike and of white marble, though some of the later saints are represented as black. The *Svêtâmbaras* represent their *Tirthankaras* as clothed but in the temples of the *Digambaras* the images are naked.

In the south are found religious monuments of two kinds known as *Bastis* and *Bettus*. The *Bastis* consist of pillared vestibules leading to a shrine over which rises a dome constructed in three or four stages. The *Bettus* are not temples in the ordinary sense but courtyards surrounding gigantic images of a saint named *Gommatesvara* who is said to have been the son of the first *Tirthankara*³. The largest of these colossi is at

¹ In Gujarat they are called *Cho mukhji* and it is said that when a *Tirthankara* preached in the midst of his audience each side saw him facing them. In Burma the four figures are generally said to be the first four *Buddhas*.

² This seems clear from the presence in Burma of the curvilinear stupa and even of copies of Indian temples, e.g. of *Bohi Gaya* at *Pagan*. Burmese pilgrims to *Gaya* might easily have visited *Mt Parasnath* on their way.

³ I have this information from the Jain Guru at *Sravastri Belgola*. He said that *Gomatesvara* (who seems unknown to the *Svêtâmbaras*) was a *Kevaha* but not a *Tirthankara*.

performed in the temples consists of simple offerings of flowers, incense and lights made with little ceremony. Pilgrims go their rounds in small bands and kneeling together before the images sing the praises of the Jinas.

6

It is remarkable that Jainism is still a living sect, whereas the Buddhists have disappeared from India. Its strength and persistence are centred in its power of enlisting the interest of the laity and of forming them into a corporation. In theory the position of the Jain and Buddhist layman is the same. Both revere and support a religious order for which they have not a vocation, and are bound by minor vows less stringent than those of the monks. But among the Buddhists the members of the order came to be regarded more and more as the true church¹ and the laity tended to become (what they actually have become in China and Japan) pious persons who revere that order as something extraneous to themselves and very often only as one among several religious organizations. Hence when in India monasteries decayed or were destroyed, little active Buddhism was left outside them. But the wandering ascetics of the Jains never concentrated the strength of the religion in themselves to the same extent; the severity of their rule limited their numbers: the laity were wealthy and practically formed a caste; persecution acted as a tonic. As a result we have a sect analogous in some ways to the Jews, Parsis, and Quakers², among all of whom we find the same features, namely a wealthy laity, little or no sacerdotalism and endurance of persecution.

Another question of some interest is how far Jainism should be regarded as separate from Buddhism. Historically the position seems clear. Both are offshoots of a movement which was active in India in the sixth century B.C. in certain districts and especially among the aristocracy. Of these offshoots—the survivors among many which hardly outlived their birth—

¹ The strength of Buddhism in Burma and Siam is no doubt largely due to the fact that custom obliges every one to spend part of his life—if only a few days—as a member of the order.

² One might perhaps add to this list the Skoptsy of Russia and the Armenians in many European and Asiatic towns.

Jainism was a trifle the earlier, but Buddhism was superior and more satisfying to the intellect and moral sense alike. Out of the theory and practice of religious life current in their time Gotama fashioned a beautiful vase, Mahāvira a homely but still durable pot. The resemblances between the two systems are not merely obvious but fundamental. Both had their origin outside the priestly class and owed much of their success to the protection of princes. Both preach a road to salvation open to man's unaided strength and needing neither sacrifice nor revealed lore. Both are universal, for though Buddhism set about its world mission with more knowledge and grasp of the task, the Jain sūtras are addressed "to Aryans and non-Aryans" and it is said that in modern times Mohammedans have been received into the Jain Church. Neither is theistic. Both believe in some form of reincarnation, in karma and in the periodical appearance of beings possessed of superhuman knowledge and called indifferently Jinas or Buddhas. The historian may therefore be disposed to regard the two religions as not differing much more than the varieties of Protestant Dissenters to be found in Great Britain. But the theologian will perceive real differences. One of the most important doctrines of Buddhism—perhaps in the Buddha's own esteem the central doctrine—is the non-existence of the soul as a permanent entity: in Jainism on the contrary not only the human body but the whole world including inanimate matter is inhabited by individual souls who can also exist apart from matter in individual blessedness. The Jain theory of fivefold knowledge is unknown to the Buddhists, as is their theory of the Skandhas to the Jains. Secondly as to practice Jainism teaches (with some concessions in modern times) that salvation is obtainable by self-mortification but this is the method which the Buddha condemned after prolonged trial. It is clear that in his own opinion and that of his contemporaries the rule and ideal of life which he prescribed differed widely from those of the Jains, Ajivikas and other wandering ascetics.

BOOK III
PALI BUDDHISM

BOOK III

IN the previous book I have treated chiefly the general characteristics of Indian religion. They persist in its later phases but great changes and additions are made. In the present book I propose to speak about the life and teaching of the Buddha which even hostile critics must admit to be a turning point in the history of Indian thought and institutions, and about the earliest forms of Buddhism. For twelve centuries or more after the death of this great genius Indian religion flows in two parallel streams, Buddhist and Brahmanic, which subsequently unite, Buddhism colouring the whole river but ceasing within India itself to have any important manifestations distinct from Brahmanism.

In a general survey it is hardly possible to follow the order of strict chronology until comparatively modern times. We cannot, for instance, give a sketch of Indian thought in the first century B.C., simply because our data do not permit us to assign certain sets and books to that period rather than to the hundred years which preceded or followed it. But we can follow with moderate accuracy the two streams of thought in their respective courses. I have wondered if I should not take Hinduism first. Its development from ancient Brahmanism is continuous and Buddhism is merely an episode in it, though a lengthy one. But many as are the lacunæ in the history of Buddhism, it offers more data and documents than the history of Hinduism. We know more about the views of Asoka for instance than about those of Chandragupta Maurya. I shall therefore deal first with Buddhism and then with Hinduism, while admitting that a parallel and synoptic treatment is impossible.

The eight chapters of this book deal mainly with Pali Buddhism—a convenient and neutral nomenclature—and not with the Mahayana, though they note the tendencies which

* The present book is a revised edition of the first book, and is not a continuation of it. It is a new work, and is not a continuation of the first book. It is a new work, and is not a continuation of the first book. It is a new work, and is not a continuation of the first book.

found expression in it. In the first chapter I treat of the Buddha's life: in the second I venture to compare him with other great religious teachers: in the third I consider his doctrine as expounded in the Pali Tripiṭaka and in the fourth the order of mendicants which he founded. The nature and value of the Pali Canon form the subject of the fifth chapter and the sixth is occupied with the great Emperor Asoka whose name is the clearest landmark in the early history of Buddhism, and indeed of India.

The seventh and eighth chapters discuss topics which belong to Hinduism as well as to Buddhism, namely, meditation and mythology. The latter is anterior to Buddhism and it is only in a special sense that it can be called an addition or accretion. Indian thought makes clearings in the jungle of mythology, which become obliterated or diminished as the jungle grows over them again. Buddhism was the most thorough of such clearings, yet it was invaded more rapidly and completely than any other. The Vedānta and Sāṅkhya are really, if less obviously, similar clearings. They raise no objection to popular divinities but such divinities do not come within the scope of religious philosophy as they understand it.

and each sermon preached. Some narrative passages, such as the Sutta which relates the close of the Buddha's life and the portion of the Vinaya which tells how he obtained enlightenment and made his first converts, are of considerable length. Though these narratives are compilations which accepted new matter during several centuries, I see no reason to doubt that the oldest stratum contains the recollections of those who had seen and heard the master.

In basing the following account on the Pali Canon, I do not mean to discredit Sanskrit texts merely because they are written in that language or to deny that many Pali texts contain miraculous and unhistorical narratives¹. But the principal Sanskrit Sūtras such as the Lotus and the Diamond Cutter are purely doctrinal and those texts which profess to contain historical matter, such as the Vinayas translated from Sanskrit into Chinese, are as yet hardly accessible to European scholars. So far as they are known, they add incidents to the career of the Buddha without altering its main lines, and when the accounts of such incidents are not in themselves improbable they merit consideration. On the whole these Sanskrit texts are later and more embellished than their Pali counterparts, but it is necessary not to forget the existence of this vast storehouse of traditions, which may contain many surprises².

Though the Pali texts do not give the story of the Buddha's life in a connected form, they do give us details about many important events in it and they offer a picture of the world in which he moved. The idea of biography was unknown to the older Indian literature. The Brāhmanas and Upanishads tell us of the beliefs and practices of their sages, the doctrines they taught and the sacrifices they offered, but they rarely give even an outline of their lives. And whenever the Hindus write about a man of religion or a philosopher, their weak historical sense and their strong feeling for the importance of the teaching lead them to neglect the figure of the teacher and present a portrait which seems to us dim and impersonal. Indian saints are distinguished by what they said, not by what they did and it is a strong testimony to Gotama's individuality and force of character, that in spite of the centuries

¹ E.g. Maj. Nik. 123 about the marvels attending the birth of a Buddha.

² See some further remarks on this subject at the end of chap. XIII. (on the Canon)

which separate us from him and the misty unreal atmosphere which in later times hangs round his name, his personality is more distinct and lifelike than that of many later teachers.

Most of the stories of his youth and childhood have a mythical air and make their first appearance in works composed long after his death, but there is no reason to distrust the traditional accounts of his lineage. He was the son of *Suddhodana* of the *Kshatriya* clan known as *Sākya* or *Sākiya*¹. In later literature his father is usually described as a king but this statement needs qualification. The *Sākyas* were a small aristocratic republic. At the time of the Buddha's birth they recognized the suzerainty of the neighbouring kingdom of *Kosala* or *Oudh* and they were subsequently annexed by it, but, so long as they were independent, all that we know of their government leads us to suppose that they were not a monarchy like *Kosala* and *Magadha*. The political and administrative business of the clan was transacted by an assembly which met in a council hall² at *Kapilavatthu*. Its president was styled *Rājā* but we do not know how he was selected nor for how long he held office. The Buddha's father is sometimes spoken of as *Rājā*, sometimes as if he were a simple citizen. Some scholars think the position was temporary and elective³. But in any case it seems clear that he was not a *Mahārāja* like *Ajātasattu* and other monarchs of the period. He was a prominent member of a wealthy and aristocratic family rather than a despot. In some passages⁴ Brahmins are represented as disputing the Buddha's claims to respect. It is said that he is of a noble and wealthy family but not that he is the son of a king or heir to the throne, though the statement, if true, would be so obvious and appropriate that its omission is sufficient to disprove it. The point is of psychological importance, for the later literature in its desire to emphasize the sacrifice made by

¹ *Sākya* or *Sākiya*. The Sanskrit form is *Sākya*.

² Some authorities also pass over the fact that the Buddha's father was not a king but a simple citizen. The Buddha's father was not a king but a simple citizen. The Buddha's father was not a king but a simple citizen.

³ But the Buddha's father was not a king but a simple citizen. The Buddha's father was not a king but a simple citizen. The Buddha's father was not a king but a simple citizen.

⁴ *Sākya* or *Sākiya*. The Sanskrit form is *Sākya*.

the Buddha exaggerates the splendour and luxury by which he was surrounded in youth and produces the impression that his temperament was something like that reflected in the book of Ecclesiastes, the weary calm, bred of satiety and disenchantment, of one who has possessed everything and found everything to be but vanity. But this is not the dominant note of the Buddha's discourses as we have them. He condemns the pleasures and ambitions of the world as unsatisfying, but he stands before us as one who has resisted and vanquished temptation rather than as a disillusioned pleasure-seeker. The tone of these sermons accords perfectly with the supposition, supported by whatever historical data we possess, that he belonged to a fighting aristocracy, active in war and debate, wealthy according to the standard of the times and yielding imperfect obedience to the authority of kings and priests. The Pīṭakas allude several times to the pride of the Sākya, and in spite of the gentleness and courtesy of the Buddha this family trait is often apparent in his attitude, in the independence of his views, his calm disregard of Brahmanic pretensions and the authority that marks his utterances.

The territory of the Sakyas lay about the frontier which now divides Nepal from the United Provinces, between the upper Rapti and the Gandak rivers, a hundred miles or so to the north of Benares. The capital was called Kapilavatthu¹, and the mention of several other towns in the oldest texts indicates that the country was populous. Its wealth was derived chiefly from rice-fields and cattle. The uncultivated parts were covered with forest and often infested by robbers. The spot where the Buddha was born was known as the Lumbini Park and the site, or at least what was supposed to be the site in Asoka's time, is marked by a pillar erected by that monarch at a place now called Rummidei². His mother was named Māyā and was also of the Sākya clan. Tradition states that she

¹ Sanskrit Kapilavastu - red place or red earth.

² Tradition is unanimous that he died in his eightieth year and hitherto it has been generally supposed that this was about 487 B.C., so that he would have been born a little before 560. But Vincent Smith now thinks that he died about 543 B.C. See *J.R.A.S.* 1918, p. 547. He was certainly contemporary with kings Bimbisāra and Ajātasattu, dying in the reign of the latter. His date therefore depends on the chronology of the Samunāga and Nanda dynasties, for which new data are now available.

died seven days after his birth and that he was brought up by her sister, Mahâprajāpatī, who was also a wife of Suddhodana. The names of other relatives are preserved, but otherwise the older documents tell us nothing of his childhood and the copious legends of the later church seem to be poetical embellishments. The Sutta-Nipāta contains the story of an aged seer named Asita who came to see the child and, much like Simeon, prophesied his future greatness but wept that he himself must die before hearing the new gospel.

The personal name of the Buddha was Siddhārtha in Sanskrit or Siddhattha in Pali, meaning he who has achieved his object, but it is rarely used. Persons who are introduced in the Pitakas as addressing him directly either employ a title or call him Gotama (Sanskrit Gautama). This was the name of his *gotra* or gens and roughly corresponds to a surname, being less comprehensive than the clan name Sākya. The name Gotama is applied in the Pitakas to other Sākyas such as the Buddha's father and his cousin Ānanda. It is said to be still in use in India and has been borne by many distinguished Hindus. But since it seemed somewhat irreverent to speak of the Buddha merely by his surname, it became the custom to describe him by titles. The most celebrated of these is the word *Buddha*¹ itself, the awakened or wise one. But in Pali works he is described just as frequently by the name of Bhagavā or the Lord. The titles of Sākya-Muni and Sākya-Simha have also passed into common use and the former is his usual designation in the Sāṅkhya-śāstras. The word Taṭhāgata, of somewhat obscure signification², is frequently found as an equivalent of Buddha and is put into the mouth of Gotama himself as a substitute for the first personal pronoun.

We can only guess what was the religious and moral atmosphere in which the child grew up. There were certainly Brahmins in the Sākya territory; everyone had heard of their

¹ It was a name which the world came to regard as the highest. In the old times it was given to those who had attained the highest state of wisdom and who had become the teachers of the world.

² The word Taṭhāgata is derived from the word Taṭha, which means 'thus' or 'in this way'. It is a name which is given to those who have attained the highest state of wisdom and who have become the teachers of the world. The word Taṭhāgata is also used to refer to the Buddha himself.

Vedic lore, their ceremonies and their claims to superiority. But it is probable that their influence was less complete here than further west¹ and that even before this time they encountered a good deal of scepticism and independent religious sentiment. This may have been in part military impatience of priestly pedantry, but if the Sākya were not submissive sheep, their waywardness was not due to want of interest in religion. A frequent phrase in the Buddha's discourses speaks of the "highest goal of the holy life for the sake of which clansmen leave their homes and go forth into homelessness." The religious mendicant seemed the proper incarnation of this ideal to which Kshatriyas as well as Brahmins aspired, and we are justified in supposing that the future Buddha's thoughts would naturally turn towards the wandering life. The legend represents him as carefully secluded from all disquieting sights and as learning the existence of old age, sickness and death only by chance encounters which left a profound impression. The older texts do not emphasize this view of his mental development, though they do not preclude it. It is stated incidentally that his parents regretted his abandonment of worldly life and it is natural to suppose that they may have tried to turn his mind to secular interests and pleasures². His son, Rāhula, is mentioned several times in the Pīṭakas but his wife only once and then not by name but as "the princess who was the mother of Rāhula"³. His separation from her becomes in the later legend the theme of an affecting tale but the scanty allusions to his family found in the Pīṭakas are devoid of sentimental touches. A remarkable passage is preserved in the Anguttara Nikāya⁴ describing his feelings as a young man and may be the origin of the story⁵ about the four visions of old age, sickness, death and of peace in the religious life. After describing the wealth and comfort in which he lived⁶, he says that he reflected how people feel

¹ See the article on the neighbouring country of Magadha in Macdonell and Keith's *Vedic Index*.

² Cf. the Ratthapāla-sutta.

³ Mahāv. I. 54. 1

⁴ Devadūta-vagga Ang. Nik. III. 35

⁵ But the story is found in the Mahāpadāna-sutta. See also Winternitz, *J. R. A. S.* 1911, p. 1146

⁶ He mentions that he had three palaces or houses, for the hot, cold and rainy seasons respectively, but this is not necessarily regal for the same words are used of Yasa, the son of a Treasurer (Mahāv. I. 7. 1) and Anuruddha, a Sākyan noble (Cullav. VII. 1. 1).

repulsion and disgust at the sight of old age, sickness and death. But is this right? "I also" he thought "am subject to decay and am not free from the power of old age, sickness and death. Is it right that I should feel horror, repulsion and disgust when I see another in such plight? And when I reflected thus, my disciples, all the joy of life which there is in life died within me."

No connected account of his renunciation of the world has been found in the Pīṭakas but¹ people are represented as saying that in spite of his parents' grief he "went out from the household life into the homeless state" while still a young man. Accepted tradition, confirmed by the Mahāparinibbāna Sutta, says that he retired from worldly life when he was twenty-nine years old. The event is also commemorated in a poem of the Sutta-Nipāta² which reads like a very ancient ballad.

It relates how Bimbisāra, King of Magadha, looking out from his palace, saw an unknown ascetic, and feeling he was no ordinary person went himself to visit him. It would appear from this that Gotama on leaving his family went down to the plains adjacent Rājagṛha, the capital of Magadha, now Rajgir to the south of Patna. The teachers of the Ganges valley had probably a better reputation for learning and sanctity than the rough wisps of the Sālyā land and this may have attracted Gotama. At any rate he applied himself diligently to acquire whatever knowledge could be learned from contemporary teachers of religion. We have an account put into his own mouth³ of his experiences as the pupil of Alāra Kālāma and Uddala Rāmaputta but it gives few details of his studies. It would appear however that they both had a fixed system (dhamma) to impart and that their students lived in religious discipline (sīlabbā) as members of an Order. They were therefore doing exactly what the Buddha himself did later on a larger scale and with more conspicuous success. The instruction, we gather, was oral. Gotama assimilated it thoroughly and rapidly but was dissatisfied because he found that it did not conduce to perfect knowledge and salvation.⁴ He evidently

accepted his teachers' general ideas about belief and conduct—a dhamma, a vinaya, and the practice of meditation—but rejected the content of their teaching as inadequate. So he went away.

The European mystic knows the dangers of Quietism¹. When Molinos and other quietists praise the Interior Silence in which the soul neither speaks nor desires nor thinks, they suggest that the suspension of all mental activity is good in itself. But more robust seekers hold that this "orison of quiet" is merely a state of preparation, not the end of the quest, and valuable merely because the soul recuperates therein and is ready for further action. Some doctrine akin to that of the quietists seems to underlie the mysterious old phrases in which the Buddha's two teachers tried to explain their trances, and he left them for much the same reasons as led the Church to condemn Quietism. He did not say that the trances are bad, indeed he represented them as productive of happiness² in a sense which Europeans can hardly follow. But he clearly refused to admit that they were the proper end of the religious life. He felt there was something better and he set out to find it.

The interval between his abandonment of the world and his enlightenment is traditionally estimated at seven years and this accords with our other data. But we are not told how long he remained with his two teachers nor where they lived. He says however that after leaving them he wandered up and down the land of Magadha, so that their residence was probably in or near that district³. He settled at a place called Uruvelā "There" he says "I thought to myself, truly this is a pleasant spot and a beautiful forest. Clear flows the river and pleasant are the bathing places all around are meadows and villages" Here he determined to devote himself to the severest forms of asceticism. The place is in the neighbourhood of Bodhi-Gaya, near the river now called Phalgu or Lalañja but formerly

and that of Uddaka Rāmaputta to rebirth in the sphere where neither any idea nor the absence of any idea is specially present to the mind. These expressions occur elsewhere (e.g. in the Mahāparinibbāna sutta) as names of stages in meditation or of incorporeal worlds (arūpabrahmaloka) where these states prevail. Some mysterious utterances of Uddaka are preserved in Sam Nik xxv. 103

¹ Underhill, *Intro. to Mysticism*, p. 387

² Sam Nik xxxvi. 19

³ The Laṅkā Vistara says Alāra lived at Vesālī and Uddaka in Magadha

Neranjara. The fertile fields and gardens, the flights of steps and temples are modern additions but the trees and the river still give the sense of repose and inspiration which Gotama felt, an influence alike calming to the senses and stimulating to the mind. Buddhism, though in theory setting no value on the pleasures of the eye, is not in practice disdainful of beauty, as witness the many allusions to the Buddha's personal appearance, the persistent love of art, and the equally persistent love of nature which is found in such early poems as the *Theragāthā* and still inspires those who select the sites of monasteries throughout the Buddhist world from Burma to Japan. The example of the Buddha, if we may believe the story, shows that he felt the importance of scenery and climate in the struggle before him and his followers still hold that a holy life is led most easily in beautiful and peaceful landscapes.

2

Hitherto we have found allusions to the events of the Buddha's life rather than consecutive statements and narratives but for the next period, comprising his struggle for enlightenment, its attainment and the commencement of his career as a teacher, we have several accounts, both discourses put into his own mouth and narratives in the third person like the beginning of the *Mahāvagga*. It evidently was felt that this was the most interesting and critical period of his life and for it, as for the period immediately preceding his death, the Pāṭi as provide the elements of a biography. The accounts vary as to the amount of detail and supernatural events which they contain, but though the simplest is perhaps the oldest, it does not follow that events consistent with it but only found in other versions are untrue. One cannot argue that anyone recounting his spiritual experiences is bound to give a biographically complete picture. He may recount only what is relevant to the purpose of his discourse.

Gotama's ascetic life at Urutthā is known as the wandering or struggle for truth. The story, as he tells it in the Pāṭi, is very old but is important in its morality and moral instruction. First, he thought to him. He cannot be produced

from damp wood by friction, but it can from dry wood. Even so must the body be purged of its humours to make it a fit receptacle for illumination and knowledge. So he began a series of terrible fasts and sat "with set teeth and tongue pressed against the palate" until in this spiritual wrestling the sweat poured down from his arm pits. Then he applied himself to meditation accompanied by complete cessation of breathing, and, as he persevered and went from stage to stage of this painful exercise, he heard the blood rushing in his head and felt as if his skull was being split, as if his belly were being cut open with a butcher's knife, and finally as if he were thrown into a pit of burning coals. Elsewhere¹ he gives further details of the horrible penances which he inflicted on himself. He gradually reduced his food to a grain of rice each day. He lived on seeds and grass, and for one period literally on dung. He wore haircloth or other irritating clothes. he plucked out his hair and beard he stood continuously. he lay upon thorns. He let the dust and dirt accumulate till his body looked like an old tree. He frequented a cemetery—that is a place where corpses were thrown to decay or be eaten by birds and beasts—and lay among the rotting bodies.

But no enlightenment, no glimpse into the riddle of the world came of all this, so, although he was nearly at death's door, he determined to abstain from food altogether. But spirits appeared and dissuaded him, saying that if he attempted thus to kill himself they would nourish him by infusing a celestial elixir through his skin and he reflected that he might as well take a little food². So he took a palmful or two of bean soup. He was worn almost to a shadow, he says "When I touched my belly, I felt my backbone through it and when I touched my back, I felt my belly—so near had my back and my belly come together through this fasting. And when I rubbed my limbs to refresh them the hair fell off³." Then he

¹ Maj Nik 12. See too Dig Nik 8.

² If this discourse is regarded as giving in substance Gotama's own version of his experiences, it need not be supposed to mean much more than that his good angel (in European language) bade him not take his own life. But the argument represented as appealing to him was that if spirits sustained him with supernatural nourishment, entire abstinence from food would be a useless pretence.

³ The remarkable figures known as "fasting Buddhas" in Lahore Museum and elsewhere represent Gotama in this condition and show very plainly the falling in of the belly.

reflected that he had reached the limit of self-mortification and yet attained no enlightenment. There must be another way to knowledge. And he remembered how once in his youth he had sat in the shade of a rose apple tree and entered into the stage of contemplation known as the first rapture. That, he now thought, must be the way to enlightenment why be afraid of such bliss? But to attain it, he must have more strength and to get strength he must eat. So he ate some rice porridge. There were five monks living near him, hoping that when he found the Truth he would tell it to them. But when they saw that he had begun to take food, their faith failed and they went away.

The Buddha then relates how, having taken food, he began to meditate and passed through four stages of contemplation, culminating in pure self-possession and equanimity, free alike from all feeling of pain or ease. Such meditation was nothing miraculous but supposed to be within the power of any trained ascetic. Then there arose before him a vision of his previous births, the hundreds of thousands of existences with all their details of name, family and caste through which he had passed. This was succeeded by a second and wider vision in which he saw the whole universe as a system of karma and reincarnation, composed of beings noble or mean, happy or unhappy, continually "passing away according to their deeds," leaving one form of existence and taking shape in another. Finally, he understood the nature of error¹ and of suffering, the cessation of suffering and the path that leads to the cessation of suffering. "In me thus set free the knowledge of freedom arose and I knew 'Rebirth has been destroyed, the higher life has been had; what had to be done has been done, I have no more to do with this world!'" This third knowledge came to me in the first watch of the night, ignorance was destroyed, knowledge had arisen, darkness was destroyed, light had arisen, as I sat then came to me this knowledge, resolute².

¹ *Avijjā*. The word *avijjā* is used in the text to mean ignorance, but it is also used to mean error, mistake, or delusion. The word *avijjā* is used in the text to mean ignorance, but it is also used to mean error, mistake, or delusion.

² *Samāpatti*. The word *Samāpatti* is used in the text to mean attainment, but it is also used to mean completion, or fulfillment. The word *Samāpatti* is used in the text to mean attainment, but it is also used to mean completion, or fulfillment.

³ *Samāpatti*. The word *Samāpatti* is used in the text to mean attainment, but it is also used to mean completion, or fulfillment. The word *Samāpatti* is used in the text to mean attainment, but it is also used to mean completion, or fulfillment.

On attaining enlightenment he at first despaired of preaching the truth to others. He reflected that his doctrine was abstruse and that mankind are given over to their desires. How can such men understand the chain of cause and effect or teaching about Nirvana and the annihilation of desire? So he determined to remain quiet and not to preach. Then the deity Brahmā Sahampatī appeared before him and besought him to preach the Truth, pleading that some men could understand. The Buddha surveyed the world with his mind's eye and saw the different natures of mankind. "As in a pool of lotuses, blue, red or white, some lotuses born in the water, grown up in the water, do not rise above the water but thrive hidden under the water and other lotuses, blue, red or white, born in the water, grown up in the water, reach to the surface, and other lotuses, blue, red or white, born in the water, grown up in the water, stand up out of the water and the water does not touch them." Thus did he perceive the world to be and he said to Brahmā "The doors of immortality are open. Let them that have ears to hear, show faith."

Then he began to wonder to whom he should first preach his doctrine, and he thought of his former teachers. But a spirit warned him that they had recently died. Then he thought of the five monks who had tended him during his austerities but left him when he ceased to fast. By his superhuman power of vision he perceived that they were living at Benares in the deer park, Isipatana. So, after remaining awhile at Uruvelā he started to find them and on the way met a naked ascetic, in answer to whose enquiries he proclaimed himself as the Buddha, "I am the Holy One in this world, I am the highest teacher, I alone am the perfect supreme Buddha, I have gained calm and nirvana, I go to Benares to set moving the wheels of righteousness¹. I will beat the drum of immortality in the darkness of this world." But the ascetic replied, "It may be evuls in having, after long search in repeated births, found the maker of the house. "Now, O maker of the house thou art seen no more shalt thou make a house." The lines which follow are hard to translate. The ridge pole of the house has been destroyed (*visankhataṃ* more literally do come posed) and so the mind passes beyond the *sankhāras* (*visankhāragataṃ*). The play of words in *visankhataṃ* and *visankhāra* can hardly be rendered in English.

¹ As Rhys Davids observes, this expression means "to found the Kingdom of Righteousness" but the metaphor is to make the wheels of the chariot of righteousness move unopposed over all the Earth.

so, friend," shook his head, took another road and went away, with the honour of being the first sceptic.

When the Buddha reached the deer park¹, a wood where ascetics were allowed to dwell and animals might not be killed, the five monks saw him coming and determined not to salute him since he had given up his exertions, and turned to a luxurious life. But as he drew near they were overawed and in spite of their resolution advanced to meet him, and brought water to wash his feet. While showing him this honour they called him Friend Gotama but he replied that it was not proper to address the Tathagata² thus. He had become a Buddha and was ready to teach them the Truth but the monks demurred saying that if he had been unable to win enlightenment while practising austerities, he was not likely to have found it now that he was living a life of ease. But he overcame their doubts and proceeded to instruct them, apparently during some days, for we are told that they went out to beg alms.

Can this account be regarded as in any sense historical, as being not perhaps the Buddha's own words but the reminiscence of some one who had heard him describe the crisis of his life? Like so much of the Pitakas the narrative has an air of patchwork. Many striking passages, such as the descriptions of the raptures through which he passed, occur in other connections but the formulae are ancient and their use here may be as early and legitimate as elsewhere. In its main outline the account is simple, unpretentious and human. Gotama seeks to obtain enlightenment by self-mortification: finds that this is the wrong way: tries a more natural method and succeeds: debates whether he shall become a teacher and at first hesitates. There are not features which the average Indian hagiographer, anxious to prove his hero omnipotent and omniscient, would invent or emphasize. Towards the end of the narrative the language is more majestic and the compiler introduces several changes, but though it is hardly likely that Gotama would have used the language in telling his own story, they may be ancient and in substance authentic. The supernatural intervention mentioned by the compiler. It amounts to this, that in mental

¹ *Deer Park*, *Deer Park*.

² *Tathagata* = *He who has come* = *He who has come from the other world*.

delivered by the daemon of Socrates¹. The appearance of Brahmā Sahampata is related with more detail and largely in verse, which suggests that the compiler may have inserted some legend which he found ready to hand, but on the whole I am inclined to believe that in this narrative we have a tradition not separated from the Buddha by many generations and going back to those who had themselves heard him describe his wrestling to obtain the Truth and his victory.

Other versions of the enlightenment give other incidents which are not rendered less credible by their omission from the narrative quoted, for it is clearly an epitome put together for a special didactic purpose. But still the story as related at the beginning of the *Mahāvagga* of the *Vinaya* has a stronger smack of mythology than the passages quoted from the *Sutta-Pitaka*. In these last the Bodhi-tree² is mentioned only incidentally, which is natural, for it is a detail which would impress later piety rather than the Buddha himself. But there is no reason to be sceptical as to the part it has played in Buddhist history. Even if we had not been told that he sat under a tree, we might surmise that he did so, for to sit under a tree or in a cave was the only alternative for a homeless ascetic. The *Mahāvagga* states that after attaining Buddhahood he sat crosslegged at the foot of the tree for seven days uninterruptedly, enjoying the bliss of emancipation, and while there thought out the chain of causation which is only alluded to in the suttas quoted above. He also sat under three other trees, seven days under each. Heavy rain came on but Mucalinda, the king of the serpents, "came out of his abode and seven times encircled the body of the Lord with his windings and spread his great hood over the Lord's head." Here we are in the domain of mythology: this is not a vignette from the old religious life on the banks of the Nerañjara but a work of sacred art: the Holy Supreme Buddha sitting immovable and imperturbable in the midst of a storm sheltered by the folds of some pious monster that the artist's fancy has created.

¹ Similar heavenly messages were often received by Christian mystics and were probably true as subjective experiences. Thus Suso was visited one Whitsunday by a heavenly messenger who bade him cease his mortifications.

² It is the Pipal tree or *Ficus religiosa*, as is mentioned in the *Digha Nikāya*, xiv 30, not the Banyan. Its leaves have long points and tremble continually. Popular fancy says this is a memory of the tremendous struggle which they witnessed

The narrative quoted from the Majjhima-Nikāya does not mention that the Buddha during his struggle for enlightenment was assailed or tempted by Māra, the personification of evil and of transitory pleasures but also of death. But that such an encounter—in some respects analogous to the temptation of Christ by the Devil—formed part of the old tradition is indicated by several passages in the Pitakas¹ and not merely by the later literature where it assumes a prominent and picturesque form. This struggle is psychologically probable enough but the origin of the story, which is exhaustively discussed in Windisch's *Buddha und Māra*, seems to lie not so much in any account which the Buddha may have given of his mental struggles as in amplifications of old legends and in dramatizations of metaphors which he may have used about conquering death.

The Bodhi-tree is still shown at Bodh-Gaya. It stands on a low terrace behind the temple, the whole lying in a hollow, below the level of the surrounding modern buildings, and still attracts many pilgrims from all Buddhist lands though perhaps not so many as the tree at Anuradhapura in Ceylon, which is said to be sprung from one of its branches transplanted thither. Whatever title it may have to the reverence of the faithful rests on lineage rather than identity, for the growth which we see at Bodh-Gaya now cannot claim to be the branches under which the Buddha sat or even the trunk which Asoka tended. At best it is a modern stem sprung from the seeds of the old tree, and this descent is rendered disputable by legends of its destruction and miraculous restoration. Even during the time that Sir A. Cunningham knew the locality from 1862 to 1880 it would seem that the old trunk decayed and was replaced by a new one grown from seed.

The texts quoted above leave the Buddha occupied in teaching the five monks in the Deer Park and the Mahāvagga gives us the text of the sermon² with which he opened his instruction. It is entitled Turning the Wheel of Righteousness, and is also known as The Sermon at Benares. It is a very early statement of the main doctrine of primitive Buddhism and there is no reason to doubt that it contains the ideas and phrases

¹ The text of the Pitakas is given in the *Samyutta-Nikāya*, *Majjhima-Nikāya*, and *Sutta-Nipata*. The *Pitakas* of the *Vijaya* and the *Theravāda* are also given in the *Samyutta-Nikāya*, *Majjhima-Nikāya*, and *Sutta-Nipata*.

² The text of the sermon is given in the *Samyutta-Nikāya*.

of the Buddha. The gist of the sermon is extremely simple. He first says that those who wish to lead a religious life should avoid the two extremes of self-indulgence and self-torture and follow a middle way. Then he enunciates what he calls the four truths¹ about evil or suffering and the way to make an end of it. He opens very practically, and it may be noticed that abstruse as are many of his discourses they generally go straight to the heart of some contemporary interest. Here he says that self-indulgence is low and self-mortification crazy; that both are profitless and neither is the religious life. That consists in walking in the middle path, or noble eightfold path defined in a celebrated formula as right views, right aspirations, right speech, right conduct, right livelihood, right effort, right mindfulness, right rapture. He then enunciates the four truths. The first declares that all clinging to existence involves suffering. I shall have occasion to examine later the pessimism which is often said to characterize Buddhism and Indian thought generally. Here let it suffice to say that the first truth must be taken in conjunction with the others. The teaching of the Buddha is a teaching not so much of pessimism as of emancipation; but emancipation implies the existence of evil from which men must be freed; a happy world would not need it. Buddhism recognizes the evil of the world but it is not on that account a religion of despair; the essence of it is that it provides a remedy and an escape.

The second and third truths must be taken together and in connection with the formula known as the chain of causation (*patīcasamuppāda*). Everything has a cause and produces an effect. If this is, that is; if this is not, then that is not. This simple principle of uniform causation is applied to the whole universe, gods and men, heaven, earth and hell. Indian thought has always loved wide applications of fundamental principles and here a law of the universe is propounded in a form both simple and abstract. Everything exists in virtue of a cause and does not exist if that cause is absent. Suffering has a cause and if that cause can be detected and eliminated, suffering itself will be eliminated. This cause of evil is *Tanhā*, the thirst or craving for existence, pleasure and success. And the cure is to remove it. It may seem to the European that this is a

¹ Concisely stated as suffering, the cause of suffering, the suppression of suffering and the method of effecting that suppression.

proposal to cure the evils of life by removing life itself but when in the fourth truth we come to the course to be followed by the seeker after salvation—the eightfold path—we find it neither extravagant nor morbid. We may imagine that an Indian of that time asking different schools of thinkers for the way to salvation would have been told by Brahmans (if indeed they had been willing to impart knowledge to any but an accredited pupil) that he who performs a certain ceremony goes to the abode of the gods: other teachers would have insisted on a course of fasting and self-torture others again like Sāṅghya and Makkhali would have given argumentative and unpractical answers. The Buddha's answer is simple and practical: seven-eighths of it would be accepted in every civilized country as a description of the good life. It is not merely external, for it insists on right thought and right aspiration, the motive and temper are as important as the act. It does not neglect will-power and activity, for right action, right livelihood and right effort are necessary—a point to be remembered when Buddhism is called a dreamy unpractical religion. But no doubt the last stage of the path, right rapture or right meditation, is meant to be its crown and fulfilment. It takes the place of prayer and communion with the deity and the Buddha promises the beatific vision in this life to those who persevere. The negative features of the Path are also important. It contains no mention of ceremonial, authentic gods, many or one, nor of the Buddha himself. He is the discoverer and teacher of the truth, beyond that his personality plays no part.

But we are here treating of his life rather than of his doctrine and must now return to the events which are said to have followed the first sermon.

The first converts had, even before embracing the Buddha's teaching, been followers of a religious life but the next batch of converts came from the wealthy mercantile families of Benares. The first was a youth named Yasa who joined the order, etc. His father, mother and former wife became lay followers. Then, one by one, four and not properly fifty brothers of Yasa joined the order. "At that time," says the Mahāyāna text, "the world of men and gods was filled with joy." The text then goes on to say that the Buddha, seeing that the world was filled with joy, preached the doctrine of the Four Noble Truths, and that the world was filled with joy.

first arhatship seems to have followed immediately on ordination. Arhat, it may be mentioned, is the commonest word in early Buddhist literature (more common than any phrase about nirvana) for describing sanctity and spiritual perfection. The arhat is one who has broken the fetters of the senses and passions, for whom there will be no new birth or death, and who lives in this world like the Buddha, detached but happy and beneficent.

The Buddha then addressed his followers and said—"Monks, I am delivered from all fetters, human and divine, and so are you. Go now and wander for the gain of many, for the welfare of many, out of compassion for the world, for the good, for the gain and for the welfare of gods and men. Let not two of you go the same way. Preach the doctrine which is glorious in the beginning, glorious in the middle and glorious in the end, in the spirit and in the letter, proclaim a consummate, perfect and pure life of holiness." The monks then went forth and returned bringing candidates to be formally ordained by the Buddha. But seeing that these journeys caused fatigue and trouble, he authorized the ordained monks to confer ordination without reference to himself. He then returned to Uruvelā, where he had dwelt before attaining Buddhahood, and converted a thousand Jāṭilas, that is to say Brahmins living the life of hermits, which involved the abandonment of household life but not of sacrifices. The admission of these hermits to the order is probably historical and explains the presence among the Buddha's disciples of a tendency towards self-mortification of which he himself did not wholly approve. The *Mahāvagga*¹ contains a series of short legends about these occurrences, one of them in two versions. The narratives are miraculous but have an ancient tone and probably represent the type of popular story current about the Buddha shortly after or even during his life. One of them is a not uncommon subject in Buddhist art. It relates how the chamber in which a Brahmin called Kassapa kept his sacred fire was haunted by a fire-breathing magical serpent. The Buddha however spent the night in this chamber and after a contest in which both emitted flames succeeded in conquering the beast. After converting the Jāṭilas he preached to them the celebrated Fire Sermon, said to

have been delivered on the eminence now called Brahma Yoen¹ near Gaya and possibly inspired by the spectacle of grass fires which at some seasons may be seen creeping over every hill-side in an Indian night. "Everything, Monks, is burning and how is it burning? The eye is burning. what the eye sees is burning: thoughts based on the eye are burning: the contact of the eye (with visible things) is burning and the sensation produced by that contact, whether pleasant, painful or indifferent is also burning. With what fire is it burning? It is burning with the fire of lust, the fire of anger, with the fire of ignorance, it is burning with the sorrows of birth, decay, death, grief, lamentation, suffering, dejection and despair."

The Buddha now went on with his converts to Rājagaha. He stopped in a bamboo grove outside the town and here the King, Bimbisāra, waited on him and with every sign of respect asked him to take food in his palace. It was on this occasion that we first hear of him accepting an invitation to dinner², which he did frequently during the rest of his career. After the repast the king presented a pleasure garden just outside the town "to the fraternity of monks with the Buddha at their head." At that time another celebrated teacher named Sāṃjaya was stopping at Rājagaha with a train of two hundred and fifty disciples. Two of them, Śīrīputta and Moggallāna, joined the Buddha's order and took with them the whole body of their companions.

The Mahāvagga proceeds to relate that many of the young nobility joined the order and that the people began to murmur saying "The Monk Gotama causes fathers to beget no sons and families to become extinct." And again "The Great Monk has come to Gāmbhīra of the Magadha people, leading with him all the followers of Sāṃjaya. Whom will he lead off next?" When this was told to the Buddha he replied that the excitement would only last seven days and bade his followers answer with the following verse: "It is by the true doctrine that the great leader of the Buddhas, the winner of the four worlds, who leads on by the power of truth." It is possible, as Oldenberg says, that we have here two popular complaints which were really intended to be taken in the broad and generous sense by the Buddha.

¹ The name of this place is given as Brahma Yoen in the Pāli text.

² The word 'dinner' is used here in the sense of a meal.

3

It now becomes difficult to give dates but the *Mahāvagga*¹ relates that the Buddha stopped some time at Rājagaha and then revisited his native town, Kapilavatthu. That he should have done so is natural enough but there is little trace of sentiment in the narrative of the Vinaya. Its object is to state the occasion on which the Buddha laid down the rules of the order. Irrelevant incidents are ignored and those which are noticed are regarded simply as the circumstances which led to the formulation of certain regulations. "The Lord dwelt in the Sakka country near Kapilavatthu in the Banyan Grove. And in the forenoon having put on his robes and taken his alms bowl he went to the home of the Sakka Suddhodana² and sat down on a seat prepared for him. Then the princess who was the mother of Rāhula³ said to him 'This is your father, Rāhula, go and ask him for your inheritance.' Then young Rāhula went to the place where the Lord was, and standing before him said 'Your shadow, Monk, is a place of bliss.' Then the Lord rose from his seat and went away but Rāhula followed him saying 'Give me my inheritance, Monk.' Then the Lord said to Sāriputta (who had already become his chief disciple) 'Well, Sāriputta, confer the preliminary ordination on young Rāhula.' Sāriputta asked how he should do so and the Buddha explained the forms

"Then the Sakka Suddhodana went to the place where the Lord was and after respectfully saluting him asked for a boon. 'Lord, when the Blessed One gave up the world, it was great pain to me and so it was when Nanda⁴ did the same. Great too was my pain when Rāhula did it. The love for a son, Lord, cuts into the skin, the flesh, the bones, and reaches the marrow. Let not the preliminary ordination be conferred on a son without his parents' permission.' The Buddha assented. Three or four years later Suddhodana died."

From Kapilavatthu the Buddha is said to have gone to Sāvathī, the capital of Kosala where Pasenadi was king, but now we lose the chronological thread and do not find it again

¹ i. 61-64.

² His father

³ i.e. the Buddha's former wife

⁴ Half brother of the Buddha and Suddhodana's son by Mahāprajāpatī

until the last years of his life. Few of the numerous incidents recorded in the Pitakas can be dated. The narrators resemble those Indian artists who when carving a story in relief place all the principal figures in one panel without attempting to mark the sequence of the incidents which are represented simultaneously. For the connection of events with the Buddha's teaching the compilers of the Pitakas had an eye, for their connection with his life none at all. And though this attitude is disquieting to the historic sense it is not unjustifiable. The object and the achievement of the Buddha was to preach a certain doctrine and to found an order. All the rest—years and countries, pains and pleasures—was of no importance. And it would appear that we have not lost much. We should have a greater sense of security if we had an orderly account of his wanderings and his relations with the kings of his time, but after he had once entered on his ministry the events which broke the peaceful tenour of his long life were few and we probably know most of them though we cannot date them. For about forty-five years he moved about Kosā, Magadha and Anga visiting the two capitals Sāvatti and Rājagaha and going as far west as the country of the Kuru. He took little part in politics or worldly life, though a hazy but not improbable story¹ represents him as pacifying the Sālvas and Koliyas, who were on the point of fighting about the water of the Rohini which irrigated the lands of both clans. He uniformly enjoyed the respect and attention of kings and the wealthy classes. Doubtless he was not popular with the Brahmans or with those good people who disliked seeing fine young men made into monks. But it does not appear that his teaching provoked any serious tumults or that he was troubled by anything but schism within the order. We have, if not a history, at least a picture of a life which though peaceful was active and benevolent but aloof, majestic and authoritative.

We are told² that at first his disciples wandered about at all times but it was not long before he bade them observe the discipline of fixed routine for the great majority of travellers on foot during the greater part of the year but of rest for the remainder during the rainy season. In his own day he said he would not have been able to do this. When moving about he appeared to have

¹ J. 1. 1. 1. 1.

² J. 1. 1. 1. 1.

walked from five to ten miles a day, regulating his movements so as to reach inhabited places in time to collect food for the midday meal. The afternoon he devoted to meditation and in the evening gave instruction. He usually halted in woods or gardens on the outskirts of villages and cities, and often on the bank of a river or tank, for shade and water would be the first requisites for a wandering monk. On these journeys he was accompanied by a considerable following of disciples: five hundred or twelve hundred and fifty are often mentioned and though the numbers may be exaggerated there is no reason to doubt that the band was large. The suttas generally commence with a picture of the surroundings in which the discourse recorded was delivered. The Buddha is walking along the high road from Rājagaha to Nālanda with a great company of disciples. Or he is journeying through Kosala and halting in a mango-grove on the banks of the Aciravati river. Or he is stopping in a wood outside a Brahman village and the people go out to him. The principal Brahmins, taking their siesta on the upper terraces of their houses, see the crowd and ask their doorkeepers what it means. On hearing the cause they debate whether they or the Buddha should pay the first call and ultimately visit him. Or he is halting on the shore of the Gaggara Lake at Campā in Western Bengal, sitting under the fragrant white flowers of a campaka tree. Or he visits the hills overlooking Rājagaha haunted by peacocks and by wandering monks. Often he stops in buildings described as halls, which were sometimes merely rest houses for travellers. But it became more and more the custom for the devout to erect such buildings for his special use and even in his lifetime they assumed the proportions of monasteries¹. The people of Vesālī built one in a wood to the north of their city known as the Gabled Hall. It was a storied house having on the ground floor a large room surrounded by pillars and above it the private apartments of the Buddha. Such private rooms (especially those which he occupied at Sāvatti), were called Gandhakūṭi or the perfumed chamber. At Kapilavattin² the Sākya erected a new building known as Santhagāra. The Buddha was asked to inaugurate it

¹ Thus we hear how Dasama o: Atthakam (Maj. Nik. 52) built one for fifteen hundred monks, and Ghotamukha another in Pataliputta, which bore his name.

² Maj. Nik. 53

accepted by him with silence which signified consent. On the morning of the next day the host announced in person or through a messenger that the meal was ready and the Buddha taking his mantle and bowl went to the house. The host waited on the guests with his own hands, putting the food which he had prepared into their bowls. After the repast the Buddha delivered a discourse or catechized the company. He did the same with his own disciples when he collected food himself and returned home to eat it. He took but one meal a day¹, between eleven and twelve, and did not refuse meat when given to him, provided that he did not know the animals had been slaughtered expressly for his food. When he had given instruction after the meal he usually retired to his chamber or to a quiet spot under trees for repose and meditation. On one occasion² he took his son Râhula with him into a wood at this hour to impart some of the deepest truths to him, but as a rule he gave no further instruction until the late afternoon.

The Pitakas represent all believers as treating the Buddha with the greatest respect but the salutations and titles which they employ hardly exceed those ordinarily used in speaking to eminent persons³. Kings were at this time addressed as *Deva*, whereas the Buddha's usual title is *Ehagavâ* or *Bhante*, Lord. A religious solemnity and deliberation prevails in the interviews which he grants but no extravagance of adoration is recorded. Visitors salute him by bowing with joined hands, sit respectfully on one side while he instructs them and in departing are careful to leave him on their right hand. He accepts such gifts as food, clothes, gardens and houses but rejects all ceremonial honours. Thus Prince Bodhi⁴ when receiving him carpeted his mansion with white cloths but the Buddha would not walk on them and remained standing at the entrance till they were taken up.

The introduction to the *Âriyapariyesana-Sutta* gives a fairly complete picture of a day in his life at Sâvatthi. It relates how

¹ But in *Maṃ. Nik. ii. 5* he says he is not bound by rules as to eating

² *Maṃ. Nik. 147*

³ In an exceedingly curious passage (*Dig. Nik. iv*) the Brahman *Soṇadanda*, while accepting the Buddha's teaching, asks to be excused from showing the Buddha such extreme marks of respect as rising from his seat or dismounting from his chariot, on the ground that his reputation would suffer. He proposes and apparently is allowed to substitute less demonstrative salutations

⁴ *Cullavagga v. 21* and *Maṃ. Nik. 85*.

in the morning he took his bowl and mantle and went to the town to collect food. While he was away, some monks told his personal attendant Ānanda that they wished to hear a discourse from him, as it was long since they had had the privilege. Ānanda suggested that they had better go to the hermitage of the Brahman Rammaka near the town. The Buddha returned, ate his meal and then said "Come, Ānanda, let us go to the terrace of Migāra's mother¹ and stay there till evening." They went there and spent the day in meditation. Towards evening the Buddha rose and said "Let us go to the old bath to refresh our limbs." After they had bathed, Ānanda suggested that they should go to Rammaka's hermitage. The Buddha assented by his silence and they went together. Within the hermitage were many monks engaged in instructive conversation, so the Buddha waited at the door till there was a pause in the talk. Then he coughed and knocked. The monks opened the door, and offered him a seat. After a short conversation, he recounted to them how he had striven for and obtained Buddhahood.

These congregations were often prolonged late into the night. We hear for instance how he sat on the terrace belonging to Migāra's mother² in the midst of an assembly of monks waiting for his words still and silent in the light of the full moon; how a monk would rise, adjusting his robe so as to leave one shoulder bare, bow with his hands joined and raised to his forehead and ask permission to put a question and the Lord would reply, "Be seated, monk, ask what you will." But sometimes in these nightly congregations the silence was unbroken. When King Ajātasattu went to visit him³ in the mango grove of Jivaka he was moved with sudden fear at the unearthly stillness of the place and suspected an ambush. "Fear not, O King," said Jivaka, "I am playing you no trick. Go straight on. There in the pavilion hall the lamps are burning and there is the Blessed One sitting against the middle pillar, facing the east with the brethren round him." And when the king beheld the assembly seated in perfect silence, calm as a clear lake, he

¹ Migāra's mother, the name of the terrace is not given in the text.

² Migāra's mother.

³ The king's name is not given in the text.

exclaimed "Would that my son might have such calm as this assembly now has "

The major part of the Buddha's activity was concerned with the instruction of his disciples and the organization of the Sangha or order. Though he was ready to hear and teach all, the portrait presented to us is not that of a popular preacher who collects and frequents crowds but rather that of a master, occupied with the instruction of his pupils, a large band indeed but well prepared and able to appreciate and learn by heart teaching which, though freely offered to the whole world, was somewhat hard to untrained ears. In one passage¹ an enquirer asks him why he shows more zeal in teaching some than others. The answer is, if a landowner had three fields, one excellent, one middling and one of poor soil, would he not first sow the good field, then the middling field, and last of all the bad field, thinking to himself, it will just produce fodder for the cattle? So the Buddha preaches first to his own monks, then to lay-believers, and then, like the landowner who sows the bad field last, to Brahmins, ascetics and wandering monks of other sects, thinking if they only understand one word, it will do them good for a long while. It was to such congregations of disciples or to enquirers belonging to other religious orders that he addressed his most important discourses, iterating in grave numbered periods the truths concerning the reality of sorrow and the equal reality of salvation, as he sat under a clump of bamboos or in the shade of a banyan, in sight perhaps of a tank where the lotuses red, white and blue, submerged or rising from the water, typified the various classes of mankind.

He did not start by laying down any constitution for his order. Its rules were formed entirely by case law. Each incident and difficulty was referred to him as it arose and his decision was accepted as the law on that point. During his last illness he showed a noble anxiety not to hamper his followers by the prestige of his name but to leave behind him a body of free men, able to be a light and a help to themselves. But a curious passage² represents an old monk as saying immediately after his

¹ Sam Nik XIII 7

² Mahāparinibbāṇa, G 20. The monk Sūhiadda, in whose mouth these words are put, was apparently not the person of the same name who was the last convert made by the Buddha when dying.

excluded worldly advancement, it was held in great esteem and was hence adopted by ambitious and quarrelsome men who had no true vocation. The troubles which arose in the Saṅgha are often ascribed in the Vinaya to the Chabbaggiyas, six brethren who became celebrated in tradition as spirits of mischief and who are evidently made the peg on which these old monkish anecdotes are hung. As a rule the intervention of the Buddha was sufficient to restore peace, but one passage¹ indicates resistance to his authority. The brethren quarrelled so often that the people said it was a public scandal. The Buddha endeavoured to calm the disputants, but one of them replied, "Lord, let the Blessed One quietly enjoy the bliss which he has obtained in this life. The responsibility for these quarrels will rest with us alone." This seems a clear hint that the Blessed One had better mind his own business. Renewed injunctions and parables met with no better result. "And the Blessed One thought" says the narrative "'truly these fools are infatuated,' and he rose from his seat and went away."

Other troubles are mentioned but by far the most serious was the schism of Devadatta, represented as occurring in the old age of Gotama when he was about seventy-two. The story as told in the Cullavagga² is embellished with supernatural incidents and seems not to observe the natural sequence of events but perhaps three features are historical: namely that Devadatta wished to supersede the Buddha as head of the order, that he was the friend of Ajātasattu, Crown Prince and afterwards King of Magadha³, and that he advocated a stricter rule of life than the Buddha chose to enforce. This combination of piety and ambition is perhaps not unnatural. He was a cousin of the Buddha and entered the order at the same time as Ānanda and other young Sākya nobles. Sprung from that quarrelsome breed he possessed in a distorted form some of Gotama's own ability. He is represented as publicly urging the Master to retire and dwell at ease but met with an absolute

¹ Mahāvag. x 2. Compare the singular anecdote in vi 22 where the Buddha quite unjustifiably suspects a Doctor of making an indelicate joke. The story seems to admit that the Buddha might be wrong and also that he was sometimes treated with want of respect.

² vii 2 ff.

³ The introductions to Jatakas 26 and 150 say that Ajātasattu built a great monastery for him at Gayāśāla.

refusal. Sāriputta was directed to "proclaim" him in Rājagaha, the proclamation being to the effect that his nature had changed and that all his words and deeds were disowned by the order. Then Devadatta incited the Crown Prince to murder his father, Bimbisāra. The plot was prevented by the ministers but the king told Ajātasattu that if he wanted the kingdom he could have it and abdicated. But his unnatural son put him to death all the same¹ by starving him slowly in confinement. With the assistance of Ajātasattu, Devadatta then tried to compass the death of the Buddha. First he hired assassins, but they were converted as soon as they approached the sacred presence. Then he rolled down a rock from the Vulture's peak with the intention of crushing the Buddha, but the mountain itself interfered to stop the sacrilege and only a splinter scratched the Lord's foot. Then he arranged for a mad elephant to be let loose in the road at the time of collecting alms, but the Buddha calmed the furious beast. It is perhaps by some error of arrangement that after committing such unpardonable crimes Devadatta is represented as still a member of the order and endeavouring to provoke a schism by asking for stricter rules. The attempt failed and according to later legends he died on the spot, but the Vinaya merely says that hot blood gushed from his mouth.

That there are historical elements in this story is shown by the narrative of Fa Hsien, the Chinese pilgrim who travelled in India about 400 A.D. He tells us that the followers of Devadatta still existed in Kōśala and revered the three previous Buddhas but refused to recognize Gotama. This is interesting, for it seems to show that it was possible to accept Gotama's doctrine, or the greater part of it, as something independent of his personality and an inheritance from earlier teachers.

The Udāna and Jātaṁs relate another plot without specifying the year. Some heretics induced a nun called Sandari to pretend she was the Buddha's concubine and hired assassins to murder her. They then accused the Bhikkhus of killing her to conceal their adultery, but the real assassins got drunk with the money they had received and revealed the conspiracy in their confession.

But there are isolated cases. As a whole the Buddha's long

career was marked by a peace and friendliness which are surprising if we consider what innovations his teaching contained. Though in contending that priestly ceremonies were useless he refrained from neither direct condemnation nor satire, yet he is not represented as actively attacking¹ them and we may doubt if he forbade his lay disciples to take part in rites and sacrifices as a modern missionary might do. We find him sitting by the sacred fire of a Brahman² and discoursing, but not denouncing the worship carried on in the place. When he converted Siha³, the general of the Licchavis, who had been a Jain, he bade him continue to give food and gifts as before to the Jain monks who frequented his house—an instance of toleration in a proselytizing teacher which is perhaps without parallel. Similarly in the Sigālovāda-sutta it is laid down that a good man ministers to monks and to Brahmins. If it is true that Ajātasattu countenanced Devadatta's attempts to murder him, he ignored such disagreeable details with a sublime indifference, for he continued to frequent Rājagaha, received the king, and preached to him one of his finest sermons without alluding to the past. He stands before us in the suttas as a man of amazing power of will, inaccessible to fear, promises and, one may add, to argument but yet in comparison with other religious leaders singularly gentle in taking the offensive against error. Often he simply ignored it as irrelevant: "Never mind" he said on his deathbed to his last convert, "Never mind, whether other teachers are right or wrong. Listen to me, I will teach you the truth." And when he is controversial his method is often to retain old words in honourable use with new meanings: The Brahmins are not denounced like the Pharisees in the New Testament but the real Brahmin is a man of uprightness and wisdom: the real sacrifice is to abstain from sin and follow the Truth.

Women played a considerable part in the entourage of Gotama. They were not secluded in India at that time and he admitted that they were capable of attaining sainthood. The work of ministering to the order, of supplying it with food and raiment, naturally fell largely to pious matrons, and their

¹ The Dhamma-saṅgaḥi defines courtesy as being of two kinds, hospitality and consideration in matters of doctrine.

² Mā. Nk. 75.

Mahāv. vi. 31-32.

attentive forethought delighted to provide for the monks those comforts which might be accepted but not asked for. Prominent among such donors was Visākhā, who married the son of a wealthy merchant at Sāvattthi and converted her husband's family from Jainism to the true doctrine. The Vinaya recounts how after entertaining the Buddha and his disciples she asked eight boons which proved to be the privileges of supplying various classes of monks with food, clothing and medicine and of providing the nuns with bathing dresses, for, said she, it shocked her sense of propriety to see them bathing naked. But the anecdotes respecting the Buddha and women, whether his wife or others, are not touched with sentiment, not even so much as is found in the conversation between Yājñavalkya and Maitreyī in the Upanishad. To women as a class he gave their due and perhaps in his own opinion more than their due, but if he felt any interest in them as individuals, the sacred texts have obliterated the record. In the last year of his life he dined with the courtesan Ambapālī and the incident has attracted attention on account of its supposed analogy to the narrative about Christ and "the woman which was a sinner." But the resemblance is small. There is no sign that the Buddha, then eighty years of age, felt any personal interest in Ambapālī. Whatever her morals may have been, she was a benefactress of the order and he simply gave her the same opportunity as others of receiving instruction. When the Licchavi princes tried to induce him to dine with them instead of with her, he refused to break his promise. The invitations of princes had no attraction for him, and he was a prince himself. A fragment of conversation introduced irrelevantly into his deathbed discourses¹ is significant—"How, Lord, are we to conduct ourselves with regard to womanland? Don't see them, Ānanda. But if we see them, what are we to do? Abstain from speech. But if they should speak to us what are we to do? Keep wide awake."

This spirit is even more evident in the account of the admission of Nuns to the order. When the Buddha was visiting his mother town his aunt and sister mother, Mahāprajāpatī, there begged him to grant this privilege to women but was twice refused and went away in tears. Then she followed him to Vesālī and stood in the entrance of the Kūtārāma Hall "with

¹ Uṇṇāy 1. 1. 2

swollen feet and covered with dust, and sorrowful." Ānanda, who had a tender heart, interviewed her and, going in to the Buddha, submitted her request but received a triple refusal. But he was not to be denied and urged that the Buddha admitted women to be capable of attaining sainthood and that it was unjust to refuse the blessings of religion to one who had suckled him. At last Gotama yielded—perhaps the only instance in which he is represented as convinced by argument—but he added "If, Ānanda, women had not received permission to enter the Order, the pure religion would have lasted long, the good law would have stood fast a thousand years. But since they had received that permission, it will now stand fast for only five hundred years¹."

He maintained and approved the same hard detached attitude in other domestic relations. His son Rāhula received special instruction but is not represented as enjoying his confidence like Ānanda. A remarkable narrative relates how, when the monk Sangāmaṃji was sitting beneath a tree absorbed in meditation, his former wife (whom he had left on abandoning the world) laid his child before him and said "Here, monk, is your little son, nourish me and nourish him." But Sangāmaṃji took no notice and the woman went away. The Buddha who observed what happened said "He feels no pleasure when she comes, no sorrow when she goes: him I call a true Brahman released from passion²." This narrative is repulsive to European sentiment, particularly as the chronicler cannot spare the easy charity of a miracle to provide for the wife and child, but in taking it as an index of the character of Gotama, we must bear in mind such sayings of Christ as "If any man come to me and hate not his father and mother and wife and children and brethren and sisters, yea and his own life also, he cannot be my disciple³."

¹ Mahāparinib. v. 23. Perhaps the Buddha was supposed to be giving Ānanda last warnings about his besetting weakness.

² Uddāna 1. 8.

³ Compare too the language of Angela of Foligno (1248-1309) "By God's will there died my mother who was a great hindrance unto me in following the way of God my husband died likewise and all my children. And because I had commenced to follow the aforesaid way and had prayed God that he would rid me of them, I had great consolation of their deaths, although I did also feel some grief" *Beatae Angelae de Foligno Visionum et Instructionum Liber* Cap. ix.

4

Political changes, in which however he took no part, occurred in the last years of the Buddha's life. In Magadha Ajātasattu had come to the throne. If, as the Vinaya represents, he at first supported the schism of Devadatta, he subsequently became a patron of the Buddha. He was an ambitious prince and fortified Pāṭaligāma (afterwards Pāṭaliputra) against the 'Nijjan confederation, which he destroyed a few years after the Buddha's death. This confederation was an alliance of small oligarchies like the Licchavis and Videhans. It would appear that this form of constitution was on the wane in northern India and that the monarchical states were annexing the decaying commonwealths. In Kosala, Vidūḍabha conquered Kapilavatthu a year or two before the Buddha's death, and is said to have perpetrated a great massacre of the Sākya clan¹. Possibly in consequence of these events the Buddha avoided Kosala and the former Sākya territory. At any rate the record of his last days opens at Rājagaha, the capital of Magadha.

This record is contained in the Mahāparinibbāna Sutta, the longest of the suttas and evidently a compilation. The style is strikingly uneven. It often promises to give a simple and natural narrative but such passages are interrupted by more recent and less relevant matter. No general estimate of its historical value can be given but each incident must be appraised separately. Nearly all the events and discourses recorded in it are found elsewhere in the canon in the same words² and it contains explanatory matter of a suspiciously apologetic nature. Also the supernatural element is freely introduced. But together with all this it contains plain pathetic pictures of an old man's fatigue and sufferings which would not have been inserted by a later hand, had they not been found ready in tradition.

¹ The story of the massacre has not been found in the earliest texts but it is so in the *Anguttara*. The story is found in the *Khuddaka* and *Commentaries* from it is a very common one. The story is not very clear as to the exact date of the massacre but it is probably that of the Buddha's death.

² The story of the massacre is found in the *Anguttara* and *Commentaries* from it is a very common one. The story is not very clear as to the exact date of the massacre but it is probably that of the Buddha's death.

And though events and sermonettes are strung together in a way which is not artistic, there is nothing improbable in the idea that the Buddha when he felt his end approaching should have admonished his disciples about all that he thought most important.

The story opens at Rājagaha about six months before the Buddha's death. The King sends his minister to ask whether he will be successful in attacking the Vajjians. The Buddha replies that as long as they act in concord, behave honourably, and respect the Faith, so long may they be expected not to decline but prosper. The compiler may perhaps have felt this narrative to be an appropriate parallel to the Buddha's advice to his disciples to live in peace and order. He summoned and addressed the brethren living in Rājagaha and visited various spots in the neighbourhood. In these last utterances one phrase occurs with special frequency, "Great is the fruit, great the advantage of meditation accompanied by upright conduct: great is the advantage of intelligence accompanied by meditation. The mind which has such intelligence is freed from intoxications, from the desires of the senses, from love of life, from delusion and from ignorance."

He then set forth accompanied by Ānanda and several disciples. Judging from the route adopted his intention was to go ultimately to Jāvatthī. This was one of the towns where he resided from time to time, but we cannot tell what may have been his special motives for visiting it on the present occasion, for if the King of Kosala had recently massacred the Sākya his presence there would have been strange. The road was not direct but ran up northwards and then followed the base of the mountains, thus enabling travellers to cross rivers near their sources where they were still easy to ford. The stopping-places from Rājagaha onwards were Nālanda, Pāṭaliputra, Vesālī, Bhandagāma, Pāvā, Kusinārā, Kapilavatthu, Setavya, Sāvattthī. On his last journey the Buddha is represented as following this route but he died at the seventh stopping-place, Kusinārā. When at Pāṭaligāma, he prophesied that it would become a great emporium¹. He was honourably entertained by the officers of the King who decided that the

¹ This was probably written after Pāṭaliputra had become a great city but we do not know when its rise commenced.

gate and ferry by which he left should be called Gotama's gate and Gotama's ferry. The gate received the name, but when he came to the Ganges he vanished miraculously and appeared standing on the further bank. He then went on to Vesāli, passing with indifference and immunity from the dominions of the King of Magadha into those of his enemies, and halted in the grove of the courtesan Ambapālī¹. She came to salute him and he accepted her invitation to dine with her on the morrow, in spite of the protests of the Licchavi princes.

The rainy season was now commencing and the Buddha remained near Vesāli in the village of Beluva, where he fell seriously ill. One day after his recovery he was sitting in the shade with Ānanda, who said that during the illness his comfort had been the thought that the Buddha would not pass away without leaving final instructions to the Order. The reply was a remarkable address which is surely, at least, in parts the Buddha's own words:

"What does the order expect of me, Ānanda? I have preached the truth without any distinction of esoteric or exoteric, for in respect of the truth, there is no clenched hand in the teaching of the Tathāgata. If there is anyone who thinks 'it is I who will lead the brotherhood' or 'the order is dependent on me,' it is he who should give instructions. But the Tathāgata does not think that he should lead the order or that the order is dependent on him. Why then should he leave instructions? I am an old man now, and full of years, my pilgrimage is finished, I have reached my sum of days, I am turning eighty years; and just as a worn-out cart can only be made to move slowly with much additional care, so can the body of the Tathāgata be kept going only with much additional care. It is only when the Tathāgata, ceasing to attend to any outward thing become plunged in meditation, it is only then that the body of the Tathāgata is at ease. Therefore, Ānanda, be a lamp and a refuge to yourselves. Seek no other refuge. Let the Truth be your lamp and refuge, seek no refuge elsewhere.

"And thou, Ānanda, who now or when I am dead shall be a lamp and a refuge to yourselves, seeking no other refuge but

¹ Ambapālī was a courtesan who lived in Vesāli. She was the daughter of a Brahmin who had become a courtesan. She was the first woman to be ordained as a nun in the Buddhist Order.

taking the Truth as their lamp and refuge, these shall be my foremost disciples—these who are anxious to learn.”

This discourse is succeeded by a less convincing episode, in which the Buddha tells Ānanda that he can prolong his life to the end of a world-period if he desires it. But though the hint was thrice repeated, the heedless disciple did not ask the Master to remain in the world. When he had gone, Māra, the Evil one, appeared and urged on the Buddha that it was time for him to pass away. He replied that he would die in three months but not before he had completely established the true religion. Thus he deliberately rejected his allotted span of life and an earthquake occurred. He explained the cause of it to Ānanda, who saw his mistake too late. “Enough, Ānanda, the time for making such a request is past¹.”

The narrative becomes more human when it relates how one afternoon he looked at the town and said, “This will be the last time that the Tathāgata will behold Vesālī. Come, Ānanda, let us go to Bhaddagāma.” After three halts he arrived at Pāvā and stopped in the mango grove of Cunda, a smith, who invited him to dinner and served sweet rice, cakes, and a dish which has been variously interpreted as dried boar’s flesh or a kind of truffle. The Buddha asked to be served with this dish and bade him give the sweet rice and cakes to the brethren. After eating some of it he ordered the rest to be buried, saying that no one in heaven or earth except a Buddha could digest it, a strange remark to chronicle since it was this meal which killed him². But before he died he sent word to Cunda that he had no need to feel remorse and that the two most meritorious offerings in the world are the first meal given to a Buddha after he has obtained enlightenment and the last one given him before his death. On leaving Cunda’s house he was attacked by dysentery and violent pains but bore them patiently and started for Kusinārā with his disciples. In going thither he crossed the river Kakutthā³, and some verses inserted into the

¹ The whole passage is interesting as displaying even in the Pali Canon the germs of the idea that the Buddha is an eternal spirit only partially manifested in the limits of human life. In the Mahāparinibbāna Sutta Gotama is only voluntarily subject to natural death.

² The phrase occurs again in the Sutta-Nipāta. Its meaning is not clear to me.

³ The text seems to represent him as crossing first a streamlet and then the river.

text, which sound like a very old ballad, relate how he bathed in it and then, weary and worn out, lay down on his cloak. A curious incident occurs here. A young Mallian, named Pukkusa, after some conversation with the Buddha, presents him with a robe of cloth of gold, but when it is put on it seems to lose its splendour, so exceedingly clear and bright is his skin. Gotama explains that there are two occasions when the skin of a Buddha glows like this—the night of his enlightenment and the night before his death. The transfiguration of Christ suggests itself as a parallel and is also associated with an allusion to his coming death. Most people have seen a face so light up under the influence of emotion that this popular metaphor seemed to express physical truth and it is perhaps not excessive to suppose that in men of exceptional gifts this illumination may have been so bright as to leave traces in tradition.

Then they went on¹ to a grove at Kusinārā, and he lay down on a couch spread between two Sāla trees. These trees were in full bloom, though it was not the season for their flowering; heavenly strains and odours filled the air and spirits unseen crowded round the bed. But Ānanda, we are told, went into the Vihāra, which was apparently also in the grove, and stood leaning against the lintel weeping at the thought that he was to lose so kind a master. The Buddha sent for him and said, "Do not weep. Have I not told you before that it is the very nature of things most near and dear to us that we must part from them, leave them, sever ourselves from them? All that is born, brought into being and put together carries within itself the necessity of dissolution. How then is it possible that such a being should not be dissolved? No such condition is possible. For a long time, Ānanda, you have been very near me by words of love, kind and good, that never varies and is beyond all measure. You have done well, Ānanda. Be earnest in effort and you too shall soon be free from the great evils—from sensuality, from individuality, from delusion and from ignorance."

The Indians have a strong feeling that persons of distinction

¹ It is not said how much time elapsed between the meal at Cunda's and the arrival at Kusinārā but some it was the last meal. It is probably arrived the same day.

should die in a suitable place¹, and now comes a passage in which Ānanda begs the Buddha not to die "in this little wattle and daub town in the midst of the jungle" but rather in some great city. The Buddha told him that Kusinārā had once been the capital of King Mahāsudassana and a scene of great splendour in former ages. This narrative is repeated in an amplified form in the Sutta and Jātaka² called Mahāsudassana, in which the Buddha is said to have been that king in a previous birth.

Kusinārā was at that time one of the capitals of the Mallas, who were an aristocratic republic like the Sākya and Vajjians. At the Buddha's command Ānanda went to the Council hall and summoned the people. "Give no occasion to reproach yourself hereafter saying, The Tathāgata died in our own village and we neglected to visit him in his last hours." So the Mallas came and Ānanda presented them by families to the dying Buddha as he lay between the flowering trees, saying "Lord, a Malla of such and such a name with his children, his wives, his retinue and his friends humbly bows down at the feet of the Blessed One."

A monk called Subhadda, who was not a believer, also came and Ānanda tried to turn him away but the Buddha overhearing said "Do not keep out Subhadda. Whatever he may ask of me he will ask from a desire for knowledge and not to annoy me and he will quickly understand my replies." He was the last disciple whom the Buddha converted, and he straightway became an Arhat.

Now comes the last watch of the night. "It may be, Ānanda," said the Buddha, "that some of you may think, the word of the Master is ended. We have no more a teacher. But you should not think thus. The truths and the rules which I have declared and laid down for you all, let them be the teacher for you after I am gone.

"When I am gone address not one another as hitherto, saying 'Friend.' An elder brother may address a younger brother by his name or family-name or as friend, but a younger brother should say to an elder, Sir, or Lord.

¹ Cf. Lyall's poem, on a Rajput Chief of the Old School, who when nearing his end has to leave his pleasure garden in order that he may die in the ancestral castle.

² Dig. Nik. 17 and Jātaka 95

"When I am gone let the order, if it should so wish, abolish all the lesser and minor precepts."

Thus in his last address the dying Buddha disclaims, as he had disclaimed before in talking to Ānanda, all idea of dictating to the order: his memory is not to become a paralyzing tradition. What he had to teach, he has taught freely, holding back nothing in "a clenched fist." The truths are indeed essential and immutable. But they must become a living part of the believer, until he is no longer a follower but a light unto himself. The rest does not matter: the order can change all the minor rules if expedient. But in everyday life discipline and forms must be observed, hitherto all have been equal compared with the teacher, but now the young must show more respect for the older. And in the same spirit of solicitude for the order he continues.

"When I am gone, the highest penalty should be imposed on Channa." "What is that, Lord?" "Let him say what he likes, but the brethren should not speak to him or exhort him or admonish him."

The end approaches. "It may be, that there is some doubt or misgiving in the mind of some as to the Buddha, or the truth, or the path, or the way. Enquire freely. Do not have to reproach yourselves afterwards with the thought, 'Our teacher was face to face with us and we could not bring ourselves to enquire when we were face to face with him.'" All were silent. A second and third time he put the same question and there was silence still. "It may be, that you put no questions out of awe for the teacher. Let one friend communicate to another." There was still silence, till Ānanda said "How wonderful, Lord, and how marvellous! In this whole assembly there is no one who has any doubt or misgiving as to the Buddha, the truth, the path and the way." "Out of the fulness of faith hast thou spoken Ānanda, but the Tathāgata knows for certain that it is so. Even the most backward of all the five hundred brethren have become converted and is no longer liable to be born in a state of suffering and is assured of final liberation."

"Blessed I exhort you saying, The elements of being are
 'Form, feeling, perception, volition, consciousness.'
 These five are the elements of being."

transitory¹. Strive earnestly. These were the last words of the Tathāgata." Then he passed through a series of trances (no less than twenty stages are enumerated) and expired.

An earthquake and thunder, as one might have predicted, occurred at the moment of his death but comparatively little stress is laid on these prodigies. Anuruddha seems to have taken the lead among the brethren and bade Ānanda announce the death to the Mallas. They heard it with cries of grief: "Too soon has the Blessed One passed away. Too soon has the light gone out of the world."

No less than six days were passed in preparation for the obsequies². On the seventh they decided to carry the body to the south of the city and there burn it. But when they endeavoured to lift it, they found it immovable. Anuruddha explained that spirits who were watching the ceremony wished it to be carried not outside the city but through it. When this was done the corpse moved easily and the heaven rained flowers. The meaning of this legend is that the Mallas considered a corpse would have defiled the city and therefore proposed to carry it outside. By letting it pass through the city they showed that it was not the ordinary relics of impure humanity.

Again, when they tried to light the funeral pile it would not catch fire. Anuruddha explained that this delay also was due to the intervention of spirits who wished that Mahākassapa, the same whom the Buddha had converted at Uruvelā and then on his way to pay his last respects, should arrive before the cremation. When he came attended by five hundred monks the pile caught fire of itself and the body was consumed completely,

¹ It is difficult to find a translation of these words which is both accurate and natural in the mouth of a dying man. The Pali text *vedadhāmanā saṅkhārā* (transitory-by nature are the Saṅkhārās) is brief and simple but any correct and adequate rendering sounds metaphysical and is dramatically inappropriate. Perhaps the rendering "All compound things must decompose" expresses the Buddha's meaning best. But the verbal antithesis between compound and decomposing is not in the original and though *saṅkhārā* is etymologically the equivalent of confection or synthesis it hardly means what we call a compound thing as opposed to a simple thing.

² The Buddha before his death had explained that the corpse of a Buddha should be treated like the corpse of a universal monarch. It should be wrapped in layers of new cloth and laid in an iron vessel of oil. Then it should be burnt and a Dagoba should be erected at four cross roads.

leaving only the bones. Streams of rain extinguished the flames and the Mallas took the bones to their council hall. There they set round them a hedge of spears and a fence of bows and honoured them with dance and song and offerings of garlands and perfumes

Whatever may be thought of this story, the veneration of the Buddha's relics, which is attested by the Piprava vase, is a proof that we have to do with a man rather than a legend: The relics may all be false, but the fact that they were venerated some 250 years after his death shows that the people of India thought of him not as an ancient semi-divine figure like Rama or Krishna but as something human and concrete

Seven persons or communities sent requests for a portion of the relics, saying that they would erect a stupa over them and hold a feast. They were King Ajātasattu of Magadha, the Licchavis of Vesālī, the Sākya of Kapilavatthu, the Bulis of Allakappa, the Koliyas of Rāmagāma, the Mallas of Pāvā¹ and the Brahman of Vethadipa. All except the last were Kshatriyas and based their claim on the ground that they like the Buddha belonged to the warrior caste. The Mallas at first refused, but a Brahman called Dona bade them not quarrel over the remains of him who taught forbearance. So he divided the relics into eight parts, one for Kūśinārā and one for each of the other seven claimants. At this juncture the Moryas of Pippalivana sent in a claim for a share but had to be content with the embers of the pyre since all the bones had been distributed. Then eight stupas were built for the relics in the towns mentioned and one over the ember and one by Dona the Brahman over the iron vessel in which the body had been burnt

5

Thus ended the career of a man who was undoubtedly one of the greatest intellectual and moral forces that the world has yet seen, but it is hard to arrive at any certain opinion as to the actual effect of his moral labours for in the later accounts he is depicted and in the Pāli story though veneration has not gone so far as this, he is idealized and the human side is neglected. The narrative now before us is a fairly accurate and

which emotion and incident would be out of place until it reaches the strange deathbed, spread between the flowering trees, and Ānanda introduces with the formality of a court chamberlain the Malla householders who have come to pay their last respects and bow down at the feet of the dying teacher. The scenes described are like stained glass windows; the Lord preaching in the centre, sinners repenting and saints listening, all in harmonious colours and studied postures. But the central figure remains somewhat aloof, when once he had begun his ministry he laboured uninterruptedly and with continual success, but the foundation of the kingdom of Righteousness seems less like the triumphant issue of a struggle than the passage through the world of some compassionate angel. This is in great part due to the fact that the Pīṭakas are works of edification. True, they set before us the teacher as well as his teaching but they speak of his doings and historical surroundings only in order to provide a proper frame for the law which he preached. A less devout and more observant historian would have arranged the picture differently and even in the narratives that have come down to us there are touches of human interest which seem authentic.

When the Buddha was dying Ānanda wept because he was about to lose so kind a master and the Buddha's own language to him is even more affectionate. He cared not only for the organization of the order but for its individual members. He is frequently represented as feeling that some disciple needed a particular form of instruction and giving it. Nor did he fail to provide for the comfort of the sick and weary. For instance a ballad¹ relates how Panthaka driven from his home took refuge at the door of the monastery garden. "Then came the Lord and stroked my head and taking me by the arm led me into the garden of the monastery and out of kindness he gave me a towel for my feet." A striking anecdote² relates how he once found a monk who suffered from a disagreeable disease lying on the ground in a filthy state. So with Ānanda's assistance he washed him and lifting him up with his own hands laid him on his bed. Then he summoned the brethren and told

¹ Theragāthā 557 ff. Water to refresh tired and dusty feet is commonly offered to anyone who comes from a distance.

² Mahāvag. viii. 26.

them that if a sick brother had no special attendant the whole order should wait on him. "You, monks, have no mothers or fathers to care for you. If you do not wait on the other, who is there who will wait on you? Whosoever would wait on me, he should wait on the sick." This last recalls Christ's words, "Inasmuch as ye have done it unto the least of these brethren, ye have done it unto me." And, if his approval of monks being deaf to the claims of family affection seems unfeeling, it should also be mentioned that in the book called *Songs of the Nuns*¹ women relate how they were crazy at the loss of their children but found complete comfort and peace in his teaching. Sometimes we are told that when persons whom he wished to convert proved refractory he "suffused them with the feeling of his love" until they yielded to his influence". We can hardly doubt that this somewhat cumbersome phrase preserves a tradition of his personal charm and power.

The beauty of his appearance and the pleasant quality of his voice are often mentioned but in somewhat conventional terms which inspire no confidence that they are based on personal knowledge, nor have the most ancient images which we possess any claim to represent his features, for the earliest of them are based on Greek models and it was not the custom to represent him by a figure until some centuries after his death. I can imagine that the truest idea of his person is to be obtained not from the abundant effigies which show him as a somewhat emaciated ascetic, but from statues of him as a young man, such as that found at Sarnath, which may possibly preserve not indeed the physiognomy of Gotama but the general physique of a young Nepalese prince, with powerful limbs and features and a determined mouth. For there is truth at the bottom of the saying that Gotama was born to be either a Buddha or a universal monarch; he would have made a good king, if he had not become a monk.

We are perhaps on firmer ground when we find speakers in the Pāli texts commenting on his calm and bright expression and

¹ See the *Āṅguttara Nikāya*, vol. 1, p. 100, where the *Songs of the Nuns* are mentioned. The text is in Pāli and the translation is in English.

² See the *Āṅguttara Nikāya*, vol. 1, p. 100, where the *Songs of the Nuns* are mentioned. The text is in Pāli and the translation is in English.

his unruffled courtesy in discussion. Of his eloquence it is hard to judge. The Suttas may preserve his teaching and some of his words but they are probably rearrangements made for recitation. Still it is impossible to prove that he did not himself adopt this style, particularly when age and iteration had made the use of certain formulæ familiar to him. But though these repetitions and subdivisions of arrangement are often wearisome, there are not wanting traces of another manner, which suggest a terse and racy preacher going straight to the point and driving home his meaning with homely instances.

Humour often peeps through the Buddha's preaching. It pervades the Jātaka stories, and more than once he is said to have smiled when remembering some previous birth. Some suttas, such as the tales of the Great King of Glory, and of King Mahā Vajira's sacrifice¹, are simply Jātakas in another form—interesting stories full of edification for those who can understand but not to be taken as a narrative of facts. At other times he simply states the ultimate facts of a case and leaves them in their droll incongruity. Thus when King Ajātasattu was moved and illuminated by his teaching, he observed to his disciples that His Majesty had all the makings of a saint in him, if only he had not killed that excellent man his own father. Somewhat similar is his judgment² on two naked ascetics, who imitated in all things the ways of a dog and a cow respectively, in the hope of thus obtaining salvation. When pressed to say what their next birth would be, he opined that if their penance was successful they would be reborn as dogs and cows, if unsuccessful, in hell. Irony and modesty are combined in his rejection of extravagant praise. "Such faith have I, Lord"³ said Sāriputta, "that methinks there never has been nor will be nor is now any other greater or wiser than the Blessed One." "Of course, Sāriputta" is the reply, "you have known all the Buddhas of the past." "No, Lord." "Well then, you know those of the future." "No, Lord." "Then at least you know me and have penetrated my mind thoroughly." "Not even that, Lord." "Then why, Sāriputta, are your words so grand and bold."

There is much that is human in these passages yet we should

¹ Dig. Nik. xvii. and v.

² Maj. Nik. 57

³ Mahāparib. Sutta, i. 61

he making a fauey portrait did we allow ourselves to emphasize them too much and neglect the general tone of the Pitakas. These scriptures are the product of a school, but that school grew up under the Buddha's personal influence and more than that is rooted in the very influences and tendencies which produced the Buddha himself. The passionless, intellectual aloofness, the elemental simplicity with which the facts of life are stated and explained without any concession to sentiment, the rigour of the prescription for salvation, that all sensual desire and attachment must be cut off, are too marked and consistent for us to suppose them due merely to monkish inability to understand the more human side of his character. The Buddha began his career as an Indian Muni, one supposed to be free from all emotions and intent only on seeking deliverance from every tie connecting him with the world. This was expected of him and had he done no more it would have secured him universal respect. The fact that he did a great deal more, that he devoted his life to active preaching, that he offered to all happiness and escape from sorrow, that he personally aided with advice and encouragement all who came to him, caused both his contemporaries and future generations to regard him as a saviour. His character and the substance of his teaching were admirably suited to the needs of the religious world of India in his day. Judged by the needs of other temperaments, which are entitled to neither more nor less consideration, they seem too even, too philosophic and the later varieties of Buddhism have endeavoured to make them congenial to less strenuous natures.

If for leaving the personality of the Buddha, we must say a word about the more legendary portions of his biography, for though of little importance for history they have furnished the chief subjects of Buddhist art and influenced the minds of his followers as much as or more than the authentic incidents of his career. The later legend has not distorted the old narrative. It is possible that all its incidents may be founded on stories

[illegible]

known to the compilers of the Pitakas, though this is not at present demonstrable, but they are embellished by an unstinted use of the supernatural and of the hyperbole usual in Indian poetry. The youthful Buddha moves through showers of flowers and an atmosphere crowded with attendant deities. He cannot even go to school without an escort of ten thousand children and a hundred thousand maidens and astonishes the good man who proposes to teach him the alphabet by suggesting sixty-four systems of writing.

The principal scenes in this legend are as follows. The Bodhisattva, that is the Buddha to-be, resides in the Tusita Heaven and selects his birth-place and parentage. He then enters the womb of his mother Māyā in the shape of a white elephant, which event she sees in a dream. Brahmins are summoned and interpret the vision to mean that her son will be a Universal Monarch or a Buddha. When near her confinement Māyā goes to visit her parents but on the way brings forth her son in the Lumbini grove. As she stands upright holding the bough of a tree, he issues from her side without pain to her and is received by deities, but on touching the ground, takes seven steps and says, "I am the foremost in the world." On the same day are born several persons who play a part in his life—his wife, his horse, Ānanda, Bimbisāra and others. Asita does homage to him, as does also his father, and it is predicted that he will become a Buddha and renounce the world. His father in his desire to prevent this secludes him in the enjoyment of all luxury. At the ploughing festival he falls into a trance under a tree and the shadow stands still to protect him and does not change. Again his father does him homage. He is of herculean strength and surpasses all as an archer. He marries his cousin Yasodharā, when sixteen years old. Then come the four visions, which are among the scenes most frequently depicted in modern sacred art. As he is driving in the palace grounds the gods show him an old man, a sick man, a corpse and a monk of happy countenance. His charioteer explains what they are and he determines to abandon the world. It was at this time that his son was born and on hearing the news he said that a new fetter now bound him to worldly life but still decided to execute his resolve. That night he could take no pleasure in the music of the singing women who were wont to play to

him and they fell asleep. As he looked at their sleeping forms he felt disgust and ordered Channa, his charioteer, to saddle Kanthaka, a gigantic white horse, eighteen cubits long from head to tail. Meanwhile he went to his wife's room and took a last but silent look as she lay sleeping with her child.

Then he started on horseback attended by Channa and a host of heavenly beings who opened the city gates. Here he was assailed by Māra the Tempter who offered him universal empire but in vain. After jumping the river Anomā on his steed, he cut off his long hair with his sword and flinging it up into the air wished it might stay there if he was really to become a Buddha. It remained suspended, admiring gods placed it in a heavenly shrine and presented Gotama with the robes of a monk.

Not much is added to the account of his wanderings and austerities as given in the Pitakas, but the attainment of Buddhahood naturally stimulates the devout imagination. At daybreak Gotama sits at the foot of a tree, lighting up the landscape with the golden rays which issue from his person. Sujātā a noble maiden and her servant Pāmā offer him rice and milk in a golden vessel and he takes no more food for seven weeks. He throws the vessel into the river, wishing that if he is to become a Buddha it may ascend the stream against the current. It does so and then sinks to the abode of the Nāgas. Towards evening he walks to the Bodhi tree and meets a grove cutter who offers him rice to make a tea. This he accepts and taking his last vow that rather than rise before attaining Buddhahood, he will let his blood dry up and his body decay. Then comes the great assault of the Tempter. Māra attacks him in vain both with a company of terrible demons and with bands of celestial warriors. During the conflict Māra asked him who is superior to him after having performed good deeds or bestowed gifts. He called on the earth to bear witness. Earthquakes followed and he prostrated to the ground and the goddess of the Earth for the second time testifies. The rout of Māra is complete. He has fled to place in the late evening. The fall of the tempter is the theme of the first of the night discourses.

The Buddha's first sermon takes place the morning following and is the discourse on the Four Noble Truths.

legendary scenes in the first part of the Buddha's life just as scribes give freest rein to their artistic imagination in tracing the first letter and word of a chapter. In the later version, the whole text is coloured and gilded with a splendour that exceeds the hues of ordinary life but no incidents of capital importance are added after the Enlightenment¹. Historical names still occur and the Buddha is still a wandering teacher with a band of disciples, but his miracles continually convulse the universe: he preaches to mankind from the sky and retires for three months to the Tusita Heaven in order to instruct his mother, who had died before she could hear the truth from her son's lips, and often the whole scene passes into a vision where the ordinary limits of space, time and number cease to have any meaning.

¹ The best known of the later biographies of the Buddha, such as the *Loka Vistara* and the *Buddha catta* of Asvaghosha stop short after the Enlightenment.

But it is precisely this fusion of religion and politics which disqualifies Islam as a universal religion and prevents it from satisfying the intellectual and spiritual wants of that part of humanity which is most intellectual and most spiritual. Law and religion are inextricably mixed in it and a Moslem, more than the most superstitious of Buddhists or Christians, is bound by a vast number of ties and observances which have nothing to do with religion. It is in avoiding these trammels that the superior religious instinct of Gotama shows itself. He was aided in this by the temper of his times. Though he was of the warrior caste and naturally brought into association with princes, he was not on that account tempted to play a part in politics, for to the Hindus, then as now, renunciation of the world was indispensable for serious religion and there is no instance of a teacher obtaining a hearing among them without such renunciation as a preliminary. According to Indian popular ideas a genius might become either an Emperor or a Buddha but not like Mohammed a mixture of the two. But the danger which beset Gotama, and which he consistently and consciously avoided, though Mohammed could not, was to give authoritative decisions on unessential points as to both doctrine and practice. There was clearly a party which wished to make the rule of his order more severe and, had he consented, the religious world of his day would have approved. But by so doing he would have made Buddhism an Indian sect like Jainism, incapable of flourishing in lands with other institutions. If Buddhism has had little influence outside Asia, that is because there are differences of temperament in the world, not because it sanctions anachronisms or prescribes observances of a purely local and temporary value. In all his teaching Gotama insists on what is essential only and will not lend his name and authority to what is merely accessory. He will not for instance direct or even recommend his disciples to be hermits. "Whoever wishes may dwell in a wood and whoever wishes may dwell near a village." And in his last days he bade them be a light unto themselves and gave them authority to change all the lesser precepts. It is true that the order decided to make no use of this permission, but the spirit which dictated it has shaped the destinies of the faith.

Akin to this contrast is another—that between the tolerance of Gotama and the persecuting spirit of Islam. Mohammed and

his followers never got rid of the idea that any other form of religion is an insult to the Almighty: that infidels should if possible be converted by compulsion, or, if that were impossible, allowed to exist only on sufferance and in an inferior position. Such ideas were unknown to Gotama. He laboured not for his own or his Creator's glory but simply and solely to benefit mankind. Conversion by force had no meaning for him, for what he desired was not a profession of allegiance but a change of disposition and amid many transformations his Church has not lost this temper.

When we come to compare Gotama and Christ we are struck by many resemblances of thought but also by great differences of circumstances and career. Both were truly spiritual teachers who rose above forms and codes both accepted the current ideals of their time and strove to become the one a Buddha, the other Messiah. But at the age when Christ was executed Gotama was still in quest of truth and still on the wrong track. He lived nearly fifty years longer and had ample opportunity of putting his ideas into practice. So far as our meagre traditions allow us to trace the development of the two, the differences are even more fundamental. Peaceful as was the latter part of Gotama's life, the beginning was a period of struggle and disillusion. He broke away from worldly life to study philosophy: he broke away from philosophy to wear out his body with the severest mortification, that again he found to be vanity and only then did he attain to enlightenment. And though he offers salvation to all without distinction, he repeatedly says that it is difficult; with hard wrestling has he won the truth and it is hard for ordinary men to understand.

Troubled as was the life of Christ, it contains no struggle of this sort. As a youth he grew up in a poor family where the doctrine of poverty was unknown, his parents first found expression in the synagogue, the ordinary religious life, but when he appeared as a public teacher he found his ultimate mission in the life of the people. He was a natural religious man, his piety was not a duty but a part of his nature. He was a man of the people, a man of the world, a man of the flesh, a man of the heart, a man of the soul, a man of the spirit, a man of the life, a man of the death, a man of the resurrection, a man of the kingdom of God. He was a man of the world, a man of the flesh, a man of the heart, a man of the soul, a man of the spirit, a man of the life, a man of the death, a man of the resurrection, a man of the kingdom of God.

life was continuous and undisturbed, and its final expression is emotional rather than intellectual. He gives no explanations and leaves no feeling that they are necessary. He is free in his use of metaphor and chary of definition. The teaching of the Buddha on the other hand is essentially intellectual. The nature and tastes of his audience were a sufficient justification for his style, but it indicates a temper far removed from the unquestioning and childlike faith of Christ. We can hardly conceive him using such a phrase as *Our Father*, but we may be sure that if he had done so he would have explained why and how and to what extent such words can be properly used of the Deity.

The most sceptical critics of the miracles recorded in the Gospels can hardly doubt that Christ possessed some special power of calming and healing nervous maladies and perhaps others. Sick people naturally turned to him: they were brought to him when he arrived in a town. Though the Buddha was occasionally kind to the sick, no such picture is drawn of the company about him and persons afflicted with certain diseases could not enter the order. When the merchant Anāthapindika is seriously ill, he sends a messenger with instructions to inform the Buddha and Sāriputta of his illness and to add in speaking to Sāriputta that he begs him to visit him out of compassion¹. He does not presume to address the same request to the Buddha. Christ teaches that the world is evil or, perhaps we should say, spoiled, but wishes to remove the evil and found the Kingdom of Heaven. The Buddha teaches that birth, sickness and death are necessary conditions of existence and that disease, which like everything else has its origin in Karma, can be destroyed only when the cause is destroyed². Nor do we find ascribed to him that love of children and tenderness towards the weak and erring which are beautiful features in the portrait of Christ³. He had no prejudices: he turned robust villains like Angulimāla, the brigand, into saints and dined with prostitutes but one

¹ *Maj. Nik* 143

² The miraculous cure of Suppiyā (*Mahāvag.* vi. 23) is no exception. She was ill not because of the effects of Karma but because, according to the legend, she had cut off a piece of her flesh to cure a sick monk who required meat broth. The Buddha healed her.

³ The most human and kindly portrait of the Buddha is that furnished by the Commentary on the *Thera- and Therī gāthā*. See *Thera-gāthā* xxx, xxxi and Mrs Rhys Davids' trans. of *Therī gāthā* pp. 71, 79.

cannot associate him with simple friendly intercourse. When he accepted invitations he did not so much join in the life of the family which he visited as convert the entertainment offered to him into an edifying religious service. Yet in propaganda and controversy he was gracious and humane beyond the measure of all other teachers. He did not call the priests of his time a generation of vipers, though he laughed at their ceremonies and their pretensions to superior birth.

Though the Buddha passed through intellectual crises such as the biographies of Christ do not hint at, yet in other matters it is he rather than Christ who offers a picture and example of peace. Christ enjoyed with a little band of friends an intimacy which the Hindu gave to none, but from the very commencement of his mission he is at enmity with what he calls the world. The world is evil and a great event is coming of double import, for it will bring disaster on the wicked as well as happiness for the good. "Repent ye, for the Kingdom of Heaven is at hand." He is angry with the world because it will not hear him. He declares that it hates him and the gospel according to St John even makes him say, "I pray not for the world, but for them which thou hast given me." The little towns of Galilee are worse in his eyes than the wicked cities of antiquity because they are not impressed by his miracles and Jerusalem which has slighted all the prophets and finally himself is to receive equal punishment. The shadow of impending death fell over the last period of his ministry and he felt that he was to be offered as a sacrifice. The Jews even seem to have thought at one time that he was unreasonably alarmed.

But the Buddha was not angry with the world. He thought of it as unsatisfactory and transitory rather than wicked, as ignorant rather than rebellious. He troubled little about people who would not listen. The calm and confidence which so many narratives attribute to him rarely failed to meet with the respect which they anticipated. In his life there is no idea of sacrifice, no element of the tragic, no sense of inevitability. When Dhanadatta meditated his resurrection, he is represented as telling his disciples that they need not be uneasy because it was physically impossible to kill a Buddha. The saying is perhaps not best, for called it illustrate Indian sentiment. In the previous

road. It is perhaps the privilege of genius to see the goal by intuition: the road and the vehicle are subsidiary and may be varied to suit the minds of different nations. Christ, being a Jew, took for his basis a refined form of the old Jewish theism. He purged Jehovah of his jealousy and prejudices and made him a spirit of pure benevolence who behaves to men as a loving father and bids them behave to one another as loving brethren. Such ideas lie outside the sphere of Gotama's thought and he would probably have asked why on this hypothesis there is any evil in the world. That is a question which the Gospels are chary of discussing but they seem to indicate that the disobedience and sinfulness of mankind are the root of evil. A godly world would be a happy world. But the Buddha would have said that though the world would be very much happier if all its inhabitants were moral and religious, yet the evils inherent in individual existence would still remain; it would still be impermanent and unsatisfactory.

Yet the Buddha and Christ are alike in points which are of considerable human interest, though they are not those emphasized by the Churches. Neither appears to have had much taste for theology or metaphysics. Christ ignored them; the Buddha said categorically that such speculations are vain. Indeed it is probably a general law in religions that the theological phase does not begin until the second generation, when the successors of the founder try to interpret and harmonize his words. He himself sees clearly and says plainly what mankind ought to do. Neither the Buddha, nor Christ, nor Mohammed cared for much beyond this, and such of their sayings as have reference to the whence, the whither and the way of the universe are obscure precisely because these questions do not fall within the field of religious genius and receive no illumination from its light. Argumentative as the Buddhist suttas are, their aim is strictly practical, even when their topics appear metaphysical, and the burden of all their rationalizations is the same and very simple. Men are unhappy because of their foolish ideas; to become happy they must make them less foolish. As I have said and I will add, perhaps the Buddha

thought it worth while to say that if men would only be good, they would be happy.

sacerdotal codes in a way which must have astounded their contemporaries. The law-books and sacrifices to which Brahmins and Pharisees devoted time and study are simply left on one side. The former are replaced by injunctions to cultivate a good habit of mind, such as is exemplified in the Eightfold Path and the Beatitudes, the latter by some observances of extreme simplicity, such as the Pāṭimokkha and the Lord's Prayer. In both cases subsequent generations felt that the provision made by the Founders was inadequate and the Buddhist and Christian Churches have multiplied ceremonies which, though not altogether unedifying, would certainly have astonished Gotama and Christ.

For Christ the greatest commandments were that a man should love God and his neighbours. This summary is not in the manner of Gotama and though love (*mettā*) has an important place in his teaching, it is rather an inseparable adjunct of a holy life than the force which creates and animates it. In other words the Buddha teaches that a saint must love his fellow men rather than that he who loves his fellow men is a saint. But the passages extolling *mettā* are numerous and striking, and European writers have, I think, shown too great a disposition to maintain that *mettā* is something less than Christian love and little more than benevolent equanimity. The love of the New Testament is not *ἔρως* but *ἀγάπη*, a new word first used by Jewish and Christian writers and nearly the exact equivalent of *mettā*. For both words love is rather too strong a rendering and charity too weak. Nor is it just to say that the Buddha as compared with Christ preaches inaction. The Christian nations of Europe are more inclined to action than the Buddhist nations of Asia, yet the Beatitudes do not indicate that the strenuous life is the road to happiness. Those declared blessed are the poor, the mourners, the meek, the hungry, the pure and the persecuted. Such men have just the virtues of the patient Bhikkhu and like Christ the Buddha praised the merciful and the peacemakers. And similarly Christ's phrase about rendering unto Caesar the things that are Caesar's seems to dissociate his true followers (like the Bhikkhus) from political life. Money and taxes are the affair of those who put their heads on coins, God and the things which concern him have quite another sphere.

CHAPTER X

THE TEACHING OF THE BUDDHA

1

WHEN the Buddha preached his first sermon¹ to the five monks at Benares the topics he selected were the following. First comes an introduction about avoiding extremes of either self-indulgence or self-mortification. This was specially appropriate to his hearers who were ascetics and disposed to over-rate the value of austerities. Next he defines the middle way or eightfold path. Then he enunciates the four truths of the nature of suffering, its origin, its cessation, and the method of bringing about that cessation. This method is no other than the eightfold path. Then his hearers understood that whatever has a beginning must have an end. This knowledge is described as the pure and spotless Eye of Truth. The Buddha then formally admitted them as the first members of the Sangha. He then explained to them that there is no such thing as self. We are not told that they received any further instruction before they were sent forth to be teachers and missionaries; they were, it would seem, sufficiently equipped. When the Buddha instructs his sixth convert, Yasa, the introduction is slightly different, doubtless because he was a layman. It treats of "almsgiving, of moral duties, of heaven, of the evil, vanity and sinfulness of desire, of the blessings which come from abandoning desires." Then when his catechumen's mind was prepared, he preached to him "the chief doctrine of the Buddha, namely suffering, its cause, its cessation and the Path." And when Yasa understood this he obtained the Eye of Truth.

It is clear therefore that the Buddha regarded practice as the foundation of his system. He wished to create a temper and a habit of life. Mere ceremonies or dogma, such as a *Shikharva*, could not be of much use as a basis of religion and teaching. It is only in the second stage that he enunciates

¹ See the *Samyutta Nikaya*, vol. 1, p. 100.

the four great theorems of his system (of which one, the Path, is a matter of practice rather than doctrine) and only later still that he expounds conceptions which are logically fundamental, such as his view of personality. "Just as the great ocean has only one taste, the taste of salt, so has this doctrine and discipline only one taste, the taste of emancipation¹." This practical aim has affected the form given to much of the Buddha's teaching, for instance the theory of the Skandhas and the chain of causation. When examined at leisure by a student of to-day, the dogmas seem formulated with imperfect logic and the results trite and obvious. But such doctrines as that evil must have a cause which can be discovered and removed by natural methods, that a bad unhappy mind can be turned into a good, happy mind by suppressing evil thoughts and cultivating good thoughts, are not commonplaces even now, if they receive a practical application, and in 500 B. C. they were not commonplaces in any sense.

And yet no one can read Buddhist books or associate with Buddhist monks without feeling that the intellectual element is preponderant, not the emotional. The ultimate cause of suffering is ignorance. The Buddha has won the truth by understanding the universe. Conversion is usually described by some such phrase as acquiring the Eye of Truth, rather than by words expressing belief or devotion. The major part of the ideal life, set forth in a recurring passage of the Dīgha Nikāya, consists in the creation of intellectual states, and though the Buddha disavowed all speculative philosophy his discourses are full, if not of metaphysics, at least of psychology. And this knowledge is essential. It is not sufficient to affirm one's belief in it; it must be assimilated and taken into the life of every true Buddhist. All cannot do this: most of the unconverted are blinded by lust and passion, but some are incapacitated by want of mental power. They must practise virtue and in a happier birth their minds will be enlarged.

The reader who has perused the previous chapters will have some idea of the tone and subject matter of the Buddha's preaching. We will now examine his doctrine as a system and will begin with the theory of existence, premising that it disclaims all idea of doing more than analyze our experience.

With speculations or assertions as to the origin, significance and purpose of the Universe, the Buddha has nothing to do. Such questions do not affect his scheme of salvation. What views—if any—he may have held or implied about them we shall gather as we go on. But it is dangerous to formulate what he did not formulate himself, and not always easy to understand what he did formulate. For his words, though often plain and striking, are, like the utterances of other great teachers, apt to provoke discordant explanations. They meet our thoughts half way, but no interpretation exhausts their meaning. When we read into them the ideas of modern philosophy and combine them into a system logical and plausible after the standard of this age, we often feel that the result is an anachronism: but if we treat them as ancient simple discourses by one who wished to make men live an austere and moral life, we still find that there are uncomfortably profound sayings which will not harmonize with this theory.

The Buddha's aversion to speculation did not prevent him from insisting on the importance of a correct knowledge of our mental constitution, the chain of causation and other abstruse matters; nor does it really take the form of neglecting metaphysics rather of defining them in a manner so authoritative as to imply a reserve of unimparted knowledge. Again and again questions about the fundamental mysteries of existence are put to him and he will not give an answer. It would not conduce to knowledge, peace, or freedom from passion, we are told, and, therefore, the Lord has not declared it. *Therefore*: not, it would seem, because he did not know, but because the discussion was not profitable. And the modern investigator, who is not so submissive as the Buddha's disciple, asks why not? Can it be that the teacher knew of things transcendental not to be formulated in words? Once he compared the truths he had taught his disciples to a bunch of leaves which he held in his hand and the other truths which he knew but had not taught to the leaves of the whole forest in which they were well known. And the story of the blind men and the elephant seems to

be a further illustration of the same thing. The Buddha's teaching was not a system of metaphysics, but a way of life. He did not want to create a philosophy, but to lead men to the end of suffering. His words were not to be taken literally, but as pointers to the truth. The Buddha's teaching was not a system of metaphysics, but a way of life. He did not want to create a philosophy, but to lead men to the end of suffering. His words were not to be taken literally, but as pointers to the truth.

hint that Buddhas, those rare beings who are not blind, can see the constitution of the universe. May we then in chance phrases get a glimpse of ideas which he would not develop? It may be so, but the quest is temerarious. "What I have revealed¹ hold as revealed, and what I have not revealed, hold as not revealed" The gracious but authoritative figure of the Master gives no further reply when we endeavour to restate his teaching in some completer form which admits of comparison with the ancient and modern philosophies of Europe.

The best introduction to his theory of existence is perhaps the instruction given to the five monks after his first sermon. The body² is not the self, he says, for if it were, it would not be subject to disease and we should be able to say, let my body be or not be such and such. As the denial of the existence of the self or ego (*Attā* in Pali, *Ātman* in Sanskrit) is one of the fundamental and original tenets of Gotama, we must remember that this self whose existence is denied is something not subject to decay, and possessing perfect free will with power to exercise
 ∴ The Brahmanic *Ātman* is such a self but it is found nowhere in the world of our experience³. For the body or form is not the self, neither is sensation or feeling (*vedanā*) for they are not free and eternal. Neither is perception (*saññā*)⁴ the self. Neither, the Buddha goes on to say, are the *Saṅkhārās* the self, and for the same reason.

Here we find ourselves sailing on the high seas of dogmatic terminology and must investigate the meaning of this important and untranslatable word. It is equivalent to the Sanskrit *samskāra*, which is akin to the word Sanskrit itself, and means compounding, making anything artificial and elaborate. It may be literally translated as synthesis or confection, and is often used in the general sense of phenomena since all phenomena are

¹ Or "determined"

² Or form *rūpa*

³ The word *Jīva*, sometimes translated *soul*, is not equivalent to *diman*. It seems to be a general expression for all the immaterial side of a human being. It is laid down (*Dig. Nik. vi and vii*) that it is fruitless to speculate whether the *Jīva* is distinct from the body or not.

⁴ *Saññā* like many technical Buddhist terms is difficult to render adequately, because it does not cover the same ground as any one English word. Its essential meaning is recognition by a mark. When we perceive a blue thing we recognize it as blue and as like other blue things that we have marked. See Mrs Rhys Davids, *Dhamma Sangahi*, p. 8.

compound¹. Occasionally² we hear of three Sankhāras, body or deed, word and thought. But in later literature the Sankhāras become a category with fifty-two divisions and these are mostly mental or at least subjective states. The list opens with contact (phassa) and then follow sensation, perception, thought, reflection, memory and a series of dispositions or states such as attention, effort, joy, torpor, stupidity, fear, doubt, lightness of body or mind, pity, envy, worry, pride. As European thought does not class all these items under one heading or, in other words, has no idea equivalent to Sankhāra, it is not surprising that no adequate rendering has been found, especially as Buddhism regards everything as more becoming, not fixed existence, and hence does not distinguish sharply between a process and a result—between the act of preparing and a preparation. Conformations, confections, syntheses, co-efficients, tendencies, potentialities have all been used as equivalents but I propose to use the Pali word as a rule. In some passages the word phenomena is an adequate literary equivalent, if it is remembered that phenomena are not thought of apart from a perceiving subject: in others some word like predispositions or tendencies is a more luminous rendering, because the Sankhāras are the potentialities for good and evil action existing in the mind as a result of Karma³.

The Buddha has now enumerated four categories which are not the self. The fifth and last is Viññāna, frequently rendered by consciousness. But this word is unsuitable in so far as it suggests in English some unified and continuous mental state. Viññāna sometimes corresponds to thought and sometimes is hardly distinguished from perception, for it means awareness of what is pleasant or painful, sweet or sour and so on. But the Pāli is continually insisting that it is not a unity and that its varieties come into being only when they receive proper nourishment or, as we should say, an adequate stimulus. Thus visual consciousness depends on the light and on visible objects,

¹ *Paṭi-sambhūti Sūtra* 220. It states that the Sankhāras are so called because they are compounded from aggregates. *Paṭi-sambhūti Sūtra* 220.

² *Paṭi-sambhūti Sūtra* 220. It states that the Sankhāras are so called because they are compounded from aggregates. *Paṭi-sambhūti Sūtra* 220.

³ *Paṭi-sambhūti Sūtra* 220. It states that the Sankhāras are so called because they are compounded from aggregates. *Paṭi-sambhūti Sūtra* 220.

auditory consciousness on the hearing and on sounds. *Viññāṇa* is divided into eighty-nine classes according as it is good, bad or indifferent, but none of these classes, nor all of them together, can be called the self.

These five groups—body, feeling, perception, the *sankhāras*, thought—are generally known as the *Skandhas*¹ signifying in Sanskrit collections or aggregates. The classification adopted is not completely logical, for feeling and perception are both included in the *Sankhāras* and also counted separately. But the object of the Buddha was not so much to analyze the physical and mental constitution of a human being as to show that this constitution contains no element which can be justly called self or soul. For this reason all possible states of mind are catalogued, sometimes under more than one head. They are none of them the self and no self, ego, or soul in the sense defined above is discernible, only aggregates of states and properties which come together and fall apart again. When we investigate ourselves we find nothing but psychical states. we do not find a psyche. The mind is even less permanent than the body², for the body may last a hundred years or so “but that which is called mind, thought or consciousness, day and night keeps perishing as one thing and springing up as another.” So in the *Samyutta-Nikāya*, Māra the Tempter asks the nun Vajirā by whom this being, that is the human body, is made. Her answer is “Here is a mere heap of *sankhāras*: there is no ‘being.’” As when various parts are united, the word ‘chariot’³ is used (to describe the whole), so when the *skandhas* are present, the word ‘being’ is commonly used. But it is suffering only that comes into existence and passes away.” And *Buddhaghosa*⁴ says:

“Misery only doth exist, none miserable;
No doer is there, naught but the deed is found;
Nirvana is, but not the man that seeks it;
The path exists but not the traveller on it.”

¹ Pali, *Khanda*. But it has become the custom to use the Sanskrit term *Skandha*. Cf. *Karma, nirvāṇa*.

² See *Sam. Nik.* xii 62. For parallels to this view in modern times see William James, *Text Book of Psychology*, especially pp. 203, 215, 216.

³ Cf. *Milinda Panha* ii 1 1 and also the dialogue between the king of Saurashtra and the Brahman in *Vishnu Pur.* ii, xiii.

⁴ Vis. Mag. chap. xvi quoted by Warren, *Buddhism in Translations*, p. 116. Also it is admitted that *viññāṇa* cannot be disentangled and sharply distinguished from feeling and sensation. See passages quoted in Mrs. Rhys Davids, *Buddhist Psychology*, pp. 52-51.

Thus the Buddha and his disciples rejected such ideas as soul, being and personality. But their language does not always conform to this ideal of negative precision, for the vocabulary of Pali (and still more of English) is inadequate for the task of discussing what form conduct and belief should take unless such words are used. Also the Attā (Ātman), which the Buddha denies, means more than is implied by our words self and personality. The word commonly used to signify an individual is puggalo. Thus in one sutta¹ the Buddha preaches of the burden, the bearer of the burden, taking it up and laying it down. The burden is the five skandhas and the bearer is the individual or puggalo. Thus, if pressed, implies that there is a personality apart from the skandhas which has to bear them. But probably it should not be pressed and we should regard the utterance as merely a popular sermon using language which is, strictly speaking, metaphorical.

2.

The doctrine of Anattā—the doctrine that there is no such thing as a soul or self—is justly emphasized as a most important part of the Buddha's teaching and Buddhist ethics might be summarized as the selfless life. Yet there is a danger that Europeans may exaggerate and misunderstand the doctrine by taking it as equivalent to a denial of the soul's immortality or of free will or to an affirmation that mind is a function of the body. The untruth of the proposition really diminishes its apparent violence and nihilism. To say that some beings have a soul and others have not is a formidable proposition, but to say that absolutely no existing person or thing contains anything which can be called a self or soul is less revolutionary than it sounds. It clearly does not deny that men exist for decades or mountains for millenniums; neither does it deny that before birth, or after death there may be other existences similar to born life. It merely states that in all the world, even in this world, there is nothing which is simple, self-existent, self-determined, and permanent—everything is composite and dependent on other things. It is a fact that infancy, youth or old age form a series of stages which the senses may be

called a personality and death need not end it. The error to be avoided is the doctrine of the Brahmans that through this series there runs a changeless self, which assumes new phases like one who puts on new garments.

The co-ordination and apparent unity observable in our mental constitution is due to *mano* which is commonly translated mind but is really for Buddhism, as for the Upanishads, a *sensus communis*. Whereas the five senses have different spheres or fields which are independent and do not overlap, *mano* has a share in all these spheres. It receives and cognizes all sense impressions.

The philosophy of early Buddhism deals with psychology rather than with metaphysics. It holds it profitable to analyze and discuss man's mental constitution, because such knowledge leads to the destruction of false ideals and the pursuit of peace and insight. Enquiry into the origin and nature of the external world is not equally profitable: in fact it is a vain intellectual pastime. Still in treating of such matters as sensation, perception and consciousness, it is impossible to ignore the question of external objects or to avoid propounding, at least by implication, some theory about them. In this connection we often come upon the important word *Dhamma* (Sanskrit, *Dharma*). It means a law, and more especially the law of the Buddha, or, in a wider sense, justice, righteousness or religion¹. But outside the moral and religious sphere it is commonly used in the plural as equivalent to phenomena, considered as involving states of consciousness. The *Dhamma-sangani*² divides phenomena into those which exist for the subject and those which exist for other individuals and ignores the possibility of things existing apart from a knowing subject. This hints at idealism and other statements seem more precise. Thus the *Samyutta-Nikāya* declares: "Verily, within this mortal body, some six feet high, but conscious and endowed with mind, is the world, and its origin, and its passing away"³. And similarly⁴ the problem is posed, "Where do the four elements pass away and leave no trace behind." Neither gods nor men can answer

¹ With reference to a teacher *dhamma* is the doctrine which he preaches. With reference to a disciple, it may often be equivalent to duty. Cf. the Sanskrit expressions *sva dharma*, one's own duty, *para dharma*, the duty of another person or caste.

² *Dhamma* = 1011-5

³ = 11 3 8.

⁴ *Dig. Nik.* vi. 85

it, and when it is referred to the Buddha, his decision is that the question is wrongly put and therefore admits of no solution. "Instead of asking where the four elements pass away without trace, you should have asked:

Where do earth, water, fire and wind,
And long and short and fine and coarse,
Pure and impure no footing find?
Where is it that both name and form¹
Die out and leave no trace behind?"

To that the answer is: In the mind of the Saint.

Yet it is certain that such passages should not be interpreted as equivalent to the later Yogācāra doctrine that only thought really exists or to any form of the doctrine that the world is *Māyā* or illusion. The Pitakas leave no doubt on this point, for they elaborate with clearness and consistency the theory that sensation and consciousness depend on contact, that is contact between sense organs and sense objects. "Man is conceived as a compound of instruments, receptive and reacting"² and the *Samyutta-Nikāya* puts into the Buddha's mouth the following dogmatic statement³. "Consciousness arises because of duality. What is that duality? Visual⁴ consciousness arises because of sight and because of visible objects. Sight is transitory and mutable; it is its very nature to change. Visible objects are the same. So this duality is both in movement and transitory."

The question of the reality of the external world did not present itself to the early Buddhists. Had it been posed we may surmise that the Buddha would have replied, as in similar cases, that the question was not properly put. He would not, we may imagine, have admitted that the human mind has the creative power which idealism postulates, for such power seems to imply the existence of something like a self or *ātman*. But still though the Pitakas emphasize the empirical duality of sense organs and sense objects, they also supply a basis for the doctrines of Nāgārjuna and Śāntideva, which like much late Buddhist metaphysics must be understood in regions where the master would not go. When it is said that the people of the world and its

¹ *Naṃ rūpam*—name and form. *Naṃ* is the Sanskrit *nam*, name, and *rūpam* is the Sanskrit *rūpa*, form.

² *Mano bhūtaṃ*—the mind is the compound. *Bhūtaṃ* is the Sanskrit *bhūta*, compound, and *mano* is the Sanskrit *manas*, mind.

³ *Samyutta-Nikāya*, *Samyutta*, *Samyutta*, *Samyutta*.

passing away are within this mortal frame, the meaning probably is that the world as we experience it with its pains and pleasures depends on the senses and that with the modification or cessation of the senses it is changed or comes to an end. In other words (for this doctrine like most of the Buddha's doctrines is at bottom ethical rather than metaphysical) the saint can make or unmake his own world and triumph over pain. But the theory of sensation may be treated not ethically but metaphysically. Sensation implies a duality and on the one side the Buddha's teaching argues that there is no permanent sentient self but merely different kinds of consciousness arising in response to different stimuli. It is admitted too that visible objects are changing and transitory like sight itself and thus there is no reason to regard the external world, which is one half of the duality, as more permanent, self-existent and continuous than the other half. When we apply to it the destructive analysis which the Buddha applied only to mental states, we easily arrive at the nihilism or idealism of the later Buddhists. Of this I will treat later. For the present we have only to note that early Buddhism holds that sensation depends on contact, that is on a duality. It does not investigate the external part of this duality and it is clear that such investigation leads to the very speculations which the Buddha declared to be unprofitable, such as arguments about the eternity and infinity of the universe.

The doctrine of *Anattā* is counterbalanced by the doctrine of causation. Without this latter the Buddha might seem to teach that life is a chaos of shadows. But on the contrary he teaches the universality of law, in this life and in all lives. For Hindus of most schools of thought, metempsychosis means the doctrine that the immortal soul passes from one bodily tenement to another, and is reborn again and again. *karma* is the law which determines the occurrence and the character of these births. In Buddhism, though the *Pitakas* speak continually of rebirth, metempsychosis is an incorrect expression since there is no soul to transmigrate and there is strictly speaking nothing but *karma*. This word, signifying literally action or act, is the name of the force which finds expression in the fact that every event is the result of causes and also is itself a cause which produces effects, further in the fact (for Indians regard it as

one) that when a life, whether of a god, man or lower creature, comes to an end, the sum of its actions (which is in many connections equivalent to personal character) takes effect as a whole and determines the character of another aggregation of skandhas—in popular language, another being—representing the net result of the life which has come to an end. Karma is also used in the more concrete sense of the merit or demerit acquired by various acts. Thus we hear of karma which manifests itself in this life, and of karma which only manifests itself in another. No explanation whatever is given of the origin of karma, of its reason, method or aims and it would not be consistent with the principles of the Buddha to give such an explanation. Indeed, though it is justifiable to speak of karma as a force which calls into being the world as we know it, such a phrase goes beyond the habitual language of early Buddhism which merely states that everything has a cause and that every one's nature and circumstances are the result of previous actions in this or other existences. Karma is not so much invoked as a metaphysical explanation of the universe as accorded the consideration which it merits as an ultimate moral fact.

It has often been pointed out that the Buddha did not originate or even first popularize the ideas of reincarnation and karma; they are Indian, not specifically Buddhist. In fact, of all Indian systems of thought, Buddhism is the one which has the greatest difficulty in expressing these ideas in intelligible and consistent language, because it denies the existence of the ego. Some writers have gone so far as to suggest that the whole doctrine formed no part of the Buddha's original teaching and was an accretion, or at most a concession of the master to the beliefs of his time. But I cannot think this view is correct. The idea is woven into the texture of the Buddha's discourses. When in words which have as strong a claim as any in the Pāli to be regarded as old and genuine he describes the stages by which he acquired enlightenment and promises the same experiences to those who follow his direct line, he says that he first followed the thread of his own previous existences, that each part was plainly the unfathomable depth of time, that the whole of existence was spread out before him, like a vast plain, and that he saw the beginning and the end of it.

one body and taking shape in another, according to their deeds. Only when he understood both the perpetual transformation of the universe and also the line and sequence in which that transformation occurs, only then did he see the four truths as they really are.

It is unfortunate for us that the doctrine of reincarnation met with almost universal assent in India¹. If some one were to found a new Christian sect, he would probably not be asked to prove the immortality of the soul: it is assumed as part of the common religious belief. Similarly, no one asked the Buddha to prove the doctrine of rebirth. If we permit our fancy to picture an interview between him and someone holding the ordinary ideas of an educated European about the soul, we may imagine that he would have some difficulty in understanding what is the alternative to rebirth. His interlocutor might reply that there are two types of theory among Europeans. Some think that the soul comes into existence with the body at birth but continues to exist everlasting and immortal after the death of the body. Others, commonly called materialists, while agreeing that the soul comes into existence with the birth of the body, hold that it ceases to exist with the death of the body. To the first theory the Buddha would probably have replied that there is one law without exception, namely that whatever has a beginning has also an end. The whole universe offers no analogy or parallel to the soul which has a beginning but no end, and not the smallest logical need is shown for believing a doctrine so contrary to the nature of things. And as for materialism he would probably say that it is a statement of the processes of the world as perceived but no explanation of the mental or even of the physical world. The materialists forget that objects as known cannot be isolated from the knowing subject. Sensation implies contact and duality but it

¹ In *Dig. Nik.* xxiii *Pāyāsi* maintains the thesis, regarded as most unusual (see 5), that there is no world but this and no such things as rebirth and karma. He is confuted not by the Buddha but by *Kassapa*. His arguments are that dead friends whom he has asked to bring him news of the next world have not done so and that experiments performed on criminals do not support the idea that a soul leaves the body at death. *Kassapa's* reply is chiefly based on analogies of doubtful value but also on the affirmation that those who have cultivated their spiritual faculties have intuitive knowledge of rebirth and other worlds. But *Pāyāsi* did not draw any distinction between rebirth and immortality as understood in Europe. He was a simple materialist.

is no real explanation to say that mental phenomena are caused by physical phenomena. The Buddha reckoned among vain speculations not only such problems as the eternity and infinity of the world but also the question, Is the principle of life (Jiva) identical with the body or not identical. That question, he said, is not properly put, which is tantamount to condemning as inadequate all theories which derive life and thought from purely material antecedents¹. Other ideas of modern Europe, such as that the body is an instrument on which the soul works, or the expression of the soul, seem to imply, or at least to be compatible with, the pre-existence of the soul.

It is probable too that the Buddha would have said, and a modern Buddhist would certainly say, that the fact of rebirth can easily be proved by testimony and experience, because those who will make the effort can recall their previous births. For his hearers the difficulty must have been not to explain why they believed in rebirth but to harmonize the belief with the rest of the master's system, for what is reborn and how? We detect a tendency to say that it is *Vinnāna*, or consciousness, and the expression *patisaṃdhi-vinnānam* or rebirth-consciousness occurs.² The question is treated in an important dialogue in the *Majjhima-Nikāya*³, where a monk called *Sāti* maintains that, according to the Buddha's teaching, consciousness transmigrates unchanged. The Buddha summoned *Sāti* and rebuked his error in language of unusual severity, for it was evidently capital and fatal if persisted in. The Buddha does not state what transmigrates, as the European reader would wish him to do, and would no doubt have replied to that question that it is improperly framed and does not admit of an answer.

His argument is directed not so much against the idea that cause and effect in our experience can have some connection with cause and effect in the real, as against the idea that this consciousness is a reality and permanent. He maintains that it is a complex process, due to many causes, each producing up its own effect. Yet the first step is to admit that the process is - which cannot be

consciousness in one life, can also produce their effect in another life, for the character of future lives may be determined by the wishes which we form in this life. Existence is really a succession of states of consciousness following one another irrespective of bodies. If *ABC* and *abc* are two successive lives, *ABC* is not more of a reality or unity than *BCa*. No personality passes over at death from *ABC* to *abc* but then *ABC* is itself not a unity it is merely a continuous process of change¹.

The discourse seems to say that *tanhā*, the thirst for life, is the connecting link between different births, but it does not use this expression. In one part of his address the Buddha exhorts his disciples not to enquire what they were or what they will be or what is the nature of their present existence, but rather to master and think out for themselves the universal law of causation, that every state has a cause for coming into being and a cause for passing away. No doubt his main object is as usual practical, to incite to self-control rather than to speculation. But may he not also have been under the influence of the idea that time is merely a form of human thought? For the ordinary mind which cannot conceive of events except as following one another in time, the succession of births is as true as everything else. The higher kinds of knowledge, such as are repeatedly indicated in the Buddha's discourse, though they are not described because language is incapable of describing them, may not be bound in this way by the idea of time and may see that the essential truth is not so much a series of births in which something persists and passes from existence to existence, as the timeless fact that life depends upon *tanhā*, the desire for life. Death, that is the breaking up of such constituents of human life as the body, states of consciousness, etc., does not affect *tanhā*. If *tanhā* has not been deliberately suppressed, it collects *skandhas* again. The result is called a new individual. But the essential truth is the persistence of the *tanhā* until it is destroyed.

Still there is no doubt that the earliest Buddhist texts and the discourse ascribed to the Buddha himself speak, when using ordinary untechnical language, of rebirth and of a man dying

¹ See too Dig. Nik. II. 63, "If *Vināṣa* did not descend into the womb, would body and mind be constituted there?" and Sam. Nik. XII. 3, "*Vināṣa* found is the condition for bringing about rebirth in the future."

and being born¹ in such and such a state. Only we must not suppose that the man's self is continued or transferred in this operation. There is no entity that can be called soul and strictly speaking no entity that can be called body, only a variable aggregation of skandhas, constantly changing. At death this collocation disperses but a new one reassembles under the influence of *taphâ*, the desire of life, and by the law of karma which prescribes that every act must have its result. The illustration that comes most naturally is that of water. Waves pass across the surface of the sea and successive waves are not the same, nor is what we call the same wave really the same at two different points in its progress, and yet one wave causes another wave and transmits its form and movement. So are beings travelling through the world (*samsâra*) not the same at any two points in a single life and still less the same in two consecutive lives: yet it is the impetus and form of the previous lives, the desire that urges them and the form that it takes, which determine the character of the succeeding lives.

But Buddhist writers more commonly illustrate rebirth by fire than by water and this simile is used with others in the Questions of Milinda. We cannot assume that this book reflects the views of the Buddha or his immediate followers, but it is the work of an Indian in touch with good tradition who lived a few centuries later and expressed his opinions with lucidity. It denies the existence of transmigration and of the soul and then proceeds to illustrate by metaphors and analogies how two successive lives can be the same and yet not the same. For instance, suppose a man carelessly allows his lamp to set his thatch on fire with the result that a whole village is burnt down. He is held responsible for the loss but when brought before the judge argues that the flame of his lamp was not the cause as the flame that burnt down the village. Will such a plea be allowed? Certainly not. Or to take another metaphor. Suppose a man were to choose a young girl in marriage and after making a contract with her parents were to go away, leaving her to grow up. Meanwhile another man comes and marries her. If the two men appeal to the King and the latter decides in favour of the earlier, "The little child whom you chose and the little girl who grew up and the full grown girl whom I paid for and

¹ *Uppâdâ* or *Uppâdâya*.

married is another, no one would listen to his argument, for clearly the young woman has grown out of the girl and in ordinary language they are the same person. Or again suppose that one man left a jar of milk with another and the milk turned to curds. Would it be reasonable for the first man to accuse the second of theft because the milk has disappeared?

The caterpillar and butterfly might supply another illustration. It is unfortunate that the higher intelligences offer no example of such metamorphosis in which consciousness is apparently interrupted between the two stages. Would an intelligent caterpillar take an interest in his future welfare as a butterfly and stigmatize as vices indulgences pleasant to his caterpillar senses and harmful only to the coming butterfly, between whom and the caterpillar there is perhaps no continuity of consciousness? We can imagine how strongly butterflies would insist that the foundation of morality is that caterpillars should realize that the butterflies' interests and their own are the same.

3

When the Buddha contemplated the *samsāra*, the world of change and transmigration in which there is nothing permanent, nothing satisfying, nothing that can be called a self, he formulated his chief conclusions, theoretical and practical, in four propositions known as the four noble¹ truths, concerning suffering, the cause of suffering, the extinction of suffering and the path to the extinction of suffering². These truths are always represented as the essential and indispensable part of Buddhism. Without them, says the Buddha more than once, there can be no emancipation, and agreeably to this we find them represented as having formed part of the teaching of previous Buddhas³ and consequently as being rediscovered rather than invented by Gotama. He even compares himself to one who has found

¹ *Aryasaccāni*. Rhys Davids translates the phrase as Aryan truths and the word *Arya* in old Pali appears not to have lost its national or tribal sense, e.g. *Dig Nik* ii 87 *Aryam āyatanam* the Aryan sphere (of influence). But was a religious teacher preaching a doctrine of salvation open to all men likely to describe its most fundamental and universal truths by an adjective implying pride of race?

² In *Maj Nik.* 44 the word *dukkha* is replaced by *sakkāya*, individuality, which is apparently regarded as equivalent in meaning. So for instance the Noble Eight fold path is described as *sakkāya-nirodha gāmaṃ patipadā*.

³ *Theragāthā* 487-493, and *Fuggala Pañ.* iv 1.

in the jungle the site of an ancient city and caused it to be restored. It would therefore not be surprising if they were found in pre-Buddhist writings, and it has been pointed out that they are practically identical with the four divisions of the Hindu science of medicine: roga, disease; roga-hetu, the cause of disease; arogya, absence of disease; bhaisajya, medicine. A similar parallel between the language of medicine and moral science can be found in the Yoga philosophy, and if the fourfold division of medicine can be shown to be anterior to Buddhism¹, it may well have suggested the mould in which the four truths were cast. The comparison of life and passion to disease is frequent in Buddhist writings and the Buddha is sometimes hailed as the King of Physicians. It is a just compendium of his doctrine—so far as an illustration can be a compendium—to say that human life is like a diseased body which requires to be cured by a proper regimen. But the Buddha's claim to originality is not thereby affected, for it rests upon just this, that he was able to regard life and religion in this spirit and to put aside the systems of ritual, speculation and self-mortification which were being preached all round him.

The first truth is that existence involves suffering. It receives emotional expression in a discourse in the *Samyutta-Nikāya*. "The world of transmigration, my disciples, has its beginning in eternity. No origin can be perceived, from which beings start, and hampered by ignorance, fettered by craving, stray and wander. Which think you are more—the tears which you have shed as you strayed and wandered on this long journey, grieving and weeping because you were bound to what you hated and separated from what you loved—which are more, these tears, or the waters in the four oceans? A mother's death, a son's death, a daughter's death, loss of kinsmen, loss of property, sickness, all these have you endured through long ages—and while you felt these losses and strayed and wandered on this long journey, grieving and weeping because you were bound to what you hated and separated from what you loved, the tears that you shed are more than the water in the four oceans."

It is remarkable that such statements aroused no contradiction. The Buddha was not an idealist and did not enter into philosophical subtleties. He spoke of the world in the terms of the

¹ *Journal of the Royal Asiatic Society*, 1901, p. 100.

an exceptionally successful religious movement in touch and sympathy with popular ideas. On many points his assertions called forth discussion and contradiction but when he said that all existence involves suffering no one disputed the dictum, no one talked of the pleasures of life or used those arguments which come so copiously to the healthy-minded modern essayist when he devotes a page or two to disproving pessimism¹. On this point the views and temperament of the Buddha were clearly those of educated India. The existence of this conviction and temperament in a large body of intellectual men is as important as the belief in the value of life and the love of activity for its own sake which is common among Europeans. Both tempers must be taken into account by every theory which is not merely personal but endeavours to ascertain what the human race think and feel about existence.

The sombre and meditative cast of Indian thought is not due to physical degeneration or a depressing climate. Many authors speak as if the Hindus lived in a damp relaxing heat in which physical and moral stamina alike decay. I myself think that as to climate India is preferable to Europe, and without arguing about what must be largely a question of personal taste, one may point to the long record of physical and intellectual labour performed even by Europeans in India. Neither can it be maintained that in practice Buddhism destroys the joy and vigour of life. The Burmese are among the most cheerful people in the world and the Japanese among the most vigorous, and the latter are at least as much Buddhists as Europeans are Christians. It might be plausibly maintained that Europeans' love of activity is mainly due to the intolerable climate and uncomfortable institutions of their continent, which involve a continual struggle with the weather and continual discussion forbidding any calm and comprehensive view of things. The Indian being less troubled by these evils is able to judge what is the value of life in itself, as an experience for the individual, not as part of a universal struggle, which is the common view of seriously minded Europeans, though as to this

¹ Buddhist works sometimes insist on the impurity of human physical life in a way which seems morbid and disagreeable. But this view is not exclusively Buddhist or Asiatic. It is found in Marcus Aurelius and perhaps finds its strongest expression in the *De Contemptu Mundi* of Pope Innocent III (in Pat. Lat. coxv. 11 cols. 701-746).

struggle they have but hazy ideas of the antagonists, the cause and the result.

The Buddhist doctrine does not mean that life is something trifling and unimportant, to be lived anyhow. On the contrary, birth as a human being is an opportunity of inestimable value. He who is so born has at least a chance of hearing the truth and acquiring merit. "Hard is it to be born as a man, hard to come to hear the true law" and when the chance comes, the good fortune of the being who has attained to human form and the critical issues which depend on his using it rightly are dwelt on with an earnestness not surpassed in Christian homiletics. He who acts ill as a man may fall back into the dreary cycles of inferior births, among beasts and blind aimless beings who cannot understand the truth, even if they hear it. From this point of view human life is happiness, only like every form of existence it is not satisfying or permanent.

Dukkha is commonly rendered in English by pain or suffering, but an adequate literary equivalent which can be used consistently in translating is not forthcoming. The opposite state, sukha, is fairly rendered by pleasure, satisfaction and happiness. Dukkha is the contrary of this, uneasiness, discomfort, difficulty. Pain or suffering are too strong as renderings, but no better are to hand. When the Buddha enlarges on the evils of the world it will be found that the point most emphasized as vitiating life is its transitoriness.

"Is that which is impermanent sorrow or joy?" he asks of his disciples. "Sorrow, Lord," is the answer, and this oft-repeated proposition is always accepted as self-evident. The evil most frequently mentioned as the great inevitable weakness of humanity, old age, sickness and death, and also the weakness of being tied to what we hate, the advent of parting from what we love. Another obvious evil is that we cannot get what we want to achieve our ambitions. Thus the temper which produces the Buddha's utterances is not that of Herodas the cynic, a holy fool, who, having enjoyed all that life has to offer, rather the regretful wail of one who wholeheartedly struggles with the insatiable passions—love, ambition, the quest of knowledge, the desire to improve the human lot, to leave behind him a name, a reputation which is permanent, a place in the world which is secure. This is more. It has to be

something or to produce something which is not transitory and which has an absolute value in and for itself. But neither in this world nor in any other world are such states and actions possible. Only in Nirvana do we find a state which rises above the transitory because it rises above desire. Not merely human life but all possible existences in all imaginable heavens must be unsatisfactory, for such existences are merely human life under favourable conditions. Some great evils, such as sickness, may be absent but life in heaven must come to an end: it is not eternal, it is not even permanent, it does not, any more than this life, contain anything that god or man can call his own. And it may be observed that when Christian writers attempt to describe the joys of a heaven which is eternally satisfying, they have mostly to fall back on negative phrases such as "Eye hath not seen nor ear heard."

The European view of life differs from the Asiatic chiefly in attributing a value to actions in themselves, and in not being disturbed by the fact that their results are impermanent. It is, in fact, the theoretical side of the will to live, which can find expression in a treatise on metaphysics as well as in an act of procreation. An Englishman according to his capacity and mental culture is satisfied with some such rule of existence as having a good time, or playing the game, or doing his duty, or working for some cause. The majority of intelligent men are prepared to devote their lives to the service of the British Empire: the fact that it must pass away as certainly as the Empire of Babylon and that they are labouring for what is impermanent does not disturb them and is hardly ever present to their minds. Those Europeans who share with Asiatics some feeling of dissatisfaction with the impermanent try to escape it by an unselfish morality and by holding that life, which is unsatisfactory if regarded as a pursuit of happiness, acquires a new and real value if lived for others. And from this point of view the European moralist is apt to criticize the Buddhist truths of suffering and the release from suffering as selfish. But Buddhism is as full as or fuller than Christianity of love, self-sacrifice and thought for others. It says that it is a fine thing to be a man and have the power of helping others: that the best life is that which is entirely unselfish and a continual sacrifice. But looking at existence as a whole, and accepting

the theory that the happiest and best life is a life of self-sacrifice, it declines to consider as satisfactory the world in which this principle holds good. Many of the best Europeans would probably say that their ideal is not continual personal enjoyment but activity which makes the world better. But this ideal implies a background of evil just as much as does the Buddha's teaching. If evil vanished, the ideal would vanish too.

There is one important negative aspect of the truth of suffering and indeed of all the four truths. A view of human life which is common in Christian and Mohammedan countries represents man as put in the world by God, and human life as a service to be rendered to God. Whether it is pleasant, worth living or not are hardly questions for God's servants. There is no trace of such a view in the Buddha's teaching. It is throughout assumed that man in judging human life by human standards is not presumptuous or blind to higher issues. Life involves unhappiness—that is a fact, a cardinal truth. That this unhappiness may be ordered for disciplinary or other mysterious motives by what is vaguely called One above, that it would disappear or be explained if we could contemplate our world as forming part of a larger universe, that "there is some far off divine event," some unexpected salvation in the fifth act of this complicated tragedy, which could justify the creator of this *dukkhalokadittā*, this mass of unhappiness—for all such ideas the doctrine of the Blessed One has nothing but silence, the courteous and charitable silence which will not speak contemptuously. The world of transmigration has neither beginning nor end nor meaning to those who wish to escape from it the Buddha can show the way, of obligation to stop in it there can be no question.

Buddhism is often described as pessimistic, but is the epithet just? What does it mean? The dictionary defines pessimism as "the doctrine which teaches that the world is as bad as it can be and that everything naturally tends towards evil." That is

the doctrine of the pessimists. But the Buddha's teaching is not pessimistic. It is a teaching of the middle way, of the way of wisdom. It is a teaching of the law of causality, of the law of karma. It is a teaching of the law of the three marks of existence, of the law of the four noble truths. It is a teaching of the law of the eightfold path, of the law of the noble eightfold path. It is a teaching of the law of the three jewels, of the law of the three refuges. It is a teaching of the law of the three times, of the law of the three periods of time. It is a teaching of the law of the three worlds, of the law of the three realms of existence. It is a teaching of the law of the three spheres, of the law of the three dimensions of space. It is a teaching of the law of the three elements, of the law of the three constituents of matter. It is a teaching of the law of the three qualities, of the law of the three attributes of mind. It is a teaching of the law of the three powers, of the law of the three faculties of the soul. It is a teaching of the law of the three virtues, of the law of the three perfections. It is a teaching of the law of the three fruits, of the law of the three results of action. It is a teaching of the law of the three stages, of the law of the three levels of attainment. It is a teaching of the law of the three paths, of the law of the three ways of liberation. It is a teaching of the law of the three goals, of the law of the three objects of desire. It is a teaching of the law of the three means, of the law of the three methods of practice. It is a teaching of the law of the three results, of the law of the three consequences of effort. It is a teaching of the law of the three stages, of the law of the three levels of attainment. It is a teaching of the law of the three paths, of the law of the three ways of liberation. It is a teaching of the law of the three goals, of the law of the three objects of desire. It is a teaching of the law of the three means, of the law of the three methods of practice. It is a teaching of the law of the three results, of the law of the three consequences of effort.

emphatically not Buddhist teaching. The higher forms of religion have their basis and origin in the existence of evil, but their justification and value depend on their power to remove it. A religion, therefore, can never be pessimistic, just as a doctor who should simply pronounce diseases to be incurable would never be successful as a practitioner. The Buddha states with the utmost frankness that religion is dependent on the existence of evil. "If three things did not exist, the Buddha would not appear in the world and his law and doctrine would not shine. What are the three? Birth, old age and death." This is true. If there were people leading perfectly happy, untroubled lives, it is not likely that any thought of religion would enter their minds, and their irreligious attitude would be reasonable, for the most that any deity is asked to give is perfect happiness, and that these imaginary folk are supposed to have already. But according to Buddhism no form of existence can be perfectly happy or permanent. Gods and angels may be happier than men but they are not free from the tyranny of desire and ultimately they must fall from their high estate and pass away.

4

The second Truth declares the origin of suffering. "It is," says the Buddha, "the thirst which causes rebirth, which is accompanied by pleasure and lust and takes delight now here, now there, namely, the thirst for pleasure, the thirst for another life, the thirst for success." This Thirst (*Tanhâ*) is the craving for life in the widest sense—the craving for pleasure which propagates life, the craving for existence in the dying man which brings about another birth, the craving for wealth, for power, for pre-eminence within the limits of the present life. What is the nature of this craving and of its action? Before attempting to answer we must consider what is known as the chain of causation¹, one of the oldest, most celebrated, and most obscure formulæ of Buddhism. It is stated that the Buddha knew it before attaining enlightenment², but it is second in importance only to the four truths, and in the opening sections of the *Mahāvagga*, he is represented as meditating on it under the Bo-tree, both in its positive and negative form. It runs as follows: "From ignorance come the *sankhâras*, from the *sank-*

¹ *Pali* *Paṭicca samuppāda*. Sanskrit *Pratitya samutpada*. ² *Sam Nik* 22 10

would there then be any old age or death? Clearly not. That is the meaning of saying that old age and death depend on birth: if birth were annihilated, they too would be annihilated. Similarly birth depends on Bhava which means becoming and does not imply anything self-existent and stationary: all the world is a continual process of coming into existence and passing away. It is on the universality of this process that birth (*jāta*) depends. But on what does the endless becoming itself depend? We seem here on the threshold of the deepest problems but the answer, though of wide consequences, brings us back to the strictly human and didactic sphere. Existence depends on Upādāna. This word means literally grasping or clinging to and should be so translated here but it also means fuel and its use is coloured by this meaning, since Buddhist metaphor is fond of describing life as a flame. Existence cannot continue without the clinging to life, just as fire cannot continue without fuel¹.

The clinging in its turn depends on Taṇhā, the thirst or craving for existence. The distinction between taṇhā and upādāna is not always observed, and it is often said taṇhā is the cause of karma or of sorrow. But, strictly speaking, upādāna is the grasping at life or pleasure. taṇhā is the incessant, unsatisfied craving which causes it. It is compared to the birana, a weed which infests rice fields and sends its roots deep into the ground. So long as the smallest piece of root is left the weed springs up again and propagates itself with surprising rapidity, though the cultivator thought he had exterminated it. This metaphor is also used to illustrate how taṇhā leads to a new birth. Death is like cutting down the plant: the root remains and sends up another growth.

We now seem to have reached an ultimate principle and basis, namely, the craving for life which transcends the limits of one existence and finds expression in birth after birth. Many passages in the Pīṭakas justify the idea that the force which constructs the universe of our experience is an impersonal appetite, analogous to the Will of Schopenhauer. The shorter

¹ Sam Nik XII 33. Cf. too the previous *śūtra* 51. In the Abhidharma Pīṭaka and later scholastic works we find as a development of the law of causation the theory of relations (*pacaya*) or system of correlation (*paññāna nayo*). According to this theory phenomena are not thought of merely in the simple relation of cause and effect. One phenomenon can be the assistant agency (*upakāra*) of another phenomenon in 24 modes. See Mrs Rhiya Davida's article Relations in *ER E*.

by various appropriate causes. Hence it cannot be regarded as independent of name-and-form and as their generator. So the Buddha goes on to say that though name-and-form depends on consciousness it is equally true that consciousness depends on name-and-form. The two together make human life: everything that is born, and dies or is reborn in another existence, is name-and-form plus consciousness.

What we have learnt hitherto is that suffering depends on desire and desire on the senses. For didactic purposes this is much, but as philosophy the result is small: we have merely discovered that the world depends on name-and-form plus consciousness, that is on human beings. The first two links of the chain (the last in our examination) do not leave the previous point of view—the history of individual life and not an account of the world process—but they have at least that interest which attaches to the mysterious.

"Consciousness depends on the *sankhāras*." Here the *sankhāras* seem to mean the predispositions anterior to consciousness which accompany birth and hence are equivalent to one meaning of Karma, that is the good and bad qualities and tendencies which appear in one's earthly life. Perhaps the best commentary on the statement that consciousness depends on the *sankhāras* is furnished by a Sutta called *Rebirth according to the sankhāras*¹. The Buddha there says that if a monk possessed of the necessary good qualities cherishes a wish to be born after death as a noble, or in one of the many heavens, "then those predispositions (*sankhāra*) and mental conditions (*vihāra*) if repeated² conduce to rebirth in the place he desires. Similarly when Citta is dying, the spirits of the wood come round his death-bed and bid him wish to be an Emperor in his next life. Thus a personality with certain predispositions and aptitudes may be due to the thought and wishes of a previous personality, and these predispositions, as in the last article of the formula, depend upon ignorance. We might be tempted

¹ This does not mean that the same name and form plus consciousness which dies in one existence reappears in another.

² *May Nik. 1.20 Sankhārapatti sutta*.

³ He should make it a continual mental exercise to think of the rebirth which he desires.

⁴ So too in the Sūtra philosophy the *sankhāras* are said to be the factors in human existence in another. They may also be understood as the cause of the rebirth of the individual.

The law of *karma* and the periodic rhythm of growth and decay which the universe obeys are ideas common to Hinduism and Buddhism and not incompatible with the mythology and ritual to which the Buddha objected. And though the Pitakas insist on the universality of causation, they have no notion of the uniformity of nature in our sense¹. The Buddhist doctrine of causation states that we cannot obtain emancipation and happiness unless we understand and remove the cause of our distress, but it does not discuss cosmic forces like *karma* and *Mâyâ*. Such discussion the Buddha considered unprofitable² and perhaps he may have felt that insistence on cosmic law came dangerously near to fatalism³.

Though the number of the links may be varied the Buddha attached importance to the method of concatenation and the impersonal formulation of the whole and in one passage⁴ he objects to the questions, what are old age and death and who is it that has old age and death. Though the chain of causation treats of a human life, it never speaks of a person being born or growing old and Buddhaghosa⁵ observes that the Wheel of existence is without known beginning, without a personal cause or passive recipient and empty with a twelvefold emptiness. It has no external cause such as *Brahmâ* or any deity "and is also wanting in any ego passively recipient of happiness and misery."

The twelve *Nidânas* have passed into Buddhist art as the Wheel of Life. An ancient example of this has been discovered in the frescoes of Ajanta and modern diagrams, which represent the explanations current in mediæval India, are still to be found in Tibet and Japan⁶. In the nave of the wheel are three female figures signifying passion, hatred and folly and in the spaces between the spokes are scenes depicting the phases of human life round the felly runs a series of pictures representing the twelve links of the chain. The first two links are represented

¹ Take among hundreds of instances the account of the Buddha's funeral

² The *Anguttara Nikâya*, book iv. chap. 77, forbids speculation on four subjects as likely to bring madness and trouble. Two of the four are *kaṃma vipâka* and *loka-cintâ*. An attempt to make the chain of causation into a cosmic law would involve just this sort of speculation.

³ The Pitakas insist that causation applies to mental as well as physical phenomena.

⁴ Sam Nik xii 35

⁵ Vis Mag xvii Warren, p. 175.

⁶ See Waddell, *J R A S* 1894, pp. 307-384 Rhys Davids, *Amer. Lectures*, pp. 155-160.

a cure for a disease—the disease of suffering—and that cure is not a quack medicine which pretends to heal rapidly but a regime and treatment. If we ask whether the reason for following the regime is that it is good for us or that it is scientifically correct, or why we want to be well or whether health is really good both the Buddha and the physician would reply that such questions are tiresome and irrelevant. With an appearance of profundity, they ask nothing worth answering. The eightfold path is the way and the only way of salvation. Its form depends on the fact that the knowledge of the Buddha, which embraces the whole universe, sees that it is a consequence of the nature of things. In that sense it may be described as an eternal law, but this is not the way in which the Pitakas usually speak of it and it is not represented as a divine revelation dictated by other than human motives. “Come, disciples,” the Buddha was wont to say ‘lead a holy life for the complete extinction of suffering.’ Holiness is simply the way out of misery into happiness. To ask why we should take that way, would seem to an Indian an unnecessary question, as it might seem to a Christian if he were asked why he wants to save his soul, but if the question is pressed, the answer must be at every point, for the Christian as much as for the Buddhist, to gain happiness¹. Incidentally the happiness of others is fully cared for, since both religions make unselfishness the basis of morality and hold that the conscious and selfish pursuit of happiness is not the way to gain it, but if we choose to apply European methods of analysis to the Buddha’s preaching, it is utilitarian. But the fact that he and his first disciples did not think such analysis and discussion necessary goes far to show that the temper created in his Order was not religiously utilitarian. It never occurred to them to look at things that way.

The eightfold path is the road to happiness but it is the way, not the destination, and the action of the Buddha and his disciples is something beyond it. They had obtained the goal, for they were all Arhats, and they might, if they had been inspired by that selfishness which some European authors find prominent in Buddhism, have entered into their rest. Yet the Buddha bade them go among men and preach “for the gain and welfare of many” and they continued their benevolent activity although it could add nothing to the reward which they had already won.

¹ But see *M. Nik.* 79, for the idea that there is something beyond happiness.

but it does not follow that desire and striving are bad in themselves. Desire for what is good (*Dharmachando* as opposed to *Kāmachando*) is itself good, and the effort to obtain *nirvāṇa* is often described as a struggle or wrestling¹. Similarly though absolute indifference to pains and pleasures is the ideal for a *Bhikkhu*, this by no means implies, as is often assumed, a general insensibility and indifference, the harmless oyster-like life of one who hurts nobody and remains in his own shell. European criticisms on the selfishness and pessimism of Buddhism forget the cheerfulness and buoyancy which are the chief marks of its holy men. The Buddhist saint is essentially one who has freed himself. His first impulse is to rejoice in his freedom and share it with others, not to abuse the fetters he has cut away. Active benevolence and love² are enjoined as a duty and praised in language of no little beauty and earnestness. In the *Itivuttaka*³ the following is put into the mouth of Buddha: "All good works whatever⁴ are not worth one sixteenth part of love which sets free the heart. Love which sets free the heart comprises them. It shines, gives light and radiance. Just as the light of all the stars is not worth one sixteenth of the light of the moon, as in the last month of the rains in the season of autumn, when the sky is clear and cloudless the sun mounts up on high and overcomes darkness in the firmament: as in the last hour of the night when the dawn is breaking, the morning star shines and gives light and radiance even so does love which sets free the soul and comprises all good works, shine and give light and radiance." So, too, the *Sutta-Nipāta* bids a man love not only his neighbour but all the world: "As a mother at the risk of her life watches over her own child, her only child, so let every one cultivate a boundless love towards all beings⁵." Nor are such precepts left vague and universal. If some of his acts and words seem wanting in family affection, the Buddha enjoined filial piety as emphatically as Moses or

¹ *Padhānam*. But in later Buddhism we also find the idea that *nirvāṇa* is something which comes only when we do not struggle for it.

² *Mettā*, corresponding exactly to the Greek *agapē* of the New Testament.

³ *iii* 7. The translation is abbreviated.

⁴ More literally, "All the occasions which can be used for doing good works."

⁵ *Sutta-Nipāta*, 1-8, *S II* 101 v. p. 25 and see also *Ang. Nik.* iv 193 which says that love leads to rebirth in the higher heavens and *Sam. Nik.* ix 4 to the effect that a little love is better than great gifts. Also *Questions of Ashoka*, 4 4 10.

Confucius. There are two beings, he says, namely Father and Mother, who can never be adequately repaid¹. If a man were to carry his parents about on his shoulders for a hundred years or could give them all the kingdoms and treasures of the earth, he still would not discharge his debt of gratitude². But whereas Confucius said that the good son does not deviate from the way of his father, the Buddha, who was by no means conservative in religious matters, said that the only way in which a son could repay his parents was by teaching them the True Law.

The Buddha defines the sixth section of the path more fully than those which precede. Right effort, he says, is when a monk makes an effort, and strives to prevent evil states of mind from arising: to suppress them if they have arisen: to produce good states of mind, and develop and perfect them. Hitherto we have been considering morality, indispensable but elementary. This section is the beginning of the specially Buddhist discipline of mental cultivation. The process is apt to seem too self-conscious: we wonder if a freer growth would not yield better fruits. But in a comparison with the similar programmes of other religions Buddhism has little to fear. Its methods are not morbid or introspective: it does not fetter the intellect with the bonds of authority. The disciple has simply to discriminate between good and bad thoughts, to develop the one and suppress the other. It is noticeable that under this heading of right effort, or right wrestling as it is sometimes called, both desire and striving for good ends are consecrated. Sloth and torpor are as harmful to spiritual progress as evil desires and are often reprimanded. Also the aim is not merely negative: it is partly creative. The disciple is not to suppress will and feeling, but he is to make all the good in him grow; he should foster, increase and perfect it.

What is right-mindedness³, the seventh section of the path? It is "When a monk lives as regards the body, observant of the body, strenuous, conscious, mindful and has rid himself of covetousness and melancholy": and similarly as regards the perceptions, the mind and phenomena. The importance of this right-mindedness is often insisted on. It amounts to complete self-

¹ 父に事はしむるに及ばず

² 父母の恩はたとひ天下の財を盡して報じても足らぬ

³ 正念 (Sammā Sikkhā)

mastery by means of self-knowledge which allows nothing to be done heedlessly and mechanically and controls not merely recognized acts of volition but also these sense-impressions in which we are apt to regard the mind as merely receptive "Self is the lord of self who else should be the lord? With self well subdued, a man finds a lord such as few can find¹."

Although the Buddha denies that there is any soul or self (*attā*) apart from the *skandhas*, yet here his ethereal system seems to assume that a ruling principle which may be called self does exist. Nor is the discrepancy fully explained by saying that the non-existence of self or soul is the correct dogma and that expressions like self being the lord of self are concessions to the exigencies of exposition. The evolution of the self-controlled saint out of the confused mental states of the ordinary man is a psychological difficulty. As we shall see, when the eightfold path has been followed to the end new powers arise in the mind, new lights stream into it. Yet if there is no self or soul, where do they arise, into what do they stream?

The doctrine of Gotama as expressed in his earliest utterance on the subject to the five monks at Benares is that neither the body, nor any mental faculty to which a name can be given, is what was called in Brahmanic theology *ātman*, that is to say an entity which is absolutely free, imperishable, changeless and not subject to pain. This of course does not exclude the possibility that there may be something which does not come under any of the above categories and which may be such an entity as described. Indeed Brahmanic works which teach the existence of the *ātman* often use language curiously like that of Buddhism. Thus the *Bhagavad-gītā*² says that actions are performed by the *Gunās* and only he who is deluded by egoism thinks "I am the doer." And the *Viṣṇu Purāṇa* objects to the use of personal pronouns. "When one soul is dispersed in all bodies, it is idle to ask who are you, who am I?" The accounts of the Buddhist higher life would be easier to understand if we could suppose that there is such a self, that the

¹ *Dhammap* 100

² *Bhag. gītā*, 2 27

³ *Viṣṇu Pur* II 13 The ancient Egyptians also, though for quite different reasons, did not accept our ideas of personality. For them man was not an individual unity but a compound consisting of the body and of several immaterial parts called for want of a better word souls, the *ka*, the *ba*, the *sechem*, etc., which after death continue to exist independently.

nature of the ordinary man, perhaps something other than the skandhas¹. One of his principal objections to the doctrine of the permanent self was that, if it were true, emancipation and sanctity would be impossible², because human nature could not be changed. In India the doctrine of the *âtman* was really dangerous, because it led a religious man to suppose that to ensure happiness and emancipation it is only necessary to isolate the *âtman* by self-mortification and by suppressing discursive thought as well as passion. But this, the Buddha teaches, is a capital error. That which can make an end of suffering is not something lurking ready-made in human nature but something that must be built up: man must be reborn, not flayed and stripped of everything except some core of unchanging soul. As to the nature of this new being the Pitakas are reticent, but not absolutely silent, as we shall see below. Our loose use of language might possibly lead us to call the new being a soul, but it is decidedly not an *âtman*, for it is something which has been brought into being by deliberate effort. The collective name for these higher states of mind is *paññā*³, wisdom or knowledge. This word is the Pali equivalent of the Sanskrit *prajñā* and is interesting as connecting early and later Buddhism, for *prajñā* in the sense of transcendental or absolute knowledge plays a great part in Mahayanism and is even personified.

The Pitakas imply that Buddhas and Arahats can understand things which the ordinary human mind cannot grasp and human words cannot utter. Later Indian Buddhists had no scruples in formulating what the master left unformulated. They did not venture to use the words *âtman* or *attā* but they said that the saint can rise above all difference and plurality, transcend the distinction between subject and object and that nirvana is the absolute (*Bhūtatathatā*). The Buddha would doubtless have objected to this terminology as he objected to all attempts to express the ineffable but perhaps the thought which struggles for expression in such language is not far removed from his own thought.

One of the common Buddhist similes for human life is fire and it is the best simile for illuminating all Buddhist psychology.

¹ See the argument with Yamaka in Sam. Nik. xxii. 86.

² See Sam. Nik. iii. xxii. 97.

³ Also *paññākkhandha* or *vijjā*.

thinks of his previous births and remembers them as clearly as a man who has been a long walk remembers at the end of the day the villages through which he has passed. He thinks of the birth and deaths of other beings and sees them as plainly as a man on the top of a house sees the people moving in the streets below. He realizes the full significance of the four truths and he understands the origin and cessation of the three great evils, love of pleasure, love of existence and ignorance. And when he thus sees and knows, his heart is set free. "And in him thus set free there arises the knowledge of his freedom and he knows that rebirth has been destroyed, the higher life has been led, what had to be done has been done. He has no more to do with this life. Just as if in a mountain fastness there were a pool of water, clear, translucent and serene and a man standing on the bank and with eyes to see should perceive the mussels and the shells, the gravel and pebbles and the shoals of fish as they move about or lie within it."

Similar accounts occur in many other passages with variations in the number of stages described. We must not therefore insist on the details as essential. But in all cases the process is marked by mental activity. The meditations of Indian recluses are often described as self-hypnotism, and I shall say something on this point elsewhere, but it is clear that in giving the above account the Buddha did not contemplate any mental condition in which the mind ceases to be active or master of itself. When, at the beginning, the monk sits down to meditate it is "with intelligence alert and intent": in the last stage he has the sense of freedom, of duty done, and of knowledge immediate and unbounded, which sees the whole world spread below like a clear pool in which every fish and pebble is visible.

6

With this stage he attains Nirvāṇa¹, the best known word and the most difficult to explain in all the vocabulary of Buddhism.

It is perhaps used more by western students than by oriental believers and it belongs to the same department of religious language as the word saint. For most Christians there is something presumptuous in trying to be a saint or in defining the

¹ Sanskrit Nirvāṇa; Pali Nibbāna

admits of approximate definition: it is the goal of the religious life, though only the elect can even enter the struggle. Nirvana after death is not a goal in the same sense. The correct doctrine is rather that death is indifferent to one who has obtained nirvana and the difficulty of defining his nature after death does not mean that he has been striving for something inexplicable and illusory.

Arhatship is the aim and sum of the Buddha's teaching: it is associated in many passages with love for others, with wisdom, and happiness and is a condition of perfection attainable in this life. The passages in the Pitakas which seem to be the oldest and the most historical suggest that the success of the Buddha was due to the fact that he substituted for the chilly ideal of the Indian Munis something more inspiring and more visibly fruitful, something akin to what Christ called the Kingdom of Heaven. Thus we are told in the Vinaya that Bhaddiya was found sitting at the foot of a tree and exclaiming ecstatically, O happiness, happiness. When asked the reason of these ejaculations, he replied that formerly when he was a raja he was anxious and full of fear but that now, even when alone in the forest, he had become tranquil and calm, "with mind as peaceful as an antelope's."

Nirvana is frequently described by such adjectives as deathless, endless and changeless. These epithets seem to apply to the quality, not to the duration of the arhat's existence (for they refer to the time before the death of the body) and to signify that in the state which he has attained death and change have no power over him. He may suffer in body but he does not suffer in mind, for he does not identify himself with the body or its feelings¹.

Numerous passages could be quoted from the poetical books of the Pali Canon to the effect that nirvana is happiness and the same is stated in the more dogmatic and logical portions. Thus we hear of the bliss of emancipation and of the happiness which is based on the religious life² and the words "Nirvana is the greatest happiness" are put into Gotama's own mouth³.

¹ Sam Nik. xxii. 1. 18

² Vimuttasukham and brahmacariyogadham sukham

³ Maj Nik. 139, cf also Ang Nik ii 7 where various kinds of sukham or happiness are enumerated, and we hear of nakkhammasukham nirodhasukham, arisparamanum sukham, etc.

in the mind of the writer, that nirvana is a sphere or plane of existence resembling though excelling space or ether. It is true that the language when carefully examined proves to be cautious and to exclude material interpretations but clearly the expositor when trying to make plain the inexplicable leaned to that side of error rather than towards annihilation¹.

Somewhat similar is the language attributed to the Buddha in the Udāna². "There is a state (āyatanam) where there is neither earth nor water, fire nor air, nor infinity either of space or of consciousness, nor nothingness, nor the absence of perception or non-perception³, neither this world nor another, neither sun nor moon. That I call neither coming, going, nor standing, neither death nor birth. It is without stability, without movement, without basis. It is the end of sorrow, unborn, unoriginated, uncreated, uncompounded⁴." The statements about nirvana in the Questions of Mūhinda are definite and interesting. In this work⁵, Nāgasena tells King Mūhinda that there are two things which are not the result of a cause, to wit space and Nirvana. Nirvana is unproduceable (which does not mean unattainable) without origin, not made of anything and uncompounded. He who orders his life aright passes beyond the transitory, and gains the Real, the highest fruit. And when he has gained that, he has realized Nirvana⁶.

The parts of the Pitakas which seem oldest leave the impression that those who heard and understood the Buddha's teaching at once attained this blissful state, just as the Church regards the disciples of Christ as saints. But already in the

¹ Such a phrase as *Nibbānassa sacchikarīdyā* "for the attainment or realization of Nirvana" would be hardly possible if Nirvana were annihilation.

² Udāna vii. near beginning.

³ These are the formless stages of meditation. In Nirvanā there is neither any ordinary form of existence nor even the forms of existence with which we become acquainted in trances.

⁴ This negative form of expression is very congenial to Hinduism. Thus many centuries later Kabir sung "With God is no rainy season, no ocean, no sunshine, no shade, no creation and no destruction, no life nor death, no sorrow nor joy is felt... There is no water, wind, nor fire. The True Guru is there contained."

⁵ iv. 7. 18 ff.

⁶ See also Book vii of the Mūhinda containing a long list of similes illustrating the qualities necessary for the attainment of arahatship. Thirty qualities of arahatship are mentioned in Book vi of the same work. See also Mahāparinib. Sūt. iii. 65-66 and Rhys Davids' note.

Pitakas¹ we find the idea that the struggle to obtain nirvana extends over several births and that there are four routes leading to sanctification. These routes are described by the names of those who use them and are commonly defined in terms of release from the ten fetters binding man to the world². The first is the Sotâpanno, he who has entered into the stream and is on his way to salvation. He has broken the first three fetters called belief in the existence of self, doubt, and trust in ceremonies or good works. He will be born again on earth or in some heaven but not more than seven times before he attains nirvana. He who enters on the next stage is called Sakadâgâmin or coming once, because he will be born once more in this world³ and in that birth attain nirvana. He has broken the fetters mentioned and also reduced to a minimum the next two, lust and hate. The Anâgâmin, or he who does not return, has freed himself entirely from these five fetters and will not be reborn on earth or any sensuous heaven but in a Brahmâ world once only. The fourth route is that of the Arhat who has completed his release by breaking the bonds called love of life, pride, self-righteousness and ignorance and has made an end of all evil and impurity. He attains nirvana here and is no more subject to rebirth. This simple and direct route is the one contemplated in the older discourses but later doctrine and popular feeling came to regard it as more and more unusual, just as saints grow fewer as the centuries advance further from the Apostolic age. In the dearth of visible Arhats it was coming to think that nirvana could be won in other worlds.

The nirvana hitherto considered is that attained by a being living in this or some other world. But all states of existence whatever come to an end. When one who has not attained nirvana dies, he is born again. But what happens when an Arhat or a Buddha dies? This question did not fail to arouse

¹ *See* *the* *pitakas* *in* *the* *Chinese* *and* *the* *Theravâda* *texts*.

² *See* *the* *pitakas* *in* *the* *Chinese* *and* *the* *Theravâda* *texts*. The ten fetters are (1) belief in the existence of the self, (2) doubt, (3) belief in the efficacy of good and evil deeds, (4) attachment to the world, (5) attachment to the world, (6) attachment to the world, (7) attachment to the world, (8) attachment to the world, (9) attachment to the world, (10) attachment to the world.

³ *See* *the* *pitakas* *in* *the* *Chinese* *and* *the* *Theravâda* *texts*. The Sakadâgâmin is one who has broken the first three fetters and will be born once more in this world and in that birth attain nirvana.

interest during the Buddha's lifetime yet in the Pitakas the discussion, though it could not be stifled, is relegated to the background and brought forward only to be put aside as unpractical. The greatest teachers of religion—Christ as well as Buddha—have shown little disposition to speak of what follows on death. For them the centre of gravity is on this side of the grave not on the other. the all-important thing is to live a religious life, at the end of which death is met fearlessly as an incident of little moment. The Kingdom of Heaven, of which Christ speaks, begins on earth though it may end elsewhere. In the Gospels we hear something of the second coming of Christ and the Judgment: hardly anything of the place and character of the soul's eternal life. We only gather that a child of God who has done his best need have no apprehension in this or another world. Though expressed in very different phraseology, something like that is the gist of what the Buddha teaches about the dying Saint. But this reticent attitude did not satisfy ancient India any more than it satisfies modern Europe and we have the record of how he was questioned and what he said in reply. Within certain limits that reply is quite definite. The question, does the Tathāgata, that is the Buddha or perfected saint, exist after death, which is the phraseology usually employed by the Pitakas in formulating the problem, belongs to the class of questions called not declared or undetermined¹, because they do not admit of either an affirmative or a negative answer. Other problems belonging to this class are: Is the world eternal or not? Is the world infinite or not? Is the soul² the same as the body or different from it? It is categorically asserted that none of these questions admit of a reply. thus it is not right to say that (a) the saint exists after death, (b) or that he does not exist, (c) or that he both does and does not exist, (d) or that he neither exists nor does not exist. The Buddha's teaching about these problems is stated with great clearness in a Sutta named after Mālunkya-putta³, an enquirer who visits him and after enumerating them says frankly that he is dissatisfied because the Buddha will not

¹ *Avyākataṃ*: The Buddha, being omniscient, *śarīraṃ*, must have known the answer but did not declare it, perhaps because language was incapable of expressing it.

² *Jīva* not *attā*

³ *Maj. Nik. 63.*

answer them. "If the Lord answers them, I will lead a religious life under him, but if he does not answer them, I will give up religion and return to the world. But if the Lord does not know, then the straightforward thing is to say, I do not know." This is plain speaking, almost discourtesy. The Buddha's reply is equally plain, but unyielding. "Have I said to you, come and be my disciple and I will teach you whether the world is eternal or not, infinite or not—whether the soul is identical with the body, or separate, whether the saint exists after death or not?" "No, Lord." "Now suppose a man were wounded by a poisoned arrow and his friends called in a physician to dress his wound. What if the man were to say, I shall not have my wound treated until I know what was the caste, the family, the dwelling-place, the complexion and stature of the man who wounded me; nor shall I let the arrow be drawn out until I know what is the exact shape of the arrow and bow, and what were the animals and plants which supplied the feathers, leather, shaft and string. The man would never learn all that, because he would die first." "Therefore" is the conclusion, "hold what I have determined as determined and what I have not determined, as not determined."

This sutta may be taken in connection with passages asserting that the Buddha knows more than he tells his disciples. The result seems to be that there are certain questions which the human mind and human language had better leave alone because we are incapable of taking or expressing a view sufficiently large to be correct, but that the Buddha has a more than human knowledge which he does not impart because it is not profitable and overstrains the faculties, just as it is no part of a cure that the patient should make an exhaustive study of his disease.

With reference to the special question of the existence of the saint after death, the story of Yamaka¹ is important. He maintained that a monk in whom *sañña* is destroyed (*skandhava*) is annihilated when he dies, and does not exist. This was considered a grave heresy and rebuked by Sīhaputta who argues that even in this life the nature of a saint passes understanding to him. He is neither all the *skandhas* taken together nor yet one or more of them.

Yet it would seem that according to the psychology of the Pitakas an ordinary human being is an aggregate of the skandhas and nothing more. When such a being dies and in popular language is born again, the skandhas reconstitute themselves but it is expressly stated that when the saint dies this does not happen. The Chain of Causation says that consciousness and the sankhâras are interdependent. If there is no rebirth, it is because (as it would seem) there are in the dying saint no sankhâras. His nature cannot be formulated in the same terms as the nature of an ordinary man. It may be noted that karma is not equivalent to the effect produced on the world by a man's words and deeds, for if that were so, no one would have died leaving more karma behind him than the Buddha himself, yet according to Hindu doctrine, whether Buddhist or Brahmanic, no karma attaches to the deeds of a saint. His acts may affect others but there is nothing in them which tends to create a new existence.

In another dialogue¹ the Buddha replies to a wandering monk called Vaccha who questioned him about the undetermined problems and in answer to every solution suggested says that he does not hold that view. Vaccha asks what objection he has to these theories that he has not adopted any of them?

"Vaccha, the theory that the saint exists (or does not exist and so on) after death is a jungle, a desert, a puppet show, a writhing, an entanglement and brings with it sorrow, anger, wrangling and agony. It does not conduce to distaste for the world, to the absence of passion, to the cessation of evil, to peace, to knowledge, to perfect enlightenment, to nirvana. Perceiving this objection, I have not adopted any of these theories." "Then has Gotama any theory of his own?" "Vaccha, the Tathâgata has nothing to do with theories, but this is what he knows: the nature of form, how form arises, how form perishes; the nature of perception, how it arises and how it perishes (and so on with the other skandhas). Therefore I say that the Tathâgata is emancipated because he has completely and entirely abandoned all imaginations, agitations and false notions about the Ego and anything pertaining to the Ego." But, asks Vaccha, when one who has attained this

¹ Maj. Nik. 72

emancipation of mind dies where is he reborn? "Vaccha, the word 'reborn' does not fit the case." "Then, Gotama, he is not reborn." "To say he is not reborn does not fit the case, nor is it any better to say he is both reborn and not reborn or that he is neither reborn nor not reborn." "Really, Gotama, I am completely bewildered and my faith in you is gone."

"Never mind your bewilderment. This doctrine is profound and difficult. Suppose there was a fire in front of you. You would see it burning and know that its burning depended on fuel. And if it went out (*nubbāyeyya*) you would know that it had gone out. But if some one were to ask you, to which quarter has it gone, East, West, North or South, what would you say?"

"The expression does not fit the case, Gotama. For the fire depended on fuel and when the fuel is gone it is said to be extinguished, being without nourishment."

"In just the same way, all form by which one could predicate the existence of the saint is abandoned and uprooted like a fan palm¹, so that it will never grow up in future. The saint who is released from what is styled form is deep, immeasurable, hard to fathom, like the great ocean. It does not fit the case to say either that he is reborn, not reborn, both reborn and not reborn, or neither reborn nor not reborn." Exactly the same statement is then repeated four times the words sensation, perception, sankhāras and consciousness being substituted successively for the word form. Vaccha, we are told, was satisfied.

To appreciate properly the Buddha's simile we must concentrate our attention on the fire. When we apply this metaphor to annihilation, we usually think of the fuel or receptacle and our mind dwells wholly on the heap of ashes or the extinguished lump. But what has become of the fire? It is hardly correct to say that it has been destroyed. If a particular fire may be said to be annihilated in the sense that it is impossible to reconstitute it by repeating the same process of burning, the reason is not so much that we cannot get the same flame as that we cannot burn the same fuel twice. But so long as there is a continuous attention to the same fireplace or pile of fuel, we speak of the same fire although neither the flame nor the fuel remains.

¹ *Wāṭṭa* (Sinhalese) or *fan palm*.

the same. When combustion ceases, the fire goes out in popular language. To what quarter does it go? That question clearly does not "fit the case." But neither does it fit the case to say that the fire is annihilated¹.

Nirvana is the cessation of a process not the annihilation of an existence. If I take a walk, nothing is annihilated when the walk comes to an end: a particular form of action has ceased. Strictly speaking the case of a fire is the same: when it goes out a process ceases. For the ordinary man nirvana is annihilation in the sense that it is the absence of all the activities which he considers desirable. But for the arhat (who is the only person able to judge) nirvana after death, as compared with nirvana in life, may be quiescence and suspension of activity, only that such phrases seem to imply that activity is the right and normal condition, quiescence being negative and unnatural, whereas for an arhat these values are reversed.

We may use too the parallel metaphor of water. A wave cannot become an immortal personality. It may have an indefinitely long existence as it moves across the ocean, although both its shape and substance are constantly changing, and when it breaks against an obstacle the resultant motion may form new waves. And if a wave ceases to struggle for individual existence and differentiation from the surrounding sea, it cannot be said to exist any more as a wave. Yet neither the water which was its substance nor the motion which impelled it have been annihilated. It is not even quite correct to say that it has been merged in the sea. A drop of water added to a larger liquid mass is merged. The wave simply ceases to be active and differentiated.

In the Samyutta-Nikāya² the Buddha's statement that the saint after death is deep and immeasurable like the ocean is expanded by significant illustration of the mathematician's inability to number the sand or express the sea in terms of

¹ It may be that the Buddha had in his mind the idea that a flame which goes out returns to the primitive invisible state of fire. This view is advocated by Schrader (*Jour. Pali Text Soc.* 1905, p. 167). The passages which he cites seem to me to show that there was supposed to be such an invisible store from which fire is born but to be less conclusive as proving that fire which goes out is supposed to return to that store, though the quotation from the Maitreyi Upanishad in this direction. For the metaphor of the flame see also Sutta-Nipāta, verses 1074-8.

liquid measure. It is in fact implied that if we cannot say *he is*, this is only because that word cannot properly be applied to the infinite, innumerable and immeasurable.

The point which is clearest in the Buddha's treatment of this question is that whatever his disciples may have thought, he did not himself consider it of importance for true religion. Speculation on such points may be interesting to the intellect but is not edifying. It is a jungle where the traveller wanders without advancing, and a puppet-show, a vain worldly amusement which wears a false appearance of religion because it is diverting itself with quasi-religious problems. What is the state of the saint after death, is not as people vainly suppose a question parallel to, am I going to heaven or hell, what shall I do to be saved? To those questions the Buddha gives but one answer in terms of human language and human thought, namely, attain to nirvana and arhatship on this side of death, if possible in your present existence, if not now, then in the future good existences which you can fashion for yourself. What lies beyond is impracticable as a goal, unprofitable as a subject of speculation. We shall probably not be transgressing the limits of Gotama's thought if we add that those who are not arhats are bound to approach the question with misconception and it is a necessary part of an Arhat's training to get rid of the idea "I am". The state of a Saint after death cannot be legitimately described in language which suggests that it is a fuller and deeper mode of life. Yet it is clear that nearly all who dispute about it wish to make out that it is a state they could somehow regard with active satisfaction. In technical language they are infected with *arūparāgo*, or desire for life in a formless world, and this is the seventh of the ten fetters, all of which must be broken before arhatship is attained. I imagine that those modern sects, such as the Zen in Japan, which hold that the deeper mysteries of the faith cannot be communicated in words but somehow grow clear in meditation are not far from the master's teaching, though to the best of my knowledge no proper has been produced from the Pāli as stating that an arhat has special knowledge about the *apāyakaṃ* or undetermined question.

* The text of the Pāli is: "etadāpi na vidyati" (it is not known).
 † The Pāli is: "etadāpi na vidyati" (it is not known).

Almost all who treat of nirvana after death try to make the Buddha say, is or is not. That is what he refused to do. We still want a plain answer to a plain question and insist that he really means either that the saint is annihilated or enters on an infinite existence. But the true analogues to this question are the other insoluble questions, for instance, is the world infinite or finite in space? This is in form a simple physical problem, yet it is impossible for the mind to conceive either an infinite world or a world stopping abruptly with not even space beyond. A common answer to this antinomy is that the mind is attempting to deal with a subject with which it is incompetent to deal, that the question is wrongly formulated and that every answer to it thus formulated must be wrong. The way of truth lies in first finding the true question. The real difficulty of the Buddha's teaching, though it does not stimulate curiosity so much as the question of life after death, is the nature and being of the saint in this life before death, raised in the argument with Yamaka¹.

Another reason for not pressing the Buddha's language in either direction is that, if he had wished to preach in the subtlest form either infinite life or annihilation, he would have found minds accustomed to the ideas and a vocabulary ready for his use. If he had wished to indicate any form of absorption into a universal soul, or the acquisition by the individual self of the knowledge that it is identical with the universal self, he could easily have done so. But he studiously avoided saying anything of the kind. He teaches that all existence involves suffering and he preaches escape from it. After that escape the words being and not being no longer apply, and the reason why some people adopt the false idea of annihilation is because they have commenced by adopting the false alternative of either annihilation or an eternal prolongation of this life. A man makes himself miserable because he thinks he has lost something or that there is something which he cannot get. But if he does not think he has lost something or is deprived of something he might have, then he does not feel miserable. Similarly, a man holds the erroneous opinion, "This world is the self, or soul and I shall become it after death and be eternal, and unchanging." Then he hears the preaching of a Buddha and he thinks "I shall be annihilated, I shall not exist any more," and he feels

¹ Sam. Nik. xxii. 85

² Maj. Nik. 22, *Abhidhāna sutta*.

miserable. But if a man does not hold this doctrine that the soul is identical with the universe and will exist eternally—which is just complete full-blown folly¹—and then hears the preaching of a Buddha it does not occur to him to think that he will be annihilated and he is not miserable. Here the Buddha emphasizes the fact that his teaching is not a variety of the Brahmanic doctrine about the Ātman. Shortly afterwards in the same sutta he even more emphatically says that he does not teach annihilation. He teaches that the saint is already in this life inconceivable (*ananurejjo*). "And when I teach and explain this some accuse me falsely and without the smallest ground² saying 'Gotama is an unbeliever, he preaches the annihilation, the destruction, the dying out of real being.' When they talk like this they accuse me of being what I am not, of 'saying what I do not say.'"

Though the Buddha seems to condemn by anticipation the form of the Vedānta known as the Advaita, this philosophy illustrates the difficulty of making any statement about the saint after his death. For it teaches that the saint knows that there is but one reality, namely Brahman, and that all individual existences are illusion; he is aware that he is Brahman and that he is not differentiated from the world around him. And when he dies, what happens? Metaphors about drops and rivers are not really to the point. It would be more correct to say that nothing at all has happened. His physical life, an illusion which did not exist for himself, has ceased to exist for others.

Perhaps he will be nearest to the Buddha's train of thought who attempts to consider, by reflection rather than by discussion in words, what is meant by annihilation. By thinking of the very *idea* of existence and realizing how difficult it is to explain *how* and *why* anything exists, we are apt to slip into thinking that it would be quite natural and intelligible if nothing existed. If existing things became nothing. Yet as a matter of fact we cannot have no experience of this nothing of which we talk so much. It is inconceivable. When we try to think of nothingness we really think of space from which we try to remove all content, but we cannot create an absolute vacuum within a vessel, the vessel of the vessel would not be annihilated. The man who

¹ In the text of the *Samyutta Nikaya* the word "folly" is replaced by "madness".

² The word "ground" is also used in the text.

has attained nirvana cannot be adequately defined or grasped even in this life what binds him to being is cut¹ but it is inappropriate and inadequate to say that he has become nothing².

¹ Dig Nik 1. 73 uccinna bhava nettiko

² I recommend the reader to consider carefully the passage at the end of Book iv. of Schopenhauer's *Die Welt als Wille und Vorstellung* (Haldane and Kemp's translation, vol. 1. pp. 529-530) Though he evidently misunderstood what he calls "the Nirvana of the Buddhists" yet his own thought throws much light on it.

CHAPTER XI

MONKS AND LAYMEN

1

THE great practical achievement of the Buddha was to found a religious order which has lasted to the present day. It is known as the Sangha and its members are called Bhikkhus¹. It is chiefly to this institution that the permanence of his religion is due.

Corporations or confraternities formed for the purpose of leading a particular form of life are among the most widespread manifestations, if not of primitive worship, at any rate of that stage in which it passes into something which can be called personal religion and at least three causes contribute to their formation. First, early institutions were narrower and more personal than those of to-day. In politics as well as religion such relatively broad designations as Englishman or Frenchman, Buddhist or Christian, imply a slowly widening horizon gained by centuries of cooperation and thought. In the time of the Buddha such national and religious names did not exist. People belonged to a clan or served some local prince. Similarly in religious matters they followed some teacher or worshipped some god, and in either case if they were in earnest they tended to become members of a society. Societies such as the Pythægonian and Orphic brotherhoods were also common in Greece from the sixth century B.C. onwards but the result was small, for the genius of the Greek turned towards politics and philosophy. But in India, where politics had strangely little attraction for the cultured classes, energy and intelligence found their outlet in the religious life and created a multitude of religious orders. Even to-day Hinduism has no one creed or chief god and the various sects and orders in religion are not merely Hindu but follow some sect which, without denying

¹ The word Bhikkhu is the Pali name for a Buddhist monk. It is derived from the Sanskrit word Bhikṣu, which means to beg or to ask for alms.

what it does not adopt, selects its own dogmas and observances. This is not sectarianism in the sense of schism. It is merely the desire to have for oneself some personal, intimate religious life. Even in so uncompromising and levelling a creed as Islam the devout often follow special *tarîqs*, that is, roads or methods of the devotional life, and these *tarîqs*, though differing more than the various orders of the Roman Catholic Church, are not regarded as sects distinct from ordinary orthodoxy. When Christ died, Christianity was not much more than such a *tarîq*. It was an incipient religious order which had not yet broken with Judaism.

This idea of the private, even secret religious body is closely allied to another, namely, that family life and worldly business are incompatible with the quest for higher things. In early ages only priests and consecrated persons are expected to fast and practise chastity but when once the impression prevails that such observances not only achieve particular ends but produce wiser, happier, or more powerful lives, then they are likely to be followed by considerable numbers of the more intelligent, emotional and credulous sections of the population. The early Christian Church was influenced by the idea that the world is given over to Satan and that he who would save himself must disown it. The gentler Hindus were actuated by two motives. First, more than other races, they felt the worry and futility of worldly life. Secondly, they had a deep-rooted belief that miraculous powers could be acquired by self-mortification and the sensations experienced by those who practised fasting and trances confirmed this belief.

The third cause for the foundation and increase of religious orders is a perception of the influence which they can exercise. The disciples of a master or the priests of a god, if numerous and organized, clearly possess a power analogous to that of an army. To use such institutions for the service and protection of the true faith is an obvious expedient of the zealot ecclesiastical statecraft and ambition soon make their appearance in most orders founded for the assistance of the Church militant. But of this spirit Buddhism has little to show, except in Tibet and Japan it is almost absent. The ideal of the Buddha lay within his order and was to be realized in the life of the members. They had no need to strive after any extraneous goal.

The Sangha, as this order was called, arose naturally out of the social conditions of India in the time of Gotama. It was considered proper that an earnest-minded man should renounce the world and become a wanderer. In doing this and in collecting round him a band of disciples who had a common mode of life Gotama created nothing new. He merely did with conspicuous success what every contemporary teacher was doing. The confraternity which he founded differed from others chiefly in being broader and more human, less prone to extravagances and better organized. As we read the accounts in the Pitakas, its growth seems so simple and spontaneous that no explanation is necessary. Disciples gather round the master and as their numbers increase he makes a few salutary regulations. It is almost with surprise that we find the result to be an organization which became one of the great forces of the world.

The Buddha said that he taught a middle path equally distant from luxury and from self-mortification, but Europeans are apt to be struck by his condemnation of pleasure and to be repelled by a system which suppresses so many harmless activities. But contemporary opinion in India criticized his discipline as easy-going and lax. We frequently hear in the Vinaya that the people murmured and said his disciples behaved like those who still enjoy the good things of the world. Some, we are told, tried to enter the order merely to secure a comfortable existence! It is clear that he went to the extreme limit which public opinion allowed in dispensing with the rigours considered necessary to the religious life, and we shall best understand his spirit if we fix our attention not so much on the regime, to our way of thinking austere, which he prescribed—the single meal a day and so on—as on his insistence that what is necessary is emancipation of heart and mind and the cultivation of love and knowledge, all else being a matter of expediency. Thus he says to the ascetic Kāśyapa that though a man perform all manner of penances, yet if he has not attained the life which comes of good conduct, a good heart and good mind, he is far from being a true monk. But when he has the heart of love that knows no anger nor ill-will, when he has destroyed lust and become emancipated even before death, then he deserves the name of monk. It is a

common thing to say, he goes on, that it is hard to lead the life of a monk. But asceticism is comparatively easy; what is really hard is the conversion and emancipation of the heart.

In India, where the proclivity to asceticism and self-torture is endemic, it was only natural that penance should in very truth seem easier and more satisfactory than this spiritual discipline. It won more respect and doubtless seemed more tangible and definite, more like what the world expected from a holy man. Accordingly we find that efforts were made by Devadatta and others to induce the Buddha to increase the severity of his discipline. But he refused¹. The more ascetic form of life, which he declined to make obligatory, is described in the rules known as Dhutāṅgas, of which twelve or thirteen are enumerated. They are partly a stricter form of the ordinary rules about food and dress and partly refer to the life of a hermit who lives in the woods or in a cemetery.

In the Pitakas² Kassapa's disciples are described as *dhuta-vāḍḍā* and the advantages arising from the observance of the Dhutāṅgas are enumerated in the Questions of Milinda. It is probable that the Buddha himself had little sympathy with them. He was at any rate anxious that they should not degenerate into excesses. Thus he forbade³ his disciples to spend the season of the rains in a hollow tree, or in a place where dead bodies are kept, or to use an alms bowl made out of a skull. Now Kassapa had been a Brahman ascetic and it is probable that in tolerating the Dhutāṅgas the Buddha merely intended to allow him and his followers to continue the practices to which they were accustomed. They were an influential body and he doubtless desired their adhesion, for he was sensitive to public opinion⁴ and anxious to conform to it when conformity involved no sacrifice of principle. We hear repeatedly that the laity complained of some practice of his Bhikkhus and that when the complaint was brought to his ears he ordered the objectionable practice to cease. Once the king of Magadha asked the congregation to postpone the period of retreat during the rains until the next full moon day. They referred the matter to the Buddha. "I prescribe that you obey kings," was his reply.

¹ Cullavag. i 13

² Sam. Nik. xiv 16 12, Ang. Nik. i xiv ³ Mahāvag. iii 12

⁴ Or the opinion of single persons, e.g. Visakkhā in Mahāvag. iii 13

One obvious distinction between the Buddha's disciples and other confraternities was that they were completely clad, whereas the Ājivikas, Jains and others went about naked. The motive for this rule was no doubt decency and a similar thought made Gotama insist on the use of a begging bowl, whereas some sectaries collected scraps of food in their hands. Such extravagances led to abuses resembling the degradation of some modern fakirs. Even the Jain scriptures admit that pious householders were disgusted by the ascetics who asked for a lodging in their houses—naked, unwashed men, foul to smell and loathsome to behold¹. This was the sort of life which the Buddha called *anariyam*, ignoble or barbaric. With such degradation of humanity he would have nothing to do. He forbade nakedness, as well as garments of hair and other uncomfortable costumes. The raiment which he prescribed consisted of three pieces of cloth of the colour called *kāśīva*. This was probably dull orange, selected as being unornamental. It would appear that in mediæval India the colour in use was reddish; at present a rather bright and not unpleasing yellow is worn in Burma, Ceylon, Siam and Camboja. Originally the robes were made of rags collected and sewed together but it soon became the practice for pious laymen to supply the Order with raiment.

2

In the *Mahā* and *Culla* *vaggas* of the *Vinaya* *Pitaka* we find a large collection of regulations purporting to be issued by the Buddha for the guidance of the Order on such subjects as ceremonial, discipline, clothes, food, furniture and medicine. The arrangement is roughly chronological. Gotama starts as a recluse, without either followers or a code. As disciples multiply the need for regulations and uniformity of life is felt. Each incident and difficulty that arises is reported to him and he defines the correct practice. One may suspect that many regulations reported as originating in the injunctions of the Buddha really grew up gradually. But the documents are ancient, they date from the generations immediately following the Buddha's death, and their account of his activity as an

¹ *Śālistambasūtra*, p. 2.

organizer is probably correct in substance. One of the first reasons which rendered regulations necessary was the popularity of the order and the respect which it enjoyed. King Bimbisāra of Magadha is represented as proclaiming that "It is not permitted to do anything to those who join the order of the Sakyaputtiya¹." Hence robbers², debtors, slaves, soldiers anxious to escape service and others who wished for protection against the law or merely to lead an idle life, desired to avail themselves of these immunities. This resulted in the gradual elaboration of a code of discipline which did much to secure that only those actuated by proper motives could enter the order and only those who conducted themselves properly could stay within it.

We find traces of a distinction between those Bhikkhus who were hermits and lived solitary lives in the woods and those who moved about in bands, frequenting rest houses. In the time of the Buddha the wandering life was a reality but later most monks became residents in monasteries. Already in the Vinaya we seem to breathe the atmosphere of large conventual establishments where busy superintendents see to the lodging and discipline of crowds of monks, and to the distribution of the gifts made by pious laymen. But the Buddha himself knew the value of forests and plant life for calming and quickening the mind. "Here are trees," he would say to his disciples at the end of a lecture, "go and think it out³."

In the poetical books of the Tripitaka, especially the collections known as the Songs of the Monks and Nuns, this feeling is still stronger. We are among anchorites who pass their time in solitary meditation in the depths of forests or on mountain tops and have a sense of freedom and a joy in the life of wild things not found in cloisters. These old monkish poems are somewhat wearisome as continuous reading but their monotonous enthusiasm about the conquest of desire is leavened by a sincere and observant love of nature. They sing of the scenes in which meditation is pleasant, the flowery banks of streams that flow through reeds and grasses of many colours as well as

¹ Mahāv. i. 42

² But converted robbers were occasionally admitted, e.g. *Anāpānāsīla*

³ *Sam Nikāy* iv. xxxv. *Maj Nikāy* Sutt. 18. On the value attached by mystics in all countries to trees and flowers, see Underhill, *Mysticism*, p. 231

the mysterious midnight forest when the dew falls and wild beasts howl; they note the plumage of the blue peacock, the flight of the yellow crane and the gliding movements of the water snake. It does not appear that these amiable hermits arrogated any superiority to themselves or that there was any opposition between them and the rest of the brethren. They preferred a form of the religious life which the Buddha would not make compulsory, but it is older than Buddhism and not yet dead in India. The Sangha exercised no hierarchical authority over them and they accepted such simple symbols of union as the observance of Uposatha days.

The character of the Sangha has not materially changed since its constitution took definite shape towards the end of the master's life. It was and is simply a body of people who believe that the higher life cannot be lived in any existing form of society and therefore combine to form a confraternity where they are relieved of care for food and raiment, where they can really take no thought for the morrow and turn the cheek to the smiter. They were not a corporation of priests and they had no political aims. Any free man, unless his parents or the state had a claim on him and unless he suffered from certain diseases, was admitted, he took no vows of obedience and was at any time at liberty to return to the world.

Though the Sangha as founded by the Buddha did not claim, still less exact, anything from the laity, yet it was their duty, their most obvious and easy method of acquiring merit, to labour and support monks, to provide them with food, clothes and lodging and with everything which they might lawfully possess. Strictly speaking a monk does not beg for food nor thank for what he receives. He gives the layman a chance of doing a good deed and the donor, not the recipient, should be thankful.

At first the Buddha admitted converts to the order haphazard, but he subsequently prescribed two simple ceremonies for admission to the novitiate and to full privileges respectively. They are often described as ordinations but are rather applications from postulants which are granted by a Chapter consisting of at least ten members. The first, called *pabbajja* or going forth, is leaving the world as effected when the candidate is shaved, his hair and beard shaven, and he is clothed in the three robes.

and the ten precepts¹. Full membership is obtained by the further ceremony called *upasampadā*. The postulant, who must be at least twenty years old, is examined in order to ascertain that he is *sui juris* and has no disqualifying disease or other impediment. Then he is introduced to the Chapter by "a learned and competent monk" who asks those who are in favour of his admission to signify the same by their silence and those who are not, to speak. If this formula is repeated three times without calling forth objection, the *upasampadā* is complete. The newly admitted *Bhikkhu* must have an *Upajjhāya* or preceptor on whom he waits as a servant, seeing to his clothes, bath, bed, etc. In return the preceptor gives him spiritual instruction, supervises his conduct and tends him when sick.

The Chapter which had power to accept new monks and regulate discipline consisted of the monks inhabiting a parish or district, whose extent was fixed by the Sangha itself. Its reality as a corporate body was secured by stringent regulations that under no excuse must the *Bhikkhus* resident in a parish omit to assemble on *Uposatha* days². The *Vinaya*³ represents the initiative for these simple observances as coming not from the Buddha but from King Bimbisāra, who pointed out that the adherents of other schools met on fixed days and that it would be well if his disciples did the same. He assented and ordered that when they met they should recite a formula called *Pāṭi-mokkha* which is still in use. It is a confessional service, in which a list of offences is read out and the brethren are asked three times after each item "Are you pure in this matter?" Silence indicates a good conscience. Only if a monk has anything to confess does he speak. It is then in the power of the assembly to prescribe some form of expiation. The offender may be rebuked, suspended or even expelled. But he must admit his guilt. Otherwise disciplinary measures are forbidden.

What has been said above⁴ about the daily life of the Buddha applies equally to the life of his disciples. Like him

¹ They are abstinence from (1) destroying life, (2) stealing, (3) impurity, (4) lying, (5) intoxicants, (6) eating at forbidden times, (7) dancing, music and theatres, (8) garlands, perfumes, ornaments, (9) high or large beds, (10) accepting gold or silver.

² These are practically equivalent to Sundays, being the new moon, full moon and the eighth days from the new and full moon. In Tibet however the 14th, 15th, 29th and 30th of each month are observed.

³ *Mahāvagga* ii 1-2

⁴ Chap viii Sec 3

they rose early, journeyed or went to beg their only meal until about half-past eleven and spent the heat of the day in retirement and meditation. In the evening followed discussion and instruction. It was forbidden to accept gold and silver but the order might possess parks and monasteries and receive offerings of food and clothes. The personal possessions allowed to a monk were only the three robes, a girdle, an alms bowl, a razor, a needle and a water strainer¹. Everything else which might be given to an individual had to be handed over to the confraternity and held in common and the Vinaya shows clearly how a band of wandering monks following their teacher from place to place speedily grew into an influential corporation possessing parks and monasteries near the principal cities. The life in these establishments attained a high level of comfort according to the standard of the times and the number of restrictive precepts suggests a tendency towards luxury. This was natural, for the duty were taught that their duty was to give and the Order had to decide how much it could properly receive from those pious souls who were only too happy to acquire merit. In the larger Vihāras, for instance at Sāvattthi, there were halls for exercise (that is walking up and down), halls with fires in them, warm baths and store rooms.

The year of the Bhikkhus was divided into two parts. During nine months they might wander about, live in the woods or reside in a monastery. During the remaining three months, known as Vassa² or rainy season, residence in a monastery was obligatory. This custom, as mentioned, existed in India before the Buddha's time and the Pīṭakas represent him as adopting it, chiefly out of deference to public opinion. He did not prescribe any special observances for the period of Vassa, but this was the time when people had most leisure, since it was hard to move about, and also when the monks were brought into continual contact with the inhabitants of a special locality. It naturally became regarded as the appropriate season for giving instruction to the laity. The end of the rainy season was marked by a ceremony called Pavarāṇā, at which the monks

¹ The Vinaya lists the following as the only water-strainers: the fan, the bowl, the alms-bowl, the razor, the needle, the water-strainer, the fan, the bowl, the alms-bowl, the razor, the needle, the water-strainer.

² The Vassa is the rainy season, the day after the full moon of the month of Asvina, the day after the full moon of the month of Kārtika, the day after the full moon of the month of Māgha.

asked one another to pardon any offences that might have been committed, and immediately after it came the Kathina ceremony or distribution of robes. Kathina signifies the store of raw cotton cloth presented by the laity and held as common property until distributed to individuals.

It would be tedious to give even an abstract of the regulations contained in the Vinaya. They are almost exclusively concerned with matters of daily life, dwellings, furniture, medicine and so forth, and if we compare them with the statutes of other religious orders, we are struck by the fact that the Buddha makes no provision for work, obedience or worship. In the western branches of the Christian Church—and to some extent, though less markedly, in the eastern—the theory prevails that "Satan finds some mischief still for idle hands to do" and manual labour is a recognized part of the monastic life. But in India conditions and ideals were different. The resident monk grew out of the wandering teacher or disputant, who was not likely to practise any trade; it was a maxim that religious persons lived on alms, and occupations which we consider harmless, such as agriculture, were held to be unsuitable because such arts as ploughing may destroy animal life. Probably the Buddha would not have admitted the value of manual labour as a distraction and defence against evil thoughts. No one was more earnestly bent on the conquest of such thoughts, but he wished to extirpate them, not merely to crowd them out. Energy and activity are insisted on again and again, and there is no attempt to discourage mental activity. Reading formed no part of the culture of the time, but a life of travel and new impressions, continual discussion and the war of wits, must have given the Śrīlankas a more stimulating training than was to be had in the contemporary Brahmanic schools.

The Buddha's regulations contain no row of obedience or recognition of rank other than simple seniority or the relation of teacher to pupil. As time went on various hierarchical expedients were invented in different countries, since the management of large bodies of men necessitates authority in some form, but except in Lamaism this authority has rarely taken the form familiar to us in the Roman and Oriental Churches, where the Bishops and higher clergy assume the right to direct both the belief and conduct of others. In the Sangha,

no monk could give orders to another: he who disobeyed the precepts of the order ceased to be a member of it either *ipso facto*, or if he refused to comply with the expiation prescribed. Also there was no compulsion, no suppression of discussion, no delegated power to explain or supplement the truth. Hence differences of opinion in the Buddhist Church have largely taken the shape of schools of thought rather than of separate and polemical sects. Dissension indeed has not been absent but of persecution, such as stains the annals of the Christian Church, there is hardly any record. The fact that the Sangha, though nearly five hundred years older than any Christian institution, is still vigorous shows that this noble freedom is not unsuccessful as a practical policy.

The absence of anything that can be called worship or cultus in Gotama's regulations is remarkable. He not merely sets aside the older religious rites, such as prayer and sacrifice; he does not prescribe anything whatever which is in ordinary language a religious act. For the Pātimokkha, Pavāraṇā, etc., are not religious ceremonies, but chapters of the order held with an ethical object, and the procedure (the proposal of a resolution and the request for an expression of opinion) is that adopted in modern public meetings, except that assent is signified by silence. It is true that the ceremonial of a religion is not likely to develop during the life of the founder, for pious recollection and recitation of his utterances in the form of scripture are as yet impossible. Still, if the Buddha had had any belief whatever in the edifying effect of ritual, he would not have failed to institute some ceremony, appealing if not to supernatural beings at least to human emotions. Even the few observances which he did prescribe seem to be the result of suggestion from others and the only inference to be drawn is that he regarded every form of religious observance as entirely superfluous.

At first the Sangha consisted exclusively of men. It was not until about five years after its establishment that the entreaties of the Buddha's foster-mother, who had become a widow, and of Ananda prevailed for him to throw it open to women as well; but it would seem that the permission was wrung from him against his judgment. His reluctance was not due to a low estimate of female ability, for he had not only admitted

the influence of women in social and domestic life and he admitted that they were as capable as men of attaining the highest stages of spiritual and intellectual progress. This is also attested by the Pitakas, for some of the most important and subtle arguments and expositions are put into the mouths of nuns¹. Indeed the objections raised by the Buddha, though emphatic, are as arguments singularly vague and the eight rules for nuns which he laid down and compared to an embankment built to prevent a flood seem dictated not by the danger of immorality but by the fear that women might aspire to the management of the order and to be the equals or superiors of monks.

So far as we can tell, his fears were not realized. The female branch of the order showed little vigour after its first institution but it does not appear that it was a cause of weakness or corruption. Women were influential in the infancy of Buddhism, but we hear little of the nuns when this first ardour was over. We may surmise that it was partly due to personal devotion to Gotama and also that there was a growing tendency to curtail the independence allowed to women by earlier Aryan usage. The daughters of Asoka play some part in the narratives of the conversion of Ceylon and Nepal but after the early days of the Church female names are not prominent. Subsequently the succession became interrupted and, as nuns can receive ordination only from other nuns and not from monks, it could not be restored. The so-called nuns of the present day are merely religious women corresponding to the sisters of Protestant Churches, but are not ordained members of an order. But the right of women to enjoy the same spiritual privileges as men is not denied in theory and in practice. Buddhism has done nothing to support or commend the system of the harems or zenanas. In some Buddhist countries such as Burma and Siam women enjoy almost the same independence as in Europe. In China and Japan their status is not so high, but one period when Buddhism was powerful in Japan (800-1100 A.D.) was marked by the number of female writers and among the Manchus and Tibetans women enjoy considerable freedom and authority.

¹ See the papers by Mrs Bode in *J R A S* 1893, pp 617-66 and 763-98, and Mrs Rhys Davids in *Ninth Congress of Orientalists*, vol 1 p 344.

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Those who follow the law of the Buddha but are not members of the Sangha are called Upāsakas¹, that is worshippers or adherents. The word may be conveniently rendered by laymen although the distinction between clergy and laity, as understood in most parts of Europe, does not quite correspond to the distinction between Bhikkhus and Upāsakas. European clergy are often thought of as interpreters of the Deity, and whenever they have had the power they have usually claimed the right to supervise and control the moral or even the political administration of their country. Something similar may be found in Lamaism, but it forms no part of Gotama's original institution nor of the Buddhist Church as seen to-day in Burma, Siam and Ceylon. The members of the Sangha are not priests or mediators. They have joined a confraternity in order to lead a higher life for which ordinary society has no place. They will teach others, not as those whose duty it is to make the laity conform to their standard but as those who desire to make known the truth. And easy as is the transition from this attitude to the other, it must be admitted that Buddhism has rarely laid itself open to the charge of interfering in politics or of seeking temporal authority. Rather may it be accused of a tendency to indolence. In some cases elementary education is in the hands of the monks and their monasteries serve the purpose of village schools. Elsewhere they are harmless recluses whom the unsympathetic critic may pity as useless but can hardly condemn as ambitious or interfering. This is not however altogether true of Tibet and the Far East.

It is sometimes said that the only real Buddhists are the members of the Sangha and there is some truth in this particularly in China, where one cannot count as a Buddhist every one who occasionally attends a Buddhist service. But on the other hand Gotama accorded to the laity a definite and honorable place. He lived in the world as they call it, they call it the world, only a few of them. They cannot indeed lead the perfect life but they can ensure birth in happy state and a good bygone may be attained. They can live on his death bed. But through the power of the holder, take his refuge in the law and in the order of

monks" from whom he learns the law, yet these monks make no attempt to supervise or even to judge his life. The only punishment which the Order inflicts, to turn down the bowl and refuse to accept alms from guilty hands, is reserved for those who have tried to injure it and is not inflicted on notorious evil livers. It is the business of a monk to spread true knowledge and good feeling around him without enquiring into the thoughts and deeds of those who do not spontaneously seek his counsel. Indeed it may be said that in Burma it is the laity who supervise the monks rather than *vice versa*. Those Bhikkhus who fall short of the accepted standard, especially in chastity, are compelled by popular opinion to leave the monastery or village where they have misbehaved. This reminds us of the criticisms of laymen reported in the Vinaya and the deference which the Buddha paid to them.

The ethical character of Buddhism and its superiority to other Indian systems are shown in the precepts which it lays down for laymen. Ceremony and doctrine have hardly any place in this code, but it enjoins good conduct and morality, moderation in pleasures and consideration for others. Only five commandments are essential for a good life but they are perhaps more comprehensive and harder to keep than the Decalogue, for they prescribe abstinence from the five sins of taking life, drinking intoxicants, lying, stealing and unchastity. It is meritorious to observe in addition three other precepts, namely, to use no garlands or perfumes, to sleep on a mat spread on the ground and not to eat after midday. Pious laymen keep all these eight precepts, at least on Uposatha days, and often make a vow to observe them for some special period. The nearer a layman can approximate to the life of a monk the better for his spiritual health, but still the aims and ideals, and consequently the methods, of the lay and religious life are different. The Bhikkhu is not of this world, he has cut himself loose from its ties, pleasures and passions, he strives not for heaven but for arhatship. But the layman, though he may profitably think of 'nirvana and final happiness, may also rightly aspire to be born in some temporary heaven. The law merely bids him be a kind, temperate, prudent man of the world. It is only when he speaks to the monks that the Buddha really speaks to his own and gives his own thoughts only for them are the high

effless aspirations, the austere counsels of perfection and the progress of bliss and something beyond bliss. But the lay morality is excellent in its own sphere—the good respectable life—and its teaching is most earnest and natural in those departments where the hard unsentimental precepts of the higher code jar on western minds. Whereas the monk severs all family ties and is fettered by no domestic affection, this is the field which the layman can cultivate with most profit. It was against his judgment that the Buddha admitted women to his order and in bidding his monks beware of them he said many hard things. But for women in the household life the *Pitakas* show an appreciation and respect which is illustrated by the position held by women in Buddhist countries from the devout and capable matron *Viśākhā* down to the women of Burma in the present day. The Buddha even praised the ancients because they married for love and did not buy their wives.¹

The right life of a layman is described in several *suttas*² and in all of them, though almsgiving, religious conversation and leaving the law are commended, the main emphasis is on such social virtues as pleasant speech, kindness, temperance, consideration for others and affection. The most complete of these discourses, the *Sigālovāda-sutta*³, relates how the Buddha when starting one morning to beg alms in *Rājagṛha* saw the householdholder *Sigāla* bowing down with clasped hands and saluting the four quarters, the nadir and the zenith. The object of the ceremony was to avert any evil which might come from those six points. The Buddha told him that this was not the right way to protect oneself: a man should regard his parents as the east, his teachers as the south, his wife and children as the west, his friends as the north, his servants as the nadir and monks and Brahmins as the zenith. By fulfilling his duty to these six classes a man protects himself from all evil which may come from the six points. Then he expounded in order the mutual duties of (1) parents and children, (2) pupils and teachers, (3) husband and wife, (4) friends, (5) master and servant, (6) laity and clergy. The precepts which follow show how much

¹ *Paṭiṣambhādiya-sutta*, 269.

² *Paṭiṣambhādiya-sutta*, 269; *Paṭiṣambhādiya-sutta*, 269; *Paṭiṣambhādiya-sutta*, 269.

³ *Paṭiṣambhādiya-sutta*, 269.

common sense and good feeling Gotama could bring to bear on the affairs of every-day life when he gave them his attention and the whole classification of reciprocal obligations recalls the five relationships of Chinese morality, three of which are identical with Gotama's divisions, namely parents and children, husband and wife, and friends. But national characteristics make themselves obvious in the differences. Gotama says nothing about politics or loyalty, the Chinese list, which opens with the mutual duties of sovereigns and subjects, is silent respecting the church and clergy.

The Sangha is an Indian institution and invites comparison with that remarkable feature of Indian social life, the Brahman caste. At first sight the two seem mutually opposed, for the one is a hereditary though intellectual aristocracy, claiming the possession of incommunicable knowledge and power, the other a corporation open to all who choose to renounce the world and lead a good life. And this antithesis contains historical truth: the Sangha, like the similar orders of the Jains and other Kshatriya sects, was in its origin a protest against the exclusiveness and ritualism of the Brahmins. Yet compared with anything to be found in other countries the two bodies have something in common. For instance it is a mentorious act to feed either Brahmins or Bhikkhus. Europeans are inclined to call both of them priests, but this is inaccurate for a Bhikkhu rarely deserves the title¹ and nowadays Brahmins are not necessarily priests nor priests Brahmins. But in India there is an old and widespread idea that he who devotes himself to a religious and intellectual life (and the two spheres, though they do not coincide, overlap more than in Europe) should be not only respected but supported by the rest of the world. He is not a professional man in the sense that lawyers, doctors and clergymen are, but rather an aristocrat. Though from the earliest times the nobles of India have had a full share of pride and self-confidence, the average Hindu has always believed in another kind of upper class, entered in some sects by birth, in others by merit, but in general a well-defined body, the conduct of whose members does not fail to command respect. The *do ut des* principle is certainly not wanting, but

¹ It may seem superfluous to insist on this, yet Warren in his *Buddhism in Translation* uniformly renders Bhikkhu by priest.

the holy man is honoured not so much because he will make an immediate return by imparting some instruction or performing some ceremony but because to honour him is a good act which, like other good acts, will sooner or later find its reward. The Buddha is not represented as blaming the respect paid to Brahmans but as saying that Brahmans must deserve it. Birth and plaited hair do not make a true Brahman any more than a shaven head makes a Bhikkhu, but he who has renounced the world, who is pure in thought, word and deed, who follows the eight-fold path, and perfects himself in knowledge, he is the true Brahman¹. Men of such aspirations are commoner in India than elsewhere and more than elsewhere they form a class, which is defined by each sect for itself. But in all sects it is an essential part of piety to offer respect and gifts to this religious aristocracy.

¹ The same idea occurs in the Upanishads, e.g. *Bṛh.-Ār.* *Up.* vi. 4. 23, "he becomes a true Brahman."

CHAPTER XII

ASOKA

1

THE first period in the history of Buddhism extends from the death of the founder to the death of Asoka, that is to about 232 B C. It had then not only become a great Indian religion but had begun to send forth missionaries to foreign countries. But this growth had not yet brought about the internal changes which are inevitable when a creed expands far beyond the boundaries within which it was a natural expression of local thought. An intellectual movement and growth is visible within the limits of the Pali Canon and is confirmed by what we hear of the existence of sects or schools, but it does not appear that in the time of Asoka the workings of speculation had led to any point of view materially different from that of Gotama.

Our knowledge of general Indian history before the reign of Asoka is scanty and the data which can be regarded as facts for Buddhist ecclesiastical history are scantier still. We hear of two (or including the Mahāsangīti three) meetings sometimes called Councils, scriptures, obviously containing various strata, were compiled, and eighteen sects or schools had time to arise and some of them to decay. Much doubt has been cast upon the councils¹ but to my mind this suspicion is unmerited, provided that too ecclesiastical a meaning is not given to the word. We must not suppose that the meetings held at Rājagaha and Vesālī were similar to the Council of Nicaea or that they produced the works edited by the Pali Text Society. Such terms as canon, dogma and council, though indispensable, are misleading at this period. We want less formal equivalents for the same ideas. A number of men who were strangers to those conceptions

¹ Especially in R. O. Franke's article in the *JPTS* 1908. To demonstrate the "literary dependence" of chapters xi, xii of the *Calhiyagga* does not seem to me equivalent to demonstrating that the narratives contained in those chapters are "air bubbles."

of a hierarchy and a Bible¹ which are so familiar to us met together to fix and record the opinions and injunctions of the Master or to remove misapprehensions and abuses. It would be better if we could avoid using even the word Buddhist at this period, for it implies a difference sharper than the divisions existing between the followers of Gotama and others. They were in the position of the followers of Christ before they received at Antioch the name of Christians and the meeting at Rājagaha was analogous to the conferences recorded in the first chapter of the Acts of the Apostles.

The record of this meeting and of the subsequent meeting at Vesālī is contained in Chapters XI and XII of the Cullavagga, which must therefore be later than the second meeting and perhaps considerably later. Other accounts are found in the Dipavamsa, Mahā-Bodhi-Vamsa and Buddhaghosa's commentaries. The version given in the Cullavagga is abrupt and does not entirely agree with other narratives of what followed on the death of the Buddha². It seems to be a combination of two documents, for it opens as a narrative by Kāśapa, but it soon turns into a narrative about him. But the clumsiness in composition and the errors of detail are hardly sufficient to discredit an event which is probable in itself and left an impression on tradition. The Buddha combined great personal authority with equally great liberality. While he was alive he decided all questions of dogma and discipline himself, but he left it to the Order authority to which he left the minor principles. It seems inevitable that some sort of meeting should have been held to consider the position created by the various principles. But if we refer to the story in the Cullavagga, there is nothing improbable in its outline, namely that a meeting was called at Kusinārā which led to four agreed during the next year at Rājagaha, a new council place, a new place and a new place, and that some of the principles were established. A meeting was held at Vesālī, not near the first council, but at the second council of the Order. They

¹ The word 'Bible' is used here in a general sense, not in the sense of the Christian Bible.

² See p. 255.

then went on to ask what the Buddha had meant by the lesser and minor precepts which might be abolished. Ānanda (who came in for a good deal of blame in the course of the proceedings) confessed that he had forgotten to ask the Master for an explanation and divergent opinions were expressed as to the extent of the discretion allowed. Kassapa finally proposed that the Sangha should adopt without alteration or addition the rules made by the Buddha. This was approved and the Dhamma and Vinaya as chanted by the assembled Bhikkhus were accepted. The Abhidhamma is not mentioned. The name usually given to these councils is Sangiti, which means singing or chanting together. An elder is said to have recited the text sentence by sentence and each phrase was intoned after him by the assembly as a sign of acceptance. Upāli was the principal authority for the Vinaya and Ānanda for the Dhamma but the limits of the authority claimed by the meeting are illustrated by an anecdote¹ which relates that after the chanting of the law had been completed Pārana and his disciples arrived from the Southern Hills. The elders asked him to accept the version rehearsed by them. He replied, "The Dhamma and Vinaya have been well sung by the Theras, nevertheless as they have been received and heard by me from the mouth of the Lord, so will I hold them." In other words the council has put together a very good account of the Buddha's teaching but has no claim to impose it on those who have personal reminiscences of their own.

This want of a central authority, though less complete than in Brahmanism, marks the early life of the Buddhist community. We read in later works² of a succession of Elders who are sometimes called Patriarchs³ but it would be erroneous to think of them as possessing episcopal authority. They were at most the chief teachers of the order. From the death of the Buddha to Asoka only five names are mentioned⁴. But five names can fill the interval only if their bearers were unusually long-lived. It is therefore probable that the list merely contains the names of prominent Theras who exercised little authority

¹ *Collas* xi : 11

² Especially in Chinese works

³ Upāli, Dhanna, Sonaka, Siggava (with whom the name of Candavajja is sometimes coupled) and Tissa Moggahuttā. This is the list given in the *Dīpa-vamśa*.

were referred to a committee, which rejected them all, and thus rejection was confirmed by the whole Sangha, who proceeded to rehearse the Vinaya. We are not however told that they revised the Sutta or Abhidhamma.

Here ends the account of the Cullavagga but the *Dīpavamsa* adds that the wicked Vajjian monks, to whom it ascribes wrong doctrines as well as errors in discipline, collected a strong faction and held a schismatic council called the Mahāsangīti. This meeting recited or compiled a new version of the Dhamma and Vinaya¹. It is not easy to establish any facts about the origin and tenets of this Mahāsangītika or Mahāsanghika sect, though it seems to have been important. The Chinese pilgrims Fa Hsien and Hsuan Chuang, writing on the basis of information obtained in the fifth and seventh centuries of our era, represent it as arising in connection with the first council, which was either that of Rājagaha or some earlier meeting supposed to have been held during the Buddha's lifetime, and Hsuan Chuang² intimates that it was formed of laymen as well as monks and that it accepted additional matter including dhāraṇīs or spells rejected by the monkish council. Its name (admitted by its opponents) seems to imply that it represented at one time the opinions of the majority or at least a great number of the faithful. But it was not the sect which flourished in Ceylon and the writer of the *Dīpavamsa* is prejudiced against it. It may be a result of this animus that he connects it with the discreditable Vajjian schism and the Chinese tradition may be more correct. On the other hand the adherents of the school would naturally be disposed to assign it an early origin. Fa Hsien says³ that the Vinaya of the Mahāsanghikas was considered "the most complete with the fullest explanations." A translation of this text is contained in the Chinese Tripiṭaka.⁴

¹ They are said to have rejected the Parivāra, the Paṭisambhida, the Niddesa and parts of the Jātaka. These are all later parts of the Canon and if the word rejection were taken literally it would imply that the Mahāsangīti was late too. But perhaps all that is meant is that the books were not found in their Canon. Chinese sources (e.g. Fa Hsien, tr. Legge, p. 99) state that they had an Abhidhamma of their own.

² *Buddhist Records of the Western World*, vol. II, pp. 164-5, Watters, *Yün Kwang*, pp. 150-161.

³ Cap. xxxvi. Legge, p. 98.

⁴ See I tsing's *Records of the Buddhist Religion*, trans. by Takakusu, p. xx and Nanjio's *Catalogue of the Buddhist Tripiṭaka*, nos. 1199, 1106 and 1159.

ASOKA

xii]

Early Indian Buddhism is said to have been divided into eighteen sects or schools, which have long ceased to exist and must not be confounded with any existing denominations. Fa Hsien observes that they agree in essentials and differ only in details and this seems to have been true not only when he wrote (about 420 A.D.) but throughout their history. In different epochs and countries Buddhism presents a series of surprising metamorphoses, but the divergences between the sects existing in India at any given time are less profound in character and less violent in expression than the divisions of Christianity. Similarly the so-called sects in modern China, Burma and Siam are better described as schools, in some ways analogous to such parties as the High and Low Church in England. On the other hand some of the eighteen schools exceeded the variations permitted in Christianity and Islam by having different collections of the scriptures. But at the time of which we are treating these collections had not been reduced to writing. The Buddha's considerable extent compared with the Bible or Koran and they admitted later explanatory matter. The record of the Buddha's word did not profess to be a miraculous revelation but merely a recollection of what had been said. It is therefore natural that each school should maintain that the memory of its own scholars had transmitted the most accurate and complete account and that tradition should represent the sacred council as chiefly occupied in reciting and fixing the accounts.

It is generally agreed that the eighteen schools were in existence during or shortly before the reign of Asoka, and that its others arose about the same period, but subsequently to him. The best materials for a study of their opinions are afforded by the text and commentary of the Kullavāṇa, a treatise attributed to Tissa Moggallāna, who is said to have been President of the Third Council held under Asoka. It is

an examination and refutation of heretical views rather than a description of the bodies that held them but we can judge from it what was the religious atmosphere at the time and the commentary gives some information about various sects. Many centuries later I-ching tells us that during his visit to India (671-695 A.D.) the principal schools were four in number, with eighteen subdivisions. These four¹ are the Mahāsaṅghika, the Sthavira (equivalent to the old Theravāda), the Mūlasarvāstivāda and the Sammitiya, and from the time of Asoka onwards they throw the remaining divisions into the shade². He adds that it is not determined which of the four should be grouped with the Mahāyāna and which with the Hinayāna, that distinction being probably later in origin. The differences between the eighteen schools in I-ching's time were not vital but concerned the composition of the canon and details of discipline. It was a creditable thing to be versed in the scriptures of them all³. It is curious that though the Kathāvatthu pays more attention to the opinions of the six new sects than to those held by most of the eighteen, yet this latter number continued to be quoted nearly a thousand years later, whereas the additional six seem forgotten. It may be that they were more unorthodox than the others and hence required fuller criticism. Five of their names are geographical designations, but we hear no more of them after the age of Asoka.

The religious horizon of the heretics confuted in the Kathāvatthu does not differ materially from that of the Pīṭakas. There are many questions about arhatship, its nature, the method of obtaining it and the possibility of losing it. Also we find registered divergent views respecting the nature of knowledge and sensation. Of these the most important is the doctrine attributed to the Sammitiyas, that a soul exists in the highest and truest sense. They are also credited with holding that an arhat can fall from arhatship, that a god can enter the paths or the Order, and that even an unconverted man can get rid of all lust and ill-will⁴. This collection of beliefs is possibly

¹ They must not be confused with the four philosophic schools Vaiśāṅhika, Sautrāntika, Yogācāra and Mādhyamika. These came into existence later.

² But the Vetulyakas were important in Ceylon.

³ See Paramārtha's *Life of Vasubandhu*, T'oung Pao, 1904, p. 290.

⁴ See Rhys Davids in *J R A S* 1892, pp. 8-9. The name is variously spelt. The P.T.S. print Sammitiya, but the Sanskrit text of the *Madhyamakavṛtti* (in

explicable as a result of the view that the condition of the soul, which is continuous from birth to birth, is stronger for good or evil than its surroundings. The germs of the *Mihāsāna* may be detected in the opinions of some sects on the nature of the Buddha and the career of a Bodhisattva. Thus the *Andhakas* thought that the Buddha was superhuman in the ordinary affairs of life and the *Vetulyakas*¹ held that he was not really born in the world of men but sent a phantom to represent him, remaining himself in the *Tusita* heaven. The doctrines attributed to the *Uttarāpathakas* and *Andhakas* respectively that an unconverted man, if good, is capable of entering on the career of a Bodhisattva and that a Bodhisattva can in the course of his career fall into error and be reborn in state of *śoe*, show an interest in the development of a Bodhisattva and a desire to bring it nearer to human life which are foreign to the *Pitakas*. An inclination to think of other states of existence in a manner half mythological half metaphysical is indicated by other heresies, such as that there is an intermediate realm where beings await rebirth, that the dead benefit by gifts given in the world², that there are animals in heaven, that the Four Truths, the Chain of Causation, and the Eightfold Path, are self-existent (*svakkhata*).

The point of view of the *Kuthā-vatthu*, and indeed of the whole *Pali Tripitaka*, is that of the *Vibhajjavādins*, which seems to mean those who proceed by analysis and do not make vague generalizations. This was the school to which *Thera Moggallāna* belonged and was identical with the *Theravāda* (teaching of the elders) or a section of it. The prominence of this sect in the history of Buddhism has caused its own view, namely that it represents primitive Buddhism, to be widely accepted. And this view deserves respect for it rests on a solid historical basis, namely that about two and a half centuries after the

¹ *See* *Notes on the Buddhist doctrine of the Karma*. The *Andhakas* were a sect of the *Uttarāpathakas* (see p. 127) who were a branch of the *Uttarāpathakas*. They were a sect of the *Uttarāpathakas*.

² *See* *Notes on the Buddhist doctrine of the Karma*. The *Andhakas* were a sect of the *Uttarāpathakas* (see p. 127) who were a branch of the *Uttarāpathakas*. They were a sect of the *Uttarāpathakas*.

³ *See* *Notes on the Buddhist doctrine of the Karma*. The *Andhakas* were a sect of the *Uttarāpathakas* (see p. 127) who were a branch of the *Uttarāpathakas*. They were a sect of the *Uttarāpathakas*.

Buddha's death and in the country where he preached, the Vibhajjavādins claimed to get back to his real teaching by an examination of the existing traditions¹. This is a very early starting-point. But the Sarvāstivādins² were also an early school which attained to widespread influence and had a similar desire to preserve the simple and comparatively human presentment of the Buddha's teaching as opposed to later embellishments. Only three questions in the Kathā-vatthu are directed against them but this probably means not that they were unimportant but that they did not differ much from the Vibhajjavādins. The special views attributed to them are that everything really exists, that an arhat can fall from arhatship, and that continuity of thought constitutes Samādhi or meditation. These theses may perhaps be interpreted as indicative of an aversion to metaphysics and the supernatural. A saint has not undergone any supernatural transformation but has merely reached a level from which he can fall. Meditation is simply fixity of attention, not a mystic trance. In virtue of the first doctrine European writers often speak of the Sarvāstivādins as realists but their peculiar view concerned not so much the question of objective reality as the difference between being and becoming. They said that the world *is* whereas other schools maintained that it was a continual process of becoming³. It is not necessary at present to follow further the history of this important school. It had a long career and flourished in Kashmir and Central Asia.

Confused as are the notices of these ancient sects, we see with some clearness that in opposition to the Theravāda there was another body alluded to in terms which, though hostile, still imply an admission of size and learning, such as Mahāsaṅghika or Mahāsaṅgītika, the people of the great assembly, and Ācāryavāda or the doctrine of the Teachers. It appears to have originated in connection with some council and to embody a popular protest against the severity of the doctrine there laid down. This is natural, for it is pretty obvious that many found the argumentative psychology of the Theravādins arid and

¹ The Kathā vatthu constantly cites the Nikāyas.

² Pali Sabbatthivādins.

³ Cf. the doctrine of the Sāṅkhya. For more about the Sarvāstivādins see below.
Book IV chap. XXII

wearisome. The *Dīpavamsa* accuses the *Mahāsaṅghikas* of garbling the canon but the Chinese pilgrims testify that in later times their books were regarded as specially complete. One well-known work, the *Mahāvastu*, perhaps composed in the first century B.C., describes itself as belonging to the Lokuttara branch of the *Mahāsaṅghikas*. The *Mahāsaṅghikas* probably represent the elements which developed into the *Mahāyāna*. It is not possible to formulate their views precisely but, whereas the Theravāda was essentially teaching for the Bhikkhu, they represented those concessions to popular taste from which Buddhism has never been quite dissociated even in its earliest period.

2

For some two centuries after Gotama's death we have little information as to the geographical extension of his doctrine, but some of the Sanskrit versions of the *Vinaya*¹ represent him as visiting Muttā, North-west India and Kashmir. So far as is known, the story of this journey is not supported by more ancient documents or other arguments. It contains a prediction about Kanishka, and may have been composed in or after his reign when the flourishing condition of Buddhism in Gāndhāra made it seem appropriate to gild the past. But the narratives about Muttā and Kashmir contain several predictions relating to the progress of the faith 100 years after the Buddha's death and these can hardly be explained except as a reference to a tradition that those regions were converted at the epoch mentioned. There is no doubt of the connection between Kashmir and the *Sarvāstivāda* nor anything improbable in the supposition that the first missionary activity was in the direction of Muttā and Kashmir.

But the great landmark in the earlier history of Buddhism is the reign of Asoka. He came to the throne about 270 B.C. and inherited the vast dominions of his father and grandfather. About all that we know of the political events of his reign is that his conversion did not take place until four years later, which may well be a happy coincidence and that he passed 12 years of his life in the retirement of Kāśyapa, the chief of the *Sarvāstivāda* in the country between the Malabar Coast and the Bay of Bengal. It is not possible to say whether or not he was a Buddhist at the time of his conversion, but it is probable that he was a Buddhist at the time of his death.

This was the end of his military career. Nothing could be gained by further conquests, for his empire already exceeded the limits set to effective government by the imperfect communications of the epoch, seeing that it extended from Afghanistan to the mouths of the Ganges and southwards almost to Madras. No evidence substantiates the later stories which represent him as a monster of wickedness before his conversion, but according to the *Dipavamsa* he at first favoured heretics.

The general effect of Asoka's rule on the history of Buddhism and indeed of Asia is clear, but there is still some difference of opinion as to the date of his conversion. The most important document for the chronology of his reign is the inscription known as the first Minor Rock-Edict¹. It is now generally admitted that it does not state the time which has elapsed since the death of the Buddha, as was once supposed, and that the King relates in it how for more than two and a half years after his conversion to Buddhism he was a lay-believer and did not exert himself strenuously, but subsequently joined the Sangha² and began to devote his energies to religion rather more than a year before the publication of the edict. This proclamation has been regarded by some as the first, by others as the last of his edicts. On the latter supposition we must imagine that he published a long series of ethical but not definitely Buddhist ordinances and that late in life he became first a lay-believer and then a monk, probably abdicating at the same time. But the King is exceedingly candid as to his changes of life and mind: he tells us how the horrors of the war with Kalinga affected him, how he was an easygoing layman and then a zealous monk. Had there been a stage between the war and his acceptance of Buddhism as a layman, a period of many years in which he devoted himself to the moral progress of his people without being himself a Buddhist, he would surely have explained it. Moreover in the *Bhâbrû* edict, which is distinctly ecclesiastical and deals with the Buddhist scriptures, he employs his favourite word *Dhamma* in the strict Buddhist sense, without indicating that he is giving it an unusual or new meaning.

¹ See articles by Fleet in *J R A S* of 1903, 1904, 1908-1911 and 1914. Kultzsch in *J R A S* 1910-11. Thomas in *J A* 1910 S. Lévi, *J A* 1911.

² Asoka's statement is confirmed (if it needs confirmation) by the Chinese pilgrim I ching who saw in India statues of him in monastic costume.

I therefore think it probable that he became a lay Buddhist soon after the conquest of Kalinga, that is in the ninth or tenth year after his accession, and a member of the Sangha two and a half years later. On this hypothesis all his edicts are the utterances of a Buddhist.

It may be objected that no one could be a monk and at the same time govern a great empire: it is more natural and more in accordance with Indian usage that towards the end of his life an aged king should abdicate and renounce the world. But Wu Ti, the Buddhist Emperor of China, retired to a monastery twice in the course of his long reign and the cloistered Emperors of Japan in the eleventh and twelfth centuries continued to direct the policy of their country, although they abdicated in name and set a child on the throne as titular ruler. The Buddhist Church was not likely to criticize Asoka's method of keeping his monastic vows and indeed it may be said that his activity was not so much that of a pious emperor as of an archbishop possessed of exceptional temporal power. He definitely renounced conquest and military ambitions and appears to have paid no attention to ordinary civil administration which he perhaps entrusted to Commissioners, he devoted himself to philanthropic and moral projects "for the welfare of man and beast," such as lecturing his subjects on their duties towards all living creatures, governing the Church, building hospitals and stupas, supervising charities and dispatching missions. In all his varied activity there is nothing unsuitable to an ecclesiastical statesman. In fact he is distinguished from most popes and prelates by his real indifference to secular aspirations and by the unusual facilities which he enjoyed for immediately putting his ideals into practice.

Asoka has won immortality by the Edicts which he carved to be engraved on stone. They have survived to the present day and are the most important monuments which we possess for the early history of India and of Buddhism. They have a character of their own. A French writer has said "C'est le bas-relief par la pierre," and for most inscriptions they are unique. Asoka wrote on the rocks of India as if he were

¹ For a full survey of the literature about these monuments see the *Journal of the Asiatic Society of India*, vol. 11, pp. 172-4.

dictating to a stenographer. He was no stylist and he was somewhat vain although, considering his imperial position and the excellence of his motives, this obvious side of his character is excusable. His inscriptions give us a unique series of sermons on stones and a record, if not of what the people of India thought, at least of what an exceptionally devout and powerful Hindu thought they ought to think.

Between thirty and forty of these inscriptions have been discovered, scattered over nearly the whole of India, and composed in vernacular dialects allied to Pali¹. Many of them are dated by the year of the King's reign and all announce themselves as the enactments of Piyadassi, the name Asoka being rarely used². They comprise, besides some fourteen single edicts³, two series, namely

(1) Fourteen Rock Edicts, dating from the thirteenth and fourteenth years of Asoka's reign⁴ and found inscribed in seven places but the recensions differ and some do not include all fourteen edicts.

(2) Seven Pillar Edicts dating from the 27th and 28th years, and found in six recensions.

The fourteen Rock Edicts are mostly sermons. Their style often recalls the Pitakas verbally, particularly in the application of 'secular' words to religious matters. Thus we hear that righteousness is the best of lucky ceremonies and that whereas former kings went on tours of pleasure and hunting, Asoka prefers tours of piety and has set out on the road leading to true knowledge. In this series he does not mention the Buddha and in the twelfth edict he declares that he reverences all sects. But what he wished to preach and enforce was the *Dhamma*.

¹ The dialect is not strictly speaking the same in all the inscriptions.

² Piyadassi, Sanskrit Priyadarśin. The *Dīpavamsa*, vi 1 and 14, calls Asoka Piyadassi and Piyadaasana. The name Asoka has hitherto only been found in one edict discovered at Hyderabad, *J R A S* 1916, p. 573.

³ The principal single edicts are (1) that known as Minor Rock Edict I found in four recensions, (2) The Bhābhā (or Bhābhā) Edict of great importance for the Buddhist scriptures, (3) Two Kalinga Edicts, (4) Edicts about schism, found at Sarnath and elsewhere, (5) Commemorative inscriptions in the Tūrā, (6) Dedications of caves.

⁴ Asoka came to the throne about 270 B.C. (268 or 272 according to various authorities) but was not crowned until four years later. Events are generally dated by the year after his coronation (*abhisheka*), not after his accession.

It is difficult to find an English equivalent for this word¹ but there is no doubt of the meaning. It is the law, in the sense of the righteous life which a Buddhist layman ought to live, and perhaps religion is the simplest translation, provided that word is understood to include conduct and its consequences in another world but not theism. Asoka burns with zeal to propagate this Dhamma and his language recalls² the utterances of the Dhammapada. He formulates the law under four heads³: "Parents must be obeyed: respect for living creatures must be enforced: truth must be spoken...the teacher must be revered by the pupil and proper courtesy must be shown to relations." In many ways the Sacred Edict of the Chinese Emperor K'ang Hsi resembles these proclamations for it consists of imperial maxims on public morality addressed by a Confucian Emperor to a population partly Buddhist and Taoist, just as Asoka addressed Brahmins, Jains and other sects as well as Buddhists. But when we find in the thirteenth Rock Edict the incidental statement that the King thinks nothing of much importance except what concerns the next world, we feel the great difference between Indian and Chinese ideas whether ancient or modern.

The Rock Edicts also deal with the sanctity of animal life. Asoka's strong dislike of killing or hurting animals cannot be ascribed to policy, for it must have brought him into collision with the Brahmins who offered animals in sacrifice, but was the offspring of a naturally gentle and civilized mind. We may conjecture that the humanity of Buddhism was a feature which attracted him to it. In Rock Edict I. he forbids animal sacrifices and informs us that whereas formerly many thousand animals were killed daily for the royal kitchens now only three are killed, namely two peacocks and a deer, and the deer not always. But in future even these three creatures will not be slaughtered. In Rock Edict II. he describes how he has cared for the comfort of man and beast. Wells have been dug; trees, roots and healing herbs have been planted and remedies—possibly hospitals—have been provided, all for animals as well

¹ I must remind that Law of Duty (Vincent Smith) does not seem to me very appropriate.

² See *Asoka, Inscriptions de Piyadasi*, II, pp. 314-2.

³ The Sacred Minor Rock Edict.

as for men, and this not only in his own dominions but in neighbouring realms. In the fourteenth year of his reign he appointed officers called *Dhamma-mahāmâtâ*, Ministers or Censors of the Dhamma. Their duty was to promote the observance of the Dhamma and they also acted as Charity Commissioners and superintendents of the households of the King's relatives. We hear that "they attend to charitable institutions, ascetics, householders and all the sects: I have also arranged that they shall attend to the affairs of the Buddhist clergy, as well as the Brahmins, the Jains, the *Ājīvikas* and in fact all the various sects." Further he tells us that the local authorities¹ are to hold quinquennial assemblies at which the Dhamma is to be proclaimed and that religious processions with elephants, cars, and illuminations have been arranged to please and instruct the people. Similar processions can still be seen at the *Perahera* festival in Kandy.

The last Rock Edict is of special interest for the light which it sheds both on history and on the King's character. He expresses remorse for the bloodshed which accompanied the conquest of *Kalinga* and declares that he will henceforth devote his attention to conquest by the Dhamma, which he has effected both in his own dominions and in all the neighbouring realms as far as six hundred leagues (²), even to where the Greek King named *Antiochus* dwells and beyond that *Antiochus* to where dwell the four kings named *Ptolemy*, *Antigonos*, *Magas* and *Alexander*³, and in the south the kings of the *Colas* and *Pandyas*⁴ and of *Ceylon* and likewise here in the King's dominions, among the *Yonas*⁵ and *Kāambojas*⁶ in *Nābhaka* of the *Nābhitis*⁶ among the *Bhojas* and *Pitānikas*, among the *Āndhras* and *Pulindas*⁷. *Asoka* thus appears to state that he has sent missionaries to (1) the outlying parts of India, on the borders of his own dominions, (2) to *Ceylon*, (3) to the Hellenistic Kingdoms of Asia, Africa and Europe.

This last statement is of the greatest importance, but no

¹ *Rājāka* and *pradāka*

² I.e. Syria, Egypt, Macedonia, Cyrene and Epirus

³ Kingdoms in the south of India

⁴ The inhabitants of the extreme north west of India, not necessarily Greeks by race.

⁵ Possibly *Tibet*

⁶ Or *Nābhapūtnis*. In any case unknown

⁷ All these appear to have been tribes of Central India

record has hitherto been found of the arrival of these missionaries in the west. The language of the Edict about them is not precise and in fact their despatch is only an inference from it. Of the success of the Indian missions there is no doubt. Buddhism was introduced into southern India, where it flourished to some extent though it had to maintain a double struggle against Jains as well as Brahmans. The statement of the Dīpa and Mahā-vamsas that missionaries were also sent to Pegu (Suvannabhūmi) is not supported by the inscriptions, though not in itself improbable, but the missions to the north and to Ceylon were remarkably successful.

The Sinhalese Chronicles¹ give the names of the principal missionaries despatched and their statements have received confirmation in the discoveries made at Sanchi and Sonari where urns have been found inscribed with the names of Majjhima, Kassapa, and Gotiputta the successor of Dundhubbissara, who are called teachers of the Himalaya region. The statement in the Mahā and Dīpa-vamsas is that Majjhima was sent to preach in the Himalaya accompanied by four assistants Kassapa, Mālakadeva, Dundhābhinosa and Sahaśadeva.

About the twenty-first year of his reign Asoka made a religious tour and under the guidance of his preceptor Upagupta, visited the Lambini Park (now Rumminder) in the Terāi, where the Buddha was born, and other spots connected with his life and preaching. A pillar has been discovered at Rumminder bearing an inscription which records the visit and the privileges granted to the village where "the Lord was born." At Nāgārā a few miles off he erected another inscribed pillar stating that he had done reverence to the stūpa of the earlier Buddha Kāśyapa and for the second time repaired it.

During this tour he visited Nepal and Lalitpur, the capital, founding there five stūpas. His daughter Cārumati is said to have accompanied him and to have remained in Nepal when he returned. She built a convent which still bears her name. There is there now a nun. It does not appear that Asoka visited Kashmir, but he caused a new capital (Śrinagar) to be built there, and introduced Buddhism.

In the 27th or 28th year of his reign he composed another series of Edicts and these too had their carved pillars set

¹ See p. 269, 270, 271.

on rocks. They are even more didactic than the Rock Edicts and contain an increasing number of references to the next world, as well as stricter regulations forbidding cruelty to animals, but the King remains tolerant and says¹ that the chief thing is that each man should live up to his own creed. It is probable that at this time he had partially abdicated or at least abandoned some of the work of administration, for in Edict iv. he states that he has appointed Commissioners with discretion to award honours and penalties and that he feels secure like a man who has handed over his child to a skilful nurse.

In the two series of Rock and Pillar Edicts there is little dogmatic Buddhism. It is true that the King's anxiety as to the hereafter of his subjects and his solicitude for animals indicate thoughts busy with religious ideas, but still his Dhamma is generally defined in terms which do not go beyond morality, kindness and sympathy. But in the Bhâbrû (less correctly Bhâbrâ) Edict he recommends for study a series of scriptural passages which can be identified more or less certainly with portions of the Pali Pitakas. In the Sarnath Edict he speaks not only as a Buddhist but as head of the Church. He orders that monks or nuns who endeavour to create a schism shall put on lay costume and live outside their former monastery or convent. He thus assumes the right to expel schismatics from the Sangha. He goes on to say that a similar edict (i.e. an edict against schism) is to be inscribed for the benefit of the laity who are to come and see it on Uposatha days. "And on the Uposatha days in all months every officer is to come for the Uposatha service to be inspired with confidence in this Edict and to learn it." Thus the King's officers are to be Buddhists at least to the extent of attending the Uposatha ceremony, and the edict about schismatics is to be brought to the notice of the laity, which doubtless means that the laity are not to give alms to them.

It is probable that many more inscriptions remain to be discovered but none of those known allude to the convening of a Council and our information as to this meeting comes from the two Sinhalese Chronicles and the works of Buddhaghosa. It is said to have been held two hundred and thirty-six years

¹ Pillar Edict vi

after the death of the Buddha¹ and to have been necessitated by the fact that the favour shown to the Sangha induced heretics to become members of it without abandoning their errors. This occasioned disturbances and the King was advised to summon a sage called Tissa Moggaliputta (or Upagupta) then living in retirement and to place the affairs of the church in his hands. He did so. Tissa then composed the Kathā-vatthu and presided over a council composed of one thousand arhats which established the true doctrine and fixed the present Pali Canon.

Even so severe a critic of Sinhalese tradition as Vincent Smith admits that the evidence for the council is too strong to be set aside, but it must be confessed that it would be reassuring to find some allusion to it in Asoka's inscriptions. He did not however always say what we should expect. In reviewing his efforts in the cause of religion he mentions neither a council nor foreign missions, although we know from other inscriptions that such missions were despatched. The sessions of the council may be equally true and are in no way improbable, for in later times kings of Burma, Ceylon and Siam held conventions to revise the text of the Tripitaka. It appeared natural that a pious King should see that the sacred law was observed, and begin by ascertaining what that law was.

According to tradition Asoka died after reigning thirty-eight or forty years but we have no authentic account of his death and the stories of his last days seem to be pure legends. The most celebrated are the pathetic tale of Kunāla which closely resembles a Jātaka², and the account of how Asoka vowed to present a hundred million gold pieces to the Sangha and not being able to raise the whole sum made a gift of his dominions instead.

3

Asoka had a decisive effect on the history of Buddhism, especially in making it a world religion. This was not the

¹ The date of the death of the Buddha is not known. Vincent Smith says that the date is probably 480 B.C. but that it is not certain. The date of the death of the Buddha is not known. Vincent Smith says that the date is probably 480 B.C. but that it is not certain. The date of the death of the Buddha is not known. Vincent Smith says that the date is probably 480 B.C. but that it is not certain.

accidental result of his action in establishing it in north-west India and Ceylon, for he was clearly dominated by the thought that the Dhamma must spread over the whole world and, so far as we know, he was the first to have that thought in a practical form. But we could estimate his work better if we knew more about the religious condition of the country when he came to the throne. As it is, the periods immediately before and after him are plunged in obscurity and to illuminate his reign we have little information except his own edicts which, though copious, do not aim at giving a description of his subjects. Megasthenes who resided at Pataliputra about 300 B.C. does not appear to have been aware of the existence of Buddhism as a separate religion, but perhaps a foreign minister in China at the present day might not notice that the Chinese have more than one religion. On the other hand in Asoka's time Buddhism, by whatever name it was called, was well known and there was evidently no necessity for the King to explain what he meant by Dhamma and Sangha. The Buddha had belonged to a noble family and was esteemed by the aristocracy of Magadha; the code of morality which he prescribed for the laity was excellent and sensible. It is therefore not surprising if the Kshatriyas and others recognized it as their ideal nor if Asoka found it a sound basis of legislation. This legislation may be called Buddhist in the sense that in his edicts the King enjoins and to some extent enforces *sīlam* or morality, which is the indispensable beginning for all spiritual progress, and that his enactments about animals go beyond what is usual in secular law. But he expressly refrains from requiring adherence to any particular sect. On the other hand there is no lack of definite patronage of Buddhism. He institutes edifying processions, he goes on pilgrimages to sacred sites, he addresses the Sangha as to the most important parts of the scriptures, and we may infer that he did his best to spread the knowledge of those scriptures. Though he says nothing about it in the Edicts which have been discovered, he erected numerous religious buildings including the Sanchi tope and the original temple at Bodhi-Gaya. Their effect in turning men's attention to Buddhism must have been greatly enhanced by the fact that so far as we know no other sect had stone temples at this time. To such influences, we must add the human element. The example and well-known

wishes of a great king, supported by a numerous and learned clergy, could not fail to attract crowds to the faith, and the faith itself—for let us not forget Gotama while we give credit to his follower—was satisfying. Thus Asoka probably found Buddhism in the form of a numerous order of monks, respected locally and exercising a considerable power over the minds and conduct of laymen. He left it a great church spread from the north to the south of India and even beyond, with an army of officials to assist its progress, with sacred buildings and monasteries, sermons and ceremonies. How long his special institutions lasted we do not know, but no one acquainted with India can help feeling that his system of inspection was liable to grave abuse. Black-mailing and misuse of authority are ancient faults of the Indian police and we may surmise that the generations which followed him were not long in getting rid of his censors and inspectors.

Christian critics of Buddhism are apt to say that it has a paralyzing effect on the nations who adopt it, but Asoka's edicts teem with words like energy and strenuousness. "It is most necessary to make an effort in this world," so he recounts the efforts which he has himself made and wants every body else to make an effort. "Work I must for the public benefit—and the root of the matter is in exertion and despatch of business than which nothing is more efficacious for the general welfare." These sound like the words of a British utilitarian rather than of a dreamy oriental emperor. He is far from pessimistic. Indeed, he almost ignores the Truth of Suffering. In describing the conquest of Kalinga he speaks almost in the Buddha's words of the sorrow of death and separation, but instead of saying that such things are inevitable he wishes his subjects to be told that he regrets what has happened and desires to give them security, peace and joy.

Asoka has been compared with Constantine but it has been freely observed that the comparison is superficial, for Constantine (more like Kanishka than Asoka) merely recognized and patronized a religion which had already won its way in his empire. He has also been compared with St Paul and in so far as he transformed a provincial sect into a religion for all India the parallel is just, but it ends there. St Paul was a constructive theologian. For good or evil he greatly developed

and complicated the teaching of Christ, but the Edicts of Asoka if compared with the Pitakas seem to curtail and simplify their doctrines. No inscription has yet been found mentioning the four truths, the chain of causation and other familiar formulæ. Doubtless Asoka duly studied these questions, but it was not theology nor metaphysics which drew him towards religion. In the gallery of pious Emperors—a collection of dubious moral and intellectual value—he stands isolated as perhaps the one man whose only passion was for a sane, kindly and humane life, neither too curious of great mysteries nor preoccupied with his own soul but simply the friend of man and beast.

For the history of doctrine the inscription at Rummindei is particularly important. It merely states that the King did honour or reverence to the birthplace of the Buddha, who receives no titles except Sakyamuni and Bhagavan here or elsewhere in the inscriptions. It is a simple record of respect paid to a great human teacher who is not in any way deified nor does Asoka's language show any trace of the doctrines afterwards known under the name of Mahayana. He does not mention nirvana or even transmigration. Though doubtless what he says about paradise and rewards hereafter should be read in the light of Indian doctrines about karma and samsara.

CHAPTER XIII

THE CANON

1

THERE are extant in several languages large collections of Buddhist scriptures described by some European writers as the Canon. The name is convenient and not incorrect, but the various canons are not altogether similar and the standard for the inclusion or exclusion of particular works is not always clear. We know something of four or five canons.

(1) The Pali Canon, accepted by the Buddhists of Ceylon, Burma and Siam, and rendered accessible to European students by the Pali Text Society. It professes to contain the works recognized as canonical by the Council of Asoka and it is reasonably homogeneous, that is to say, although some inquiry may be needed to harmonize the different strata of which it consists, it does not include works composed by several centuries.

(2) The Sanskrit Canon or Canons.

(a) Nepalese scriptures. These do not correspond with any Pali texts and all belong to the Mahayana. There appears to be no standard for fixing the canonical character of Mahayanist works. Like the Upanishads they are held to be revealed from time to time.

(b) Buddhist texts discovered in Central Asia. Hitherto there have been merely fragments, but the number of manuscripts found and not yet published permits the hope that longer texts may be forthcoming. Those already made known are partly Mahayanist and partly similar to the Pali Canon though not a literal translation of it. It is not clear to what extent the Buddhists of Central Asia regarded the Hinayana and Mahayanist scriptures as separate and distinct. Probably each school collected for itself a small collection of texts as authoritative.

(3) The Chinese Canon. This is a gigantic collection of Buddhist works made and revised by order of various Emperors.

¹ See Introduction to the Pali Canon, P. 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

The imperial imprimatur is the only standard of canonicity. The contents include translations of works belonging to all schools made from the first to the thirteenth century A.D. The originals were apparently all in Sanskrit and were probably the texts of which fragments have been found in Central Asia. Thus canon also includes some original Chinese works.

(4) There is a somewhat similar collection of translations into Tibetan. But whereas the Chinese Canon contains translations dated from 67 A.D. onwards, the Tibetan translations were made mainly in the ninth and eleventh centuries and represent the literature esteemed by the mediæval Buddhism of Bengal. Part at least of this Tibetan Canon has been translated into Mongol.

Renderings of various books into Uigur, Sogdian, Kuchanese, "Nordarisch" and other languages of Central Asia have been discovered by recent explorers. It is probable that they are all derived from the Sanskrit Canon and do not represent any independent tradition. The scriptures used in Japan and Korea are simply special editions of the Chinese Canon, not translations.

In the following pages I propose to consider the Pali Canon, postponing until later an account of the others. It will be necessary, however, to touch on the relations of Pali and Sanskrit texts.

The scriptures published by the Pali Text Society represent the canon of the ancient sect called Vibhajjavādins and the particular recension of it used at the monastery in Anuradhapura called Mahāvihāra. It is therefore not incorrect to apply to this recension such epithets as southern or Sinhalese, provided we remember that in its origin it was neither one nor the other, for the major part of it was certainly composed in India¹. It was probably introduced into Ceylon in the third century B.C. and it is also accepted in Burma, Siam and Camboja². Thus in a considerable area it is the sole and undisputed version of the scriptures.

¹ I consider it possible, though by no means proved, that the Abhidhamma was put together in Ceylon.

² For the Burmese Canon see chap. XXVI. Even if the Burmese had Pali scriptures which did not come from Ceylon, they sought to harmonize them with the texts known there.

The canon is often known by the name of *Tripiṭaka*¹ or *Three Baskets*. When an excavation was made in ancient India it was the custom to pass up the earth in baskets along a line of workmen² and the metaphorical use of the word seems to be taken from this practice and to signify transmission by tradition.

The three *Pitakas* are known as *Vinaya*, *Sutta*, and *Abhidhamma*. *Vinaya* means discipline and the works included in this division treat chiefly of the rules to be observed by the members of the *Saṅgha*. The basis of these rules is the *Pāṭimokkha*, the ancient confessional formula enumerating the offences which a monk can commit. It was read periodically to a congregation of the order and those guilty of any sin had to confess it. The text of the *Pāṭimokkha* is in the *Vinaya* combined with a very ancient commentary called the *Sutta-vibhāṅga*. The *Vinaya* also contains two treatises known collectively as the *Khandakas* but more frequently cited by their separate names as *Mahāvagga* and *Cullavagga*. The first deals with such topics as the rules for admission to the order, and observance of fast days, and in treating of each rule it describes the occasion on which the Buddha made it and to some extent follows the order of chronology. For some parts of the master's life it is almost a biography. The *Cullavagga* is similar in construction but less connected in style.

¹ *Tripiṭaka*.

² *Tripiṭaka* is the name of the canon.

³ *Tripiṭaka* is the name of the canon.

⁴ *Tripiṭaka*.

⁵ *Tripiṭaka*.

⁶ *Tripiṭaka*.

⁷ *Tripiṭaka*.

⁸ *Tripiṭaka*.

⁹ *Tripiṭaka*.

The Vinaya contains several important and curious narratives and is a mine of information about the social conditions of ancient India, but much of it has the same literary value as the book of Leviticus. Of greater general interest is the Sutta Pitaka, in which the sermons and discourses of the Buddha are collected. Sutta is equivalent to the Sanskrit word *Sūtra*, literally a thread, which signifies among the Brahmans a brief rule or aphorism but in Pali a relatively short poem or narrative dealing with a single object. This Sutta Pitaka is divided into five collections called *Nikāyas*. The first four are mainly in prose and contain discourses attributed to Gotama or his disciples. The fifth is mostly in verse and more miscellaneous.

The four collections of discourses bear the names of *Dīgha*, *Majjhima*, *Samyutta* and *Anguttara*. The first, meaning long, consists of thirty-four narratives. They are not all sermons and are of varying character, antiquity and interest, the reason why they are grouped together being simply their length¹. In some of them we may fancy that we catch an echo of Gotama's own words, but in others the legendary character is very marked. Thus the *Mihāsāmayā* and *Atānātiya* suttas are epitomes of popular mythology tacked on to the history of the Buddha. But for all that they are interesting and ancient.

Many of the suttas, especially the first thirteen, are rearrangements of old materials put together by a considerable literary artist who lived many generations after the Buddha. The account of the Buddha's last days is an example of such a compilation which attains the proportions of a Gospel and shows some dramatic power though it is marred by the juxtaposition of passages composed in very different styles.

The *Majjhima-Nikāya* is a collection of 152 discourses of moderate (*majjhima*) length. Taken as a whole it is perhaps the most profound and impassioned of all the *Nikāyas* and also the oldest. The sermons which it contains, if not verbatim reports of Gotama's eloquence, have caught the spirit of one who urged with insistent earnestness the importance of certain difficult truths and the tremendous issues dependent on right conduct and right knowledge. The remaining collections, the

¹ I find it hard to accept Franco's view that the *Dīgha* should be regarded as the Book of the Tathāgata, deliberately composed to expound the doctrine of Buddhahood. Many of the suttas do not deal with the Tathāgata.

Samyutta and Anguttara, classify the Buddha's utterances under various headings and presuppose older documents which they sometimes quote¹. The Samyutta consists of a great number of suttas, mostly short, combined in groups treating of a single subject which may be either a person or a topic. The Anguttara, which is a still longer collection, is arranged in numerical groups, a method of classification dear to the Hindus who delight in such computations as the four meditations, the eightfold path, the ten fetters. It takes such religious topics as can be counted in this way and arranges them under the numbers from one to eleven. Thus under three, it treats of thought, word and deed and the applications of this division to morality; of the three messengers of the gods, old-age, sickness and death; of the three great evils, lust, ill-will and stupidity and so on.

The fifth or Khuddaka-Nikāya is perhaps the portion of the Pali scriptures which has found most favour with Europeans, for the treatises composing it are short and some of them of remarkable beauty. They are in great part composed of verses, sometimes disconnected couplets, sometimes short poems. The stanzas are only imperfectly intelligible without an explanation of the occasion to which they refer. This is generally forthcoming, but is sometimes a part of the accepted text and sometimes regarded as merely a commentary. To this division of the Pāṭha belong the Dhammapadam, a justly celebrated anthology of devotional verses, and the Sutta-Nipāta, a very ancient collection of suttas chiefly in metre. Other important works included in it are the Therā and Therīgāthās or poems written by monks and nuns respectively, and the Jātaka or stories about the Buddha's previous births. Some of the rather miscellaneous contents of the Nikāya are late and do not belong to the same epoch of thought as the discourses

¹ The fact that the Samyutta and Anguttara are both in the Pāṭha as well as in the Sūtra-piṭaka, and that they are both in the Pāṭha as well as in the Sūtra-piṭaka, is a strong indication that they are both of the same epoch. The fact that the Samyutta and Anguttara are both in the Pāṭha as well as in the Sūtra-piṭaka, and that they are both in the Pāṭha as well as in the Sūtra-piṭaka, is a strong indication that they are both of the same epoch.

attributed to Gotama. Such are the Buddha-vamsa, or lives of Gotama and his twenty-four predecessors, the Cariyā-Piṭaka, a selection of Jātaka stories about Gotama's previous births and the Vimāna and Peta-vatthus, accounts of celestial mansions and of the distressful existence led by those who are condemned to be ghosts¹.

Though some works comprised in this Nikāya (e.g. the Sutta-nipāta) are very ancient, the collection, as it stands, is late and probably known only to the southern Church. The contents of it are not quite the same in Ceylon, Burma and Siam, and only a small portion of them has been identified in the Chinese Tripitaka. Nevertheless the word *pañcāṅgikāyika*, one who knows the five Nikāyas, is found in the inscriptions of Sanchi and five Nikāyas are mentioned in the last books of the Cullavagga. Thus a fifth Nikāya of some kind must have been known fairly early.

The third Pitaka is known by the name of Abhidhamma.

¹ The following is a table of the Sutta Pitaka

- | | |
|------------------------|---|
| I. Dīgha-N' kāya | } Collections of discourses mostly attributed to the Buddha. |
| II. Majjhima-Nikāya | |
| III. Samyutta-Nikāya | |
| IV. Anguttara-Nikāya | |
| V. Khuddaka-Nikāya | a collection of comparatively short treatises, mostly in poetry, namely |
| 1. Dhammapada | |
| 2. Udāna | } Utterances of the Buddha with explanations of the attendant circumstances. |
| 3. Itivuttakam | |
| 4. Khuddaka pāṭha | a short anthology. |
| 5. Sutta nipāta | a collection of suttas mostly in verse |
| *6. Therā-gāthā | poems by monks |
| *7. Therī-gāthā | poems by nuns |
| 8. Niddesa | an old commentary on the latter half of the Sutta-nipāta, ascribed to Sāriputta |
| *9. The Jātaka verses. | |
| 10. Paṭisaṃbhuddā. | *11. Apadāna. |
| *12. Buddha-vamsa | *13. Vimāna-vatthu |
| *14. Peta vatthu | *15. Cariyā-piṭaka. |

The works marked * are not found in the Siamese edition of the Tripitaka but the Burmese editions include four other texts, the Milinda pāṭha, Petakopadesa, Suttasāṃgaha, and Nottapakaraṇa

The Khuddaka Nikāya seems to have been wanting in the Pitaka of the Sarvāstivādins or whatever sect supplied the originals from which the Chinese Canon was translated, for this Canon classes the Dhammapada as a miscellaneous work outside the Sutta Pitaka. Fragments of the Sutta nipāta have been found in Turkestan but it is not clear to what Pitaka it was considered to belong. For mentions of the Khuddaka Nikāya in Chinese see J. A. 1916, pp. 32-3

Dhamma is the usual designation for the doctrine of the Buddha and Buddhaghosa¹ explains the prefix *abhi* as signifying excess and distinction, so that this *Pitaka* is considered pre-eminent because it surpasses the others. This pre-eminence consists not only in method and scope, not in novelty of matter or charm of diction. The point of view of the *Abhidhamma* is certainly later than that of the *Sutta Pitaka* and in some ways marks an advance, for instead of professing to report the discourses of Gotama it takes the various topics on which he touched, especially psychological ethics, and treats them in a connected and systematic manner. The style shows some resemblance to Sanskrit *sūtra* for it is so technical both in vocabulary and arrangement that it can hardly be understood without a commentary². According to tradition the Buddha recited the *Abhidhamma* when he went to heaven to preach to the gods, and this seems a polite way of hinting that it was more than any human congregation could tolerate or understand. Still throughout the long history of Buddhism it has always been respected as the most profound portion of the scriptures and has not failed to find students. This *Pitaka* includes the *Kaṭṭhiya* *vinaya*, attributed to Tissa Moggallputta who is said to have composed it about 250 B.C. in Asoka's reign³.

There is another division of the Buddhist scripture into nine *angas* or members, namely 1. *Suttas*, 2. *Geyya* mixed prose and verse, 3. *Gāthā* verse, 4. *Udāna* ecstatic utterances, 5. *Veyyākaraṇa*, explanation, 6. *Itivuttaka* sayings beginning with the phrase "Thus said the Buddha," 7. *Jātaka* stories of former births, 8. *Abhidhamma* stories of wonders, 9. *Vibhalla* a word of doubtful meaning, but put up questions

¹ *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

² *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

³ *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

1. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

2. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

3. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

4. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

5. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

6. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

7. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25. *Abhidhamma* *Samma*, 25.

and answers. This enumeration is not to be understood as a statement of the sections into which the whole body of scripture was divided but as a description of the various styles of composition recognized as being religious, just as the Old Testament might be said to contain historical books, prophecies, canticles and so on. Compositions in these various styles must have been current before the work of collection began, as is proved by the fact that all the *angas* are enumerated in the *Majjhima-Nikāya*¹.

2

This Tripitaka is written in Pali² which is regarded by Buddhist tradition as the language spoken by the Master. In the time of Asoka the dialect of Magadha must have been understood over the greater part of India, like Hindustani in modern times, but in some details of grammar and phonetics Pali differs from Māgadhi Prākṛit and seems to have been influenced by Sanskrit and by western dialects. Being a literary rather than a popular language it was probably a mixed form of speech and it has been conjectured that it was elaborated in Avanti or in Gāndhāra where was the great Buddhist University of Takshśilā. Subsequently it died out as a literary language in India³ but in Ceylon, Burma, Siam and Camboja it became the vehicle of a considerable religious and scholastic literature. The language of Asoka's inscriptions in the third century B.C. is a parallel dialect, but only half stereotyped. The language of the Mahāvastu and some Mahayanist texts, often called the language of the Gāthās, seems to be another vernacular brought more or less into conformity with Sanskrit. It is probable that

¹ Maj Nik. xxii and Angut Nik. iv 5

² Pali means primarily a line or row and then a text as distinguished from the commentary. Thus Pālimattam means the text without the commentary and Palibhāsā is the language of the text or what we call Pali. See Pali and Sanskrit, R. O. Franke, 1902 Windisch, "Ueber den sprachlichen Charakter des Pali," in *Actes du XIV^{ème} Congrès des Orientalistes*, 1905. Grierson, "Home of Pali" in *Bhandarkar Commemorative Essays*, 1917.

³ It is not easy to say how late or to what extent Pali was used in India. The Milinda-Pāṭha (or at least books II and III) was probably composed in North Western India about the time of our era. Dharmapāla wrote his commentaries (c. 500 A.D.) in the extreme south, probably at Conjevooram. Pali inscriptions of the second or third century A.D. have been discovered at Sarnath but contain mistakes which show that the engraver did not understand the language (*Epig Ind* 1908, p. 391). Bendall found Pali mss. in Nepal, *J.R.A.S.*, 1890, p. 422.

in preaching the Buddha used not Pali in the strict sense but the spoken dialect of Magadha¹, and that this dialect did not differ from Pali more than Scotch or Yorkshire from standard English, and if for other reasons we are satisfied that some of the suttas have preserved the phrases which he employed, we may consider that apart from possible deviations in pronunciation or inflexion they are his *ipsissima verba*. Even as we have it, the text of the canon contains some anomalous forms which are generally considered to be Magadhisms².

The Gullavagga relates how two monks who were Brahmans represented to the Buddha that "monks of different lineage... corrupt the word of the Buddha by repeating it in their own dialect. Let us put the word of the Buddhas into *chandās*." No doubt *chandās* in this sense is meant, *chandās* being a name applied to the language of the Vedic verses. Gotama refused. "You are not to put the word of the Buddhas into *chandās*. Whoever does so shall be guilty of an offence. I allow you to learn the word of the Buddhas each in his own dialect." Subsequent generations forgot this prohibition but it probably has a historical basis and it indicates the Buddha's desire to make his teaching popular. It is not likely that he contemplated the composition of a body of scripture. He would have been afraid that it might resemble the hymns of the Brahmans which he valued a little and he wished all men to hear his teaching in the language they most understood best. But when after his death his disciples took to his saying it was natural that they should make at least one version of them in the dialect most widely spoken and that this version should be gradually elaborated in what was considered the best literary form of that dialect. It is probable that the text underwent several linguistic changes before it reached its present state.

Pali is a common and harmonious language which avoids

¹ The fact that the Buddha used the spoken dialect of Magadha is not a matter of dispute. It is a fact which is attested by the fact that the Buddha's teaching was spread in the spoken dialect of Magadha.

² The fact that the Buddha used the spoken dialect of Magadha is not a matter of dispute. It is a fact which is attested by the fact that the Buddha's teaching was spread in the spoken dialect of Magadha.

³ The fact that the Buddha used the spoken dialect of Magadha is not a matter of dispute. It is a fact which is attested by the fact that the Buddha's teaching was spread in the spoken dialect of Magadha.

combinations of consonants and several difficult sounds found in Sanskrit. Its excellence lies chiefly in its vocabulary and its weakness in its syntax. Its inflexions are heavy and monotonous and the sentences lack concentration and variety. Compound words do not assume such monstrous proportions as in later Sanskrit, but there is the same tendency to make the process of composition do duty for syntax. These faults have been intensified by the fact that the language has been used chiefly for theological discussion. The vocabulary on the other hand is copious and for special purposes admirable. The translator has to struggle continually with the difficulty of finding equivalents for words which, though apparently synonymous, really involve nice distinctions and much misunderstanding has arisen from the impossibility of adequately rendering philosophical terms, which, though their European equivalents sound vague, have themselves a precise significance. On the other hand some words (e.g. *dhamma* and *attho*) show an inconveniently wide range of meaning. But the force of the language is best seen in its power of gathering up in a single word, generally a short compound, an idea which though possessing a real unity requires in European languages a whole phrase for its expression. Thus the Buddha bids his disciples be *attadīpā attasaraṇā, anañña-saraṇā dhammadīpā āl ammasaraṇā*¹. "Be ye lamps unto yourselves. Be ye a refuge unto yourselves. Betake yourselves to no external refuge. Hold fast to the truth as a lamp. Hold fast to the truth as a refuge." This is Rhys Davids' translation and excellent both as English and as giving the meaning. But the five Pali words compel attention and inscribe themselves on the memory in virtue of a monumental simplicity which the five English sentences do not possess.

But the feature in the Pali scriptures which is most prominent and most tiresome to the unsympathetic reader is the repetition of words, sentences and whole paragraphs. This is partly the result of grammar or at least of style. The simplicity of Pali syntax and the small use made of dependent sentences, lead to the regular alignment of similar phrases side by side

¹ Mahāparinibbāna-sutta, II 26. Another expressive compound is *Dhūmakālikam* (Cullav. XI 1 9) literally smoke timed. The disciples were afraid that the discipline of the Buddha might last only as long as the smoke of his funeral pyre.

like boards in a floor. When anything is predicated of several subjects, for instance the five Skandhas, it is rare to find a single sentence containing a combined statement. As a rule what has to be said is predicated first of the first Skandha and then repeated *totidem verbis* of the others. But there is another cause for this tedious peculiarity, namely that for a long period the Pitakas were handed down by oral tradition only. They were first reduced to writing in Ceylon about 20 a.c. in the reign of Vāṣṭagāmanī, more than a century and a half after their first importation in an oral form. This circumstance need not throw doubt on the authenticity of the text, for the whole ancient literature of India, prose as well as verse, was handed down by word of mouth and even in the present day most of it could be recovered if all manuscripts and books were lost. The Buddhists did not, like the Brahmins, make minute regulations for preserving and memorizing their sacred texts, and in the early ages of the faith were impressed with the idea that their teaching was not a charm to be learnt by heart but something to be understood and practised. They nevertheless endeavoured, and probably with success, to learn by heart the words of the Buddha, converting them into the dialect most widely understood. It was then a common thing (and the phenomenon may still be seen in India) for a man of learning to commit to memory a whole Veda together with subsidiary treatises on ritual, metre, grammar and genealogy. For such memorists it was not difficult to retain the principal points in a series of sermons. The Buddha had preached day by day for about forty-five years. Though he sometimes spoke with reference to special events he no doubt had a set of discourses which he regularly repeated. There was the less objection to such repetition because he was continually moving about and addressing new audiences. There were trained Brahmin students among his disciples, and at his death many persons, probably hundreds, must have had by heart summaries of his principal sermons.

But a sermon is less easy to remember than a poem or rather arranged by some method of *mnemotechnia*. An obvious aid to recollection is to divide the discourse into numbered heads and attach to each certain striking phrases. If the phrases can be made to recur, so much the better, for

ere is a guarantee of correctness when an expected formula appears at appropriate points.

It may be too that the wearisome and mechanical iteration of the Pali Canon is partly due to the desire of the Sinhalese to lose nothing of the sacred word imparted to them by missionaries from a foreign country, for repetition to this extent is not characteristic of Indian compositions. It is less noticeable in Sanskrit Buddhist sūtras than in the Pali but is very marked in Jain literature. A moderate use of it is a feature of the Upanishads. In these we find recurring formulæ and also successive phrases constructed on one plan and varying only in a few words¹

But still I suspect that repetition characterized not only the reports of the discourses but the discourses themselves. No doubt the versions which we have are the result of compressing a free discourse into numbered paragraphs and repetitions. The living word of the Buddha was surely more vivacious and plastic than these stiff tabulations. But the peculiarities of scholars can often be traced to the master and the Buddha had much the same need of mnemonics as his hearers. For he had ex-cogitated complicated doctrines and he imparted them without the aid of notes and though his natural wit enabled him to adapt his words to the capacity of his hearers and to meet argument, still his wish was to formulate a consistent statement of his thoughts. In the earliest discourse ascribed to him, the sermon at Benares, we see these habits of numbering and repetition already fully developed. The next discourse, on the absence of a soul, consists in enumerating the five words, form, sensation, perception, sankhāras, and consciousness three times, and applying to each of them consecutively three statements or arguments, the whole concluding with a phrase which is used as a finale in many other places. Artificial as this arrangement sounds when analyzed, it is a natural procedure for one who wished to impress on his hearers a series of philosophic propositions without the aid of writing, and I can imagine that these

¹ Winternitz has acutely remarked that the Pali Pīṭaka resembles the Upanishads in style. See also Keith, *Atl. Ar* p 55. For repetitions in the Upanishads, see Chānd. v. 3 4 ff., v. 12 ff. and much in vii and viii, Brhad. Ar iii. ix 9 ff., vi 12, etc. This Upanishad relates the incident of Yājñavalkya and Maitreyi twice. So far as style goes, I see no reason why the earliest parts of the Vṃajā and Sūtra Pīṭaka should not have been composed immediately after the Buddha's death.

rhythmical formulæ uttered in that grave and pleasant voice which the Buddha is said to have possessed, seemed to the leisurely yet eager groups who sat round him under some way-side banyan or in the monastery park, to be not tedious iteration but a gradual revelation of truth growing clearer with each repetition.

We gather from the Pitakas that writing was well known in the Buddha's time¹. But though it was used for inscriptions, accounts and even letters, it was not used for books, partly because the Brahmans were prejudiced against it, and partly because no suitable material for inditing long compositions had been discovered. There were religious objections to parchment and leaves were not employed till later. The minute account of monastic life given in the Vinaya makes it certain that the monks did not use writing for religious purposes. Equally conclusive, though also negative, is the fact that in the accounts of the assemblies at Rājagaha and Vesālī² when there is a dispute as to the correct ruling on a point, there is no appeal to writing but merely to the memory of the oldest and most authoritative monks. In the Vinaya we hear of people who know special books: of monks who are preachers of the Dhamma and others who know the Sutta; of laymen who have learnt a particular sutta and are afraid it will fall into oblivion unless others learn it from them. Apprehensions are expressed that suttas will be lost if monks neglect to learn them by heart³. From inscriptions of the third century B.C.⁴ are quoted words like *Potakkī*, a reciter of the Pitakas or perhaps of one Pitaka—*Suttāntakī* and *Suttāntakani*, a man or woman who recites the suttantas; *Panānelāyiko*, one who recites the five Nikāyas. All this shows that from the early days of Buddhism onwards a succession of persons made it their business to learn and recite the doctrine and disciplinary rules and, considering the retentiveness of trained memories, we have no reason to doubt that the doctrine and rules have been preserved without much loss.

¹ *J. P. Mahā* I 40, *De* 505 v 14, *J. P. Mahā* II 110, *J. P. Mahā* III 110, *J. P. Mahā* IV 110, *J. P. Mahā* V 110.

² *J. P. Mahā* III 110, *J. P. Mahā* IV 110.

³ *J. P. Mahā* IV 110, *J. P. Mahā* V 110.

⁴ *J. P. Mahā* I 40, *De* 505 v 14, *J. P. Mahā* II 110, *J. P. Mahā* III 110, *J. P. Mahā* IV 110, *J. P. Mahā* V 110.

⁵ *J. P. Mahā* I 40, *De* 505 v 14, *J. P. Mahā* II 110, *J. P. Mahā* III 110, *J. P. Mahā* IV 110, *J. P. Mahā* V 110.

Not, however, without additions. The disadvantage of oral tradition is not that it forgets but that it proceeds snowball fashion, adding with every generation new edifying matter. The text of the Vedic hymns was preserved with such jealous care that every verse and syllable was counted. But in works of lesser sanctity interpolations and additions were made according to the reciters' taste. We cannot assign to the *Mahābhārata* one date or author, and the title of *Upanishad* is no guarantee for the age or authenticity of the treatises that bear it. Already in the *Anguttara-Nikāya*¹, we hear of tables of contents and the expression is important, for though we cannot give any more precise explanation of it, it shows that care was taken to check the contents of the works accepted as scripture. But still there is little doubt that during the two or three centuries following the Buddha's death, there went on a process not only of collection and recension but also of composition.

An account of the formation of the canon is given in the last two chapters of the *Cullavagga*². After the death of the Buddha his disciples met to decide what should be regarded as the correct doctrine and discipline. The only way to do that was to agree what had been the utterances of the master and this, in a country where the oral transmission of teaching was so well understood, amounted to laying the foundations of a canon. Kassapa cross-examined experts as to the Buddha's precepts. For the rules of discipline Upāli was the chief authority and we read how he was asked where such and such a rule—for instance, the commandment against stealing—was promulgated.

"At Rājagaha, sir "

"Concerning whom was it spoken?"

"Dhaniya, the potter's son."

"In regard to what matter?"

"The taking of that which had not been given "

For collecting the suttas they relied on the testimony of Ānanda and asked him where the *Brahmajāla*³ was spoken. He replied "between Rājagaha and Nālanda at the royal rest-house at Ambalaththika." "Concerning whom was it spoken?"

¹ Ang Nik iv. 160 5, Bhikkhū bahussutā mātikkādhārā monks who carry in memory the indices

² Cullavag. xi, xii.

³ Dig Nik 1.

"Suppiya, the wandering ascetic and Brahmadata the young Brahman."

Then follows a similar account of the Sâmaññaphala sutta and we are told that Ānanda was "questioned through the five Nikāyas." That is no doubt an exaggeration as applied to the time immediately after the Buddha's death, but it is evidence that five Nikāyas were in existence when this chapter was written¹.

3

Lines of growth are clearly discernible in the Vinaya and Sutta Pitakas. As already mentioned, the Khuddaka-Nikāya is, as a collection, later than the others although separate books of it, such as the Sutta-nipāta (especially the fourth and fifth books), are among the earliest documents which we possess. But other books such as the Peta² and Vināna-vatthu show a distinct difference in tone and are probably separated from the Buddha by several centuries. Of the other four Nikāyas the Samyutta and Anguttara are the more modern and the Anguttara mentions Munda, King of Magadha who began to reign about forty years after the Buddha's death. But even in the two older collections, the Digha and the Majjhima, we have not reached the lowest stratum. The first thirteen suttantas of the Digha all contain a very ancient treatise on morality, and the Sâmaññaphala and following sections of the Digha and also some suttas of the Majjhima contain either in whole or in part a treatise on progress in the holy life. These treatises were probably current as separate portions for recitation before the suttas in which they are now put were composed.

Similarly, the Vinaya clearly presupposes an old code in the form of a list of offences called the Pātimokkha. The Mahāvagga contains a portion of an ancient word-for-word explanation of this code and most of the Sutta-vibhanga is an amplification and exposition of it. The Pātimokkha was already in existence when these books were compiled, for we know³ that if in a

¹ It is somewhat likely that this chapter contains also the Nikāya list which is also believed to be later than the two Nikāyas, P. 411. The same may hold for the Vinaya.

² It is probable that the Vināna-vatthu was composed some hundred years after the Buddha's death.

³ P. 411, 22-23.

company of Bhikkhus no one knows the Pātimokkha, one of the younger brethren should be sent to some better instructed monastery to learn it. And further we hear¹ that a learned Bhikkhu was expected to know not merely the precepts of the Pātimokkha but also the occasion when each was formulated. The place, the circumstances and the people concerned had been in each case handed down. There is here all the material for a narrative. The reciter of a sutta simply adopts the style of a village story-teller. "Thus have I heard. Once upon a time the Lord was dwelling at Rājagaha," or wherever it was, and such and such people came to see him. And then, after a more or less dramatic introduction, comes the Lord's discourse and at the end an epilogue saying how the hearers were edified and, if previously unconverted, took refuge in the true doctrine.

The Cullavagga states that the Vinaya (but not the other Pitakas) was recited and verified at the Council of Vesālī. As I have mentioned elsewhere, Sinhalese and Chinese accounts speak of another Council, the Mahāsaṅgha or Mahāsaṅgīti. Though its date is uncertain, there is a consensus of tradition to the effect that it recognized a canon of its own, different from our Pali Canon and containing a larger amount of popular matter.

Sinhalese tradition states that the canon as we now have it was fixed at the third Council held at Pataliputra in the reign of Asoka (about 272-232 B.C.). The most precise statements about this Council are those of Buddhaghosa who says that an assembly of monks who knew the three Pitakas by heart recited the Vinaya and the Dhamma.

But the most important and interesting evidence as to the existence of Buddhist scriptures in the third century B.C. is afforded by the Bhābrī (or Bhābrā) edict of Asoka. He recommends the clergy to study seven passages, of which nearly all can be identified in our present edition of the Pitakas.² This edict

¹ Cullav. ix. 5.

² The passages are—

1. The Vinaya-Samukasa. Perhaps the sermon at Benares with introductory matter found at the beginning of the Mahāvagga. See Edmunds, in *J.R.A.S.* 1913, p. 385.
2. The Ala Vāsini (Pali Anya Vāsini) = the Saṃgīti sutta of the Dīgha Nikāya.
3. The Anāgata-bhayaṇi = Anguttara Nikāya, v. 77-80, or part of it.

does not prove that Asoka had before him in the form which we know the Dīgha and other works cited. But the most cautious logic must admit that there was a collection of the Buddha's sayings to which he could appeal and that if most of his references to this collection can be identified in our Pitakas, then the major part of these Pitakas is probably identical in substance (not necessarily verbally) with the collection of sayings known to Asoka.

Neither Asoka nor the author of the *Kathā-vatthu* cites books by name. The latter for instance quotes the well-known lines "anupubbena medhavi" not as coming from the *Dhammapada* but as "spoken by the Lord." But the author of the *Questions of Mūhinda*, who knew the canonical books by the names they bear now, also often adopts a similar method of citation. Although this author's probable date is not earlier than our era his evidence is important. He mentions all five Nikāyas by name, the titles of many suttas and also the *Vibhanga*, *Dhātu-kathā*, *Puggala-Paññatti*, *Kathā-vatthu*, *Yamaka* and *Paṭṭhāna*.

Everything indicates and nothing contradicts the conclusion that the canon of the *Vibhajjavādins* was substantially fixed in the time of Asoka, so far as the *Vinaya* and *Sutta* Pitakas are concerned. Some works of minor importance may have had an uncertain position and subsequent recensions may have been made but the principal scriptures were already recognized and contained passages which occur in our versions. On the other hand this recension of the scriptures was not the only one in existence. If the patronage of Asoka gave it a special prestige in his lifetime, it may have lost it in India after his death and for many centuries the Buddhist Canon, like the list of the *Upaniṣads*, must have been susceptible of alteration. The *Śālistambas* compiled an *Abhidhamma Pitaka* of their own, apparently in the time of Kanishka, and the *Dharmapala* school also seems to have had its own version of this Pitaka.

1. The *Upaniṣads*, *Sutta* *Nipāta*, etc.

2. The *Upaniṣads*, *Upaniṣads*, etc. (see also *Upaniṣads*, etc.)

3. The *Upaniṣads*, *Upaniṣads*, etc. (see also *Upaniṣads*, etc.)

4. The *Upaniṣads*, *Upaniṣads*, etc. (see also *Upaniṣads*, etc.)

5. The *Upaniṣads*, *Upaniṣads*, etc.

The date of the Pali Abhidhamma is very doubtful and I do not reject the hypothesis that it was composed in Ceylon, for the Sinhalese seem to have a special taste for such literature. But there is no proof of this Sinhalese origin.

According to Sinhalese tradition all three Pitakas were introduced into Ceylon by Mahinda in the reign of Asoka, but only as oral tradition and not in a written form. They received this latter about 20 B.C., as the result of a dispute between two monasteries¹. The controversy is obscure but it appears that the ancient foundation called Mahāvihāra accepted as canonical the fifth book of the Vinaya called Parivāra, whereas it was rejected by the new monastery called Abhayagiri. The Sinhalese chronicle (Mahāvamsa xxxiii 100-104) says somewhat abruptly "The wise monks had hitherto handed down the text of the three Pitakas (Pitakattayapālm) as well as the commentary by word of mouth. But seeing that mankind was becoming lost, they assembled together and wrote them in books in order that the faith might long endure." This brief account seems to mean that a council was held not by the whole clergy of Ceylon but by the monks of the Mahāvihāra at which they committed to writing their own version of the canon including the Parivāra. This book forms an appendix to the Vinaya Pitaka and in some verses printed at the conclusion is said to be the work of one Dīpa. It is generally accepted as a relatively late production, composed in Ceylon. If such a work was included in the canon of the Mahāvihāra, we must admit the possibility that other portions of it may be Sinhalese and not Indian.

But still the *onus probandi* lies with those who maintain the Sinhalese origin of any part of the Pali Canon and two strong arguments support the Indian origin of the major part. First, many suttas not only show an intimate knowledge of ancient Indian customs but discuss topics such as caste, sacrifice, ancient heresies, and the value of the Veda which would be of no interest to Sinhalese. Secondly, there is no Sinhalese local colour and no Sinhalese legends have been introduced. Contrast with this the Dīpa- and Mahā-vamsa both of which open with accounts of mythical visits paid by the Buddha to Ceylon².

¹ For the date see the chapter on Ceylon.

² S. Lévi gives reasons for thinking that the prohibitions against singing sacred texts (ayataka gītasāsa, Cullavag. v 3) go back to the period when the Vedic accent was a living reality. See J.A. 1915, i pp 401 ff.

In Ceylon versions of the scriptures other than that of the Mahāvihāra were current until the twelfth century when uniformity was enforced by Parākrama Bāhu. Some of these, for instance the Pitaka of the Vetulyakas, were decidedly heretical according to the standard of local orthodoxy but others probably presented variations of reading and arrangement rather than of doctrine. Anesaki¹ has compared with the received Pālī text a portion of the Samyuktāgama translated by Gunabhadra into Chinese. He thinks that the original was the text used by the Abhayagiri monastery and brought to China by Fa Hsien.

The Sinhalese ecclesiastical history, Nikāya Saṅgrahaṇa, relates that 235 years after the Buddha's death nine heretical fraternities were formed who proceeded to compose scriptures of their own such as the Varnaṭṭaka and Angulimāla-Pitaka. Though this treatise is late (c. 1400 A.D.) its statements merit attention as showing that even in orthodox Ceylon tradition regarded the authorized Pitaka as one of several versions. But many of the works mentioned sound like late tantric texts rather than compositions of the early heretics to whom they are attributed.

Ecclesiastical opinion in Ceylon after centuries of discussion ended by accepting the edition of the *Mahāvihāra* as the best, and we have no grounds for rejecting or suspecting this opinion. According to tradition Buddhaghosa was well versed in Sanskrit but deliberately preferred the southern canon. The Mahāyāna-ist doctor Avarga cites texts found in the Pali version, but not in the Sanskrit². The monks of the Mahāvihāra were probably too indulgent in admitting late scholastic treatises, such as the *Parasūra*. On the other hand they often showed a critical interest in rejecting legendary matter. Thus the Sanskrit *Vaṇasa* contain many more miraculous narratives than the Pali *Vaṇasa*.

[illegible]

1. The first of these is the fact that the majority of the population of the United States is now living in urban areas. This is a result of the process of urbanization, which has been going on since the beginning of the 20th century. The population of the United States has increased from about 100 million in 1900 to over 200 million in 1960. At the same time, the population of rural areas has decreased from about 100 million in 1900 to about 50 million in 1960. This has led to a concentration of the population in urban areas, which has had a number of important consequences for the development of the United States.

1. The first part of the document is a letter from the President of the United States to the Congress, dated January 3, 1862. It is a message of condolence to the people of the State of California, who have been afflicted by a severe drought and famine. The President expresses his sympathy for the suffering people and offers them his best wishes for a speedy recovery.

4

European critics have rarely occasion to discuss the credibility of Sanskrit literature, for most of it is so poetic or so speculative that no such question arises. But the Pitakas raise this question as directly as the Gospels, for they give the portrait of a man and the story of a life, in which an overgrowth of the miraculous has not hidden or destroyed the human substratum. How far can we accept them as a true picture of what Gotama was and taught?

Their credibility must be judged by the standard of Indian oral tradition. Its greatest fault comes from that deficiency in historic sense which we have repeatedly noticed. Hindu chroniclers ignore important events and what they record drifts by in a haze in which proportion, connection, and dates are lost. They frequently raise a structure of fiction on a slight basis of fact or on no basis at all. But the fiction is generally so obvious that the danger of historians in the past has been not to be misled by it but to ignore the elements of truth which it may contain. For the Hindus have a good verbal memory; their genealogies, lists of kings and places generally prove to be correct, and they have a passion for catalogues of names. Also they take a real interest in describing doctrine. If the Buddha has been misrepresented, it is not for want of acumen or power of transmitting abstruse ideas. The danger rather is that he who takes an interest in theology is prone to interpret a master's teaching in the light of his own pet views.

The Pitakas illustrate the strong and weak points of Hindu tradition. The feebleness of the historical sense may be seen in the account of Devadatta's doings in the *Cullavagga*¹ where the compiler seems unable to give a clear account of what he must have regarded as momentous incidents. Yet the same treatise is copious and lucid in dealing with monastic rules, and the sayings recorded have an air of authenticity. In the suttas the strong side of Hindu memory is brought into play. Of consecutive history there is no question. We have only an introduction giving the names of some characters and localities followed by a discourse. We know from the *Vinaya* that the monks were expected to exercise themselves in remembering

¹ *Cullav* vii 3

these things, and they are precisely the things that they would get rightly by heart. I see no reason to doubt that such discourses as the sermon preached at Benares¹ and the recurring passages in the first book of the Dīgha-Nikāya are a Pali version of what was accepted as the words of the Buddha soon after his death. And the change of dialect is not of great importance. Asoka's Bābri Edict contains the saying: *Thus the good law shall long endure*, which is believed to be a quotation and certainly corresponds pretty closely with a passage in the Anguttara Nikāya². The King's version is *Saddhamma cīlathitilo hasati*, the Pali is *Saddhammo cīlathitilo hoti*. Somewhat similar may have been the differences between the Buddha's speech and the text which we possess. The importance of the change in language is diminished and the facility of transmission is increased by the fact that in Pali, Sanskrit and kindred Indian languages ideas are concentrated in single words rather than spread over sentences. Thus the principal words of the sermon at Benares give its purport with perfect clearness, if they are taken as a mere list without grammatical connection. Similarly I should imagine that the recurring paragraphs about progress in the holy life found in the early Suttas of the Dīgha-Nikāya are an echo of the Buddha's own words, for they bear an impress not only of antiquity but of eloquence and elevation. This does not mean that we have any sermon in the exact form in which Gotama uttered it. Such documents as the Simasīnaphala Sutta and Ambattha Sutta probably give a good idea of his method and style in consecutive discourse and argument. But it would not be safe to regard them as more than the work of copiers who were acquainted with the surroundings in which he lived, the places he visited, and the names and business of those who came to him. With these they made a picture of a day in his life, culminating in a sermon.

Like the historical value of the Pīṭakas, their literary value can be pretty estimated only if we remember that they are not books in our sense but to be recited down by memory and

¹ The sermon at Benares is found in the Dīgha-Nikāya, vol. i, p. 100, and in the Anguttara-Nikāya, vol. i, p. 100. The text of the sermon is given in the Pali Canon, vol. i, p. 100. The text of the sermon is given in the Pali Canon, vol. i, p. 100.

that their form is determined primarily by the convenience of the memory. We must not compare them with Plato and find them wanting, for often, especially in the *Abhidhamma*, there is no intention of producing a work of art, but merely of subdividing a subject and supplying explanations. Frequently the exposition is thrown into the form of a catechism with questions and answers arranged so as to correspond to numbered categories. Thus a topic may be divided into twenty heads and six propositions may be applied to each with positive or negative results. The strong point of these *Abhidhamma* works—and of Buddhist philosophy generally—lies in careful division and acute analysis but the power of definition is weak. Rarely is a definition more than a collection of synonyms and very often the word to be defined is repeated in the definition. Thus in the *Dhamma-saṅgāṇi* the questions, what are good or bad states of mind? receive answers cast in the form: when a good or bad thought has arisen with certain accompaniments enumerated at length, then these are the states that are good or bad. No definition of good is given.

This mnemonic literature attains its highest excellence in poetry. The art of composing short poems in which a thought, emotion or spiritual experience is expressed with a few simple but pregnant words in the compass of a single couplet or short hymn, was carried by the early Buddhists to a perfection which has never been excelled. The *Dhammapada*¹ is the best known specimen of this literature. Being an anthology it is naturally more suited for quotation or recitation in sections than for continuous reading. But its twenty-five chapters are consecrated each to some special topic which receives fairly consecutive treatment, though each chapter is a mosaic of short poems consisting of one or more verses supposed to have been uttered by the Buddha or by arhats on various occasions. The whole work combines literary beauty, depth of thought and human feeling in a rare degree. Not only is it irradiated with the calm light of peace, faith and happiness but it glows with sympathy, with the desire to do good and help those who are struggling in the mire of passion and delusion. For this reason it has found more favour with European readers than the detached and

¹ The Pali anthology known by this name was only one of several called *Dhammapada* or *Udāna* which are preserved in the Chinese and Tibetan Canons.

philosophic texts which simply preach self-conquest and aloofness. Inferior in beauty but probably older is the *Sutta-nipāṭa*, a collection of short discourses or conversations with the Buddha mostly in verse. The rugged and popular language of these stanzas which reject speculation as much as luxury, takes us back to the life of the wanderers who followed the Buddha on his tours and we may imagine that poems like the *Dhaniya sutta* would be recited when they met together in a rest-house or grove set apart for their use on the outskirts of a village.

The Buddhist suttas are interesting as being a special result of Gotama's activity, they are not analogous to the Brahmanic works called *sūtras*, and they have no close parallel in later Indian literature. There is little personal background in the *Upanishads*, none at all in the *Sāṅkhya* and *Vedānta sūtras*. But the *Sutta Pitaka* is an attempt to delineate a personality as well as to record a doctrine. Though the idea of writing biography has not yet been clearly conceived, yet almost every discourse brings before us the figure of the Lord, though the doctrine can be detached from the preacher, yet one feels that the hearers of the *Pitaka* hungered not merely for a knowledge of the four truths but for the very words of the great voice: did he really say this, and if so when, where and why? Most suttas begin by answering these questions. They describe a scene and report a discourse and in so doing they create a type of literature with an interest and individuality of its own. It is no exaggeration to say that the Buddha is the most living figure in Hindu literature. He stands before us more distinctly not only than Yājñavalkya and Śaṅkara, but than modern teachers like Nārāyaṇa and Rāmānuja and the reason of this distinctness can I think be nothing but the personal impression which he has been able to give. The later Buddhist compositions, written in the style of the Nāgārjuna, they write about Gotama in new and powerful ways, but no Acts of the Apostles can equal the *Sutta*.

Though the Buddhist suttas are not as good as the best of the Indian literature, yet in style they are a natural development of the *Upanishads*. The *Upanishads* are the first step towards the development of the personal and the individual in Indian literature. The Buddhist suttas are the second step.

Thus about half of the *Bṛihad-Āraṇyaka* is a philosophic treatise unconnected with any particular name, but in this are set five dialogues in which Yājñavalkya appears and two others in which Ajātasatru and Pravāhana Jaivali are the protagonists.

Though many suttas are little more than an exposition of some doctrine arranged in mnemonic form, others show eloquence and dramatic skill. Thus the *Sāmaññaphala-sutta* opens with a vivid description of the visit paid one night by Ajātasattu to the Buddha¹. We see the royal procession of elephants and share the alarm of the suspicious king at the unearthly stillness of the monastery park, until he saw the Buddha sitting in a lighted pavilion surrounded by an assembly of twelve hundred and fifty brethren, calm and silent as a clear lake. The king's long account of his fruitless quest for truth would be tiresome if it were not of such great historic interest and the same may be said of the Buddha's enumeration of superstitious and reprehensible practices, but from this point onwards his discourse is a magnificent crescendo of thought and language, never halting and illustrated by metaphors of great effect and beauty. Equally forcible and surely resting on some tradition of the Buddha's own words is the solemn fervour which often marks the suttas of the *Majjhima* such as the descriptions of his struggle for truth, the admonitions to Rāhula and the reproof administered to Sāti.

5

As mentioned above, our Pali Canon is the recension of the *Vibhajjavādins*. We know from the records of the Chinese pilgrims that other schools also had recensions of their own, and several of these recensions—such as those of the *Sarvāstivādins*, *Mahāsaṅghikas*, *Mahāsākas*, *Dhammaguttikas*, and *Sammittiyas*—are still partly extant in Chinese and Tibetan translations. These appear to have been made from the Sanskrit and fragments of what was probably the original have been preserved in Central Asia. A recension of the text in Sanskrit probably implies less than what we understand by a translation. It may mean that texts handed down in some Indian dialect

¹ The work might also be analyzed as consisting of three old documents (the tract on morality, an account of ancient heresies, and a discourse on spiritual progress) put together with a little connecting matter, and provided with a prologue and epilogue.

a very certain date, but still the inference is that about the time of the Christian era the contents of the Abhidhamma-Pitaka were not rigidly defined and a new recension was possible.

The Sanskrit manuscripts discovered in Central Asia include Sûtras from the Samyukta and Ekottara Āgamas (equivalent to the Samyutta and Anguttara Nikāyas), a considerable part of the Dharmapada, fragments of the Sutta-Nipāta and the Prātimoksha of the Sarvāstivādin school. These correspond fairly well with the Pali text but represent another recension and a somewhat different arrangement. We have therefore here fragments of a Sanskrit version which must have been imported to Central Asia from northern India and covers, so far as the fragments permit us to judge, the same ground as the Vinaya and Suttas of the Pali Canon. Far from displaying the diffuse and inflated style which characterizes the Mahāyāna texts it is sometimes shorter and simpler than our Pali version¹.

When was this version composed and what is its relation to the Pali? A definite reply would be premature, for other Sanskrit texts may be discovered in Central Asia, but two circumstances connect this early Buddhist literature in Sanskrit with the epoch of Kanishka. Firstly the Sanskrit Abhidharma of the Sarvāstivādins seems to date from his council and secondly a Buddhist drama by Aśvaghosha² of about the same time represents the Buddha as speaking in Sanskrit whereas the inferior characters speak Prakrit. But these facts do not prove that Sanskrit was not the language of the canon at an earlier date³ and it is not safe to conclude that because Asoka did not employ it for writing edicts it was not the sacred language of any section of Indian Buddhists. On the other hand some of the Sanskrit texts contain indications that they are a translation from Pali or some vernacular⁴. In others are found historical allusions which suggest that they must have received additions after our era⁵.

¹ But not always. See S. Lévi, *J. A.* 1910, p. 436.

² See Lüderz, *Bruchstücke Buddhistischer Dramen*, 1911 and ib. *Das Skandaguta prakarana*, 1911.

³ Inscriptions from Swat written in an alphabet supposed to date from 50 B.C. to 50 A.D. contain Sanskrit verses from the Dharmapada and Mahāparinirvāṇasūtra. See *Epig. Indica*, vol. iv. p. 133.

⁴ E.g. The Sanskrit version of the Sutta-Nipāta. See *J. R. A. S.* 1916, pp. 719-733.

⁵ See the remarks on the Samyuktāgama in *J. A.* 1916, II p. 272.

I have already raised the question of the relative value attaching to Pali and Sanskrit texts as authorities for early history. Two instances will perhaps illustrate this better than a general discussion. As already mentioned, the Vinaya of the Mūlasarvāstivādin makes the Buddha visit north-western India and Kashmir, whereas the Pali texts do not represent him as travelling further west than the country of the Kurus. The Sanskrit account is not known to be confirmed by more ancient evidence, but there is nothing impossible in it, particularly as there are periods in the Buddha's long life filled by no incidents. The narrative however contains a prediction about Kaṁshka and therefore cannot be earlier than his reign. Now there is no reason why the Pali texts should be silent about this journey, if the Buddha really made it, but one can easily imagine reasons for inventing it in the period of the Kushan kings. North-western India was then full of monasteries and sacred sites and the same spirit which makes uncritical Buddhists in Ceylon and Siam assert to day that the master visited their country impelled the monks of Peshawar and Kashmir to imagine a not improbable extension of his wandering life.

On the other hand the same Vinaya of the Mūlasarvāstivādin probably gives us a fragment of history when it tells us that the Buddha had three wives, perhaps too when it relates how Bāhula's promiscuity was called in question and how Devadatta vowed to marry Yāsoḍharā after the Buddha had abandoned world's life. The Pali Vinaya and also some Saichō Vinaya mention only one wife or none at all. They do not attempt to describe Gotama's domestic life and if they really were silent on this subject to mention the mother of Bāhula, the only person to be accused even that he had no other wife. Bāhula's name is mentioned in the north of India as early as the 5th century by the Buddhists and states that he had three wives, then as late as the 10th century that the compiler was in the 11th century.

The text of the Vinaya of the Mūlasarvāstivādin is the same as the text of the Vinaya of the Mūlasarvāstivādin in the 11th century. The text of the Vinaya of the Mūlasarvāstivādin is the same as the text of the Vinaya of the Mūlasarvāstivādin in the 11th century.

The text of the Vinaya of the Mūlasarvāstivādin is the same as the text of the Vinaya of the Mūlasarvāstivādin in the 11th century.

object to the practice of the Yoga. The systematic production of mental concentration and the idea that supernatural powers can be acquired thereby are very old—certainly older than Buddhism. Such methods had at first only a slight philosophic substratum and were independent of Sāṅkhya doctrines, though these, being a speculative elaboration of the same fundamental principles, naturally commended themselves to those who practised Yoga. The two teachers of the Buddha, Ālāra and Uddaka, were Yogis, and held that beatitude or emancipation consisted in the attainment of certain trances. Gotama, while regarding their doctrine as insufficient, did not reject their practices.

Our present Yoga Sūtras are certainly much later than this date. They are ascribed to one Patañjali identified by Hindu tradition with the author of the Mahābhāṣya who lived about 150 B.C. Jacobson, however, is of opinion that they are the work of an entirely different person who lived after the rise of the Sūtra school, ascribed to Asaṅga sometime called Yogācāra. The arguments adduced are suggestive rather than conclusive, but, if they are confirmed, they lead to an interesting discovery. There is some reason for thinking that Śaṅkarā's notion of the *brahma* is derived from the Buddhist *ānanyatodeśa*. If this is so, the Yoga Sūtra, being posterior to Asaṅga, it also seems probable that the codification of the Yoga by the Buddhists was connected with the rise of the Yogācāra among the Buddhists.

The Sūtra describes itself as an exposition of Yoga, but here the meaning not of union with God, but rather of concentration. The opening aphorisms state that "Yoga is the regulation of the activities of the mind, for then the spectator is in a form at other times there is identity of form with the object." The dual language means that the soul is not the spectator is merely the spectator of the mind's activity, as in the Sāṅkhya, to the union of the mind with the object which it contemplates. When the mind is active,

the soul appears to experience various emotions, and it is only when the mind ceases to feel emotions and becomes calm in meditation, that the soul abides in its own true form. The object of the Yoga, as of the Sāṅkhya, is Kaivalya or isolation, in which the soul ceases to be united with the mind and is dissociated from all qualities (*guṇas*) so that the shadow of the thinking principle no longer falls upon it. This isolation is produced by performing certain exercises, physical as well as mental, and, as a prelude to final and complete emancipation, superhuman powers are acquired. These two ideas, the efficacy of physical discipline and the acquisition of superhuman powers, have powerfully affected all schools of religious thought in India, including Buddhism. They are not peculiar to the Yoga, but still it is in the Yoga Sūtras that they find their most authoritative and methodical exposition.

The practice of Yoga has its roots in the fact that fasting and other physical mortifications induce a mental state in which the subject thinks that he has supernatural experiences¹. Among many savage tribes, especially in America, such fasts are practised by those who desire communication with spirits. In the Yoga philosophy these ideas appear in a refined form and offer many parallels to European mysticism. The ultimate object is to dissociate the soul from its material envelopes but in the means prescribed we can trace two orders of ideas. One is to mortify the body and suppress not only appetite and passion but also discursive thought: the other is to keep the body in perfect health and ease, so that the intelligence and ultimately the soul may be untroubled by physical influences. These two ideas are less incongruous than they seem. Many examples show that extreme forms of asceticism are not unhealthy but rather conducive to long life and the Yoga in endeavouring to secure physical well-being does not aim at pleasure but at such a purification of the physical part of man that it shall be the obedient and unnoticed servant of the other parts. The branch of the system which deals with method and discipline is called Kriyā-yoga and in later works we also find the expression Haṭha-yoga, which is specially used to designate

¹ See Tylor, *Primitive Culture*, vol. II. pp. 410 ff. Savages often supplement fasting by the use of drugs and the Yoga Sūtras (iv. 2) mention that supernatural powers can be obtained by the use of herbs.

mechanical means (such as postures, purification, etc.) prescribed for the attainment of various mental states. In contrast to it is Rāja-yoga, which signifies ecstasy and the method of obtaining it by mental processes. The immediate object of the Kriyā-yoga is to destroy the five evils¹, namely ignorance, egoism, desire, aversion and love of life. It consists of asceticism, recitations and resignation to God, explained as meaning that the devotee fasts, repeats mantras and surrenders to God the fruit of all his works and, feeling no more concern for them, is at peace. Though the Yoga Sūtras are theistic, there is necessary rather than essential to their teaching. They are not a theological treatise but the manual of an ancient discipline which recognises devotional feelings as one means to its end. The method would remain almost intact if the part relating to the deity were omitted, as in the Sāṅkhya. God is not for the Yoga Sūtras, as he is for many Indian and European mystics, the one reality, the whence and whither of the soul and world.

Eight branches of practice² are enumerated, namely:—

1. Yama or restraint, that is abstinence from killing, lying, stealing, incontinence, and from receiving gifts. It is almost equivalent to the five great precepts of Buddhism.

2. Niyama or observance, defined as purification, contentment, mortification, recitation and devotion to the Lord.

Purification.—It is treated at great length in the later treatises on Hatha-yoga under the name of *Shat-karma* or sixfold work. It comprises not only ordinary ablutions but cleansing of the internal organs by such methods as taking in water by the nostrils and discharging it by the mouth. The object of these practices, which, though they assume queer forms, rest on sound therapeutic principles, is to remove accumulations of matter from the system and to rid the gross elements of the body.

3. Action, or posture is defined as a continuous and purposeful attitude, it is different from the latter only in

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applies to many of the postures recommended, for considerable training is necessary to make them even tolerable. But the object clearly is to prescribe an attitude which can be maintained continuously without creating the distracting feeling of physical discomfort and in this matter European and oriental limbs feel differently. All the postures contemplated are different ways of sitting cross-legged. Later works revel in enumerations of them and also recognize others called *Mudrâ*. This word is specially applied to a gesture of the hand but is sometimes used in a less restricted sense. Thus there is a celebrated *Mudrâ* called *Khecharî*, in which the tongue is reversed and pressed into the throat while the sight is directed to a point between the eyebrows. This is said to induce the cataleptic trance in which Yogis can be buried alive.

4. *Prāṇayama* or regulation of the breath. When the Yogi has learnt to assume a permanent posture, he accustoms himself to regulate the acts of inspiration and expiration so as to prolong the period of quiescence between the two. He will thus remove the vibrations which cover the light within him. This practice probably depends on the idea which occurs in the *Upamaṇīya Sūtra* that the breath is the life and the soul. Consequently he who can control and hold his breath keeps his soul at home, and is better able to concentrate his mind. Apart from such ideas, the fixing of the attention on the rhythmical succession of inspirations and expirations conduces to that peaceful and detached frame of mind on which most Indian sects set great store. The practice was greatly esteemed by the Brahmins, and is also enjoined among the Taoists in China and among Buddhists in all countries, but I have found no mention of its use among European mystics.

5. *Pratyāhāra*, the retraction or withdrawing of the senses. They are naturally directed outwards towards their objects. The Yogi endeavours to bring them into quiescence by diverting them from those objects and directing them inwards. From this, say the *Sūtras*, comes complete subjugation of the senses¹.

6-8. The five kinds of discipline hitherto mentioned constitute the physical preparation for meditation comprising in

¹ It seems to me analogous to the introversion of European mystics. See Underhill, *Mysticism*, chap. vi and vii.

here it is said that such powers are obstructions in the contemplative and spiritual life, though they may lead to success in waking or worldly life. This is the same point of view as we meet in Buddhism, viz that though the miraculous powers resulting from meditation are real, they are not essential to salvation and may become dangerous hindrances¹.

They are attained according to the Yoga Sūtras by the exercise of samyama which is the name given conjointly to the three states of dhāraṇā, dhyāna and samādhi when they are applied simultaneously or in immediate succession to one object of thought². The reader will remember that this state of contemplation is to be preceded by pratyāhāra, or direction of the senses inwards, in which ordinary external stimuli are not felt. It is analogous to the hypnotic state in which suggestions made by the hypnotizer have for the subject the character of reality although he is not conscious of his surroundings, and auto-suggestions—that is the expectations with which the Yogi begins his meditation—apparently have the same effect. The trained Yogi is able to exercise samyama with regard to any idea—that is to say his mind becomes identified with that idea to the exclusion of all other. Sometimes this samyama implies simply a thorough comprehension of the object of meditation. Thus by making samyama on the saṃskāras or predispositions existing in the mind, a knowledge of one's previous births is obtained; by making samyama on sound, the language of animals is understood. But in other cases a result is considered to be obtained because the Yogi in his trance thinks it is obtained. Thus if samyama is made on the throat, hunger and thirst are subdued, if on the strength of an elephant, that strength is obtained, if on the sun, the knowledge of all worlds

¹ So too European mystics "are all but unanimous in their refusal to attribute importance to any kind of visionary experience." (Underhill, *Mysticism*, p. 335). St John of the Cross, Madame Guyon and Walter Hilton are cited as severe critics of such experience.

² Cf Underhill's remarks about contemplation (*Mysticism*, p. 394) "Its results feed every aspect of the personality minister to its instinct for the Good, the Beautiful and the True. Psychologically it is an induced state in which the field of consciousness is greatly contracted the whole of the self, its cognitive power, being sharply focussed, concentrated upon one thing. We pour ourselves out or, as it sometimes seems to us, in towards this overpowering interest. seem to ourselves to reach it and be merged with it. Whatever the thing may be, in this act we know it, as we cannot know it by any ordinary devices of thought."

is acquired. Other miraculous attainments are such that they should be visible to others, but are probably explicable as subjective fancies. Such are the powers of becoming heavy or light, infinitely large or infinitely small and of emitting flames. This last phenomenon is perhaps akin to the luminous visions, called photisms by psychologists, which not infrequently accompany conversion and other religious experiences and take the form of flashes or rays proceeding from material objects¹. The Yogi can even become many persons instead of one by calling into existence other bodies by an effort of his will and animating them all by his own mind².

Europeans are unfavourably impressed by the fact that the Yoga devotes much time to the cultivation of hypnotic states of doubtful value both for morality and sanity. But the meditation which it teaches is also akin to aesthetically contemplation, when the mind forgets itself and is conscious only of the beauty of what is contemplated. Schopenhauer³ has well expressed the Indian idea in European language. "When some sudden cause or inward disposition lifts us out of the restless stream of willing, the attention is no longer directed to the motives of willing but comprehends things free from their relation to the will and thus observes them without subjectivity purely objectively, gave itself entirely up to them so far as they are ideas, but not in so far as they are motives. Then all at once the peace which we were always seeking, but which always fled from us on the formless path of the desire, comes to us of its own accord and it is well with us." And though the Yoga Sūtra requires supernatural faculties as depending chiefly on the hypnotic condition of samadhi, they do say that they are also obtained by practice of the other eight in superhuman faculties by practice of samadhi. By the term is meant a state of enlightenment which is definitely freed from the mind projected by the Yogi's desire. It proceeds from the mind projected by the Yogi's desire. When

¹ Schopenhauer, *Die Welt als Wille und Vorstellung*, § 44.
² *Ibid.*, § 45.
³ *Ibid.*, § 46.
⁴ *Ibid.*, § 47.
⁵ *Ibid.*, § 48.
⁶ *Ibid.*, § 49.
⁷ *Ibid.*, § 50.
⁸ *Ibid.*, § 51.
⁹ *Ibid.*, § 52.
¹⁰ *Ibid.*, § 53.
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¹² *Ibid.*, § 55.
¹³ *Ibid.*, § 56.
¹⁴ *Ibid.*, § 57.
¹⁵ *Ibid.*, § 58.
¹⁶ *Ibid.*, § 59.
¹⁷ *Ibid.*, § 60.
¹⁸ *Ibid.*, § 61.
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²³ *Ibid.*, § 66.
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⁴³ *Ibid.*, § 86.
⁴⁴ *Ibid.*, § 87.
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⁴⁸ *Ibid.*, § 91.
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⁵⁰ *Ibid.*, § 93.
⁵¹ *Ibid.*, § 94.
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⁶³ *Ibid.*, § 106.
⁶⁴ *Ibid.*, § 107.
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⁷³ *Ibid.*, § 116.
⁷⁴ *Ibid.*, § 117.
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⁸⁵ *Ibid.*, § 128.
⁸⁶ *Ibid.*, § 129.
⁸⁷ *Ibid.*, § 130.
⁸⁸ *Ibid.*, § 131.
⁸⁹ *Ibid.*, § 132.
⁹⁰ *Ibid.*, § 133.
⁹¹ *Ibid.*, § 134.
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⁹³ *Ibid.*, § 136.
⁹⁴ *Ibid.*, § 137.
⁹⁵ *Ibid.*, § 138.
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¹³⁷ *Ibid.*, § 180.
¹³⁸ *Ibid.*, § 181.
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⁴⁵⁶ *Ibid.*, § 499.
⁴⁵⁷ *Ibid.*, § 500.
⁴⁵⁸ *Ibid.*, § 501.
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light has once come, the Yogi possesses all knowledge without the process of *samyama*. It may be compared to the *Dibba-cakkhu* or divine eye and the knowledge of the truths which according to the *Pitakas*¹ precede arahatship. Similar instances of sudden intellectual enlightenment are recorded in the experiences of mystics in other countries. We may compare the haplosis or ekstasis of Plotinus and the visions of St Theresa or St Ignatius in which such mysteries as the Trinity became clear, as well as the raptures in which various Christian mystics² experienced the feeling of levitation and thought that they were being literally carried off their feet.

The practices and theories which are systematized in the *Yoga Sūtras* are known to the *Upanishads*, particularly those of the *Atharva Veda*. But even the earlier *Upanishads* allude to the special physical and mental discipline necessary to produce concentration of mind. The *Maitrīyana Upanishad* says that the sixfold *Yoga* consists of restraint of the breath, restraint of the senses, withdrawal, fixed attention, investigation, absorption. The *Śvetāśvatara Upanishad* speaks of the proper places and postures for meditation, and the *Chândogya* of concentrating all the senses on 'the self', a process which is much the same as the *pratyāhāra* of the *Yoga*.

A later and mysterious but most important method of *Yoga* is known to the *Tantras*⁴ as *Shatakrātrābheda* or piercing of the six cakras. These are dynamic or nervous centres distributed through the human body from the base of the spinal cord to the eyebrows. In the lowest of them resides the *Devī Kundalinī*, a force identical with *Śakti*, who is the motive power of the universe. In ordinary conditions this *Kundalinī* is pictured as lying asleep and coiled like a serpent. But appropriate exercises cause her to awake and ascend until she reaches the highest *cakra* when she unites with *Śiva* and ineffable bliss

¹ *Eg* *Dig Nib* ii 95, etc.

² St Theresa, St Catherine of Siena and Rudman Merswin. Cf 1 John ii 20, 27.
³ *Chândogya* Up 121 15.

⁴ "Ye know all things."

⁵ As also to the *Samlutās* of the *Varāha* and the *Āgama* literature of the *Saivās*. The six cakras are (1) *Mūladhāri* at the base of the spinal cord, (2) *Śvādhrvsthāna* below the navel, (3) *Manipūra* near the navel, (4) *Anāhata* in the heart, (5) *Vaiśuddha* at the lower end of the throat, (6) *Ājñā* between the eyebrows. See Avalon, *Tantric Texts*, ii *Shikharānandapūra*. Ib *Tantra of Great Liberation*, pp 121 ff. *evam* ff. Ib *Principles of Tantra*, pp 171 ff. *Gopinath Rao, Indian Iconography*, pp 128 ff. See also "Manual of a Mystic" (*Pali Text Soc*) for something apparently similar, though not very intelligible, in Hinayana Buddhism.

and emancipation are attained. The process, which is said to be painful and even dangerous to health, is admittedly unintelligible without oral instruction from a Gurm and, as I have not had this advantage, I will say no more on the topic except this, that strange and fanciful as the descriptions of Shatakrabbheda may seem, they can hardly be pure inventions but must have a real counterpart in nervous phenomena which apparently have not been studied by European physiologists or psychologists.

2

When we turn to the treatment of meditation and ecstasy in the earlier Buddhist writings we are struck by its general resemblance to the programme laid down in the Yoga Sūtras, and by many coincidences of detail. The exercises, rules of conduct and the powers to be incidentally obtained are all similar. The final goal of both systems also seems similar to the outsider, although a Buddhist and a Yogin might have much to say about the difference, for the Yogin wishes to create a soul which is complete and happy in its own nature and it can be compared to a lamp in which the flame is the Buddha nature, the oil is the body, and the wick is the mind. The Buddhist, on the other hand, thinks that there is no need of such a thing, and that the highest religion should be devoted to forgetting the individual, as the forgetting of the snake is not that of the Brahman or Atman, for the snake does not outlive and can follow somewhat more thoroughly hypocritical and egoistic purposes. In fact, so far as the journey of the religious life is concerned in the Buddhist, the progress of the Buddhist is not that of a man but of a soul, and power and vitality are not the end but the means to a regulated meditation which is said to direct the mind to a state of perfect concentration, by the use of the breath and the repetition of a mantra. But in the Yoga system the object of the religious life is not the attainment of a state of perfect concentration, but the attainment of a state of perfect concentration, by the use of the breath and the repetition of a mantra. The Buddhist, on the other hand, thinks that there is no need of such a thing, and that the highest religion should be devoted to forgetting the individual, as the forgetting of the snake is not that of the Brahman or Atman, for the snake does not outlive and can follow somewhat more thoroughly hypocritical and egoistic purposes. In fact, so far as the journey of the religious life is concerned in the Buddhist, the progress of the Buddhist is not that of a man but of a soul, and power and vitality are not the end but the means to a regulated meditation which is said to direct the mind to a state of perfect concentration, by the use of the breath and the repetition of a mantra.

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a is difficult for laymen, but it was the rule of the order to spend at least the afternoon to it. We might compare this with the solitary prayer of Christians, and there is real similarity in the process and the result. It brought peace and strength to the mind and we hear of the bright clear faces and the radiantly happy expression of those who returned to their duties after such contemplation. But Christian prayer involves the idea of self-surrender and throwing open the doors and windows of the soul to an influence which streams into it. Buddhist meditation is rather the upsoaring of the mind which rises from ecstasy to ecstasy until it attains not some sphere where it can live in bliss but a state which is in itself satisfying and all-comprising.

All mental states to which such names as ecstasy, trance, and vision can be applied involve a dangerous element which, if not actually pathological, can easily become so. But the account of meditation put in the Buddha's own mouth does not suggest either morbid dejection or hysterical excitement¹ and it is stated expressly that the exercise should be begun after the midday meal so that any visions which may come cannot be laid to the charge of an empty stomach. *Jhāna* is not the same as *Samādhi* or concentration, though the *Jhānas* may be an instance of *Samādhi*. This latter is capable of marvellous extension and development, but essentially it is a mental quality like *Sammāsati* or right mindfulness, whereas *Jhāna* is a mental exercise or progressive rapture passing through defined stages.

Any system which analyzes and tabulates stages of contemplation and ecstasy may be suspected of being late and of having lost something of the glow and impetus which its cold formulae try to explain. But the impulse to catalogue is old in Buddhism² and one important distinction in the various mental states lumped together under the name of meditation deserves attention, namely that according to the oldest documents some of them are indispensable preliminaries to nirvana and some are not. Buddhaghosa reviewing the whole matter in scholastic

¹ Dig. Nik. 2. For the methods of Buddhist meditation, the reader may consult the "Manual of a Mystic," edited (1896) and translated (1910) by the Pali Text Society. But he will not find it easy reading.

² See Ang. Nik. 1, 20 for a long list of the various kinds of meditation. A complete synopsis of the system of meditation is given in *Sensendrucker, Pali Buddhismus* pp. 344-356.

fashion in his Way of Purity divides the higher life into three sections, firstly conduct or morality as necessary foundation, secondly *adhiçitta*, higher consciousness or concentration which leads to *samatho* or peace and thirdly *adhipaññā* or the higher wisdom which leads to *vipassanā* or insight. Of these *adhipaññā* and *vipassanā* are superior inasmuch as nirvana cannot be obtained without them but the methods of *adhiçitta*, though admirable and followed by the Buddha himself, are not equally indispensable. They lead to peace and happiness but not necessarily to nirvana. It is probably unwise (at any rate for Europeans) to make too precise statements, for we do not really know the nature of the psychical states discerned. *Adhipaññā* surely includes the eightfold path ending with *arhat* which is defined by the Buddha himself in this connection in terms of the four *Jhānas*. On the other hand the doctrine that nirvana is attainable merely by practising the *Jhānas* is expressly reprobated as a heresy. The teaching of the Pālias seems to be that nirvana is attainable by living the higher life in which meditation and insight both have a place. It is normal and both side are developed in rapture and trance as their delight and luxury. But in some cases nirvana may be attained by insight only; in other, meditation may lead to ecstasy and more than human power of mind but yet stop short of nirvana. The distinction is not without importance for it means that knowledge and insight are indispensable for nirvana, it cannot be obtained by hypnotic trance or magical power.

The Hittite is represented as saying that in his boyhood when he was under a tree he once fell into a state of contemplation, & he calls the tree "Allah." It is clear to a certain extent, however, that Paganism was not in reality in child's play, but rather a part of man's mature life. For the soul, as early under the influence of physical nature's forces, seems to identify itself with nature, and as a consequence the natural world is without any doubt the first stage in man's religious development. The religious life of Hittite civilization is, therefore, a part of the development of the soul, which

$\frac{d}{dt} \left(\frac{1}{r^2} \right) = -\frac{2}{r^3} \frac{dr}{dt}$

means physical calm as well as the absence of worldly desires and irrelevant thoughts. It is distinguished from the subsequent stages by the existence of reasoning and investigation, and while it lasts the mind is compared to water agitated by waves. In the second Jhâna reasoning and investigation cease, the water becomes still and the mind set free rises slowly above the thoughts which had encumbered it and grows calm and sure, dwelling on high¹. In this Jhâna the sense of joy and ease remains, but in the third stage joy disappears, though ease remains. This ease (sukham) is the opposite of dukkham, the discomfort which characterizes all ordinary states of existence. It is in part a physical feeling, for the text says that he who meditates has this sense of ease in his body. But this feeling passes away in the fourth Jhâna, in which there is only a sense of equanimity. This word, though perhaps the best rendering which can be found for the Pali *upekkhâ*, is inadequate for it suggests merely the absence of inclination, whereas *upekkhâ* represents a state of mind which, though rising above hedonist views, is yet positive and not merely the negation of interest and desire.

In the passage quoted the Buddha speaks as if only an effort of will were needed to enter into the first Jhâna, but tradition, supported by the Pitakas, sanctions the use of expedients to facilitate the process. Some are topics on which attention should be concentrated, others are external objects known as *Kasina*. This word (equivalent to the Sanskrit *kāntana*) means entire or total, and hence something which engrosses the attention. Thus in the procedure known as the earth *Kasina*² the Bhikkhu who wishes to enter into the Jhâna makes a small circle of reddish clay, and then gazes at it fixedly. After a time he can see it as plainly when his eyes are closed as when they are open³. This is followed by entry into Jhâna and he should not continue looking at the circle. There are ten kinds of *Kasina* differing from that described merely in substituting for the earthen circle

¹ See *Dhamma-Saṅgani*, Mrs Rhys Davids' translation, pp 46-8 and notes. Also *Journal of Pali Text Society*, 1883, p 32, for meaning of the difficult word *Ehodiḍḍhāva*.

² *Ng Maj Nik 77, Ang Nik 1 & 63*

³ Hardy, *Eastern Monachism*, pp 252 ff.

⁴ But also without shape, colour or outward appearance, so this statement must not be taken too literally.

some other object, such as water, light, gold or silver. The whole procedure is clearly a means of inducing a hypnotic trance¹.

The practice of tranquillizing the mind by regulating the breathing is recommended repeatedly in Suttas which seem ancient and authentic, for instance, in the instruction given by the Buddha to his son Rāhula². On the other hand, his account of his fruitless self-mortification shows that the exercise even in its extreme forms is not sufficient to secure enlightenment. It appears to be a method of collecting and concentrating the mind, not necessarily hypnotic. All Indian precepts and directions for mental training attach far more importance to concentration of thought and the power of applying the mind at will to one subject exclusively than is usual in Europe.

Buddhaghosa at the beginning of his discussion of *cāraditta* enumerates forty subjects of meditation namely, "the ten Kāma, ten impurities, ten reflections, four sublime states (*ārahant* *āhāra*), the four formless states, one perception and one reality." The ten Kāma have been already described. The ten impurities . . . rather means of hindering meditation. The next five meditation objects are in very horrible state of defilement and are counterproductive on the impermanence of all things. The ten reflections are a less glowing exercise but on the principle of the attainment of a new religious subject as the Buddha, his law, his order, etc.

[illegible]

1. The first step is to identify the problem or question that needs to be answered. This involves understanding the context and the specific requirements of the task.

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benevolence becomes a psychic force which spreads in all directions, just as the sound of a trumpet can be heard in all four quarters.

These Brahmā-vihāras are sometimes represented as coming after the four Jhānas¹, sometimes as replacing them². But the object of the two exercises is not the same, for the Brahmā-vihāras aim at rebirth in a better world. They are based on the theory common to Buddhism and Hinduism that the predominant thoughts of a man's life, and especially his thoughts when near death, determine the character of his next existence.

The trances known as the four formless states are analogous to the Brahmā-vihāras, their object being to ensure rebirth not in the heaven of Brahmā but in one of the heavens known as Formless Worlds where the inhabitants have no material form³. They are sometimes combined with other states into a series of eight, known as the eight deliverances⁴. The more advanced of these stages seem to be hypnotic and even cataleptic. In the first formless state the monk who is meditating rises above all idea of form and multiplicity and reaches the sphere in which the infinity of space is the only idea present to his mind. He then passes to the sphere where the infinity of thought only is present and thence to the sphere in which he thinks "nothing at all exists⁵," though it would seem that the consciousness of his own mental processes is undiminished. The teaching of Ālāra Kālāma, the Buddha's first teacher, made the attainment of this state its goal. It is succeeded by the state in which neither any idea nor the absence of any idea is specially present to the mind⁶. This was the goal of Uddaka Rāmaputta, his second teacher, and is illustrated by the simile of a bowl which has been smeared with oil inside. That is to say, consciousness is reduced to a minimum. Beyond these four stages is yet another⁷, in which a complete cessation of perception and feeling is

¹ Dig. Nik. xiii 78

² Dig. Nik. xvii 2-4

³ Christian mystics also, such as St. Angela and St. Theresa, had "formless visions." See Underhill, *Myst.* pp. 338 ff.

⁴ *Attha vimokkhā*. See Mahāparinib. sut. in Rhys Davids' *Dialogues of the Buddha*, ii 118

⁵ *Akkaṇāññāyatanaṃ*

⁶ *Nerassāññānāsaññāyatanaṃ*

⁷ *Saññavedhāyita nirodhasamāpatti*. The Buddha when dying (Dig. xvi 7. 8, 9) passes through this state, but does not go from it to Parinibbāna. This perhaps means that it was regarded as a purification of the mind, but not on the direct road to the final goal.

attained¹. This state differs from death only in the fact that heat and physical life are not extinct and while it lasts there is no consciousness. It is stated that it could continue during seven days but not longer. Such hypnotic trances have always inspired respect in India but the Buddha rejected as unsatisfying the teaching of his masters which made them the final goal.

But let us return to his account of Jhāna and its results. The first of these is a correct knowledge of the body and of the connection of consciousness with the body. Next comes the power to call up out of the body a mental image which is apparently the earliest form of what has become known in later times as the astral body. In the account of the conversion of Angulimāla the brigand² it is related that the Buddha caused to appear an image of himself which Angulimāla could not overtake although he ran with all his might and the Buddha was walking quietly.

The five *śaktas* or faculties which follow in the enumeration are often called (though not in the earliest texts) *abhihiṃsā*, or transcendental knowledge. They are *iddhi*, or the wondrous put, the heavenly ear which hears heavenly music; the knowledge of other's thoughts; the power of remembering one's own previous births; the divine eye which sees the previous births of others. It would appear that the order of these *śaktas* is not important and that they do not depend on one another. *Iddhi*, like the power of teaching a mental image, seems to be connected with hypnotic phenomena. If it can literally prove, but is used in the special case of magical or supernatural gifts, such as

1. The first step in the process of the investigation is the identification of the problem. This is done by the investigator who is responsible for the study. The investigator must first identify the problem that is being studied. This is done by the investigator who is responsible for the study. The investigator must first identify the problem that is being studied. This is done by the investigator who is responsible for the study.

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"*It is a very common mistake to suppose that the only way to get rid of a bad habit is to try to suppress it. The only way to get rid of a bad habit is to replace it by a good one.*"

ability to walk on water, fly in the air, or pass through a wall¹. Some of these sensations are familiar in dreams and are probably easily attainable as subjective results in trances. I am inclined to attribute accounts implying then objective reality to the practice of hypnotism and to suppose that a disciple in a hypnotic state would on the assurance of his teacher believe that he saw the teacher himself, or some person pointed out by the teacher, actually performing such feats. Of *iddhi* we are told that a monk can practise it, just as a potter can make anything he likes out of prepared clay, which is a way of saying that he who has his mind perfectly controlled can treat himself to any mental pleasure he chooses. Although the Buddha and others are represented as performing such feats as floating in the air whenever it suits them, yet the instruction given as to how the powers may be acquired starts by bidding the neophyte pass through the four stages of *Jhāna* or meditation in which ordinary external perception ceases. Then he will be able to have the experiences described. And it is probable that the description gives a correct account of the sensations which arise in the course of a trance, particularly if the trance has been entered upon with the object of experiencing them. In other words they are hypnotic states and often the result of suggestion, since he who meditates knows what the result of his meditation should be. Sometimes, as mentioned, *Jhāna* is induced by methods familiar to mesmerists, such as gazing at a circle or some bright object but such expedients are not essential and with this European authorities agree. Thus Bernheim states that even when a subject is hypnotized for the first time, no gestures or passes are necessary, provided he is calm. It suffices to bid him look at the operator and go to sleep. He adds that those who are most susceptible to the hypnotic influence are not nervous and hysterical subjects but docile and receptive natures who can concentrate their attention². Now it is hardly possible to imagine better hypnotic

¹ Tales about such powers are still very common in the East, for instance the Chinese story (in the *Lao Chai*) of the man who learnt from a Taoist how to walk through a wall but failed ignominiously when he tried to give an exhibition to his family. Educated Chinese seem to think there is something in the story and say that he failed because his motives were bad.

² Bernheim, *La Suggestion*, chap. I. Quand j'ai éloigné de son esprit la préoccupation qui fait naître l'idée de magnétisme je lui dis : 'Régardez moi bien

Sâriputta among his disciples, was called the master of iddhi¹, and it is mentioned as a creditable and enjoyable accomplishment². But it is made equally plain that such magical or hypnotic practices are not essential to the attainment of the Buddha's ideal. When lists of attainments are given, iddhi does not receive the first place and it may be possessed by bad men. Devadatta for instance was proficient in it. It is even denounced in the story of Pindola Bhâradvâja³ and in the Kevaddha sutta⁴. In this curious dialogue the Buddha is asked to authorize the performance of miracles as an advertisement of the true faith. He refuses categorically, saying there are three sorts of wonders namely iddhi, that is flying through the air, etc : the wonder of manifestation which is thought-reading; and the wonder of education. Of the first two he says "I see danger in their practice and therefore I loathe, abhor and am ashamed of them." Then by one of those characteristic turns of language by which he uses old words in new senses he adds that the true miracle is the education of the heart.

Neither are the other transcendental powers necessary for emancipation. Sâriputta had not the heavenly eye, yet he was the chief disciple and an eminent arhat. This heavenly eye (dibba-cakkhu) is not the same as the eye of truth (dhamma-cakkhu). It means perfect knowledge of the operation of Karma and hence a panoramic view of the universe, whereas the eye of truth is a technical phrase for the opening of the eyes, the mental revolution which accompanies conversion. But though transcendental knowledge is not indispensable for attaining nirvana, it is an attribute of the Buddha and in most of its forms amounts to an exceptional insight into human nature and the laws of the universe, which, though after the Indian manner exaggerated and pedantically defined, does not differ essentially from what we call genius.

The power of recollecting one's previous births, often mentioned in the Pitakas, has been described in detail by Buddhist writers and Buddhaghosa⁵ distinguishes between the

¹ Ang Nik xvi 1. In spite of his magic power he could not prevent himself being murdered. The Milinda Pañha explains this as the result of Karma, which is stronger than magic and everything else.

² E.g. Maj Nik 77.

³ Cullavag v 8.

⁴ Dig Nik xi.

⁵ Visuddhi Magga, xiii. in Warren, *Buddhism in Translation*, pp 315 ff.

powers possessed by various persons. The lowest form of recollection merely passes from one mental state to a previous mental state and so on backwards through successive lives, not however understanding each life as a whole. But even ordinary disciples can not only recollect previous mental states but can also travel backwards along the sequence of births and deaths and bring up before their minds the succession of existences. A Buddha's intelligence dispenses with the necessity of moving backwards from birth to birth but can select any point of time and see at once the whole series of births extending from it in both directions, backwards and forwards. Buddhaghosa then goes on to prescribe the method to be followed by a monk who tries for the first time to recollect previous births. After taking his midday meal he should choose a quiet place and sitting down pass through the four Jhānas in succession. On rising from the fourth trance he should consider the event which last took place, namely his sitting down; and then in retrograde order all that he did the day and night before and so backwards month after month and year after year. A clever monk (so says Buddhaghosa) is able at the first trial to pass beyond the moment of his conception in the present existence and to take as the object of his thought his individuality at the moment of his last death. But since the individuality of the previous existence ceased and another one came into being, therefore that point of time is like thick darkness. Buddhaghosa goes on to explain, if I apprehend his meaning rightly, that the proper recollection of previous births involves the element of form and the mind sharpened by the practice of the four trances does not merely reproduce feelings and impressions, but knows the name and events of the previous existence, whereas ordinary persons are apt to reproduce feelings and impressions without having any clear idea of the past existence as a whole. This, I believe, corresponds with the experience of modern Buddhists. It is beyond doubt that those who attempt to carry their memory back in the way described are convinced that they remember existences before the present life. As a rule it takes from a fortnight to a month to obtain such a recollection clearly, and every day thereafter to a recollection of previous births must carry his memory further and further back doubling his and then tripling the details of former existences. When he reaches

the time of his birth, he feels as if there were a curtain of black darkness before him, but if the attention is concentrated, this curtain is rent and the end of the previous life is recovered behind it. The process is painful for it involves the recollection of death and the even greater pains of birth and many have not courage to go beyond this point. It is not uncommon in Ceylon, Burma, Siam and probably in all parts of the Far East, to find people who are persuaded they can remember previous births in this way, but I have never met anyone who professed to recall more than two or three. There is no room in these modest modern visions for the long vistas of previous lives seen by the earlier Buddhists.

Meditation also plays a considerable part in the Buddhism of the Far East under the name of Ch'an or Zen of which we shall have something to say when we treat of China and Japan.

As already indicated the methods and results of meditation as practised by Brahmanic Hindus and by Buddhists show considerable resemblances to the experiences of Christian mystics. The coincidences do not concern mere matters of detail, although ecology has done its best to make the content and explanation of the experiences as divergent as possible. But the essential similarity of form remains and there is clearly no question of borrowing or direct influence. It is certain that what is sometimes called the Mystic Way is not only true as a succession of psychic states but is, for those who can walk in it, the road to a happiness which in reality and power to satisfy exceeds all pleasures of the senses and intellect, so that when once known it makes all other joys and pains seem negligible. Yet despite the intense reality of this happy state, despite the illumination which floods the soul and the wide visions of a universal plan, there is no agreement as to the cause of the experience nor, strange to say, as to its meaning as opposed to its form. For many both in the east and west the one essential and indubitable fact throughout the experience is God, yet Buddhists are equally decided in holding that the experience has nothing to do with any deity. This is not a mere question of interpretation. It means that views as to theism and pantheism are indifferent for the attainment of this happy state. The mystics of India are sometimes contrasted with their fellows in Europe as being more passive and more self-centred.

they are supposed to desire self-annihilation and to have no thought for others. But I doubt if the contrary is just. If Indian mysticism sometimes appears at a disadvantage, I think it is because it is popular and in danger of being stereotyped and sometimes vulgarized. Nowadays in Europe we have students of mysticism rather than mystics and the mystics of the Christian Church were independent and distinguished spirits who, instead of following the signposts of the beaten track, found out a path for themselves. But in India mysticism was and is as common as prayer and as popular as science. It was taught in manuals and parodied by charlatans. When mysticism is the staple crop of a religion and not a rare wild flower, the percentage of imperfect specimens is bound to be high. The Buddha, Sankara and a host of less well-known teachers were as strenuous and influential as Francis of Assisi or Ignatius Loyola. Neither in Europe nor in Asia has mysticism contributed much directly to political or social reform. This is not its sphere, but within the religious sphere, in practical teaching and organization, the mystic is intensely practical and the number of sincere (or of fadful) is greater in Asia than in Europe. Even in theory Indian mysticism does not predate energy. No one enjoyed more than the Buddha himself what Ruyebrock calls "the mysterious power dwelling in activity," for before he began his mission he had attained nirvana and such of his disciples as were able to join in the same way. Later Buddha distinguished a special form of nirvana called *pratyekbuddha* (the one who attains it) but that there is no real difference between nirvana, *arhant* and *bhikkus* and therefore devote themselves to a life of benevolent activity.

The period of transition from Hinduism to European civilization is the Dark Night of the soul and is mentioned in Hindu manuals as *pratyekbuddha* (the one who attains it) but that there is no real difference between nirvana, *arhant* and *bhikkus* and therefore devote themselves to a life of benevolent activity.

its usual incidents, are common to Asia and Europe, and in both continents are expressed in two forms. One view contrasts the surface life and a deeper life when the intellect ceases to plague and puzzle, something else arises from the depth and makes its unity with some greater Force to be felt as a reality. This idea finds ample expression in the many Brahmanic systems which regarded the centre and core of the human being as an *ātman* or *purusha*, happy when in the undisturbed peace of its own nature but distracted by the senses and intellect. The other view of mystic experiences regards them as a remaking of character, the evolution of a new personality and in fact a new birth. This of course need not be a denial of the other view. the emergence of the latent self may effect a transformation of the whole being. But Buddhism, at any rate early Buddhism, formulates its theory in a polemical form. There is no ready-made latent self, awaiting manifestation when its fetters and veils are removed man's inner life is capable of superhuman extension but the extension is the result of enlargement and training, not of self-revelation.

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ness of the circumstances. But I cannot see that the uniformity of nature is any objection to the occurrence of miracles, for as a rule a miracle is regarded not as an event without a cause, but as due to a new cause, namely the intervention of a super-human person. Many of the best known miracles are such that one may imagine this person to effect them by understanding and controlling some unknown natural force, just as we control electricity. Only evidence is required to show that he can do so. But on the other hand the weakness of every religion which depends on miracles is that their truth is contested and not unreasonably. If they are true, why are they not certain? Of all the phenomena described as miracles, ghosts, fortune telling, magic, clairvoyance, prophesying, and so on, none command unchallenged acceptance. In every age miracles, portents and apparitions have been recorded yet none of them with a certainty that carries universal conviction and in many ages considerable scepticism was possible. Even in the times of the great people who did not believe in the existence of God.

It is clear that some miracles require more evidence than others and many old stories are so fantastic that they may justly be put aside because those who reported them did not see, as we can, what difficulties they involve and hence felt no need for caution in belief. Among ancient Indians or Hebrews tales of seven headed snakes or of stopping the sun did not arouse the critical spirit for the phenomena did not seem much more extraordinary than centipedes or eclipses. Only those who understand that such stories upset all we know of anatomy and astronomy can realize their improbability and the weight of evidence necessary to make them credible. The most important distinction in miracles (I use the word as a popular description of extraordinary events which is readily understood though hard to define) is whether they are in any way subjective, that is to say that they depend in the last resort on an impression produced in certain, but not all, human minds or whether they are objective, that is to say that all witnesses would have seen them like any other event. A man rising into the air would be an objective miracle if it were admitted that this levitation was as real as the flight of a bird, and very strong evidence would be necessary to make us believe that such a movement had really

cannot talk or of trying to prove that they can. Poetry can take liberties with facts provided it follows the lines of metaphors which the reader finds natural. The same latitude cannot be allowed in unfamiliar directions. Thus though a shower of flowers from heaven is not more extraordinary than talking flowers and is quite natural in Indian poetry, it would probably disconcert the English reader¹. An Indian poet would not represent flowers as talking, but would give the same idea by saying that the spirits inhabiting trees and plants recited stanzas. Similarly when a painter draws a picture of an angel with wings rising from the shoulder blades, even the very scientific do not think it needful to point out that no such anatomical arrangement is known or probable, nor do the very pious maintain that such creatures exist. The whole question is allowed to rest happily in some realm of acquiescence untroubled by discussions. And it is in this spirit that Indian books relate how when the Buddha went abroad showers of flowers fell from the sky and the air resounded with heavenly music, or diversify their theological discussions with interludes of demons, nymphs and magic serpents. And although his riot of the imagination offends our ideas of good sense and proportion, the Buddhists do not often lose the distinction between what Matthew Arnold called Literature and Dogma. The Buddha's visits to various heavens are not presented as articles of faith: they are simply a pleasant setting for his discourses.

Some miracles of course have a more serious character and can be less easily separated from the essentials of the faith. Thus the Pitakas represent the Buddha as able to see all that happens in the world and to transport himself anywhere at will. But even in such cases we may remember that when we say of a well-informed and active person that he is omniscient and ubiquitous, we are not misunderstood. The hyperbole of Indian legends finds its compensation in the small importance attached to them. No miraculous circumstance recorded of the Buddha has anything like the significance attributed by Christians to the virgin birth or the resurrection of Christ. His superhuman powers are in keeping with the picture drawn of his character. They are mostly the result of an attempt to

¹ Yet Tennyson can say "And at their feet the crocus brake like fire," but in a mythological poem

describe a mind and will of more than human strength, but the superman thus idealized rarely works miracles of healing. He saves mankind by teaching the way of salvation, not by alleviating a few chance cases of physical distress. In later works he is represented as performing plentiful and extraordinary miracles, but these are just the instances in which we can most clearly trace the addition of embellishments.

2

The elaboration of marvellous episodes is regarded in India as a legitimate form of literary art, no more blameable than dramatization, and in sacred writings it flourishes unchecked. In Hinduism, as in Buddhism, there is not wanting a feeling that the soul is weary of the crowd of deities who demand sacrifices and promise happiness, and on the serene heights of philosophy gods have little place. Still most forms of Hinduism cannot like Buddhism be detached from the gods, and no extravagance is too improbable to be included in the legends about them. The extravagance is the more startling because their exploits form part of quasi-historical narratives, Rama and Krishna seem to be idealized and deified portraits of ancient heroes, who came to be regarded as incarnations of the Almighty. This is understood by Indians to mean not that the Almighty submitted consistently to human limitations, but that he, though incarnate, exercised whenever it pleased him and often most conspicuously his full divine force. With this idea before them and no historical scruples to restrain them, Indians were told how Krishna held up a mountain on his finger, Indian readers accept the statement and crowds of pilgrims visit the scene of the exploit.

The Buddhist writings are perhaps not so extravagant as the Puranas, but the Puranas are relatively older, though not quite so recent in their account of the Buddha's attitude to the marvellous. Thus the Mahāyāna Sūtras tell us how the Buddha, in order to prepare the mind of a congregation to accept his teaching, first made them forgetful of their own accounts of his exploits, and then told them of his exploits in a way that made them forget their own accounts of his exploits.

refused to give signs), and says that they do not "conduce to the conversion of the unconverted or to the increase of the converted." Those who know India will easily call up a picture of how the Bhikkhus strove to impress the crowd by exhibitions not unlike a modern juggler's tricks and how the master stopped them. His motives are clear: these performances had nothing to do with the essence of his teaching. If it be true that he ever countenanced them, he soon saw his error. He did not want people to say that he was a conjurer who knew the Gāndhāra charm or any other trick. And though we have no warrant for doubting that he believed in the reality of the powers known as *iddhi*, it is equally certain that he did not consider them essential or even important for religion.

Somewhat similar is the attitude of early Buddhism to the spirit world—the hosts of deities and demons who people this and other spheres. Their existence is assumed, but the truths of religion are not dependent on them, and attempts to use their influence by sacrifices and oracles are deprecated as vulgar practices similar to juggling. Later Buddhism became infected with mythology and the critical change occurs when deities, instead of being merely protectors of the church, take an active part in the work of salvation. When the Hindu gods developed into personalities who could appeal to religious and philosophic minds as cosmic forces, as revelations of the truth and guides to bliss, the example was too attractive to be neglected and a pantheon of Bodhisattvas arose. But it is clear that when the Buddha preached in Kosala and Magadha, the local deities had not attained any such position. The systems of philosophy then in vogue were mostly not theistic, and, strange as the words may sound, religion had little to do with the gods. If this be thought to rest on a mistranslation, it is certainly true that the *dhamma* had very little to do with *devas*. The example of Rome under the Empire or of modern China makes the position clearer. In neither would a serious enquirer turn to the ancient national gods for spiritual help.

Often as the *Devas* figure in early Buddhist stories, the significance of their appearance nearly always lies in their relations with the Buddha or his disciples. Of mere mythology, such as the dealings of Brahmā and Indra with other gods, there is little. In fact the gods, though freely invoked as

necessaries, are not taken seriously¹, and there are some extremely curious passages in which Gotama seems to laugh at them, much as the sceptics of the eighteenth century laughed at Jehovah. Thus in the Kevaddha sutta² he relates how a monk who was puzzled by a metaphysical problem applied to various gods and finally accosted Brahmā himself in the presence of all his retinue. After hearing the question, which was Where do the elements cease and leave no trace behind? Brahmā replies, "I am the Great Brahmā, the Supreme, the Mighty, the All-seeing, the Ruler, the Lord of all, the Controller, the Creator, the Chief of all, appointing to each his place, the Ancient of days, the Father of all that are and are to be." "But," said the monk, "I did not ask you, friend, whether you were indeed all you now say, but I ask you where the four elements cease and leave no trace." Then the Great Brahmā took him by the arm and led him aside and said, "The gods think I know and understand everything. Therefore I gave no answer 'n their presence. But I do not know the answer to your question and you had better go and ask the Buddha." Then more curiously ironical is the account given of the origin of Brahmā³. There comes a time when this world system passes away and then certain beings are reborn in the World of Brahmā and remain there a long time. Sooner or later, the world system begins to evolve again and the palace of Brahmā appears, but it is empty. Then some being whose time is up falls from the World of Radiance and comes to life in the palace and remains there alone. At last he wishes for company, and it so happens that other beings whose time is up fall from the World of Radiance and join him. And the first being thinks that he is Great Brahmā, the Creator, because when he felt lonely and wished for companions other beings appeared. And the other beings accept the view. And so by and by Brahmā's palace fills from that state and is born in the human world of life and death, and after his previous birth, he reflects that he is lonely, but that Brahmā will be his friend and so he goes to Brahmā and says, "I am lonely, but Brahmā is eternal."

¹ "The gods are not taken seriously, and there are some extremely curious passages in which Gotama seems to laugh at them, much as the sceptics of the eighteenth century laughed at Jehovah." — *Journal of the Asiatic Society of London*, 1880, p. 100.

² *Journal of the Asiatic Society of London*, 1880, p. 100.

³ *Journal of the Asiatic Society of London*, 1880, p. 100.

He who dared to represent Brahmā (for which name we might substitute Allah or Jehovah) as a pompous deluded individual worried by the difficulty of keeping up his position had more than the usual share of scepticism and irony. The compilers of such discourses regarded the gods as mere embellishments, as gargoyles and quaint figures in the cathedral porch, not as saints above the altar. The mythology and cosmology associated with early Buddhism are really extraneous. The Buddha's teaching is simply the four truths and some kindred ethical and psychological matter. It grew up in an atmosphere of animism which peopled the trees and streams and mountains with spirits. It accepted and played with the idea, just as it might have accepted and played with the idea of radio-activity. But such notions do not affect the essence of the Dharma and it might be preached in severe isolation. Yet in Asia it hardly ever has been so isolated. It is true that Indian mythology has not always accompanied the spread of Buddhism. There is much of it in Tibet and Mongolia but less in China and Japan and still less in Burma. But probably in every part of Asia the Buddhist missionaries found existing a worship of nature spirits and accepted it, sometimes even augmenting and modifying it. In every age the elect may have risen superior to all ideas of gods and heavens and hells, but for any just historical perspective, for any sympathetic understanding of the faith as it exists as a living force to-day, it is essential to remember this background and frame of fantastic but graceful mythology.

Many later Mahayanist books are full of dhāraṇīs or spells. Dhāraṇīs are not essentially different from mantras, especially tantric mantras containing magical syllables, but whereas mantras are more or less connected with worship, dhāraṇīs are rather for personal use, spells to ward off evil and bring good luck. The Chinese pilgrim Hsuan Chuang¹ states that the sect of the Mahāsaṅghikas, which in his opinion arose in connection with the first council, compiled a Pitaka of dhāraṇīs. The tradition cannot be dismissed as incredible for even the Dīgha-Nikāya relates how a host of spirits visited the Buddha in order to impart a formula which would keep his disciples safe from harm. Buddhist and Brahmanic mythology represent two methods of working up popular legends. The Mahābhārata and

¹ Watters, II p 160

tion of whatever intelligence and desire for good there is in the world¹. But in no case do the Pitakas concede to him the position of supreme ruler of the Universe. In one singular narrative the Buddha tells his disciples how he once ascertained that Brahmā Baka was under the delusion that his heaven was eternal and cured him of it².

3

All Indian religions have a passion for describing in bold imaginative outline the history and geography of the universe. Their ideas are juster than those of Europeans and Semites in so far as they imply a sense of the distribution of life throughout immensities of time and space. The Hindu perceived more clearly than the Jew and Greek that his own age and country were merely parts of a much longer series and of a far larger structure or growth. He wished to keep this whole continually before the mind, but in attempting to describe it he fell into that besetting intellectual sin of India, the systematizing of the imaginary. Ages, continents and worlds are described in detailed statements which bear no relation to facts. Thus, Brahmanic cosmogony usually deals with a period of time called Kalpa. This is a day in the life of Brahmā, who lives one hundred years of such days, and it marks the duration of a world which comes into being at its commencement and is annihilated at its end. It consists of 4320 times a million years and is divided into fourteen smaller periods called manvantaras each presided over by a superhuman being called Manu³. A manvantara contains about seventy-one mahāyugas and each mahāyuga is what men call the four ages

¹ He is often called Brahmā Sahampati, a title of doubtful meaning, and not found in Brahmanic writings. The Pitakas often speak of Brahmās and worlds of Brahmā in the plural, as if there were a whole class of Brahmās. See especially the Suttas collected in book I, chap. vi of the Saṃyutta Nikāya where we even hear of Paṇḍita Brahmās, apparently corresponding in some way to Paṇḍita Buddhas.

² Maj. Nīk. 49. The meaning of the title Baka is not clear and may be ironical. Another ironical name is manopadosikā (debauched in mind) invented as the title of a class of gods in Dig. Nīk. I and xv. The idea that sages can instruct the gods is anterior to Buddhism. See e.g. Brhad-Ār. Up. II 5 17, and ib. IV 3 33, and the parallel passage in the Tait. Chānd. Kaush. Upanishads and Śat. Brāhmaṇa for the idea that a Śrōtriya is equal to the highest deities.

³ Six Manvantaras of the present Kalpa have elapsed and we are in the seventh

of the world¹. Geography and astronomy show similar precision. The Earth is the lowest of seven spheres or worlds, and beneath it are a series of hells². The three upper spheres last for a hundred Kalpas but are still material, though less gross than the one below. The whole system of worlds is encompassed above and below by the shell of the egg of Brahman. Round this again are envelopes of water, fire, air, ether, mind and finally the infinite Pradhāna or cause of all existing things. The earth consists of seven land-masses, divided and surrounded by seven seas. In the centre of the central land-mass rises Mount Meru, nearly a million miles high and bearing on its peaks the cities of Brahman and other gods.

The cosmography of the Buddhists is even more luxuriant, for it regards the universe as consisting of innumerable spheres (cakkavalāsa), each of which might seem to a narrower imagination a universe in itself, since it has its own earth, heavenly bodies, paradise and hell. A sphere is divided into three regions, the lowest of which is the region of desire. This consists of seven divisions which, beginning from the lowest, are the hell and the world of animals, Preta (hungry phantoms), Asura (Ghosts) and man. This last, which we inhabit, consists of a vast flat plain partly covered with water. In the centre of it is Mount Meru, and it is surrounded by a wall. Above it are the four vaśāvas, or heavens of the inferior gods. Above these four are the sixteen higher worlds in which there are fourfold worlds. All are states of existence higher than the others and are inhabited by the creatures of merit. Above these are the four formless worlds in which there is neither colour nor form. They correspond to the four stages of Asāpāramitā, and there the spiritual elements of existence are reduced to a minimum, but still they are not permanent and subject to

¹ The world is divided into four quarters, each of which is further divided into four quarters, and so on, until it reaches the centre, which is the point of origin. The world is also divided into four regions, each of which is further divided into four regions, and so on, until it reaches the centre, which is the point of origin. The world is also divided into four regions, each of which is further divided into four regions, and so on, until it reaches the centre, which is the point of origin.

regarded as final salvation. We naturally think of this series of worlds as so many storeys rising one above the other and they are so depicted¹ but it will be observed that the animal kingdom is placed between the hells and humanity, obviously not as having its local habitation there but as better off than the one, though inferior to the other, and perhaps if we pointed this out to the Hindu artist he would smile and say that his many storeyed picture must not be taken so literally: all states of being are merely states of mind, hellish, brutish, human and divine.

Grotesque as Hindu notions of the world may seem, they include two great ideas of modern science. The universe is infinite or at least immeasurable². The vision of the astronomer who sees a solar system in every star of the milky way is not wider than the thought that devised these Cakkavālas or spheres, each with a vista of heavens and a procession of Buddhas, to look after its salvation. Yet compared with the sum of being a sphere is an atom. Space is filled by aggregates of them, considered by some as groups of three, by others as clusters of a thousand. And secondly these world systems, with the living beings and plants in them, are regarded as growing and developing by natural processes, and, equally in virtue of natural processes, as decaying and disintegrating when the time comes. In the *Aggañña Sutta*³ we have a curious account of the evolution of man which, though not the same as Darwin's, shows the same idea of development or perhaps degeneration and differentiation. Human beings were originally immaterial, aerial and self-luminous, but as the world gradually assumed its present form they took to eating first of all a fragrant kind of earth and then plants with the result that their bodies became gross and differences of sex and colour were produced.

No sect of Hinduism personifies the powers of evil in one figure corresponding to Satan, or the Ahriman of Persia. In proportion as a nation thinks pantheistically it is disinclined to regard the world as being mainly a contest between good and evil. It is true there are innumerable demons and innumerable good spirits who withstand them. But just as there is no

¹ See a Tibetan representation in Waddell's *Buddhism of Tibet*, p. 79.

² The question of whether the universe is infinite in space or not is according to the Pitakas one of those problems which cannot be answered.

³ Dig. Nik. xxvii.

suavity in the exploits of Rāma and Krishna, so Ravana and other monsters do not attain to the dignity of the Devil. In a sense the destructive forces are evil, but when they destroy the world at the end of a Kalpa the result is not the triumph of evil. It is simply winter after autumn, leading to spring and another summer.

Buddhism having a stronger ethical bias than Hinduism was more conscious of the existence of a Tempter, or a power that makes men sin. This power is personified, but somewhat indistinctly, as Māra, originally and etymologically a god of death. He is commonly called Māra the Evil One¹, which corresponds to the *Mṛtyuh pāpmā* of the Vedas, but as a personality he seems to have developed entirely within the Buddhist circle and to be unknown to general Indian mythology. In the thought of the Pīṭakas the connection between death and desire is clear. The great evils and great characteristics of the world are that everything in it decays and dies and that existence depends on desire. Therefore the ruler of the world is represented as the god of desire and death. Buddha himself is interested with evil and overcome it by overcoming it. His final triumphed struggle is regarded as a duel with Māra, which is driven off and defeated².

From a strictly mythological aspect, Māra is not a deity. He presides over desire and temptation, not over punishment and punishment. This is the function of Yama, the ruler of the dead, and one of the Hinduistic deities who have been added to the Far East. He has been adopted by Buddhism, though no explanation is given of his story. But he is introduced as a real and effective figure—and yet hardly more than a mythological character. He is deified to personify the impossible struggle of man on the way to the other world and also to make these struggles, with awful reality, the prelude to the final triumph.

1. The name Māra is derived from the root *mā* to desire, to tempt, to lead astray. It is the same as the *mā* in *māra* (to lead astray) and *māra* (to tempt). The name Māra is also found in the *Upanishads* and the *Śāstra* literature. In the *Upanishads* it is used to denote the power of desire, which leads to the bondage of the soul. In the *Śāstra* literature it is used to denote the power of desire, which leads to the bondage of the soul. The name Māra is also found in the *Upanishads* and the *Śāstra* literature. In the *Upanishads* it is used to denote the power of desire, which leads to the bondage of the soul. In the *Śāstra* literature it is used to denote the power of desire, which leads to the bondage of the soul.

for their deeds. In a remarkable passage¹ called *Death's Messengers*, it is related that when a sinner dies he is led before King Yama who asks him if he never saw the three messengers of the gods sent as warnings to mortals, namely an old man, a sick man and a corpse. The sinner under judgment admits that he saw but did not reflect and Yama sentences him to punishment, until suffering commensurate to his sins has been inflicted.

Buddhism tells of many hells, of which *Avīci* is the most terrible. They are of course all temporary and therefore purgatories rather than places of eternal punishment, and the beings who inhabit them have the power of struggling upwards and acquiring merit², but the task is difficult and one may be born repeatedly in hell. The phraseology of Buddhism calls existences in heavens and hells new births. To us it seems more natural to say that certain people are born again as men and that others go to heaven or hell. But the three destinies are really parallel³.

The desire to accommodate influential ideas, though they might be incompatible with the strict teaching of the Buddha, is well seen in the position accorded to spirits of the dead. The Buddha was untiring in his denunciation of every idea which implied that some kind of soul or double escapes from the body at death and continues to exist. But the belief in the existence of departed ancestors and the presentation of offerings to them have always formed a part of Hindu domestic religion. To gratify this persistent belief, Buddhism recognized the world of *Petas*, that is ghosts or spirits. Many varieties of these are described in later literature. Some are as thin as withered leaves and suffer from continual hunger, for their mouths are so small that they can take no solid food. According to strict theology, the *Petas* are a category of beings just above animals and certain forms of bad conduct entail birth among them. But in popular estimation, they are merely the spirits of the

¹ Ang Nik iii 35

² This seems to be the correct doctrine, though it is hard to understand how the popular idea of continual torture is compatible with the performance of good deeds. The *Kathā-vatthu*, viii 2, states that a man in purgatory can do good. See too Ang Nik i 10.

³ But even the language of the *Pitakas* is not always quite correct on this point, for it represents evil doers as falling down straight into hell.

dead who can receive nourishment and other benefits from the living. The veneration of the dead and the offering of sacrifices to or for them, which form a conspicuous feature in Far Eastern Buddhism, are often regarded as a perversion of the older faith, and so, indeed, they are. Yet in the Khuddaka-piṭha¹, which is not a very early work is still part of the Sutta Pitaka, are found some curious and pathetic verses describing how the spirits of the departed wait by walls and cross-ways and at the doors, hoping to receive offerings of food. When they receive it their hearts are gladdened and they wish their relatives prosperity. As many streams fill the ocean, so does what is given here help the dead. Above all gifts given to monks will redound to the good of the dead for a long time. This last point is totally opposed to the spirit of Gotama's doctrine, but it contains the germ of the elaborate system of funeral masses which has assumed vast proportions in the Far East.

4

What is the position of the Buddha himself in the conceptions of many worlds and multitudes of beings? European writers have often failed to understand how the popular thought of India combines the human and superhuman, they deify the two aspects and usually emphasize one or the other. If they are impressed by the historical character of Gotama, they conclude that all gods, with a supernatural tinge must be historic and human beings. If, on the other hand, they feel that the extent and persistence of the legendary element entitles it to consideration, they emphasize the latter element. But as India is a society which has produced and preserved a great literature, and as the development of religious ideas is a continuous process, it is not surprising that the history of the Buddha himself is a mixture of the human and the superhuman. The story of his life is a

¹ The Khuddaka-piṭha is a collection of short texts, including the Theragāthā and Therīgāthā, which are poems by Buddhist monks and nuns respectively. It is part of the Sutta Pitaka, the collection of discourses of the Buddha. The Khuddaka-piṭha is a collection of short texts, including the Theragāthā and Therīgāthā, which are poems by Buddhist monks and nuns respectively. It is part of the Sutta Pitaka, the collection of discourses of the Buddha.

Yet his followers were said to regard him as a God, and whether this is a correct statement or not, it is certain that he was credited with superhuman power and received a homage which seemed even to Indians excessive¹. It is in the light of such incidents and such temperaments that we should read the story of the Buddha. Could we be transported to India in the days of his preaching, we should probably see a figure very like the portrait given in the more sober parts of the Pitakas, a teacher of great intelligence and personal charm, yet distinctly human. But had we talked about him in the villages which lay along his route, or even in the circle of his disciples, I think we should have heard tales of how Devas visited him and how he was wont to vanish and betake himself to some heaven. The Hindu attributes such feats to a religious leader, as naturally as Europeans would ascribe to him a magnetic personality and a flashing eye.

The Pitakas emphasize the omniscience and sinlessness of the Buddha but contain no trace of the idea that he is God in the Christian or Mahomedan sense. They are consistently non-theistic and it is only later that Brâhmas and Bodhisattvas become transformed into beings about whom theistic language can be used. But in those parts of the Pitakas which may be reasonably supposed to contain the ideas of the first century after the Buddha's death, he is constantly represented as instructing Devas and receiving their homage². In the Khuddaka-pâṭha the spirits are invited to come and do him reverence. He is described as the Chief of the World with all its gods³, and is made to deny that he is a man. If a Buddha cannot be called a Deva rather than a man, it is only because he is higher than both. It is this train of thought which leads later Buddhists⁴ to call him Devâtideva, or the Deva who is above all other Devas, and thus make him ultimately a being comparable with Siva or Vishnu.

The idea that great teachers of mankind appear in a regular series and at stated intervals is certainly older than Gotama,

¹ See Max Müller's *Ramakrishna*, p. 40, for another instance.

² In a passage of the Mahāparinibbāna Sutta (iii 22) which is probably not very early the Buddha says that when he mixes with gods or men he takes the shape of his auditor, so that they do not know him.

³ Sam Nik ii 3 10. Sadevaṇṇassa lokassa eggo.

⁴ E.g. in the Lotus Sutra.

but it is hard to say how far it was systematized before his time. The greatness of the position which he won and the importance of the institutions which he founded naturally caused his disciples to formulate the vague traditions about his predecessors. They were called indifferently Buddha, Jina, Arihant, etc., and it was only after the constitution of the Buddhist church that these titles received fixed meanings.

Closely connected with the idea of the Buddha or Jina is that of the Mahāpuruṣa or great man. It was supposed that there are born from time to time supermen distinguished by physical marks who become either universal monarchs (cakravartins) or teachers of the truth. Such a prediction is said to have been made respecting the infant Gotama and all previous Buddhas. The marks are duly catalogued as thirty-two greater and eighty-four smaller signs. Many of them are very curious. The hair is glossy black, the tongue is so long that it can lick the ear; the arm reach to the knee in an ordinary upright position; the hand is a golden tinge; there is a protuberance on the forehead called a *śikhā*, like a ball between the eyebrows. The body is said to correspond with the *śikhā* and is adorned with a golden *śikhā* and a golden *śikhā* and a golden *śikhā*. The point is that the body is said to be adorned with a golden *śikhā* and a golden *śikhā* and a golden *śikhā*. For though the thirty-two marks are mentioned in the *Buddha-charita* and in the *Śālistambasūtra* they are not mentioned in the *Buddha-charita* and in the *Śālistambasūtra*. The point is that the body is said to be adorned with a golden *śikhā* and a golden *śikhā* and a golden *śikhā*. For though the thirty-two marks are mentioned in the *Buddha-charita* and in the *Śālistambasūtra* they are not mentioned in the *Buddha-charita* and in the *Śālistambasūtra*.

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these marks as forming a part of Brahmanic training and in the account of the previous Buddha Vipassī they are duly enumerated. These ideas about a Great Man and his characteristics were probably current among the people at the time of the Buddha's birth. They do not harmonize completely with later definitions of a Buddha's nature, but they show how Gotama's contemporaries may have regarded his career.

In the older books of the Pitakas six Buddhas are mentioned as preceding Gotama¹, namely Vipassī, Sikkhī, Vessabhū, Kakusandha, Konāgamana and Kassapa. The last three at least may have some historical character. The Chinese pilgrim Fa Hsien, who visited India from 405 to 411 A.D., saw their reputed birth-places and says that there still existed followers of Devadatta (apparently in Kosala) who recognized these three Buddhas but not Gotama. Asoka erected a monument in honour of Konāgamana in Nepal with a dedicatory inscription which has been preserved. In the *Majjhima-Nikāya*² we find a story about Kakusandha and his disciples and Gotama once gave³ an extended account of Vipassī, whose teaching and career are represented as almost identical with his own. Different explanations have been given of this common element. There is clearly a wish to emphasize the continuity of the Dhamma and the similarity of its exponents in all ages. But are we to believe that the stories, true or romantic, originally told of Gotama were transferred to his mythical forerunners or that before his birth there was a Buddha legend to which the account of his career was accommodated? Probably both processes went on simultaneously. The notices of the Jain saints show that there must have been such legends and traditions independent of Gotama. To them we may refer things like the miracles attending birth. But the general outline of the Buddha's career, the departure from home, struggle for enlightenment and hesitation before preaching, seem to be a reminiscence of Gotama's actual life rather than an earlier legend.

There is an interesting discourse describing the wonders that attend the birth of a Buddha⁴, such as that he passes from the Tūṣita heaven to his mother's womb, that she must die seven

¹ See *Dīk. Nig.* 11, *Mahāpadānāsutta*. Therīg 490, *Sam. Nig.* xii 4-10

² *Maj. Nig.* 50, *Nāratajjanāsutta*

³ *Dīg. Nig.* 11

⁴ *Maj. Nig.* 123. See also *Dīg. Nig.* 14

wish would be fulfilled. This incident, called *prapīdhāna* or the vow to become a Buddha, is frequently represented in the frescoes found in Central Asia.

The history of this career is given in the introduction to the *Jātaka* and in the late Pali work called the *Cariyā-pitaka*, but the *suttas* make little reference to the topic. They refer incidentally to Gotama's previous births¹ but their interest clearly centres in his last existence. They not infrequently use the word *Bodhisattva* to describe the youthful Gotama or some other Buddha before the attainment of Buddhahood, but in later literature it commonly designates a being now existing who will be a Buddha in the future. In the older phase of Buddhism attention is concentrated on a human figure which fills the stage, but before the canon closes we are conscious of a change which paves the way for the *Mahāyāna*. Our sympathetic respect is invited not only for Gotama the Buddha, but for the struggling *Bodhisattva* who, battling towards the goal with incredible endurance and self-sacrifice through lives innumerable, at last became Gotama.

It is only natural that the line of Buddhas should extend after as well as before Gotama. In the *Pitakas* there are allusions to such a posterior series, as when for instance we hear² that all Buddhas past and to come have had and will have attendants like *Ānanda*, but *Metteya* the Buddha of the future has not yet become an important figure. He is just mentioned in the *Dīgha Nikāya* and *Buddha-Vamsa* and the *Mūlinda Pañha* quotes an utterance of Gotama to the effect that "He will be the leader of thousands as I am of hundreds," but the quotation has not been identified.

The Buddhas enumerated are supreme Buddhas (*Sammā-sambuddha*) but there is another order called *Pacceka* (Sanskrit *Pratyeka*) or private Buddhas. Both classes attain by their own exertions to a knowledge of the four truths but the *Pacceka* Buddhas are not, like the supreme Buddhas, teachers of mankind and omniscient³. Their knowledge is confined to what is necessary for their own salvation and perfection. They are

¹ Eg. *Ang. Nik.* iii 15 and the *Mahā Sudassana Sutta* (*Dig. Nik.* v) in which the Buddha says he has been buried at *Kuṇḍara* no less than six times.

² *Dig. Nik.* xvi v 15

³ The two kinds of Buddhas are defined in the *Puggala-Pannatti*, iv 1. For details about *Pratyeka Buddhas* see Dr. L. Vajko Pousm's article in *ERE*.

mentioned in the Nikāyas as worthy of all respect¹ but are not prominent in either the earlier or later works, which is only natural seeing that by their very definition they are self-centred and of little importance for mankind. The idea of the private Buddha however is interesting, inasmuch as it implies that even when the four truths are not preached they still exist and can be discovered by anyone who makes the necessary mental and moral effort. It is also noticeable that the superiority of a superior Buddha lies in his power to teach and help others. A passionless and self-centred sage falls short of the ideal.

¹ *Uttara D. Nik.* xii. 5-12 they are declared worthy of a Dīpa (a funeral pyre) and *Sam. Nik.* iii. 2-10 declare the efficacy of alms given to them.

